

## Psychological Theories and Applications in DMT

Semester II (170)

Subject Code: DMT/PT/1802

Lectures: 128

### Learning Outcomes:

At the end of the course, the student will be equipped to :

- Describe group dynamics in DMT work
- Utilize facilitation skills among different populations
- Develop their own framework of therapeutic presence by understanding the scope of the work
- Develop structured formats that help students develop some basic session planning, research and documentation skills for their work

### Unit 1: Working with Groups

(24)

- Group Dynamics
- Introduction to facilitation skills
- Irvin Yalom's Principles of Group work
- Tuckman's Group Development Stages
- Understanding Neurodiversity

### Unit 2: Working with Specific Populations

(32)

Board Of Studies	Name	Signature
Chairperson (HoD)	Dr. Jaya Rajgopalan	Jaya
Faculty	Ms. Sharmin Palsetia	Sharmin
Faculty	Ms. Hasina Shaikh	Hasina
Subject Expert (Outside SPPU)	Dr. Sairaj Patki	Sairaj
Subject Expert (Outside SPPU)	Dr. Vivek Belhekar	
VC Nominee	Dr. Amruta Oke	Amruta
Industry Expert	Ms. Sandy Dias Andrade	Andrade S
Alumni	Ms. Trupti Podival	

Course Coordinator



- DMT with children
- DMT with Adults
- Psychopathology and DMT
- Specialized groups such as:
  - Special Needs Children and Adults
  - Geriatric Population
  - Family Constellation work

### Unit 3: Working with Individuals

(24)

- Psychophysiology
- Creating a dyad using metaphors
- Carl Jung's theories of Dualities, Individuation
- In depth exploration of holding, containing, transference and countertransference in the context of Individual work
- Creating tools for client support systems

### Unit 4: Introduction to Basic Documentation

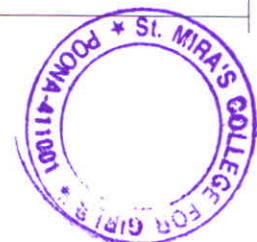
(22)

- Revisiting LMA and Bartenieff Principles
- Developing pre and post tests
- Types of Research in DMT
- Creating tools for client support systems
- Session Planning

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*Alumini*

*Ms. Trupti Podival*



**Course Coordinator**

#### Unit 4: Experiential

(26)

- Planning and facilitating sessions for fellow students
- Getting individual and co facilitation feedback on facilitation and planning skills

**Assignments and Library Hours (18)**

**Facilitation and reflection hours (24)**

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