

Facilitation Practice, Reflexivity and Inter-modality

Semester III (186 hrs)

Subject Code: DMT/FPR/1803

Lectures: 144

**Learning Outcomes:**

At the end of the course, the student will be equipped to:

- Understand the relationship between various art therapies
- Explore the intermodal preferences and opportunities
- Work in collaborative teams and setups
- Work in practical work environment
- Recognize the importance of supervision

**Unit 1: Creative Arts Therapy and Expressive Arts Therapy**

(24)

- Relationship between drama therapy, art therapy, music therapy and DMT
- Model of therapy:
  - Needs Analysis
  - Intervention
  - Processwork

Board Of Studies	Name	Signature
Chairperson (HoD)	Dr. Jaya Rajgopalan	Jayal
Faculty	Ms. Sharmin Palsetia	Sharmin Palsetia
Faculty	Ms. Hasina Shaikh	Hasina Shaikh
Subject Expert (Outside SPPU)	Dr. Sairaj Patki	Sairaj Patki
Subject Expert (Outside SPPU)	Dr. Vivek Belhekar	
VC Nominee	Dr. Amruta Oke	Amruta Oke
Industry Expert	Ms. Sandy Dias Andrade	Andrade S

Alumni

Ms. Trupti Potdwal



Course Coordinator

## Unit 2: Different Models and approaches

(28).

- Understanding similarities and differences in different schools of DMT
- Relationship between education, occupational therapy and DMT
- Collaborative Models

## Unit 3: Settings and Assessments

(32)

- Self assessment tools
- Professional Code of Conduct from ADTA, ADMP, DTAA and IADMT
- Ethical Dilemmas
- Developing Case studies

## Unit 4: Self – work

28

- Importance of Supervision
- Developing individual facilitation skills
- Importance of being in therapy
- Developing Professional development plans

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<b>Unit 5 : Understanding Research</b>	32
<ul style="list-style-type: none"> <li>• Introduction to Quantitative research methods and principles</li> <li>• Introduction to Qualitative Research Methods and principles</li> <li>• Research tools and techniques</li> </ul>	

**Assignments and Library Hours (12)**

**Internship and reflection hours (30): Supervised Internship**

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