

Research Methodologies and Reflection

Semester IV (152 Hrs)

Subject Code: DMT/RM/1804

Lectures: 64

Learning Outcomes:

At the end of the course, the student will be equipped to:

- Understand the basics of research methodologies
- Create a research project and use APA standards of reporting
- Explore self-care and self work
- Create professional development plans

| Unit 1: Understanding Research | 24 |
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| <ul style="list-style-type: none">● Introduction to Qualitative research methods and principles● Introduction to Heuristic and reflexive Research Methods and principles● Research Ethics● Research design: Meaning, Need, Features of Good Design, Concepts.● Writing Research Report: Format and style | |

| Board Of Studies | Name | Signature |
|-------------------------------|------------------------|------------------|
| Chairperson (HoD) | Dr. Jaya Rajgopalan | <i>Jaya</i> |
| Faculty | Ms. Sharmin Palsetia | <i>Sharmin</i> |
| Faculty | Ms. Hasina Shaikh | <i>Hasina</i> |
| Subject Expert (Outside SPPU) | Dr. Sairaj Patki | <i>Sairaj</i> |
| Subject Expert (Outside SPPU) | Dr. Vivek Belhekar | |
| VC Nominee | Dr. Amruta Oke | <i>Amruta</i> |
| Industry Expert | Ms. Sandy Dias Andrade | <i>Andrade S</i> |

Alumini

Ms. Trupti Poduval



Course Coordinator

- Importance of Supervision
- Developing individual facilitation skills
- Importance of being in therapy
- Facilitation practice and counseling skills
- Group supervision format
- Case studies
- Developing Professional development plans

Assignments and Library Hours (18)**Internship and reflection hours (70): Supervised Internship**

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Alumni

Ms. Trupti Podival

Course Coordinator



Practicum

Subject Code: DMT/PR/1805

Supportive Modules:

- **Personal Therapy: Students must complete 36 hours of personal therapy during the training and internship period.**
- **Group Process work will be conducted for two hours during every unit.**
 - **Supervision will be provided upto 30 hours of their internships.**

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Alumini

Ms. Pranita Podwal



Course Coordinator