

Unit 1, 2, 3, 4

Skill Development - Research Skills, Analytical Skills, Critical Thinking

Questionnaire

Do you ever experience internet addiction?

Response	18-24	25-34	35-40	61-above	Total
Yes	10	6	8	6	30
No	11	7	11	1	30

Do you like sharing your personal problems with others?

Response	18-24	25-34	35-40	61-above	Total
Always	2	0	7	1	10
Most of the time	0	2	0	1	3
Sometimes	14	3	8	1	26
Never	6	2	2	1	11

Where would you like sharing your personal problems with?

Response	18-24	25-34	35-40	61-above	Total
Family	20	5	14	2	39
Friends	19	4	14	1	38
Spouse	0	2	4	1	7
Colleagues	1	0	6	0	7
Other	4	6	1	0	11

If you come across some mental health problems, what do you do?

Response	18-24	25-34	35-40	61-above	Total
Tell it to someone	14	2	14	4	34
Keep it for yourself	5	1	2	0	8
Handle it yourself	14	4	2	1	21

Title - Mental Health Counseling

Group Member Names -

Jyotsna Kakade - 4449 'B'

Jesah Braganza - 4615 'C'

Nisha Kumari - 4625 'C'

Submitted to - Mrs. Rajni

Singh Ma'am

Semester - V

Bibliography

1. Hoff, C., and Grosse, R. (2004). The importance of effective case management of mental health issues. *Psychiatric Rehabilitation Journal*, 27.

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slug - Quantitative and qualitative data

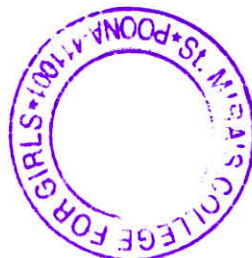
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- survey
- observation
- www.mktplace.com

Rajni Singh

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SUBJECT TEACHER



JK

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