

St. Mira's College for Girls, Pune  
(Autonomous-Affiliated to Savitribai Phule Pune University)

BA.

Subject: PSYCHOLOGY SPECIAL- III

Research Methodology A51718

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Units 1,2, 3, 4- Research proposal utilizing APA guidelines

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**RESEARCH PROPOSAL**

An Explorative Study on the relevance of Safe College Environment on Socio-Emotional Learning.

**INTRODUCTION**

Youth are the world's hope. or, to put it another way, the world's future is in the hands of the youth. India is the second most populous country with a population of 1.2 billion (United Nations International Children's Emergency Fund, 2013). India has its largest ever adolescent and youth population. Every fifth person in this vast population is an adolescent (India, 2011). The young people constitute about forty per cent of the total population of India. But there is an ambiguity around what consists of the youth population. World Health Organization (WHO) defines 'adolescence' as age spanning 10 to 19 yr, 'youth' as those in 15-24 yr age group and these two overlapping age groups as 'young people' covering the age group of 10-24 yr<sup>1</sup>. Moreover, adolescence is further divided into early adolescence (11-14 yr), middle adolescence (15-17 yr), and late adolescence (18-21 yr)<sup>3</sup>.

There are major developmental changes and challenges associated with the period of late adolescence, as youth acquire and consolidate the competencies, attitudes, values, and social capital necessary to make a successful transition into adulthood. The developmental tasks of adolescence that Erikson outlined includes the development of a sense of mastery, identity, and intimacy. Others have added the establishment of autonomy, management of sexuality and intimacy, and finding a niche for oneself in education and work.<sup>3</sup> Eccles and Gootman elaborated on these tasks, identifying several more specific challenges: (1) shifts in relationship with parents from dependency and subordination to one that reflects the adolescent's increasing maturity and responsibilities in the family and the community, (2) the exploration of new roles (both social and sexual), (3) the experience of intimate partnerships,

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