SADHU VASWANI MISSION'S
St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Reaccredited by NAAC- A Grade, cycle 3
[ARTS, COMMERCE, SCIENCE, BSc(Computer Science), BBA, BBA(CA)]
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1.3.2 **Number of Value Added Courses for imparting transferable and life skills offered during last five years --18**

2019-20

File Description- DVV
- **List of Value Added Courses offered**
- **Course Outcome**

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Sr.No	List of value added course	Subject code	View Document
1	Civil Commando Training	MCR/CC(19)052	**View Course Outcome**
2	Certificate Course in School Counseling	MCR/SC(19)047	**View Course Outcome**
3	Mathematics & Statistics For Economic Analysis	MCR/MS(19)053	**View Course Outcome**
4	Foundations of Kathak	MCR/KD(19)027	**View Course Outcome**
5	Basic Spanish (Level 1)	MCR/SB(19)004	**View Course Outcome**
6	Japanese Language for Beginners	MCR/JP(19)049	**View Course Outcome**
7	Spoken English	MCR/SE(19)007	**View Course Outcome**
8	Social Well Being	MCR/FS(19)050	**View Course Outcome**
9	Basic German Language	MCR/GB(19)046	**View Course Outcome**
10	Quantitative Aptitude	MCR/Q(19)015	**View Course Outcome**
11	Adventurous Sports/Activity	MCR/AS(19)032	**View Course Outcome**
12	Certificate Course in Disability: Awareness & Inclusion	MCR/DA(19)025	**View Course Outcome**
13	Yoga (PG students)	SPPU	**View Course Outcome**

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14	Cyber security (PG students)	SPPU	**View Course Outcome**
15	Human Rights (PG students)	SPPU	**View Course Outcome**
16	PG Diploma in Dance Movement Therapy	MCR/DMT(18)042	**View Course Outcome**
17	Certificate Course in Mindfulness Based Counseling	MCR/ML(18)041	**View Course Outcome**
18	Latex, Scilab, English	SPPU SYLLABUS(MSC)	**View Course Outcome**

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Course Name: Civil Commando Training

Subject Code: MCR/CC(19)052	Number of Credits: 2	Lectures: 30 hours

Course Outcomes:
At the end of this course, the learner will be able to: • Develop and demonstrate increased skills in relation to personal and public safety • Develop mental and physical strength through training • Develop personal disciple through Parade and demonstrate on Independence Day • Learn Emergency life saving skills • Become aware about careers in Indian Armed forces

Dimple Buche   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: Certificate Course in School Counseling

Subject Code: MCR/SC(19)047	Number of Credits: 04	Lectures: 60 hours

Course Outcomes:
At the end of this course, the learner will be able to: • Provide the process of identification of students with special needs in educational settings   • Predict the need for psychoeducational assessment, its components and the process followed for referral and thereafter   • Carry out basic counselling skills required in educational environments   • Reflect on the life skills pertaining to what and why there is an importance of school counseling in education settings

Ms. Sharmin Palsetia

Course Coordinator

Dr. Shalini Iyer

Credit Course Incharge

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CREDIT COURSE

Course Name: Mathematics & Statistics

Subject Code: MCR/MS(19)053	Number of Credits: 2	Lectures:30

Course Outcomes:
At the end of this course, the learner will be able to: - Recall, recognize and comprehend the statistical and mathematical tools for economic analysis;   - Internalize, relate to and apply the statistical and mathematical tools for economic analysis.

Dr. Shalini Iyer

Course Coordinator

Dr. Shalini Iyer

Credit Course Incharge

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Course Name: Foundations of Kathak

Subject Code:MCR/KD(19)027	Number of Credits:2	Lectures:30

Course Outcomes:
At the end of this course, the learner will be able to: • Outcome 1 – Develop an understanding of historical tradition of Kathak. • Outcome 2 - Demonstrate basic use of Taal. • Outcome 3 - Perform basic elements of Kathak like footwork, spins and Todas.

Vaishali Joshi   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: Basic Spanish (Level 1)

Subject Code: MCR/SB(19)004	Number of Credits: 2	Lectures: 30

Course Outcomes:
At the end of this course, the learner will be able to: • Develop basic language skills including Listening, Speaking, Reading and Writing • Have basic interactions with native Spanish speakers for the purpose of purchasing tickets, ordering food, finding accomodation and getting directions - language skills required by a tourist • Understand and apply the basics of Spanish grammar including verb conjugations, articles, adjectives and commonly used nouns • Acquaint themselves with the culture and practices of native Spanish-speaking communities across the world

Komal Tujare   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: Japanese for Beginners

Subject Code:MCR/JP(19)049	Number of Credits: 2	Lectures: 30 Hours

Course Outcomes:
At the end of this course, the learner will be able to: • Understand new foreign language and its basic concepts. • Develop sensitivity towards Japanese culture. • Develop interpersonal skills to connect link between culture, individual and society

Manjita Kulkarni   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: SPOKEN ENGLISH

Subject Code: MCR/SE(19)007	Number of Credits: 2	Lectures: 30

Course Outcomes:
At the end of this course, the learner will be able to: • extend their knowledge of the language and allow them to activate what they have learnt.   • increase fluency, so that the learners feel able to actively participate in conversations and discussions.   • interact confidently in a social, professional and global environment.

Dr. Snober Sataravala   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: SOCIAL WELL BEING

Subject Code: MCR/FS(19)050	Number of Credits: 2	Lectures: 30

Course Outcomes:
At the end of this course, the learner will be able to: • Understand interpersonal relationships in their day-to-day life • Identify conflict areas • Develop a social-economical-cultural understanding of their everyday reality in order to make and be part of a better society by becoming an influential individual • Develop strategies and safety nets to deal with their love life

Dr. Snober Sataravala   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: Basic German Language

Subject Code: MCR/GB(19)046	Number of Credits: 2	Lectures: 30

Course Outcomes:
At the end of this course, the learner will be able to: • Introduce oneself in German • Construct sentences and question in German • Write in German the seasons, days,hobbies,professions, timings and family tree • Develop listening ability in German

Dr.Manisha Pimpalkhare   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: Quantitative Aptitude

Subject Code: MCR/QT(17)015	Number of Credits: 02	Lectures: 30 Hours

Course Outcomes:
At the end of this course, the learner will be able to: • Solve the problem easily by using Short cut method with time management which will be helpful to them to clear the competitive exams for better job opportunity.   • Analyze the problem logically and approach the problems in a different manner.

Vrushali Paranjpe   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: Adventurous Sports/ Activity

Subject Code: MCR/AS(19)032	Number of Credits: 2	Lectures:30

Course Outcomes:
At the end of this course, the learner will be able to: • Develop the physical and mental fitness and wholesome development among learners. • Develops the qualities like cooperaton, helpfulness, adjustment, sympathy, group cohesion, unity, sincerity, patience among learners. • Enchance once capacity to deal odd situations with courage and determination. • Develops self confidence and encorage creativity among learners. • Identify opportunities for leisure time activities and life time adventure sports among learners.

Ekta Jadhav   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: Certificate Course in Disability: Awareness and Inclusion

Subject Code: MCR/DA(19)025	Number of Credits: 2	Lectures: 30 hours

Course Outcomes:
At the end of this course, the learner will be able to: • Summarize the nature and characteristics of various disabilities • Enlist the disabilities given by Government of India • Create awareness related to the issues faced by people with disability • Sensitize with people with disability

Dr. Shalini Iyer

Ms. Sharmin Palsetia

Course Coordinator   Credit Course Incharge

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PG CREDIT COURSE

Course Name: Yoga

Subject Code: SPPU	Number of Credits: 4	Lectures:60

Course Outcomes:
At the end of this course, the learner will be able to: • Perform different 'asanas' (yogic body postures), 'pranayama' (breath control) and understand the importance of Hatha Yoga. • Demonstrate basic skills associated with yoga activities including strength, flexibility, balance and coordination. • Improve awareness, focus, concentration so as to achieve a state of calmness, clarity of thought, a sense of balanced energy and lightness of body and mind. • Improve emotional stability, inculcate mental hygiene and holistic health.

Dr. Shalini Iyer   Dr Shalini Iyer

Course Coordinator   Credit Course Incharge

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PG CREDIT COURSE

Course Name: Introduction to Cyber Security / Information Security

Subject Code: SPPU	**Number of Credits: 4**	**Lectures:60**

Course Outcomes:
At the end of this course, the learner will be able to: • Recognize and recall the pre-requisites in information and network security, such as networking and information security concepts, security threats and vulnerabilities, Cryptography / Encryption; • Understand Security Management Practices, Security Laws and Standards; • Get apprised about the need and significance of Information and Network Security; • Comprehend the need and importance of System and Application Security.

Dr. Shalini Iyer   Dr Shalini Iyer

Course Coordinator   Credit Course Incharge

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PG CREDIT
COURSE

Course Name: Introduction to Human Rights and Duties

Subject Code: SPPU SYLLABUS (MA/MCOM/MSC)	Number of Credits:2	Lectures:30

Course Outcomes:

At the end of this course, the learners will be able to:

- Recognize and understand the meaning, nature, concepts and importance of Human Values, Human Rights, Duties and Human Rights Education.
- Exhibit awareness about the terminology of various legal instruments and comprehend the role of the United Nations in the promotion of Human Rights.

- Identify vulnerable, disadvantaged groups in society, compare national and international perspectives on the socio-economic status of women, children, minorities, aged, disabled and indigenous people.
- Comprehend and articulate their views relating to the human rights of vulnerablegroups like Stateless Persons, Sex Workers, Migrant Workers and HIV/AIDS Victims.

Ms. Veena Kenchi   Dr. Shalini Iyer

Course Coordinator   Credit Course In-
charge

Principal Incharge
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Course Name: PG Diploma in Dance Movement Therapy

Subject Code: MCR/DMT(19)042	Number of Credits: 26	Lectures: 400 hours

Course Outcomes:
At the end of this course, the learner will be able to: • Summarize the psychological and physiological context behind the science of DMT   • Describe various schools of thought of psychology that inform DMT   • Explore the ways to work in a variety of settings   • Describe ethical boundary setting in DMT work   • Clarify cultural diversity in DMT work   • Integrate the psychological and physiological context behind the science of DMT

Dr. Shalini Iyer

Ms. Sharmin Palsetia

Course Coordinator

Credit Course Incharge

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Course Name: Certificate Course in Mindfulness Based Counseling- Listening with Embodied Presence

Subject Code: MCR/ML(19)041	Number of Credits: 26	Lectures: 420 hours

Course Outcomes:
At the end of this course, the learner will be able to: • Identify the experiential learning of the attitudes and skills in deep listening and counseling • Use perceptive skills and observations • Apply skills in a counseling context

Ms. Sharmin Palsetia   Dr. Shalini Iyer

Course Coordinator   Credit Course Incharge

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Course Name: Introduction to LaTeX and Scilab

Subject Code: SPPU SYLLABUS(MSC)	Number of Credits: 4	Lectures:60

Course Outcomes:
At the end of this course, the learner will be able to: • Understand the features of LaTeX useful for production of technical and scientific documentation • Understand the fundamentals of Scilab • Understand utilization of Scilab commands and programmimg in solving mathematical problems using iterative methods. • Develop Proficiency in English and communication Skills

Gitanjali Phadnis   Dr. Shalini Iyer

Course Coordinator   Credit CourseIncharge