

**Psychology Special I  
Introduction to Psychopathology**

Semester III	Subject Code: A31617	Lectures: 60
<b>Objectives:</b>		
<ul style="list-style-type: none"> <li>• To acquaint students with basic concepts of maladjusted behavior and classification systems of abnormality</li> <li>• To help students understand various approaches to psychopathology</li> <li>• To familiarize students with assessment tools and diagnosis</li> </ul>		
<b>Unit 1: Nature of abnormal psychology</b>		12
<ul style="list-style-type: none"> <li>• Understanding psychopathology</li> <li>• Science of psychopathology</li> <li>• Historical context of abnormal behavior – supernatural tradition</li> <li>• Contemporary perspectives of abnormal behavior -biological tradition , psychological tradition</li> </ul>		
<b>Unit 2: Causal factors and viewpoints</b>		12
<ul style="list-style-type: none"> <li>• Causes and risk factors for abnormal behavior</li> <li>• Biological viewpoint – Genetic and neurobiological</li> <li>• Psychosocial viewpoint</li> <li>• Sociocultural viewpoint</li> </ul>		
<b>Unit 3: Clinical assessment</b>		12
<ul style="list-style-type: none"> <li>• Basic elements in assessment</li> <li>• Physical assessment</li> <li>• Psychosocial assessment</li> <li>• Ethical issues in assessment</li> </ul>		
<b>Unit 4: Classification of abnormal behavior</b>		12
<ul style="list-style-type: none"> <li>• Basic elements of classification- Approaches , reliability and validity</li> <li>• Historical context of diagnosis- upto the DSM IV</li> <li>• DSM V – Classification and changes</li> <li>• Problems with classification</li> </ul>		



**Recommended Text Books:**

1. Carson, R.C.; Butcher, J.N.; Mineka, S. and Hooley, J.M. *Abnormal psychology*, 13th ed. Pearson Edu. , 2012.
2. Barlow and Durand. *Abnormal Psychology-an Integrative Approach*. Thomsun-Wadsworth Learning Inc, New Delhi, 4th Ed, 2005.

**Reference Books:**

1. Sarason and Sarason. *Abnormal Psychology-Problem of Maladaptive Behaviour* Pearson education, New Delhi, 10th Ed, 2002.
2. Davar, B.V. *Mental Health from a gender perspective*. Sage publications, New Delhi, 2001.
3. Davar, B.V. *Mental Illness in Indian women*. Economic and Political Weekly. 30 (45):2879-86, 1995.
4. Dhanda, A. *Legal Order and Mental disorder*. Sage publications, New Delhi, 2000.
5. American Psychiatric Association. *Diagnostic and statistical manual of mental disorders* (5<sup>th</sup> edition) Washington, DC.2013.

**\*Assignments and library hours – 12 hours**

**Readings:**

- Mental health from a gender perspective
- Perspectives on prevention
- Legal aspects and ethical issues
- Organized efforts for Mental Health: ---National and international efforts



**Psychology Special I**  
**Psychological disorders and Treatment**

Semester IV

Subject Code: A41617

Lectures: 60

**Objectives:**

- To understand causes and symptoms of various types of psychological disorders
- To understand various modalities of treatment of psychological disorders

<b>Unit 1: Anxiety disorders – Clinical description, Causes and Treatment</b>	12
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- Separation Anxiety Disorder
- Specific Phobia
- Social Anxiety Disorder (Social Phobia)
- Panic Disorder
- Generalized Anxiety Disorder

<b>Unit 2: Neuro developmental disorders</b>	12
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- Autism spectrum disorder
- ADHD
- Learning disorders
- Remedial Interventions in Neuro developmental disorders

<b>Unit 3: Schizophrenia and other psychotic disorders</b>	12
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- Clinical description of schizophrenia
- Other psychotic disorders
- Biological and psychosocial etiology
- Treatment

<b>Unit 4: Mood disorders and suicide</b>	12
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- Understanding mood disorders- Unipolar and bipolar mood disorders
- Biological, psychological, and socio cultural causal factors
- Treatments and outcomes.
- Suicide –Causes, risk factors and prevention.

\*Assignments and library hours – 12 hours



**Readings:**

- **Obsessive-Compulsive and Related Disorders**
- **Trauma- and Stressor-Related Disorders**
- **Personality disorders**

**Recommended Text Books:**

1. Carson, R.C.; Butcher, J.N.; Mineka, S. and Hooley, J.M. (2012).  
Abnormal psychology, 13th ed. N.D.: Pearson Edu.
2. Barlow and Durand (2005) .Abnormal Psychology-an Integrative Approach. Thomsun-  
Wadsworth Learning Inc, New Delhi, 4<sup>th</sup> Ed.

**Reference Books:**

1. American Psychiatric Association .Diagnostic and statistical manual of mental disorders  
(5<sup>th</sup> edition) Washington, DC.2013.
2. Sarason and Sarason (2002).Abnormal Psychology-Problem of Maladaptive Behaviour.  
Pearson education, New Delhi, 10th Ed.

