

MENTORING REPORT

Date: 2nd March, 2022

Time: 11 am to 12.00 noon

Mentees: TYBBA_HR and Marketing

Venue: Room 309 + Virtual

Mentor: Kajal Jaisinghani

1. Issues or problems shared by the students

Social: Some were still having the fear to be in the group and work in teams.

Cognitive: Planning, Concern for exams, Concentration issues, getting in the flow & focus,

Emotional: Exam concerns for offline mode, distress due to connectivity issues, nervousness

2. Facilitator's response and suggestions:

Counselling, Mentoring, social skills training; Family Support and cooperation, academic support.

3. Outcome of the mentoring programme

- Feedback links shared with students
- Students filled the feedback form.
- Students were equipped on significance of anti-ragging and its timely submission
- Students were guided on importance of confidence, time management, Importance of cooperation and coordination specifically in these times of distress.
- Identification of concerns faced by students on a day to day basis
- Improved understanding and awareness about their strengths, accomplishments and concerns
- Identification of resources and ways of seeking help in college
- Interest of students for more such sessions

Jayal



Kajal J
Kajal Jaisinghani
Mentor



Kajal J



Kajal
 Principal Incharge
 St. Mira's College for Girls

St. Mira's College For Girls, Pune
Autonomous College (Affiliated to Savitribai Phule Pune University)

MENTORING REPORT (Session Four)

Date: 29th APRIL, 2022

Time: 9.00 am to 10.00 am

Mentees: TYBBA_HR and Marketing

Venue: Room 309 + Virtual

Mentor: Kajal Jaisinghani

1. Issues or problems shared by the students

Social: Students were concerned about giving exam in exam halls.

Cognitive: Planning, Concern for exams, Concentration issues, getting in the flow & focus,

Emotional: Exam concerns for offline mode, scoring the good marks, nervousness

2. Facilitator's response and suggestions:

Counselling, Mentoring, stress management sessions; family support and cooperation, academic support.

3. Outcome of the mentoring programme

- Feedback links shared with students
- Students filled the feedback form during the session.
- Students were equipped with the importance of registration with Alumni Association and were encouraged to do the same before final exams.
- Students were guided on importance of confidence, time management, Stress management
- Importance of cooperation and coordination specifically in these times of distress.
- Students were addressed on various exam related queries like, marks distribution, timings, paper pattern etc.
- Identification of resources and ways of seeking help in college


KAJAL JAISINGHANI




Principal Incharge
St. Mira's College for Girls, Pune.