MENTORING SESSION-3 REPORT (AY 2021-22)

Date: 2-03-2022

Time: 10:30 to 11:15am

Venue: CS Lab

Mentor: Shubhangi Jagtap

1. Issues or problems shared by the students

Academic: FY: not getting time for study because of late lectures, Should increase break

TY: Understanding problems for project submission.

Extra Curricular Activities: Two Girls from FY want to do practice for sports, so want permission to come 30 min late for practical for 2-3 days.

Social: Happy for offline lectures it helps in developing social bound between classmates

Cognitive: Concentration on studies, time management, reopening fears.

Emotional: peer pressure, career pressure, family issues.

2. Facilitator's response and suggestions:

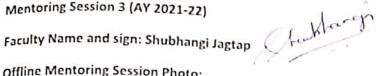
Seek for teacher's help whenever possible. Take the challenges regarding studies one at a time and use mind maps for remembering the concept. practice some meditation or yoga for improving focus and concentration. Talk more to parents regarding personal problems.

3. Outcome of the mentoring programme

- Students were more relaxed and open by the end of session
- students could identify issues bothering them.
- identify the people to whom to can go for help
- ready to take help from seniors regarding any academic problems.

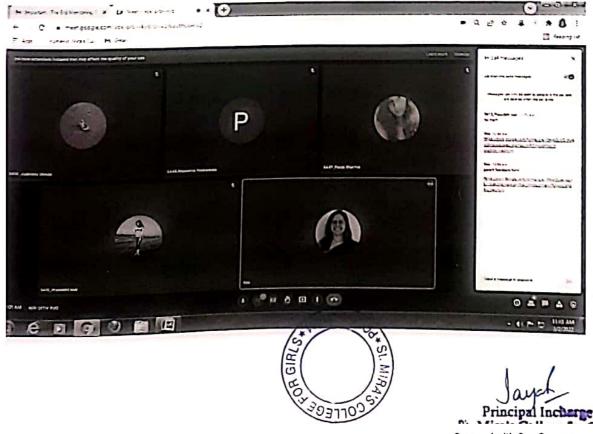
Mentoring Session 3 (AY 2021-22)

Offline Mentoring Session Photo:





Online mentoring session photo:



St. Mira's College for Girls, Pune

(Autonomous-Affiliated to Savitribai Phule Pune University)

MENTORING SESSION-4 REPORT (AY 2021-22)

Date: 29-04-2022

Venue: CS Lab

Time: 10:00 to 11:00 am

Mentor: Shubhangi Jagtap

1. Issues or problems shared by the students

Academic: FY: not getting time for study because of lots of pressure for studies and compulsion for clearing the internal exam

TY: Understanding problems to study for final exam in offline mode

Extra Curricular Activities: Want to participate in extra-curricular activities like music, dance, fresher's party, since could not participate last semester because of pandemic situation.

Social: Happy for offline lectures it helps in developing social bound between classmates and teachers

Cognitive: Concentration on studies, time management of studying for final exam.

Emotional: peer pressure, study pressure, career pressure, family issues.

2. Facilitator's response and suggestions:

Do the time management for the study of final exam during study leave from 1st May to 15th May. Seek for teacher's help whenever possible. Take the challenges regarding studies one at a time and use mind maps for remembering the concept. Practice some meditation or yoga for improving focus and concentration. Talk more to parents and teachers regarding personal problems.

3. Outcome of the mentoring program

- Students were more relaxed and open by the end of session.
- · Students could identify issues bothering them.
- Identify the people to whom to can go for help
- Ready to take help from seniors regarding any academic problems.

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Principal Incharge St. Mira's College for Girls, Page.