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SADHU VASWANI MISSION'S
St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Reaccredited by NAAC- A Grade, cycle 3
[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]
6,Koregaon Road,Pune-411001. [INDIA]
Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/10AC/2021-2022/136.

Date:- 02 . 02. 2022

CIRCULAR

On 21st February 2022 guest lecture on Understanding Careers in Research is to be organized by the Department of Psychology for Psychology special students from 14:00 pm - 15:00 pm over Zoom Platform.

Ms. Pooja Jain
Coordinator



Dr. Jaya Rajagopalan

Principal Incharge
Principal Incharge
St. Mira's College for Girls, Pune.

St. Mira's College For Girls, Pune
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Department of Psychology

Guest lecture Series – Session 2

Understanding Careers in Research

Date: 21-02-2022

A session on understanding careers in research was organised by department of Psychology for students of Psychology special on 21st February 2022 at 14:00 pm over online platform. Session was facilitated by Dr. Shazia Perween. Shazia highlighted the role of researcher and careers in research along with important eligibility criterions, and indicators for PhD programs in psychology in India. This session also promoted the role of research in mental health setting along with practice and teaching. Dr. Shazia's presentation was extremely engaging and reflective in process. Her field work experiences, examples and anecdotes made the session more engaging and insightful.

Total Participants: 41

Program Coordinator: Ms. Pooja Jain

Pooja Jain



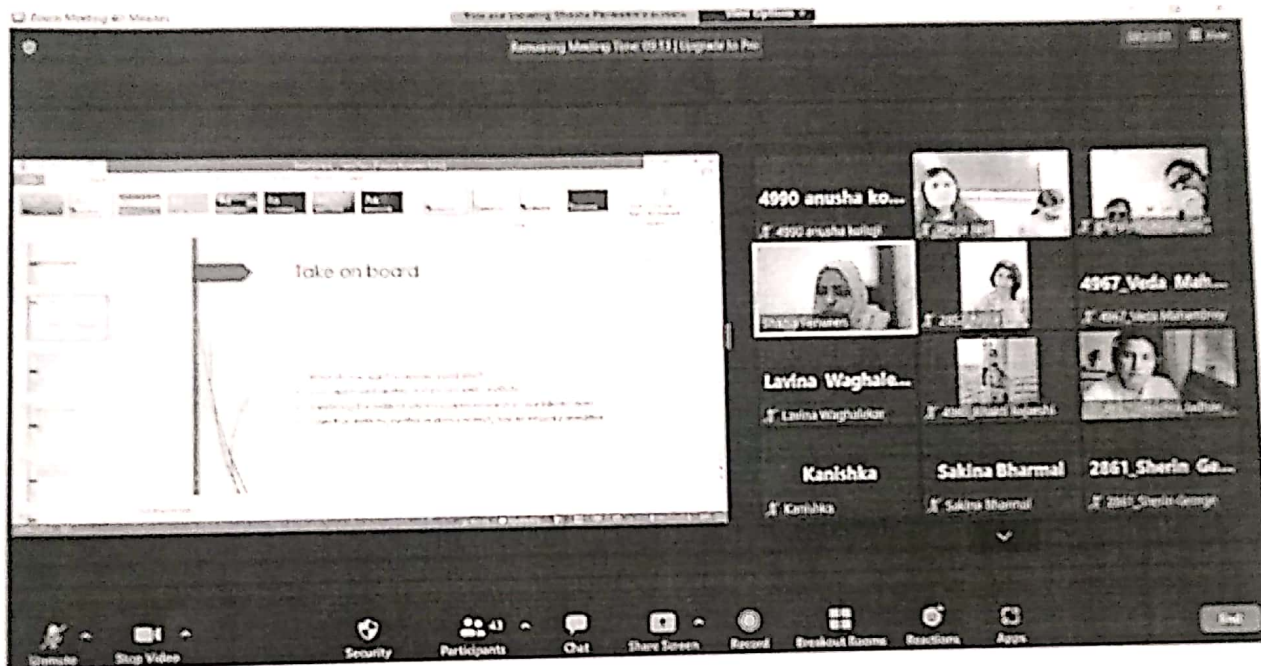
Jayashree
Principal Incharge
St. Mira's College for Girls

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Department of Psychology

Guest lecture Series – Session 2

Understanding Careers in Research

Date: 21-02-2022



Total Participants: 41

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Pooja Jain



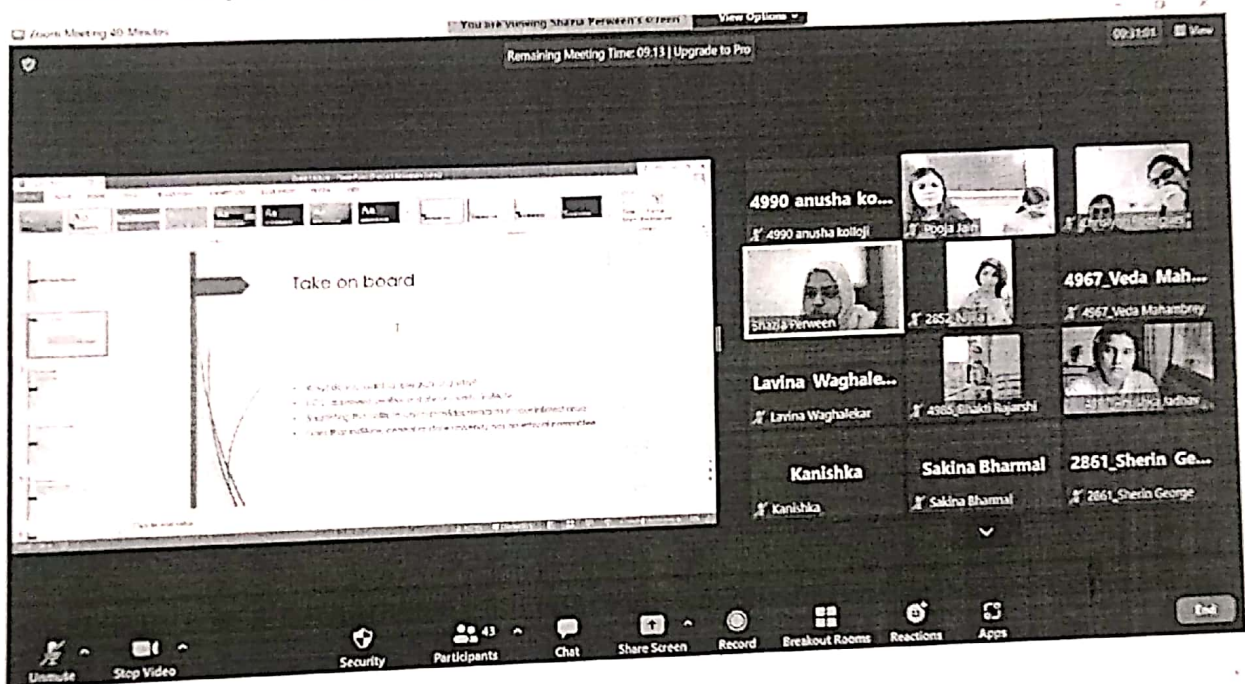
Jayant
Principal Incharge
St. Mira's College for Girls

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Department of Psychology

Guest lecture - Understanding Careers in Research

Date: 21-02-2022

Guest lecture by Dr. Shazia on Understanding Careers in Research in progress



Total Participants: 41

Program Coordinator: Ms. Pooja Jain

Pooja Jain



Jayab

Principal Incharge
St. Mira's College for Girls, Pune.

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Understanding Careers in Research Guest lecture - Attendance Sheet	
SR. No.	NAME
1	Chrislynn Rodrigues
2	Nijila Prem
3	Vasudha Ramani
4	Lavina Waghalekar
5	Devaki Deshpande
6	Preeth Reddy
7	Malavika Pillai
8	Keara Fernandes
9	Tejal Khedekar
10	Janhvi Sharma
11	Sherin Ann George
12	Kanishka
13	Riya Tamang
14	Kshitija Pol
15	Alisha Faquih
16	Shruti Satish
17	Yashashree Dahad
18	Rinita Adhikary
19	Sephra D'Souza
20	Sakina Bharmal
21	Snehal Darwatkar
22	Sakshi Sharma
23	Sameeha Arifi
24	Summer Scott
25	Haripriya Praveen
26	Aishwarya Jaydeep
27	Rozmin Bhagat
28	Athira Nair
29	Leoum Jessica Joshua Shetty
30	Tanaz Shaikh
31	Harshada Malgonde
32	Veda Mahambrey
33	Nandrani Mahtani
34	Jennifer Daniel
35	Jui Kulkarni
36	Sakshi Punjabi
37	Muskaan Negi
38	Ishika Mahajan
39	Jessica Dsouza
40	Bhakti Rajarshi
41	Priyanka Kalariya
Total Students: 41	
Program Coordinator- Ms. Pooja Jain	

Pooja



Jayashree
Principal Incharge
St. Mira's College for Girls



Dr. Shazia Perween

Psychotherapist

I am a psychotherapist with 5 years of experience in dealing with Mental Health Concerns by creating a warm space for clients to feel heard and explore how to cope. I use CBT and other evidence-based approaches and belief in clients' inherent capacity for positive growth.

I have personally found success through therapy in recovering from trauma and hardships. My varied life experiences and professional training bring value and empathy to our work together.

Professional Skills

- Active Listening
- Empathy
- Genuineness
- Offering Autonomy
- Resilience, Patient, and Humility
- Openness and Acceptance

Specialities

- Stress, Anxiety and Depression
- Family and Marital Counselling
- Trauma and Grief
- Adjustment Issues
- Academic & Work Stress

Therapy Format

- Language: English | Hindi
- Age Group: Adolescents [13-18] | Adults [18+] | Older Adults [65+]
- Media: Face-to-Face | Telephonic | Video Conference

How to reach me

Educational Training

Aligarh Muslim University,
Aligarh
2020 | Ph.D | Social Psychology

Tata Institute of Social Sciences
(TISS), Mumbai
2015 | M.A in Applied
Psychology | Clinical Psychology

Aligarh Muslim University,
Aligarh
2013 | B.A. (Hons.) | Psychology

Yale University
Online | The Science of Well-Being

Fortis Healthcare Limited
Online | Expressive Arts Based
Therapy

University of Tasmania
Online | Understanding
Dementia

Work Experiences & Internships

2015 - ongoing | Psychotherapist |
Private Practise

2020- ongoing | Counsellor | WeCare,
Department of Psychology, AMU,
Aligarh

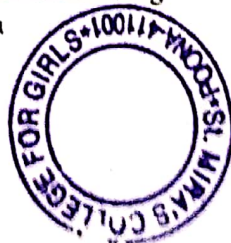
2021- ongoing | Psychotherapist | Safe
Stories, Pune.

2019-2020 | Counsellor | Psychological
Society, Department of Psychology,
AMU, Aligarh.

2015| Therapy with Children &
Caregiver | Lady Hardinge Medical
College, New Delhi

2014-15| Family & Marital Therapy |
Bandra Family Court, Mumbai

2013-14| Individual & Group Therapy
| Sion Hospital, Mumbai



Principal Incharge
St. Mira's College for Girls, Pune.