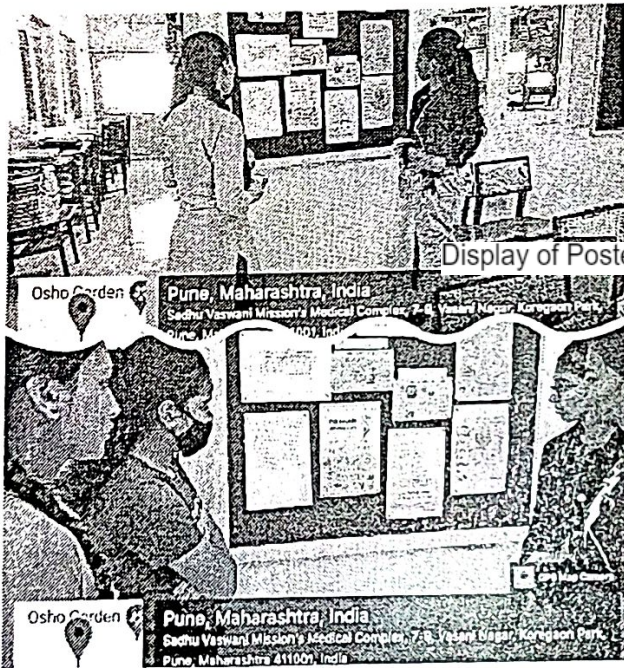


Report – Poshan Pandharwada 21st March to 4th April 2022

Department of NSS celebrated Poshan Pandharwada from 21st March to 4th April 2022. In connection with this various activities were organized to spread awareness about Nutritious and balance diet as well as session on Anaemia was also taken.

1. Displaying posters on notice boards- Students used posters to spread awareness about balanced diet and Nutritious food. Through these posters tentatively 800 were benefited. **Students Participation = 10 students**



Display of Posters for Awareness

2. Awareness Session on Anaemia - The session on Anaemia was organized to spread the awareness of Nutritious balanced diet. Total **19 students participated** in this session. Meaning of Anaemia, consequences of Anaemia, importance of balance diet was given to the participants. Various government schemes were introduced in this session which is working on Poshan Abhiyaan.

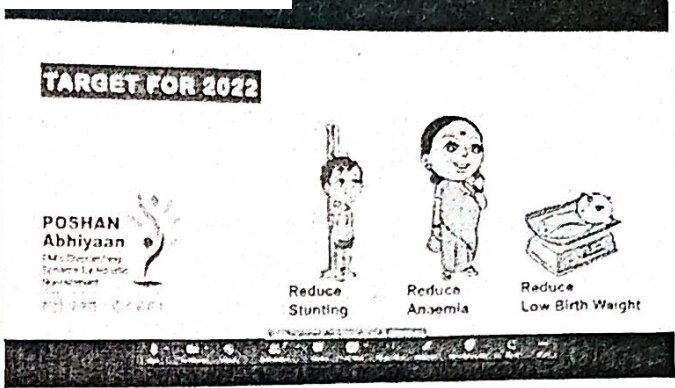


SP MSK

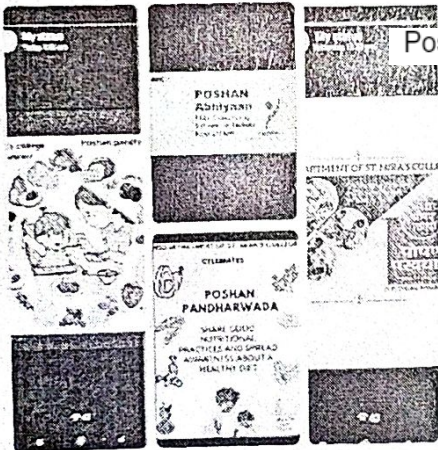


Jayak
Principal Incharge
St. Mira's College for Girls, Pune.

Awareness about Health and Fitness



3. Awareness on Social Media platforms- Students used digital posters to spread awareness about balanced and Nutritious diet. They used their social media platforms to spread awareness about Nutritious food and even made aware about this government scheme. Total 10 students participated in this activity. 356 people they reached with this activity.



Posters made by students

NSS PO's

Dr. Sandhya Pandit *SP*

Manjita Kulkarni *MBK*



Jaya

Dr. Jaya Rajagopalan

Principal Incharge

SP MBK

St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

List of Students

**Name of Event: NSS Students list _ Poshan pandharwada _
Awareness through posters on social media**

SR. No.	NAME
1	Gracey
2	Meghana Maliyadri
3	Prajakta Sapkal
4	Rutika Pardeshi
5	Manasi Ovhal
6	Pooja Mhaske
7	Divya Agrawal
8	Ojaswini Joshi
9	Snehal Pawar
10	Alifiya miyagamwala

NSS PO

Dr Sandhya Pandit *SP*

Ms Manjita Kulkarni *MSK*



Jayak

Principal Incharge
St. Mira's College for Girls, Pune.

St. Mira's College For Girls, Pune
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List of Students

Name of Event: NSS- Awareness Session on Anaemia

SR. No.	NAME
1	Lakshika Thawani
2	Meghana Maliyadri
3	Arya Vardhaman
4	Anuja Samudre
5	Ashitha Saseendran
6	Durga Daundkar
7	Aditi Gade
8	Vaishnavi Kshirsagar
9	Pooja Mhaske
10	Kalyani Mahajan
11	Gracey
12	Saloni Shelar
13	Sukanya Rahate
14	Shivanjali Tingre
15	Sakina Bharmal
16	Lisha Sapkal
17	Saniya Irani
18	Shital Pimple
19	Priya Rathod

NSS PO

Dr. Sandhya Pandit *SP*

Ms. Manjita Kulkarni *MSK*



Jayab
Principal Incharge
St. Mira's College for Girls, Pune.