

St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

Activity Report

Social Outreach: The Helplife: Fashion Show and Suman Magotra Award Function

Number of participating students: $11 + 2 = 13$

18th November 2018 was such a proud moment for the Helplife Team. Girls from different classes volunteered to join the English Department adopt a year-long programme to support the NGO Helplife that looks after 22 differently-abled girls.

What started out in September 2019 with tutoring for exams, food drives, clothes drives, sanitary napkin drives then evolved into arts and crafts. Khushboo Agarwal taught the Helplife girls to make snowmen. Joanne Fernandes showed them how to make other Christmas ornaments and everyone chipped in.

All of this climaxed in the grand Suman Magotra Award Function at Poona Club. This ceremony gives various awards to differently-abled girls who have shown great potential all over the country. There was a wonderful variety entertainment programme of singing, dancing and hold your breath a fashion show compered by our very own Shreya Humnabadkar. The young choreographer Joanne used the five elements of fire, water, earth, sky and spirit to showcase the handicapped girls who walked the ramp with such confidence that it lifted our spirits and made everyone cheer with delight. Everyone worked hard. Karishma Panjabi did their make-up. Daena Garda and her family made the floral decorations for each table. Fatema Lightwala was the chief co-ordinator. Alifiya Ezzi, Ayushi Halder, Anoushka Gutain, Titiksha Padir, Bhakti Oza and Khadija Lokhandwala sat at the stall all evening and sold the handicrafts to the delighted guests. It is certainly a night of 22 stars that will remain with us forever.

J. J. Jafarwala

Event Coordinator



JR

Principal Incharge
St. Mira's College for Girls, Pune.



A Public Charitable Trust
Regd No: E-2856/Pune/dt 26 1999



Flat No. 107/108, Sunshree Flower Apts, NIBM Rd, Kondhwa, Pune - 411048 Tel: 020 26850539
Email: helplifepune1999@gmail.com Website: www.helplifeinternational.org

To

The Principal

St Mira's College for Girls

6, Koregaon Road

Pune 411001

Dear Madam,

On behalf of Helplife, an NGO for physically challenged girls, I would like to thank you and your college for the social outreach programme conducted by you at Helplife in the academic year 2018-19. In addition to the core group of 11 girls your college supported the NGO whole heartedly.

The students of St Mira's College for Girls helped train the girls and make handicrafts that were sold at various bazaars. They organised a "One Kuttori" drive to raise food, they also helped organised the All India Suman Magotra Award Ceremony. They trained the girls to dance and choreographed the fashion show.

In addition they raised money and brought about awareness on menstrual hygiene by selling sanitary napkins packaged by the Helplife residents. They also collected clothes for the girls. The students will also help write matrimonials for the Helplife girls, manage the facebook page etc. They wrote academic papers which was presented at their seminar to bring about awareness about myths and taboos regarding menstruation and differently abled bodies.

It has been a very fruitful and rewarding relationship.

Thank you

Dr Laila Garda

Consultant

Helplife



Principal Incharge
St. Mira's College for Girls, Pune.

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Attendance Sheet /List of Students

Name of the activity:- Helplife

Date and Time:-2018-19

Sr.No	Name of Participants/ Students
1	Ayushi Halder
2	Bhagyashree Parchure
3	Creeshu Pinjani
4	Fatema Shabbir Lightwala
5	Joanne Fernandes
6	Khadija Lokhandwala
7	Khushboo Anup Agarwal
8	Munira Mohsin Phaltanwala
9	Rimsha Qureshi
10	Shreya Humnabadkar
11	Titiksha Padir
12	Anoushka Gutain
13	Alefiyah Ezzi

Total Number of Participants/ students = 13

Name and Signature of the event coordinator :-

J. J. Jafaravale



Jh
Principal Incharge
St. Mira's College for Girls, Pune.



Respected Sir/Madam,

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We are currently supporting 20 girls for their accommodation, education, travel, medical and mess/grocery expenses. These girls come from rural underprivileged background. When they enter Helplife, they have a lot of vitamin and mineral deficiencies and also low haemoglobin count. We first focus on their health and nutritional needs in order for them to build their physical capacity/stamina for them to become independent citizens in society. These girls are residing in 3 different flats around NIBM Road.

Ayushi Halder is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

Your support enables us to enroll more such girls in Help Life. Your help makes a difference. We truly appreciate your kind gesture.

Thanking you,

Dr. Laila Garda
Consultant
Helplife



Organization's contact details:

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Bhagyashree Parchure is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

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Creeshu Pinjani is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

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Fatema Shabbir Lightwala is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

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Khadija Lokhandwala is a volunteer working at Helpline and are assisting Helpline with some activities which are beneficial to the organisation

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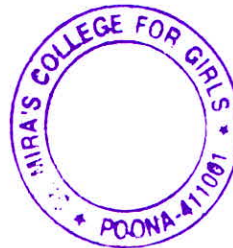
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Khushboo Anup Agarwal is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

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Munira Mohsin Phaltanwala is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

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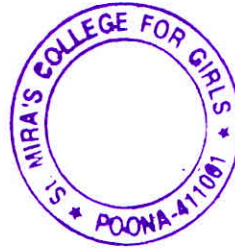
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Rimsha Qureshi is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

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Sherya Humnabadkar is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

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Anoushka Gutain is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

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Alefiyah Ezzi is a volunteer working at Helplife and are assisting Helplife with some activities which are beneficial to the organisation

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