



SADHU VASWANI MISSION'S
St. Mira's College For Girls, Pune
An Autonomous (Affiliated to Savitribai Phule Pune University)
Reaccredited by NAAC- A Grade, cycle 3
[ARTS, COMMERCE, SCIENCE, BSc (Computer Science),
BBA, BBA(CA)]
6,Koregaon Road,Pune-411001. [INDIA]
Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

SSR 2020-2021

5.1.3_ Capacity development and skills enhancement activities



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PU/PN/AC/015/ (1962)
College Code: - 013

Circular No: - *GIS/1QAC/2020-21/62*

Date:-25.02.2021

CIRCULAR

On 2nd March 2021 a Guest Lecture titled English Grammar Skills is to be organized by Department of Business Studies from 9.00am to 10.10am via Google meet Interface platform.

Jyoti Chintan

[Mrs. Jyoti Chintan]

Coordinator



G. H. Gidwani

Dr. Gulshan H. Gidwani

Principal

St. Mira's College for Girls, Pune
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REPORT

ENGLISH GRAMMAR SKILLS GUEST LECTURE: 2020-2021

Organiser: Mrs. Jyoti Chintan

Class: Sy BCom Business Communication

Speaker: Mrs. Komal Tujare

Business Studies Department had organized a Guest lecture on the subject – “English Grammar Skills” for SY B Com Business Communication students on 02nd March 2021 on Google meet. There were 98 students attended this program.

Mrs. Komal Tujare, In-house faculty from English Department enlightened the students with the skills of English grammar.

She spoke about Clauses, Types of Clauses, Phrases, Idioms, which are commonly used in business communication. Also, she discussed how simple sentences can be converted into paragraph.

Lecture was very interactive and the students answered all the questions posted by the speaker.

Jyoti Chintan

(JYOTI CHINTAN)

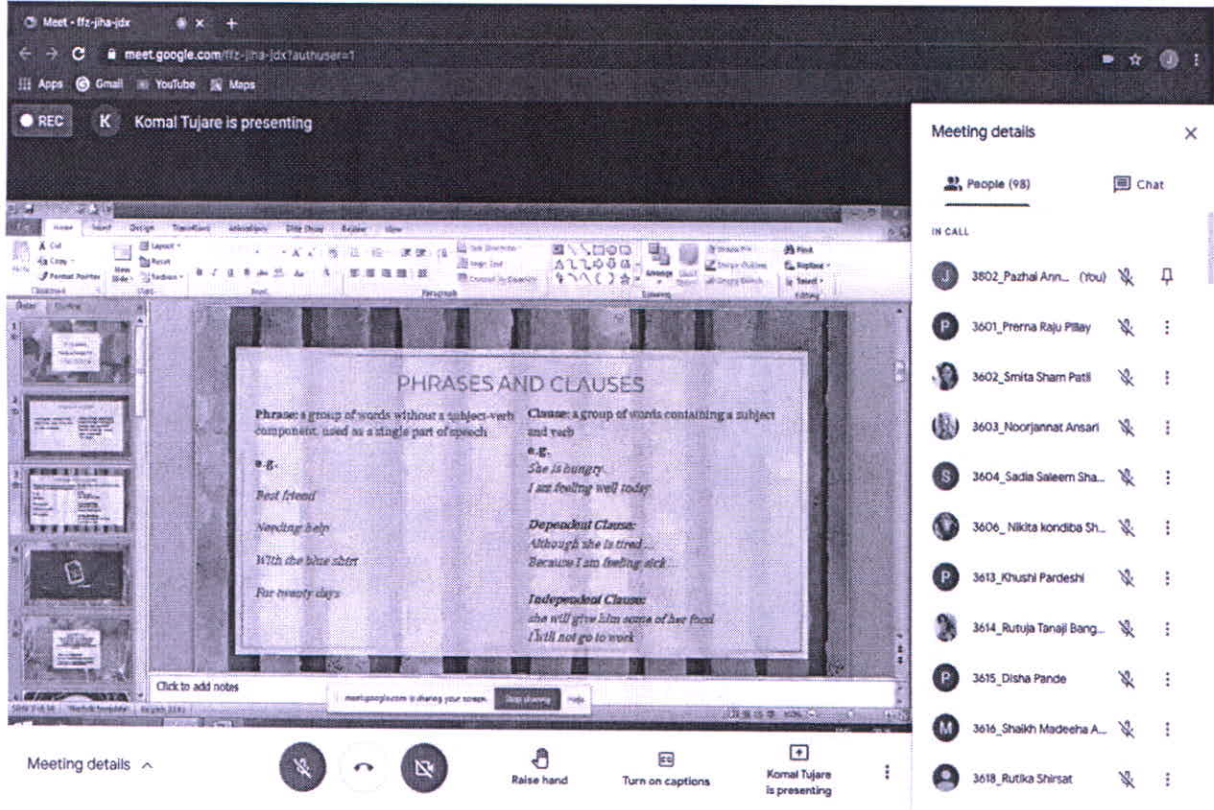


J. H. J. J. J.
Principal
St. Mira's College for Girls

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Attendance

Total Number of Participants: 98 Students



J Chitambar

(Jyoti Chitambar)



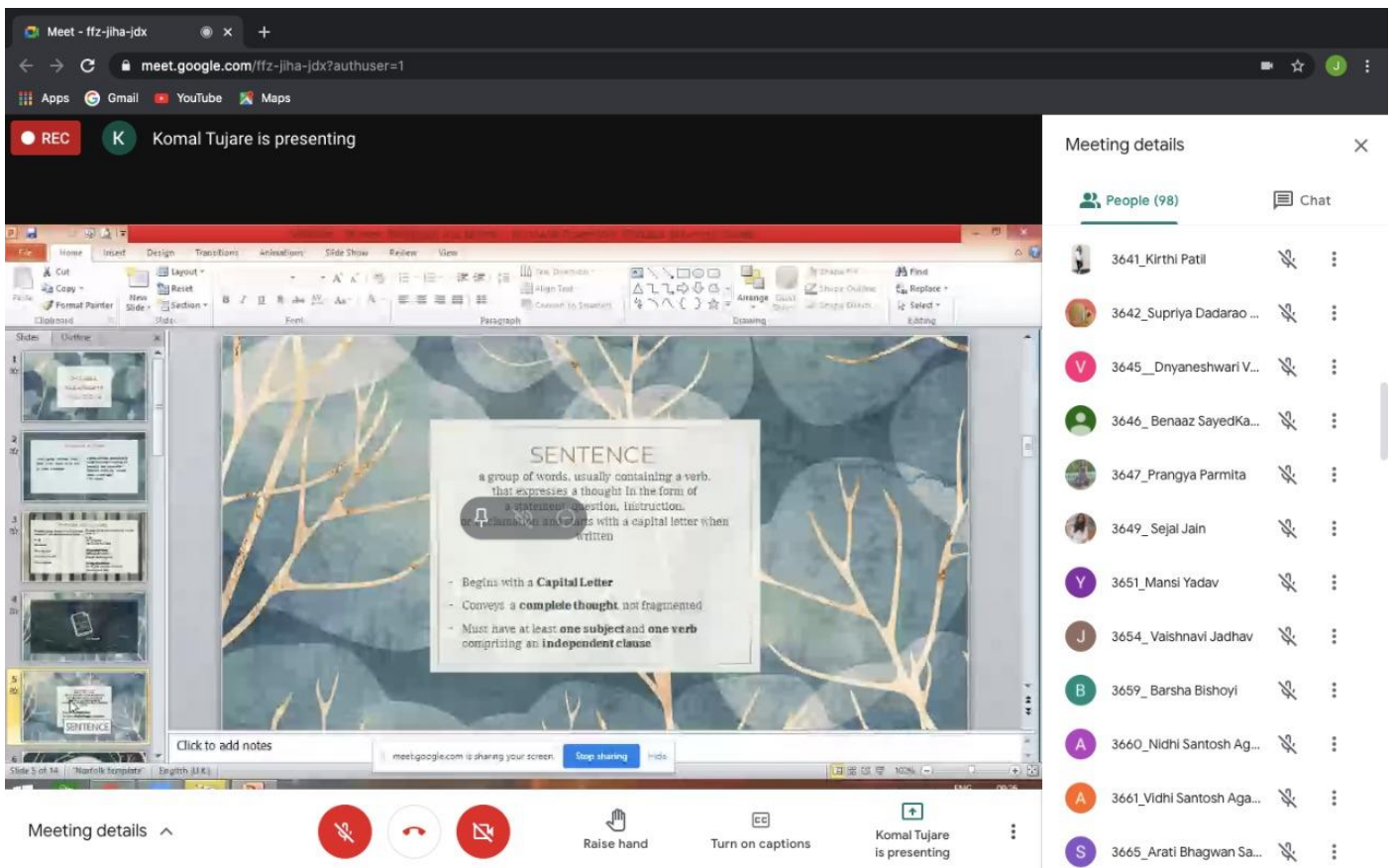
J. H. Chitambar
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

PHOTOS FOR ACTIVITIES CONDUCTED UNDER 5.1.3 (2020-21)

NAME OF EVENT: English Grammar Skills

DATE: February 3, 2021



Principal Incharge
St. Mira's College for Girls, Pune.



(2020-21)
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College Code: - 013

Circular No: - G15/10AC/2020-21/10

Date: - 01 July 2020

CIRCULAR

On 02 July,03 July,06 July,17 July 2020, 03 August &10 August 2020 Guest Lecture Series is to be organized by The Department of Marathi on Zoom Platform.

G. H. Gidwani

Dr. Gulshan H. Gidwani

Principal

S. Deshmukh
Co-Ordinator
मराठी विभाग प्रमुख
डॉ. संगीता देशमुख



(2020-21)

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मराठी विभाग

अहवाल

Guest Lecture Series

Date-10 August 2020

Activity Report

Date	Name of Activity	Student Attended
02 July 2020	Guest Lecture Series	15
03 July 2020		
06 July 2020		
17 July 2020		
03 August 2020		
10 August 2020		

Guest Lecture Series for SYBA Students

02 July, 2020- Guest lecture on मराठी विषय आणि व्यावसायिक संधी by Ms Priyanka Palkar, our student Alumini.

03 July, 2020- Guest lecture on मराठी कथाकथन एक व्यावसायिक संधी by Dr. Shobha Patil Retd. HoD Marathi, Magar College.

06 July, 2020- Guest lecture on मातृभाषा आणि मराठी साहित्य - आनंददायी जगण्याची दिशा by Dr. Sarita Somani, Casual Announcer Aakashwani pune.

17 July, 2020- Guest lecture on मराठी विषयाच्या विद्यार्थ्यांना डिजिटल क्षेत्रात करिअर संधी by Priyadarshani Patil, Prop.of Sanskar varga.

03 August, 2020- Guest Lecture on मराठी असे आमुची मायबोली by Dr. Varsha Todmal, HoD Marathi, Garware College.

10 August, 2020- Guest Lecture on मातृभाषा आणि माझी जडणघडण by Ms.Rajshree Kokate our student Alumni.

Co-Ordinator

मराठी विभाग प्रमुख

डॉ. संगीता देशमुख










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(2020-21)
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मराठी विभाग
Guest Lecture Series
Attendance Record




Close Participants (15)




Search



DS Dr Sangeeta Deshm... (me, host)   >




AP Akshada Patil   >



AS Anisha Salvi   >




 Aparna K   >

 Ashwini Lokhande   >

JK Jui Kulkarni   >


PJ pradnya Joshi 2449    >


PK Prajкта Kakade   >

PI Pratiksha Ingale    >

Invite

Mute All ...

		
K	2657_Aishwarya Kamble	 
2G	2668_sanskriti gaikwad	 
2S	2670_Janvi Sapkal	 
2S	2671 Shraddha kale	 
2S	2773_sejal gaikwad	 
	2786 Priyanka Sarwade	 


Co-Ordinator
मराठी विभाग प्रमुख
डॉ. संगीता देशमुख




Principal
St. Mira's College for Girls

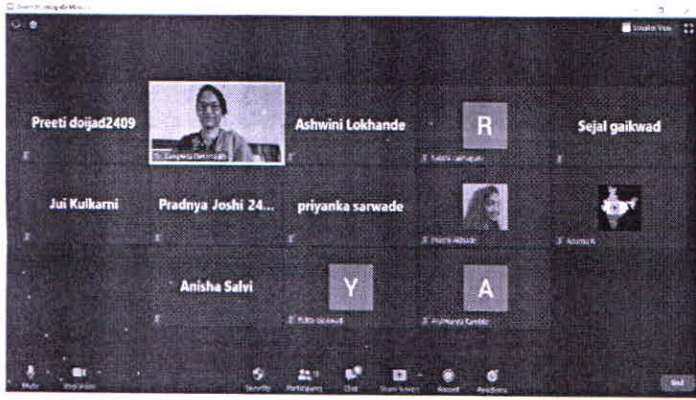
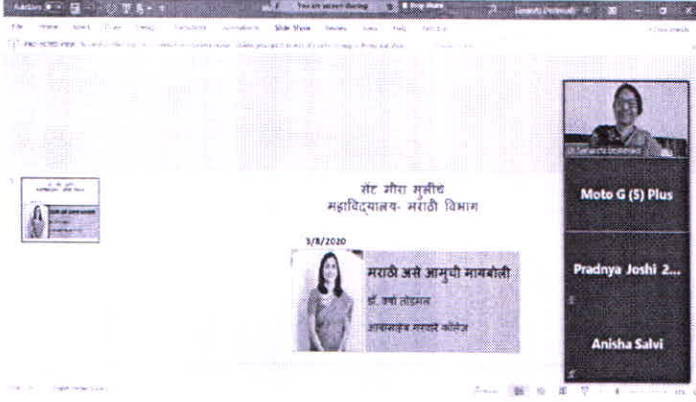
(2021-22)

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मराठी विभाग
Guest Lecture Series

Date: 10 August 2020

Attendance Screenshots



Co-Ordinator
मराठी विभाग प्रमुख
डॉ. संगीता देशमुख

S. Deshmukh



S. H. Deshmukh
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Marathi Guest Lecture Series

DATE: July 7 to August 10, 2020

AutoSave Off | You are screen sharing | Stop Share | Sangeta Deshmukh SD

File Home Insert Draw Design Transitions Animations Slide Show Review View Help Acrobat | Share Comments

PROTECTED VIEW Be careful—files from the Internet can contain viruses. Unless you need to edit, it's safer to stay in Protected View. | Enable Editing

1

सेंट मीरा मुर्लीचे
महाविद्यालय- मराठी विभाग
3/8/2020
मराठी असे आमची मायबोली
डॉ. वर्षा तोडमल
आबासाहेब गरवारे कॉलेज

सेंट मीरा मुर्लीचे
महाविद्यालय- मराठी विभाग
3/8/2020
मराठी असे आमची मायबोली
डॉ. वर्षा तोडमल
आबासाहेब गरवारे कॉलेज

Dr. Sangeeta Deshmukh

Moto G (5) Plus

Pradnya Joshi 2...

Anisha Salvi

Slide 1 of 1 | English (United States) | Notes | 45%

zoom_0

0:06:05 | 0:10:38

Mute | Chat | 10 | Play | 30 | Share | ...



Principal Incharge
St. Mira's College for Girls, Pune.



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College Code: - 013

Circular No: - G15/10AC/2020-21/76

Date: - 14 August 2020

CIRCULAR

On 17th August 2020 a webinar on **Marathichi Trividh Rupe** to be organized by The Department of Marathi from 3:00 pm to 4:00 pm on Google meet Platform.

G.H. Gidwani

Dr. Gulshan H. Gidwani

Principal

Sangeeta Deshmukh

Dr. Sangeeta Deshmukh

Coordinator



(2020-21)

St. Mira's College for Girls, Pune
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मराठी विभाग

अहवाल

Webinar on Marathichi Trividh Rupe

Activity Report

Date	Name of Activity	Student Attended
17 August 2020	Webinar on Marathichi Trividh Rupe	<u>17</u>

A Webinar was arranged on Marathichi Trividh Rupe by the Department of Marathi. The Resource Person for this webinar was Dr. Dattatreya Tapkeer. The session was hosted by Dr. Sangeeta deshमुख, HoD Marathi.



Co-ordinator

मराठी विभाग प्रमुख

डॉ. संगीता देशमुख





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(2020-21)

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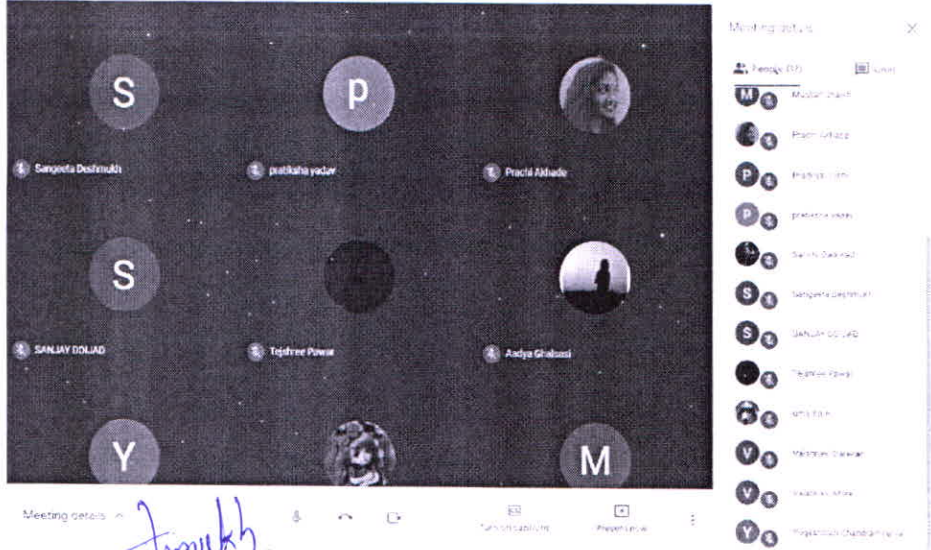
मराठी विभाग

Webinar - Marathichi Trividh Rupe

Webinar on Marathichi Trividh Rupe

Attendance Screenshots

Date: 17th August 2020



Sangeeta Deshmukh
Co-Ordinator
Name: - Dr. Sangeeta Deshmukh
मराठी विभाग प्रमुख



S. H. Deshmukh
Principal
St. Mira's College for Girls

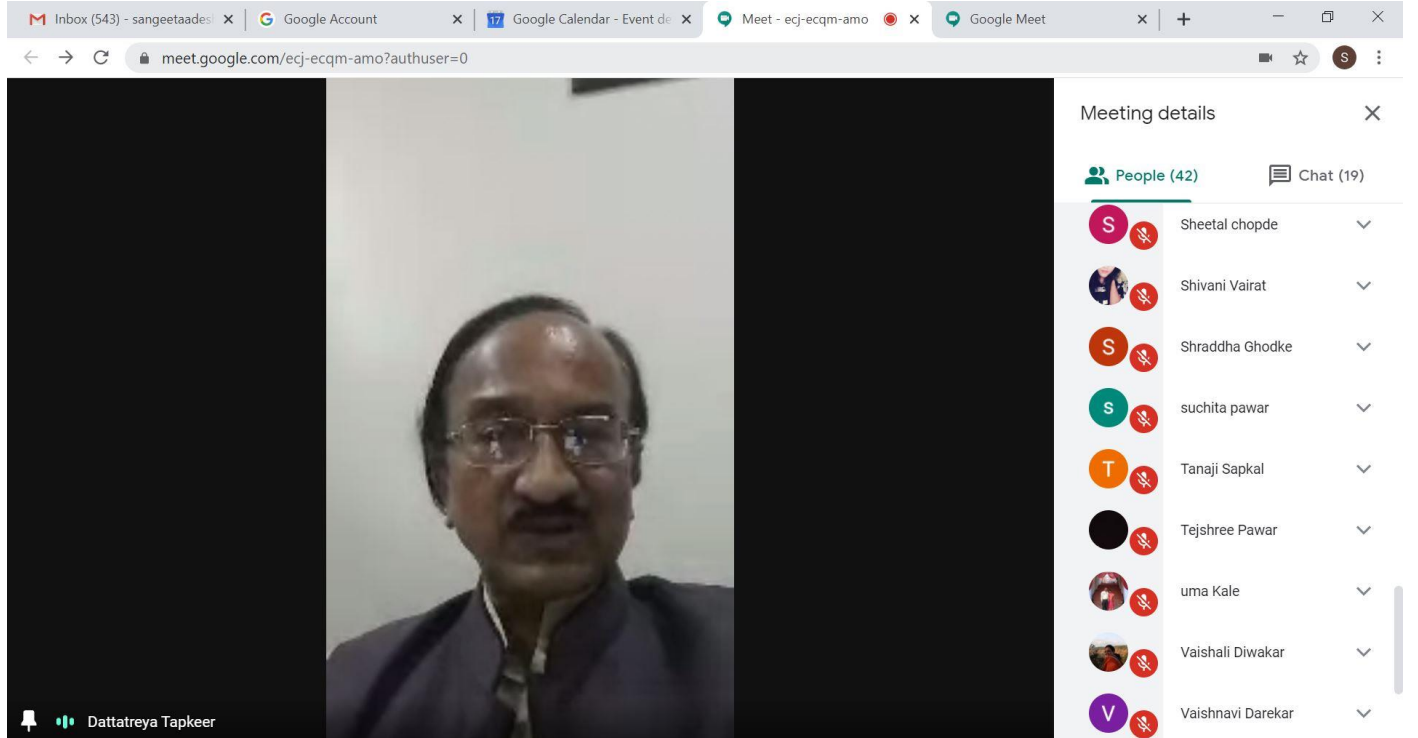
ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Marithichi Trividh Rupe

DATE: August 17, 2020



The poster features a purple and pink background. At the top right is the logo of St. Mira's College for Girls, Pune, with the motto 'KINDLE THE LIGHT'. The main text is in Marathi. On the left, there is a circular portrait of Dr. Dattatreya Tapkeer. The text includes the event title 'वक्ते' (Vakte), the speaker's name 'डॉ. दत्तात्रेय तापकीर', his credentials 'शिक्षणतज्ज्ञ, लेखक, वक्ते', the event title 'मराठी विभाग' (Marathi Department), the topic 'विषय - मराठीची त्रिविध रूपे...मातृभाषा, राजभाषा, व्यवहार भाषा' (Topic - Marathi in three forms... Mother tongue, Official language, Practical language), the date 'दिनांक - १७ ऑगस्ट, २०२०' (Date - 17 August, 2020), and the time 'वेळ - दु. ३.०० ते ४.००' (Time - Tue. 3.00 to 4.00). At the bottom, it says 'Open to all Please Join on Link' and provides the Google Meet link: <https://meet.google.com/ecj-ecqm-amo>.



The screenshot shows a Google Meet interface. The main video feed displays Dr. Dattatreya Tapkeer. The meeting details panel on the right shows 42 people and 19 chat messages. The list of participants includes: Sheetal chopde, Shivani Vairat, Shraddha Ghodke, suchita pawar, Tanaji Sapkal, Tejshree Pawar, uma Kale, Vaishali Diwakar, and Vaishnavi Darekar. The browser tabs at the top include 'Inbox (543) - sangeetaades', 'Google Account', 'Google Calendar - Event de', 'Meet - ecj-ecqm-amo', and 'Google Meet'.



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College Code:- 013

CIRCULAR

Circular No:- G.15/1QAC/2020-21/19

Date:- 20th August, 2020

On 2nd September, 2020 a Webinar titled Story Telling Session by Ms Geetha Kutuwan is to be organized by Department of Business studies on 2nd September, 2020 Wednesday via Online platform.

Dr.Rama Venkat
Coordinator



Dr.Gulshan H. Gidwani
Principal

St.Mira's College for Girls, Pune

2020-21

Report on Story Telling Session by Ms Geetha Kutwan

The Department of Business Studies hosted a Story Telling Session by Ms Geetha Kutwan on 02/09/2020, on Zoom, for TY B.Com Business Entrepreneurship students 46 participance, one faculty and one Guest speaker. Ms Kutwan traced the story of her life and successes as an entrepreneur, for the young girls. Coming from a small village in Tamil Nadu with no business background she found her passion in merchandising. She started her business by selling a minimal variety of dress materials from South India, took part in over 150+ exhibitions, and gradually established a brand Southern Attire consisting of numerous varieties in sarees and dress materials.

Ms Kutwan worked as a teacher for a long time along with selling sarees and materials etc. But a time came when she made the big decision to quit her job and dived into her business full time. Southern Attire proudly serves 3000+ customers across Pune and pan India too. Ms Kutwan added that the current pandemic did not stop her work, and she was not as affected as the other businesses as she made sure to stay in contact with her customers, slowly delivering the materials that were ordered. Her determination and strength to pursue her passion was extremely inspiring; not only did she share one of her hardest times, but also the fact that only acceptance of hardships can lead to fruitful results. Her knowledge and dedication were a great influence on young minds.

Dr. Rama Venkatachalam
Coordinator



Principal
St. Mira's College for Girls



St. Mira's College for Girls - Story Telling by Greetha Kuttuvan

20-09-2020

Zoom Meeting 40-110-1001

Recording... Remaining Meeting Time: 02:00 | Upgrade to Pro Speaker View

Mute Start Video Security Participants Chat Share Screen Pause/Stop Recording Reactions End

Participants (48)

Find a participant

- RB Riya Barde_3614
- Roobhini kutuwan
- R Rutika Nawale
- RG Rutuja Gaikwad
- SR Sheryl Rasundaram
- SK Shraddha Kurhade
- SH Shreya hore
- Shrikala Palugulla
- S Shweta Mhaske
- SK Simranjeet kaur
- S Sinin Shaikh.
- S sitara khatoon
- Sujana...
- TC Tanvi Chavan

Principal
St. Mira's College for Girls
Invite Mute All

15:33 02-09-2020

Dr. Rama Venkar

Event Coordinator - Dr. Rama Venkar



ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Storytelling Session

DATE: September 9, 2020

The image shows a Zoom meeting interface with a grid of 25 participants. The meeting title is "Zoom Meeting 40-Minutes" and the remaining time is 02:00. The participants are arranged in a grid, with some names visible: Shweta Mhaske, 3665_Reshma, Nikita Mishra, sitara khatoon, Shradha Kurha..., 4021_Harshada..., Rutuja Gaikwad, 3896_Mansi Gai..., Shreya hore, Rajestwari, Pooja rajput, Ritul, Roobhini kutuwan, Priyanka Khairna..., Dnyaneshwari va..., Tanvi Chavan, Aishwarya Pawar, 3649_afrin shaikh, Simranjeet kaur, Fatima Parvez, Sukanth, Shrikala Palugulla, Monica Lalwani, 4471 Aditi Kadgi, and Jama mounika3... The right sidebar shows a list of 48 participants with their names and status icons. The bottom of the screen shows the Windows taskbar with the search bar and system tray.



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Circular No:- GIS/10AC/2020-21/80

Date:- 19th September 2020

CIRCULAR

On 23rd September 2020, a HINDI Webinar titled "नई शिक्षा नीति और हिंदी भाषा की चुनौतियाँ" is to be organized by HINDI DEPARTMENT from 3:00PM to 4:00 PM via Online platform.

Shital P. Jadhav

Coordinator

Dr. Gulshan H. Gidwani

Principal



सेंट मीरा कॉलेज फॉर गर्ल्स, पुणे
स्वायत्त (सावित्रीबाई फुले पुणे विद्यापीठ संलग्न)
हिंदी विभाग द्वारा आयोजित वेबिनार
“नई शिक्षा नीति एवं हिंदी भाषा की चुनौतियाँ”
प्रमुख व्याख्याता – डॉ. शाकिर शेख

सेंट मीरा कॉलेज फॉर गर्ल्स, पुणे के हिंदी विभाग द्वारा दिनांक 23 सितंबर, 2020 बुधवार को अपराह्न 3 बजे से 4 बजे तक हिंदी वेबिनार का आयोजन किया गया। वेबिनार का विषय “नई शिक्षा नीति एवं हिंदी भाषा की चुनौतियाँ” रहा। वेबिनार के प्रमुख वक्ता के रूप में पूना कॉलेज के हिंदी विभाग प्रमुख डॉ. शाकिर शेख उपस्थित रहे। उन्होंने नई शिक्षा नीति की कार्य पद्धति किस रूप में रहेगी और हिंदी भाषा के अध्ययन-अध्यापन में आनेवाली सुविधा और समस्या दोनों के प्रति अपने बहुमूल्य मार्गदर्शन से हमारे महाविद्यालय के छात्र एवं अध्यापिकाओं को अवगत कराया। कार्यक्रम का संयोजन एवं आभार प्रदर्शन हिंदी विभाग प्रमुख शीतल जाधव जी ने किया। इस कार्यक्रम के प्रेरणा स्रोत के रूप में महाविद्यालय की प्राचार्या डॉ. गुलशन गिडवानी ने मार्गदर्शन किया। श्रोता वर्ग के रूप में महाविद्यालय की कुल मिलाकर 73 छात्रायें एवं अध्यापिकायें उपस्थित रही।



प्रा. शीतल जाधव
हिंदी विभाग प्रमुख
सेंट मीरा कॉलेज फॉर गर्ल्स, पुणे

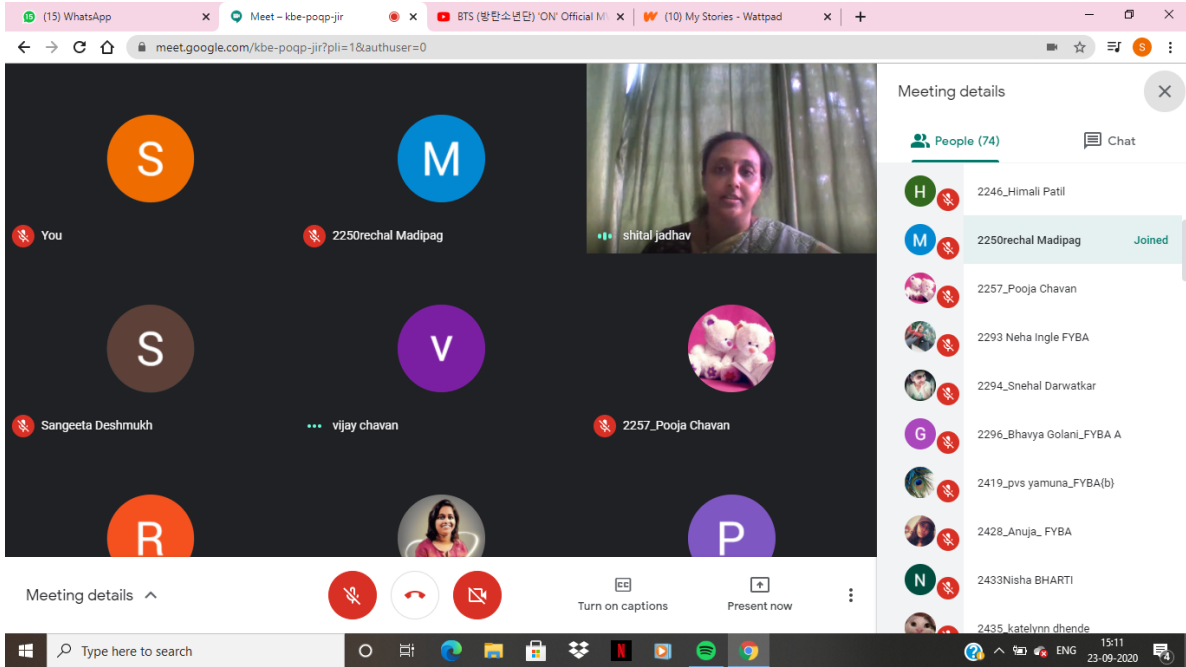


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St. Mira's College for Girls

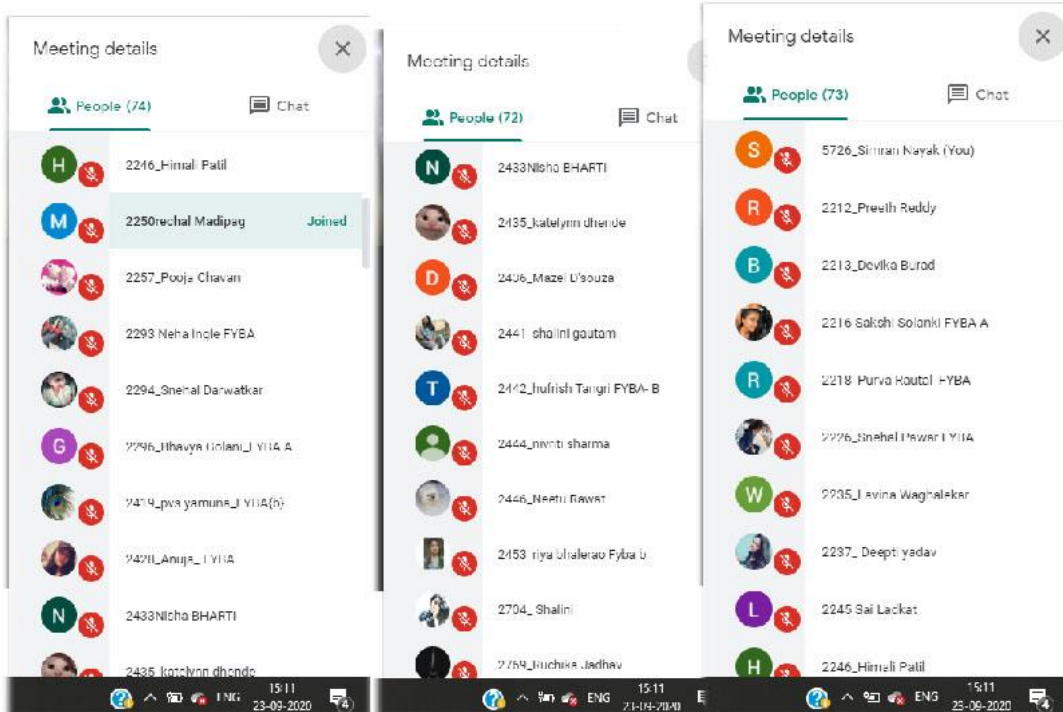
ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: NEP and Challenges of Hindi Language

DATE: September 23, 2020



ATTENDANCE HINDI WEBINAR 23-9-2020



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College Code:- 013

Circular No:- *GIS/10AC/2020-21/49*

Date:-13th Nov 2020

CIRCULAR

On Saturday 21st Nov 2020 a Guest Lecture by alumni Sushmita Jha titled Writing an Article for the Press is to be organized by the Dept of English from 12:00pm to 12:50pm via zoom platform .

S.J. Sataravale

Dr Snober Sataravala
Coordinator



G.H. Gidwani

Dr. Gulshan H. Gidwani
Principal

St. Mira's College For Girls, Pune
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Activity Report

Report on Writing an Article for the Press

Number of Participants: 90

On the 21st of November 2020 Sushmita Jha, an alumna of the Department of English, addressed the FYBA Compulsory English Course and English Special students on how to write an article for the press. Sushmita Jha currently is working for the Pune Times.

Some of the tips she shared with the students were:

- add quotations to headline-prominent catchy
- Introduction-must be quick and say what's lying ahead. 1st 4 lines the most imp
- Crisp quick- 5 lines
- Body- 2-3 paragraphs depending on number of words
- Conclusion- Very imp
- sometimes left open ended
- Journalists have to be UNBIASED
- it is upto people to make and opinion not up to the journalist

Tips on how to make your article stand out?

How do you establish- relevant quotes, data, facts from people websites etc to back it up

- Add weight to your article- casestudies, social media tweets, makes it interesting
- Networking important with both editor and contacts
- get people on board- adds extra to your writing
- First research on all the articles already written
- Ask what is the additional info I can add

Writing style:

- misconception- flowery language, difficult words. People don't have time to sit with a thesaurus
- Be grammatically correct
- Put your message across straight forward- simple
- clean language- clean copy- it is simple, not unnecessarily descriptive, grammatically correct
- get to the point

J. J. Sataravale

Event Coordinator



J. H. Jadhav
Principal

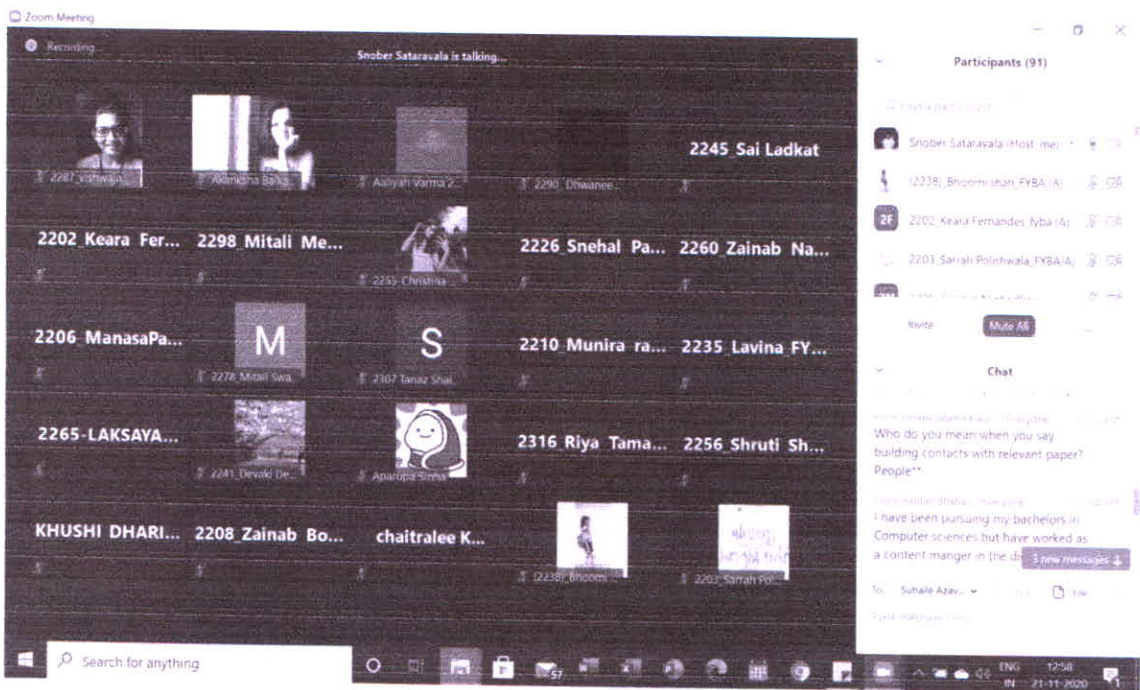
St. Mira's College for Girls

St. Mira's College For Girls, Pune
An Autonomous (Affiliated to Savitribai Phule Pune University)

Attendance Sheet

Name of the activity/ event/ webinar/seminar:-Writing an Article for the Press

Date and Time:- 21st Nov 2020 at 12pm

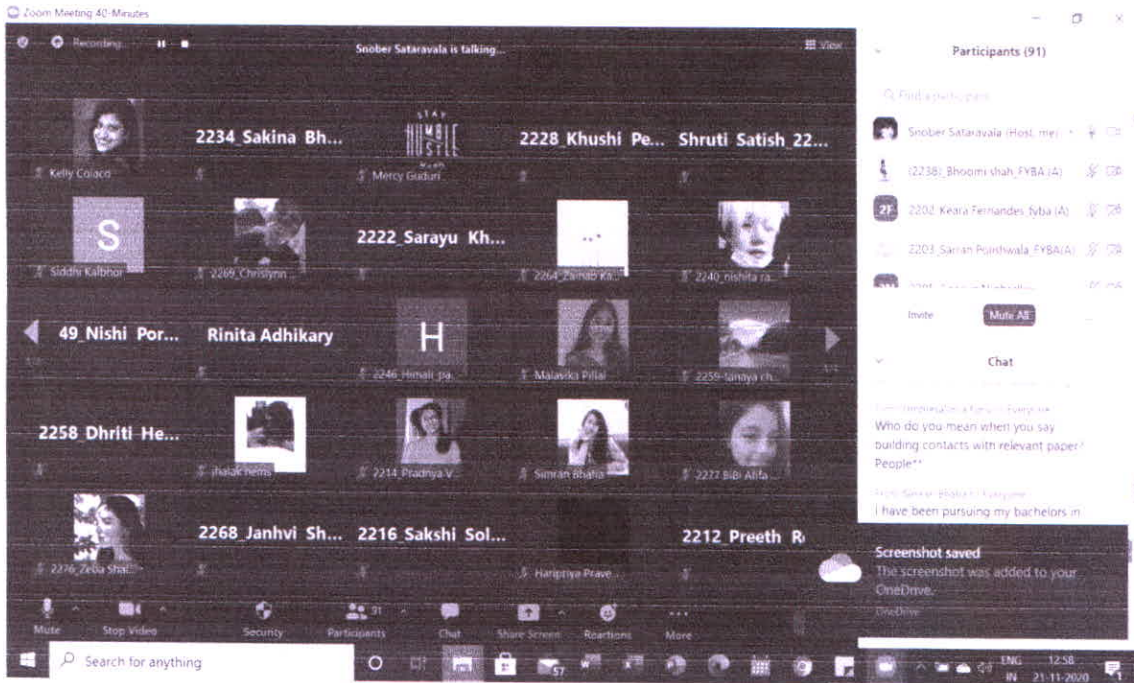
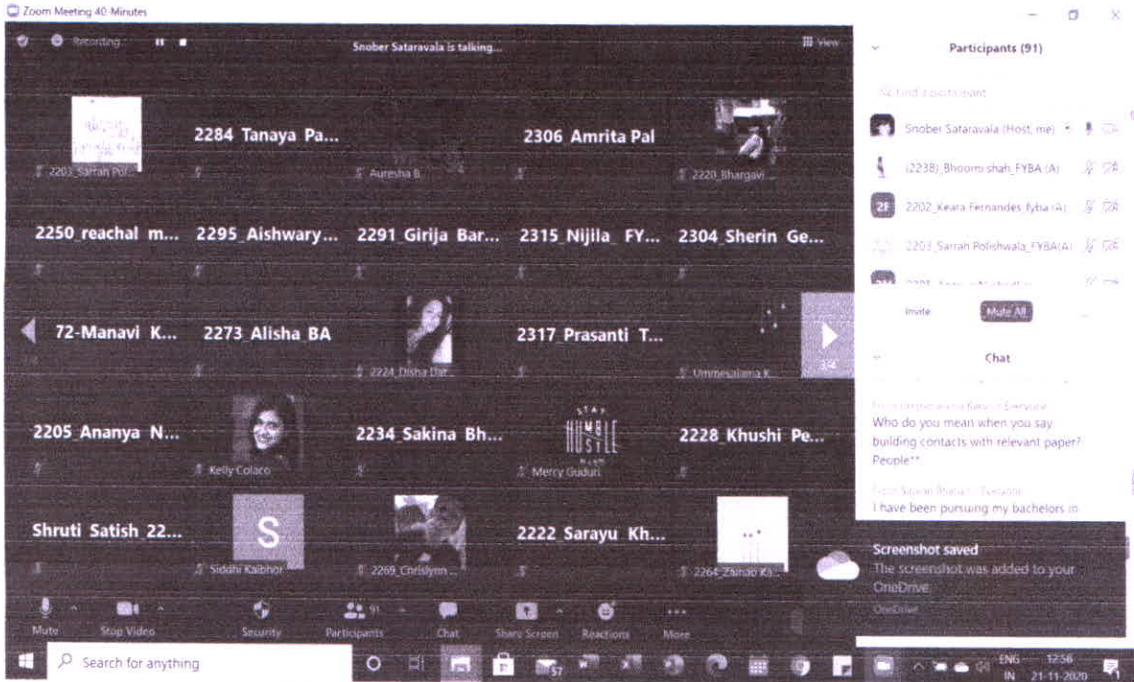


S.T. Sataravala
COORDINATOR.



S.H. Sataravala
Principal
St. Mira's College for Girls

St. Mira's College For Girls Pune
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Total Number of Participants/ students = 90

Name and Signature of the event coordinator :-

J. T. Sataravala

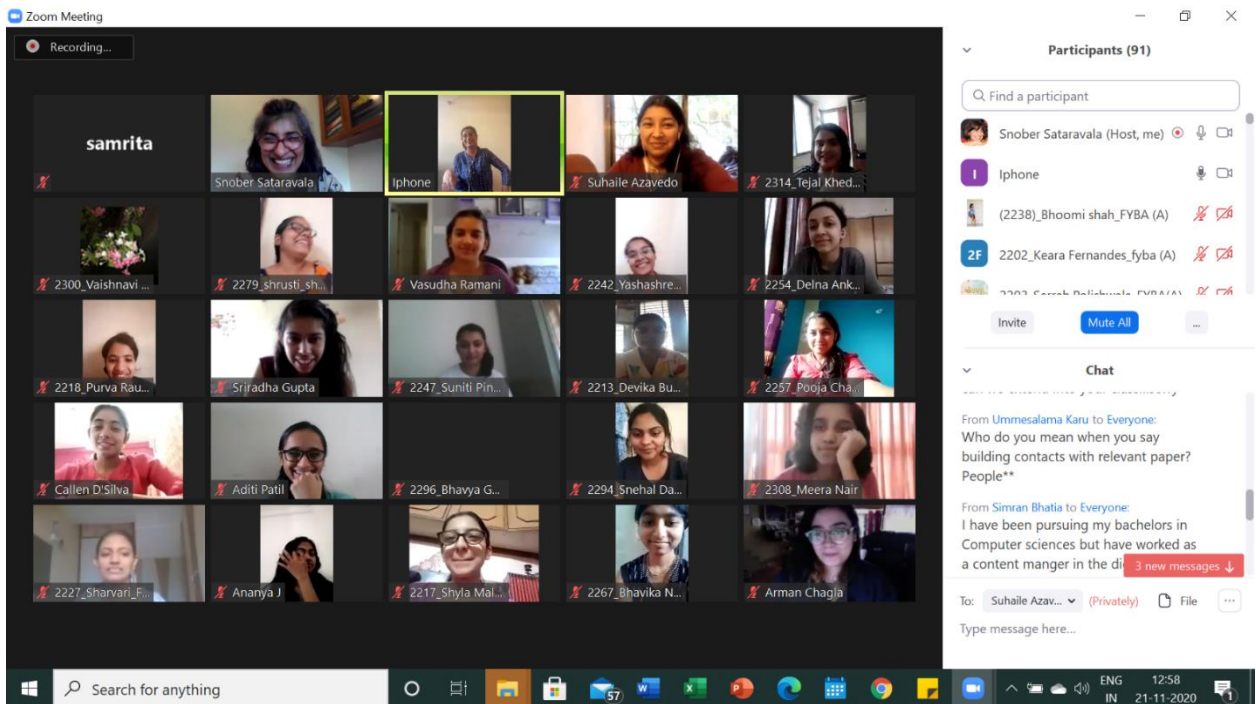
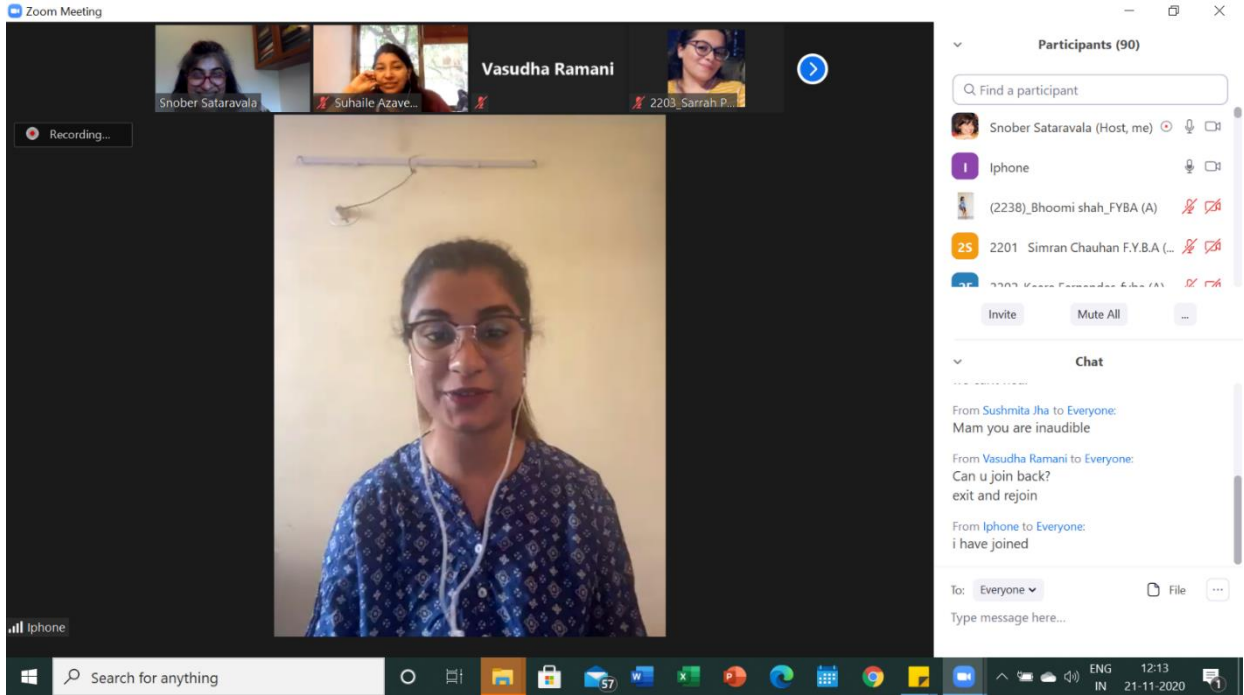


J. H. Jadhav
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Writing an Article for the Press

DATE: November 21, 2020



Principal Incharge
St. Mira's College for Girls, Pune.



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Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- *GIS/10AC/2020-21/12*

Date:-28.07.2020

CIRCULAR

The college is organising a webinar on “**Nutrition & Diet**” on 04th August, 2020” at 5.00 pm for all the students and staff members. Dr. Rashida S. Karu (Register Dietician) Consultant Dietician and Sports Nutritionist is the resource person for the webinar. All are requested to attend the same.

Ms. Ekta Jadhav
Director of Physical Education



Dr. G.H. Gidwani
Principal

St Mira's College for Girls, Pune
An Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Physical Education

Nutrition and Diet Webinar

Report

The Department of Physical Education and Sports had organised the Webinar "Nutrition on Diet" on 04th August, 2020. This webinar was conducted for all the students and for staff members. Total 176 participants took the advantage of this webinar. The aim of this webinar was to create awareness among the students about the eating habits. This webinar was helpful for all participants to plan their know diet and to boost the immune system in this pandemic situation.

Dr. Rashida S. Karu (Register Dietician) Consultant Dietician and Sports Nutritionist was the resource person of the webinar she has completed her B.HSc (Bachelor in Health Science) and P.G Diploma in Dietetics and App. Nutrition and Naturopathy. She guided about the Macronutrients (Carbohydrate, Protein and Fat) and Micronutrients (Vitamins and Minerals) and also explained the food Pyramid. She also gave dietary tips to boost the immune system. A healthy diet will improve or maintain constant health.

The introduction of resource person and Vote of thanks was given by Mrs. Ekta Jadhav (Director of Physical Education) and Suvarna Pathak Physical Education Teacher and Sports Coach, Maharashtra State Jijamata Awardee Ms. Gurabans Kaur ma'am and all other staff members were present for the webinar.



Ms. Ekta Jadhav

Director of Physical Education



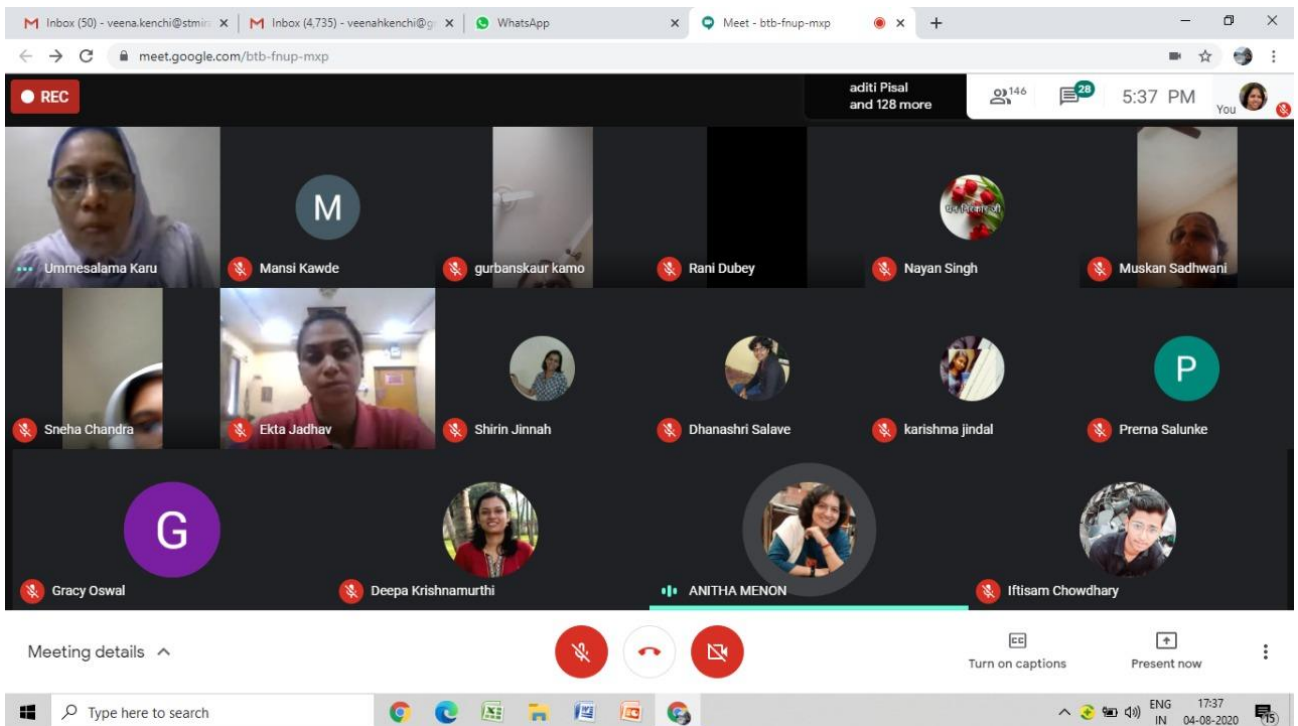
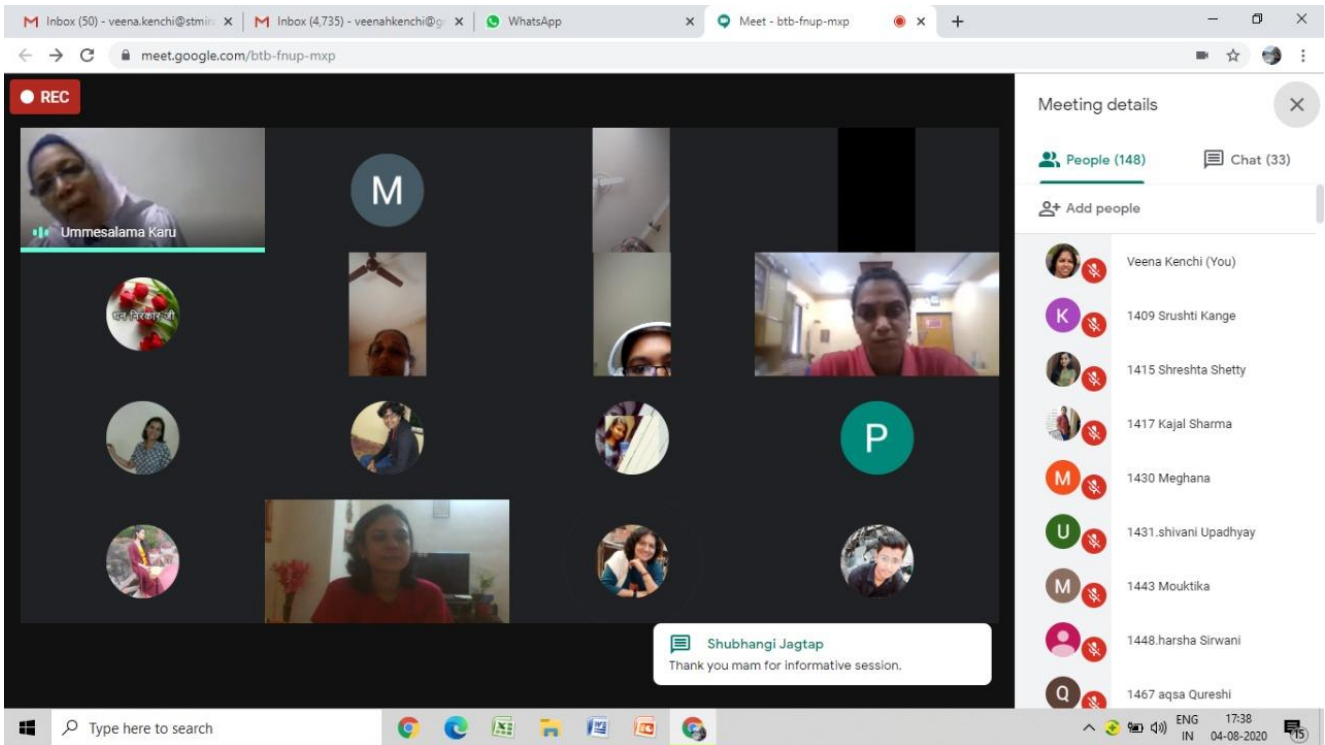
Principal

St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Webinar on Nutrition and Diet

DATE: August 4, 2020



Principal Incharge
St. Mira's College for Girls, Pune.



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- GIS/10AC/2020-21/17

Date:-10.08.2020

CIRCULAR

The college is organising a webinar on “Resistance Training” on 18th August, 2020” at 5.00pm for all the students and staff members. Ms. Sapna Yadav (Physical Education Teacher, Vikhe Patil Memorial School, Pune) is the resource person for the webinar. All are requested to attend the same.

Ms. Ekta Jadhav
Director of Physical Education

Dr. G.H. Gidwani
Principal



St. Mira's College for Girls, Pune
An Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Physical Education and Sports


Resistance Training

Report

The Department of Physical Education and Sports had organised the Webinar "Resistance Training" on 18th August, 2020. This webinar was conducted for all the students and for staff members. Total 222 participants took the advantage of this webinar. The aim of this webinar was to create awareness among the students about the fitness. This webinar was helpful for all participants to plan their know fitness plan and to boost the immune system in this pandemic situation.

Ms. Sapna Yadav, Physical Education Teacher at V.K Patil school was the resource person of the webinar she has completed her Bachelor in Physical Education. She took practical session of Resistance Training without equipment at home. She had covered all the strength training exercises of Hand, Leg and Core with their benefits. This all exercises are very useful to improve the strength of individuals.

The introduction of resource person and Vote of thanks was given by Mrs. Ekta Jadhav (Director of Physical Education), and Suvarna Pathak Physical Education Teacher and Sports Coach, Maharashtra State Jijamata Awardee Ms. Gurabans Kaur ma'am and all other staff members were present for the webinar.


Ekta Jadhav
Director of Physical Education

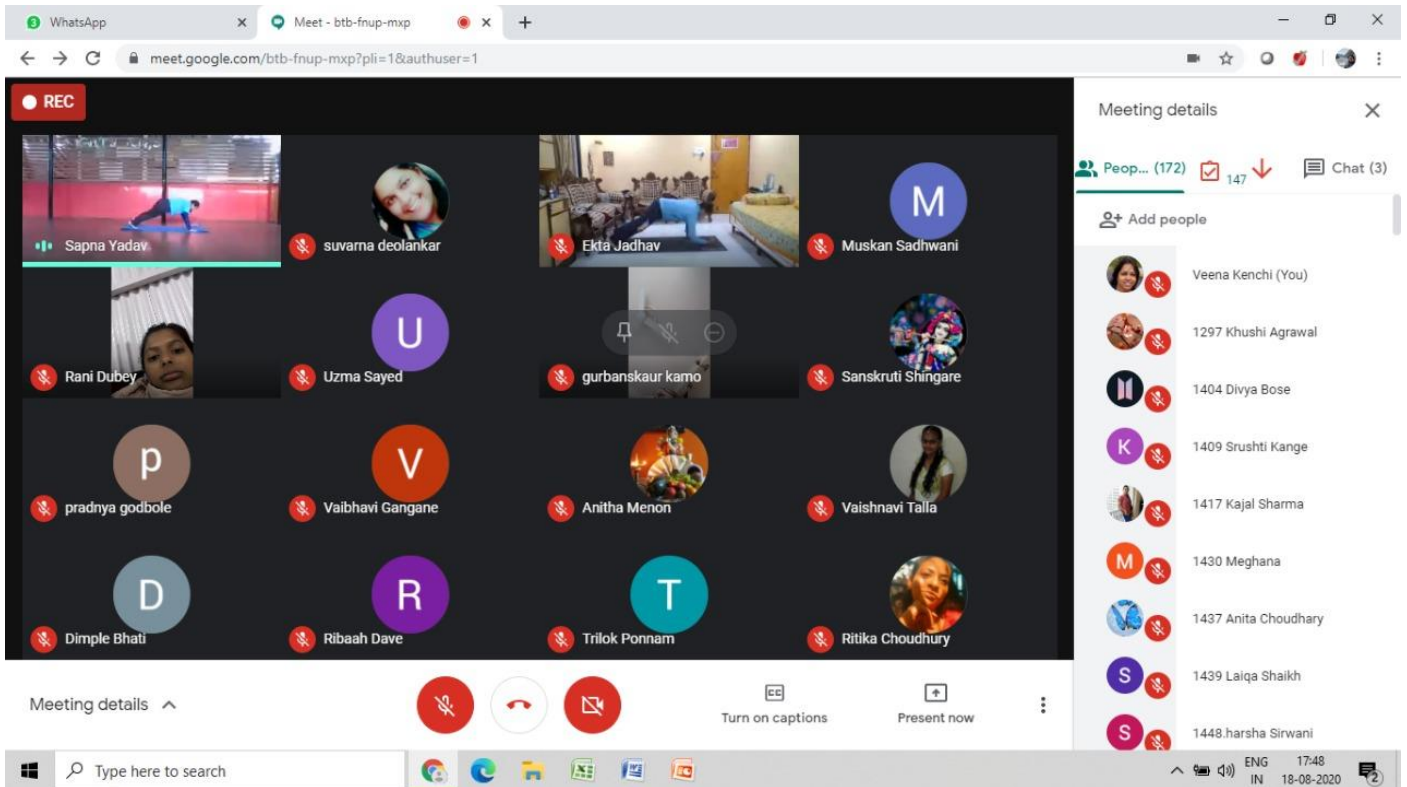



Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Webinar – Resistance Training (Practical Session)

DATE: August 18, 2020



Principal Incharge
St. Mira's College for Girls, Pune.



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/10AC/2020-21/28


Date:-06.09. 2020

CIRCULAR

On 13th September 2020 webinar on "Suicide Prevention" is to be organized by Mental Well-being Program for all Degree College Classes from 3:00 - 4:00 pm over Zoom Platform.


Ms. Pooja Jain
Coordinator




Dr. Gulshan H. Gidwani
Principal

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Department of Psychology
Mental Well-being Program 2020-21

“Aao Baat Kare”- A webinar on Suicide Prevention

Date: 13th September 2020

Platform: ZOOM

Total Participants: 45

Department of Psychology, St. Mira's College for Girls, Pune organised a webinar on Suicide Prevention, “Aao baat kare” on 13th September 2020 at 3:00 pm as a part of their ongoing mental well-being program for college students. Suicide is a social and health concern which has been misunderstood by both society and families. This webinar was organised on ZOOM with aim of increasing awareness and educating students, parents and teachers on early signs, risk factors, ways of supporting others and ways of seeking help when in need. This webinar focused on educating students, teachers and parents about suicide awareness and suicide prevention. Session also focused on demystifying suicide and highlighted that suicide is just not a mental health concern but a socio-political one as well. Webinar also helped participants to identify early signs, which can be verbal, behavioural, and emotional signs along with risk factors. Speaker talked about ways of making a safety plan for someone who is struggling. Students were identified as a high-risk population for developing mental health concerns and ways of identifying students who might be higher risk for developing thoughts of suicide was also covered in the session. The speaker emphasised role of empathy, active listening and a non-judgemental attitude towards people who need help and having thoughts of suicide. Towards the end the participants were also informed about ways of managing their own thoughts, feelings, and ways of seeking help when in need. A comprehensive list of suicide helplines, self-help resources along with National mental health helpline, Kiran was shared with all the participants. Participants expressed an increase in knowledge and awareness about the topic of suicide. The session helped them to open and talk about their thoughts and feelings. Students who participated in the webinar reported that session was remarkably simple, relatable, and informative. Their misconceptions about suicide and person experiencing suicidal ideations were reduced. The session provided a safe space for participants to share personal struggles and gave them a right mix of awareness, self-help strategies and ways of supporting others in their journey.

Feedback: *“The webinar was AMAZING! It really helped direct and structure a way to provide support in the correct manner. And I strongly feel this kind of quality information must reach as many as possible!!! I constantly kept feeling that everyone in our society needs to hear this. All the myths that you talked about are so prevalent around us. And as you correctly said, they probably even contribute to feelings of hopelessness, loneliness and giving up”* – student of St. Mira's College

“My mom attended the session with me. We had a talk about suicide for the first time in our family today. Today, I feel that I am not alone in this journey. Thank you so much for conducting this webinar”- a student of St. Mira's College

Total Participants: 45

Program Coordinator: Ms. Pooja Jain

Pooja Jain



G. H. Gidwani
Principal
St. Mira's College for Girls

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

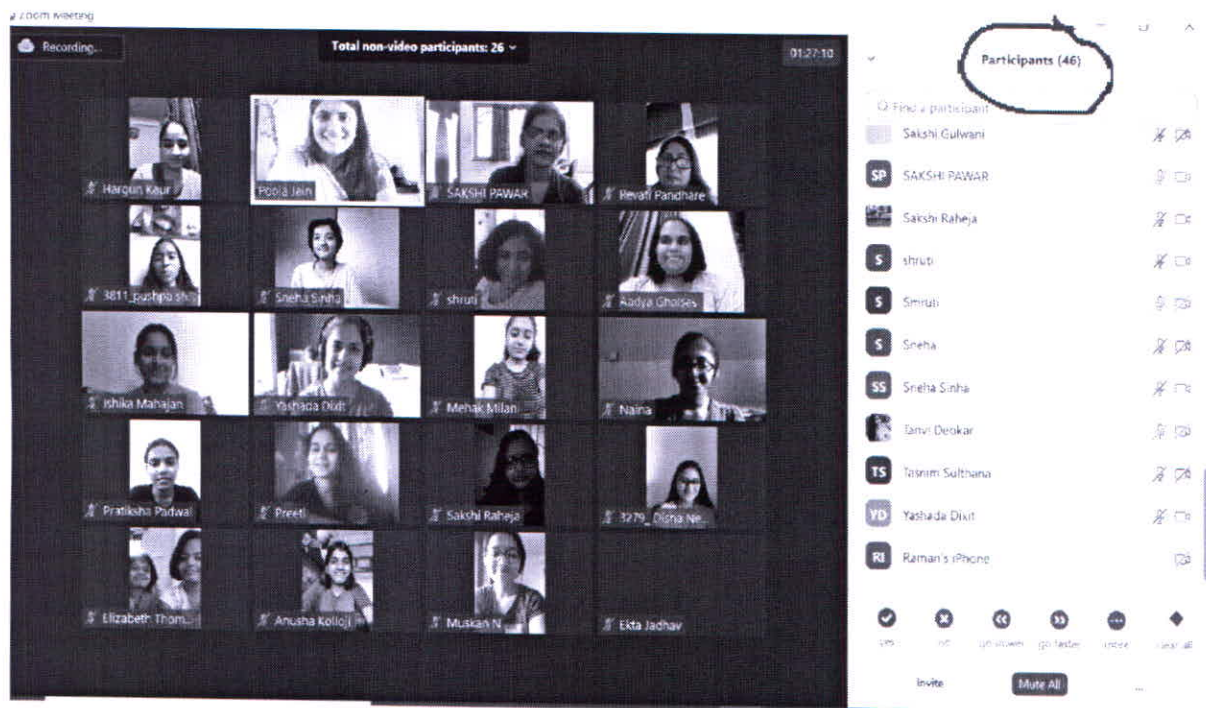
Department of Psychology

Mental Well-being Program 2020-21

“Aao Baat Kare”- A webinar on Suicide Prevention Attendance

Date: 13th September 2020

Platform: ZOOM



Total Participants: 45

Program Coordinator: Ms. Pooja Jain

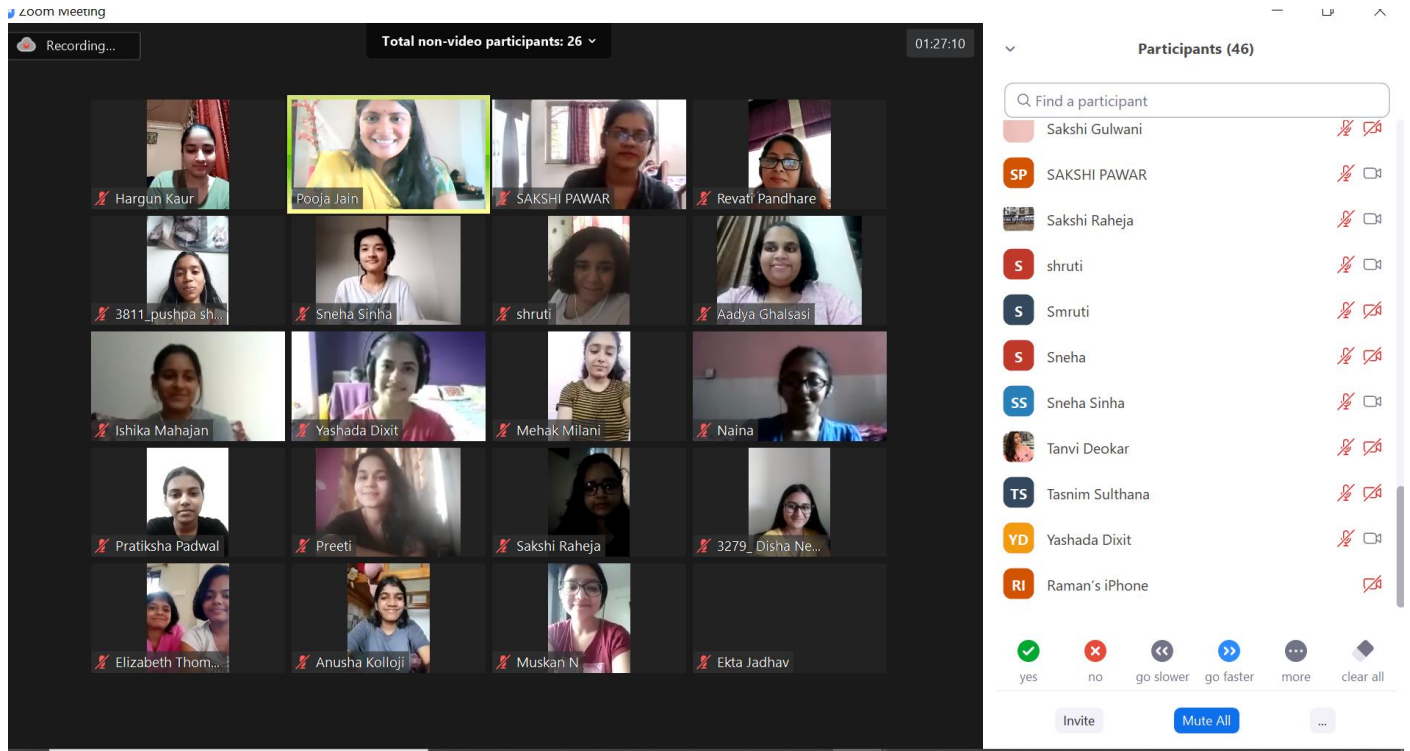


G.H. Gulwani
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Webinar on Suicide Prevention – Aao Baat Kare

DATE: September 13, 2020



ST MIRA'S COLLEGE FOR GIRLS
Department of Psychology
Presents
A Webinar on Suicide Prevention

"Aao baat kare"

13 SEPTEMBER, 2020
3:00-4:00 PM
ZOOM
OPEN TO ALL



Principal Incharge
St. Mira's College for Girls, Pune.



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/1QAC/2020-21/27

Date:-05.09.2020

CIRCULAR

The college is organising a webinar on “**Healthy Lifestyle in the pandemic Situation**” on 18th September, 2020 at 5.00 pm for all the students and staff members. Dr. Mahesh Deshpande (Assistant Professor, Chandrashekhhar Agashe College of Physical Education, Pune) is the resource person for the webinar. All are requested to attend the same.

Ms. Ekta Jadhav
Director of Physical Education

Dr. G.H. Gidwani
Principal



St Mira's College for Girls, Pune
An Autonomous (Affiliated to Savitribai Phule Pune University)
Department of Physical Education
Webinar on Healthy Lifestyle in the pandemic Situation
Report

The Department of Physical Education and Sports had organised the Webinar on "Healthy Lifestyle in the pandemic Situation" on 18th September, 2020 under the program Physical Fitness @ Home. This webinar was conducted for all the students and for staff members. More than 250 participants took the advantage of this webinar. The aim of this webinar was to create awareness among the students about the Healthy lifestyle habits in this pandemic situation.

Dr. Mahesh Deshpande (Assistant Professor, Chandrashekhar Agashe College of Physical Education, Pune) was the resource person for the webinar he has Completed PhD. in Physical Education from Pune University. At the beginning of the lecture, he explaining the importance of Annamaya Kosha, Pranamaya Kosha, Manomaya Kosha, Vijnanamaya Kosha and Anandamaya Kosha, he said that through yoga, not only the body but also the mind is kept healthy and Yoga leads you to bliss. He also explained the effects of sedentary lifestyle, lack of exercise. He emphasis on online education in recent times due to lockdown and increased corona prevalence. And the use of computers and other modern technology has also increased. As a result, the incidence of various ailments, eye strain and back pain is increasing among the students and also guide preventive measures.

He also discussed the prevention of obesity and its health effects. Obesity is not just a disease but a major cause of many other ailments. Obesity is caused by an imbalance between calories consumed and unspent calories. The body needs a balanced diet rather than a full diet. According to the recommendations of the World Health Organization, young people should do at least 300 minutes of moderate or 150-200 minutes of intensity movements every week. He suggested running, cycling, swimming, trekking, group exercise, aerobics, yoga, dance, or a variety of sports. In the present times, it is possible to do Yogasana and Suryanamaskar at home, so we should develop our routine and maintain continuity in it. If it is not possible to exercise every day, it is important to do as much physical activity as possible.

The introduction of resource person was given by Mrs. Ekta Jadhav (Director of Physical Education), and the Vote of thanks was given by Suvarna Pathak (Physical Education Teacher) and Sports Coach, Maharashtra State Jijamata Awardee Ms. Gurabans Kaur ma'am and all other staff members were present for the webinar.



Ms. Ekta Jadhav
Director of Physical Education

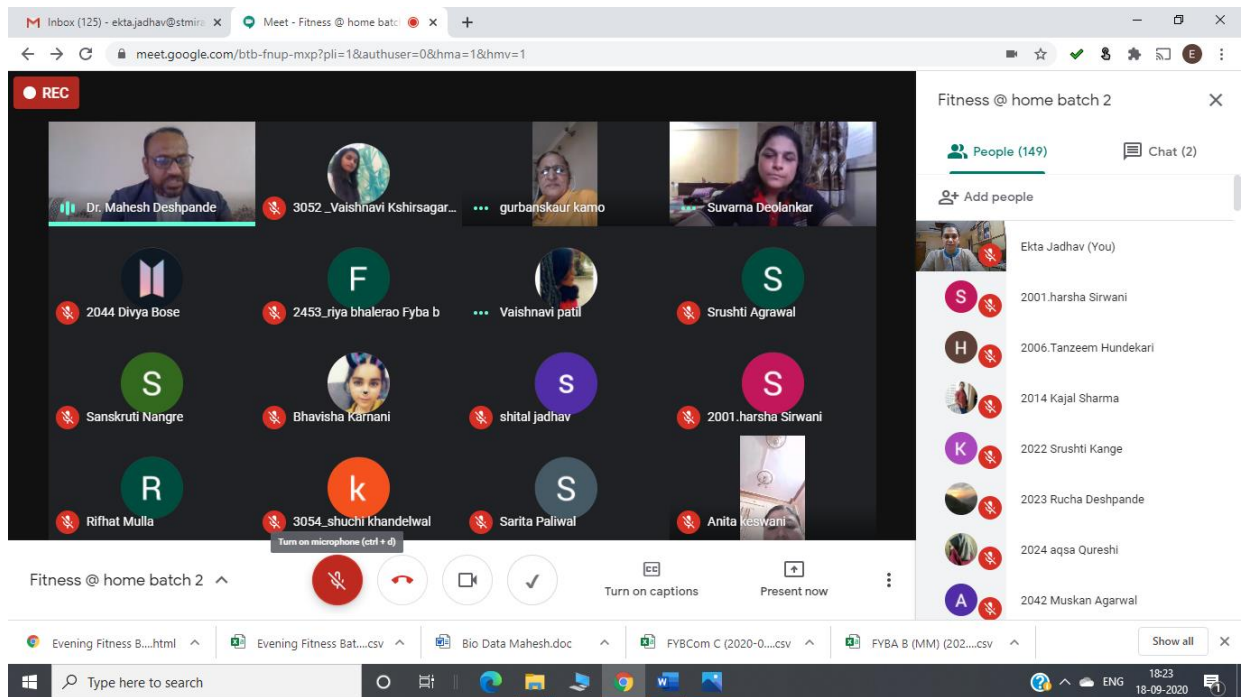



Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Healthy Lifestyle in Pandemic Situation

DATE: September 18, 2020



Principal Incharge
St. Mira's College for Girls, Pune.



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PU/PN/AC/015/ (1962)
College Code: - 013

Circular No: - 615/10AC/2020-21/31

Date: - 10.09.2020

CIRCULAR

On 19th September 2020 a Guest Lecture titled A Leader Is a Dealer in Hopes to be organized by Department of Business Studies from 12.30pm to 1.30pm via Google meet Interface platform.

[Mrs. Jyoti Chintan]

Coordinator



Dr. Gulshan H. Gidwani

Principal

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

REPORT

A Leader is a Dealer in Hope 2020-2021

Organizer: Mrs. Jyoti Chintan

Class: Sy BCom Business Management

Speaker: Mr. Venkatraman

Business Studies Department had organized a Guest lecture on the subject "A Leader Is a Dealer in Hope" for SY B Com students on 19th September 2020 on Google meet Interface. 148 students were present for this event.

The speaker was Mr. Venkatraman, Sr. Manager at Deepak fertilizer and Petrol Chemical Corporation Ltd.

Mr. Venkatraman discussed the leadership role of a manager in a firm. The lecture gave insights to the students regarding the role & qualities of a manager. Also he elaborated how a manager motivates the employees in the organization to work more efficiently.

Mr. Venkatraman gave a wonderful quote at the end of his lecture 'When the going gets tough, the tough get going'. This quote was appreciated by all the students and remained etched in their minds.

Jyoti Chintan
(JYOTI CHINTAN)

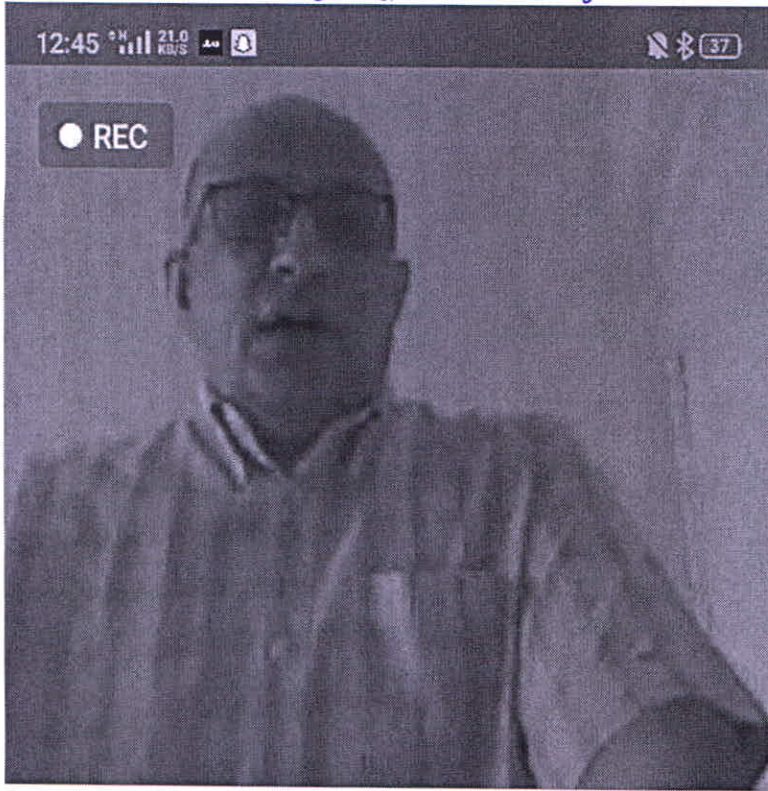


J. H. Chintan
Principal
St. Mira's College for Girls

St. Mira's College for Girls, Pune
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Attendance Sheet

Total Number of students Participated = 148



- (148)
- 3608_Namrata Bhandari
 - 3609_Avanti Ghule
 - 3613_Khushi Pardeshi
 - 3614_Rutuja Bangale
 - 3615_Disha Pande
 - 3619_Shweta Gadhave

J. H. Jadhav

Principal
St. Mira's College for Girls



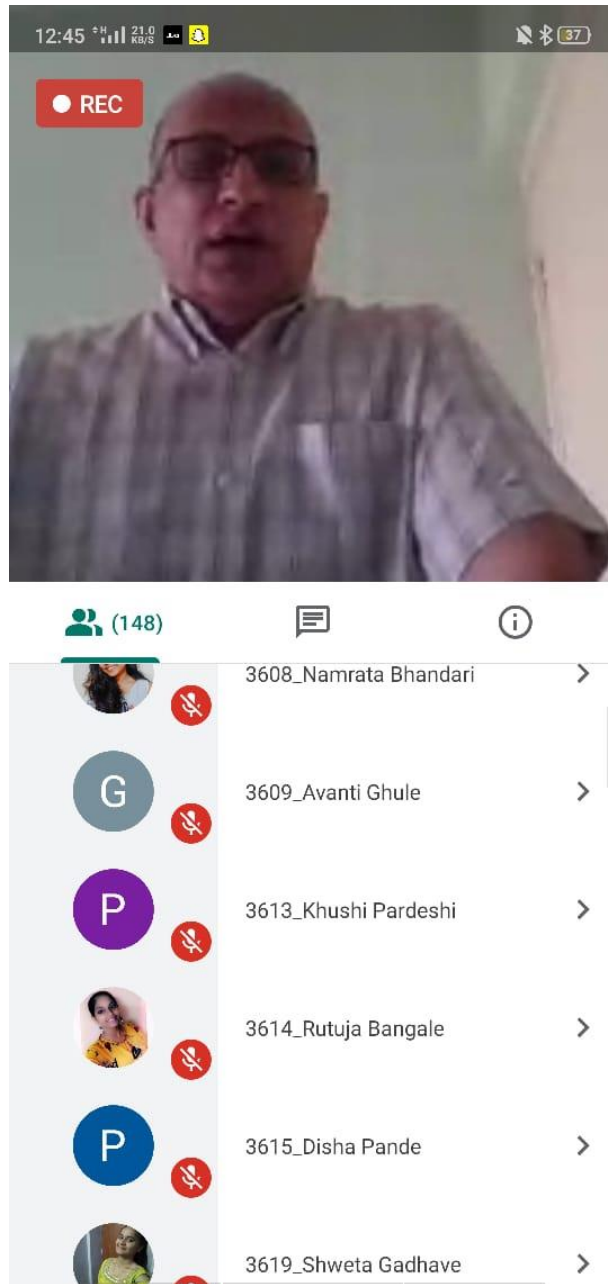
J. Chitambar

(Jyoti Chitambar)

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: A Leader is a Dealer in Hope

DATE: September 19, 2020



Principal Incharge
St. Mira's College for Girls, Pune.

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BBA/2020-21/01g

28/09/20

CIRCULAR

The College has organized a workshop for BBA and B.B.A(C.A) students on **Managing Oneself to Manage Everything Else.**

DATE & TIME	CONDUCTED BY	VENUE
Thursday (01/10/20) <u>09.00 Onwards</u>	Ms. Kavita Ghoran	A Virtual Platform



Mrs. Stella Ambrose
Course Coordinator



Dr. G.H. Gidwani
Principal



St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

REPORT

The workshop 'Managing Oneself to Manage Everything Else' was organised by BBA-BBA(CA) Department at St. Mira's College with the objective to help students to understand the importance of managing oneself to reach great heights to create a more balanced and peaceful life.

The session was conducted by Ms. Kavita Ghoran(Initiator-Project Steer) on 1st October 2020 . Total - 109 participants took part for the session

The workshop helped the students to introspect and to tap their inner potential. It was indeed an engaging session which spoke about the different levels/ aspects of an individual and how by focusing on the level of Spirituality, one can attain true peace which will help us overall to balance the other outlooks of ourselves, like physical, mental and emotional stability.

The session brought light to the facet that one needs to learn to be satisfied and work with whatever available, without judgments and believe in the greater power. The session was concluded with an indeed relaxing meditation séance.



Kajal Jaisinghani

Event Coordinator



Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Managing Oneself to Manage Everything Else

DATE: October 1, 2020



ST.MIRA'S COLLEGE FOR GIRLS
Autonomous- Affiliated to Savitribai Phule Pune University
BBA - BBA(CA) DEPARTMENT ORGANIZING WEBINAR ON

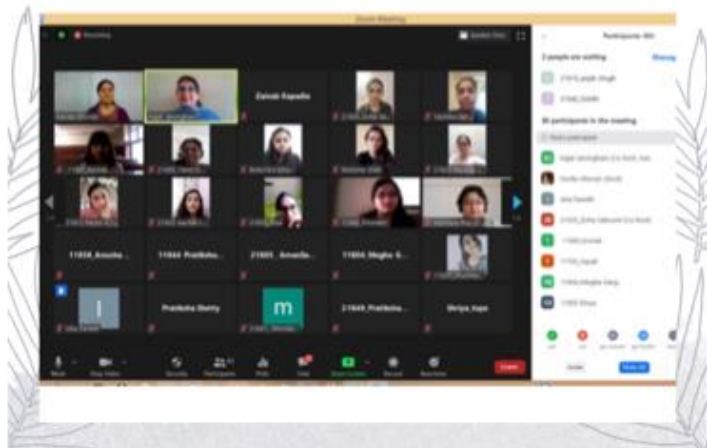
**"MANAGING ONESELF FOR
MANAGING EVERYTHING ELSE"**

FOR TYBBA - TYBBA(CA)

**ON THURSDAY 01-10-2020
12:00 AM - 01:30 PM
ZOOM MEETING**

BY : MS.KAVITA GHORAN

INITIATOR - PROJECT STEER
(HUMAN EMPOWERMENT)
SELF DEFFENCE COACH AT WPU



**Principal Incharge
St. Mira's College for Girls, Pune.**



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/10AC/2020-21/42

Date:-05.10.2020

CIRCULAR

The college is organising a webinar on **“Practical session on Power Yoga and its Benefits”** on 16th October, 2020 at 5.00 pm for all the students and staff members. Dr. Manali Deo, (International Level Yoga Coach, Player and Referee, Founder Director Mind and Body Yoga Institute, Pune) is the resource person for the webinar. All are requested to attend the same.

E. Jadhav

Ms. Ekta Jadhav
Director of Physical Education



G.H. Gidwani

Dr. G.H. Gidwani
Principal

St. Mira's College for Girls, Pune
An Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Physical Education

Webinar on Practical Session of Power Yoga and its benefits
Report

The Department of Physical Education and Sports had organised the Webinar on "Practical session on Power Yoga and its Benefits" on 16th October, 2020 under the program Physical Fitness @ Home and Fit India Movement. This webinar was conducted for all the students and for staff members. Many participants took the advantage of this webinar. The aim of this webinar was to create awareness among the students about the benefits of Power Yoga in day to day life. Total 100 students took the advantage of Webinars.

Dr. Manali Deo, (International Level Yoga Coach, Player and Referee, Founder Director Mind and Body Yoga Institute, Pune) was the resource person for the webinar. Power Yoga is the series of different asanas. The practical session starts from the mild warm-up exercise and then simple to complex series of asanas were performed. She also explains the benefits of asanas for various diseases. Power yoga is very useful to boost the immune system specially in this pandemic situation. It builds muscles, improves stamina, posture, flexibility, concentration etc. It is whole body workout which we can perform at home.

The resource person was introduced by Mrs. Ekta Jadhav (Director of Physical Education), and the Vote of thanks was given by Suvarna Pathak (Physical Education Teacher) and Sports Coach, Maharashtra State Jijamata Awardee Ms. Gurabans Kaur ma'am and all other staff members were present for the webinar.

Ms. Ekta Jadhav
Director of Physical Education

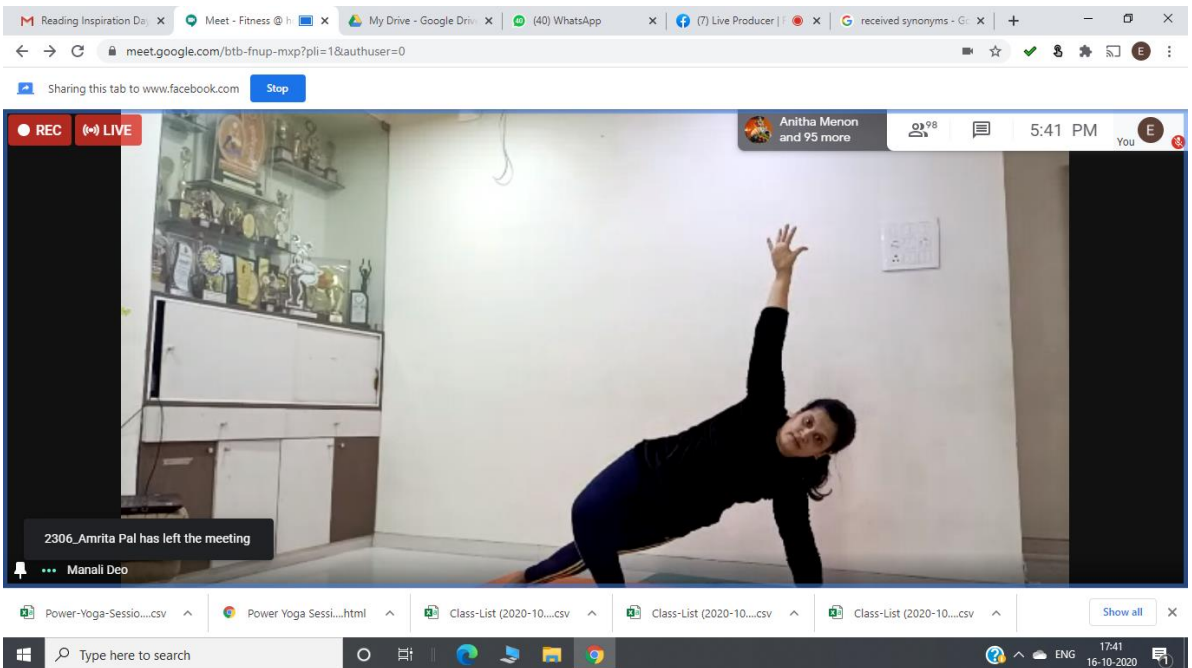
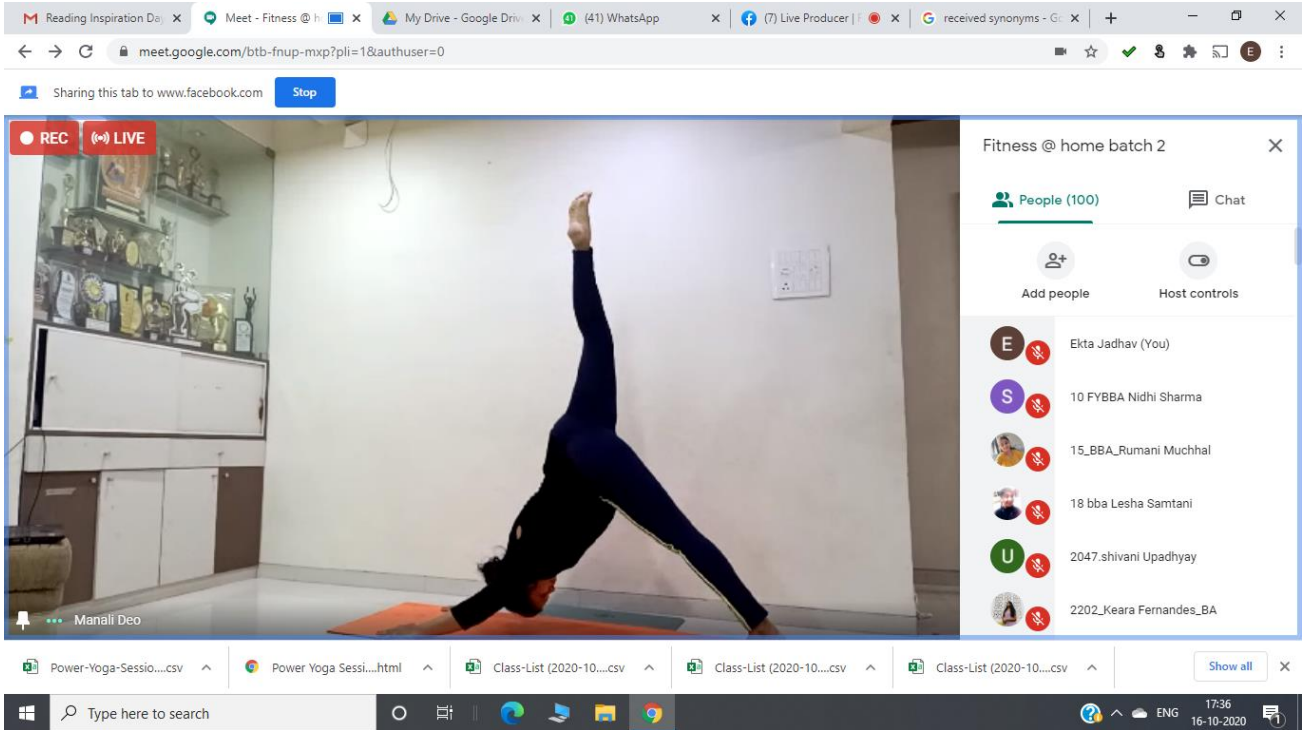


Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Practical Session on Power Yoga and its Benefits

DATE: October 16, 2020



Principal Incharge
St. Mira's College for Girls, Pune.



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- GIS/10AC/2020-21/45.

Date:-21.10.2020

CIRCULAR

The college is organising a webinar on “Reminiscing Everest” on 2nd November, 2020 at 5.00 pm for all the students and staff members. Mr. Umesh Zirpe, (Shiv Chhatrapati Awardee and also the Founder Director of Giripremi Institute of Mountaineering) is the resource person for the webinar. All are requested to attend the same.

Ms. Ekta Jadhav
Director of Physical Education



Dr. G.H. Gidwani
Principal

St. Mira's College for Girls, Pune
An Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Physical Education
Webinar on Practical Session of "Reminiscing Everest"
Report

The Department of Physical Education and Sports had organised the Webinar on "Reminiscing Everest" on 2nd November, 2020 under the program Physical Fitness @ Home and Fit India Movement. This webinar was conducted for all the students and for staff members. More than 100 participants took the advantage of this webinar. The aim of this webinar was to create awareness and inspire the students about the adventure sports.

Mr. Umesh Zirpe, (Shiv Chhatrapati Awardee and also the Founder Director of Giripremi Institute of Mountaineering) was the resource person for the webinar. He had participated in more than 40 Himalayan expeditions during his career. He is known for leading successful expeditions on seven of the top fourteen, 8000 metres peaks in the world including Mount Everest and Mount Kanchenjunga. He is the first and the only Indian mountaineer to achieve this feat. He shared first-hand information on Mountaineering. He gave an impetus to all. It's only through sheer determination; hard work and confidence one can achieve our goals. The Webinar gave a boost to all to achieve their goal in life. It was indeed a great learning experience for all the students and faculty members who attended.

He also said that Mountaineering is a sport where one's physical as well as mental strengths are challenged. Here you set in pursuit of making possible out of what ordinary person may find impossible. We are challenged at multiple levels such as decision making in tough situations, team spirit, optimistic outlook, caring attitude, ability to anticipate risks and dangers and make ways through them with determination etc. Here we can practically learn lessons of management during every mountaineering expedition.

He also explained that it is not necessarily everyone should aspire to become a mountaineer, but along with studies, everyone can do some adventure in his/her life and gain immensely valuable personality developments. To be honest, to start doing mountaineering, you need not have any age limit. You can start it at the age of 10, in your college times, in your 40s or for that matter, even as late as in your 70s.

This webinar was organized under the able guidance of the Principal Dr. Gulshan Gidwani ma'am. Introduction and Vote of thanks was given by Suvarna Deolankar. Coordination of the webinar was done by Ekta Jadhav. Maharashtra State Jijamata Awardee Ms. Gurabans Kaur and all other staff members were present for the webinar.



Ms. Ekta Jadhav
Director of Physical Education

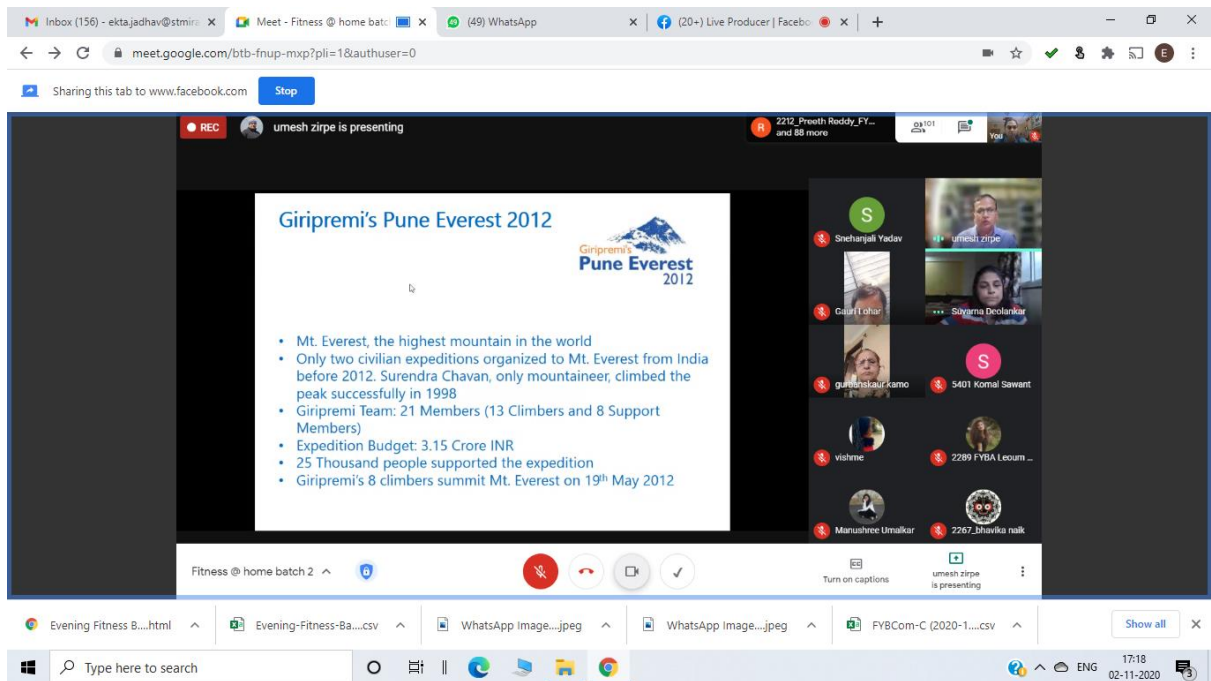
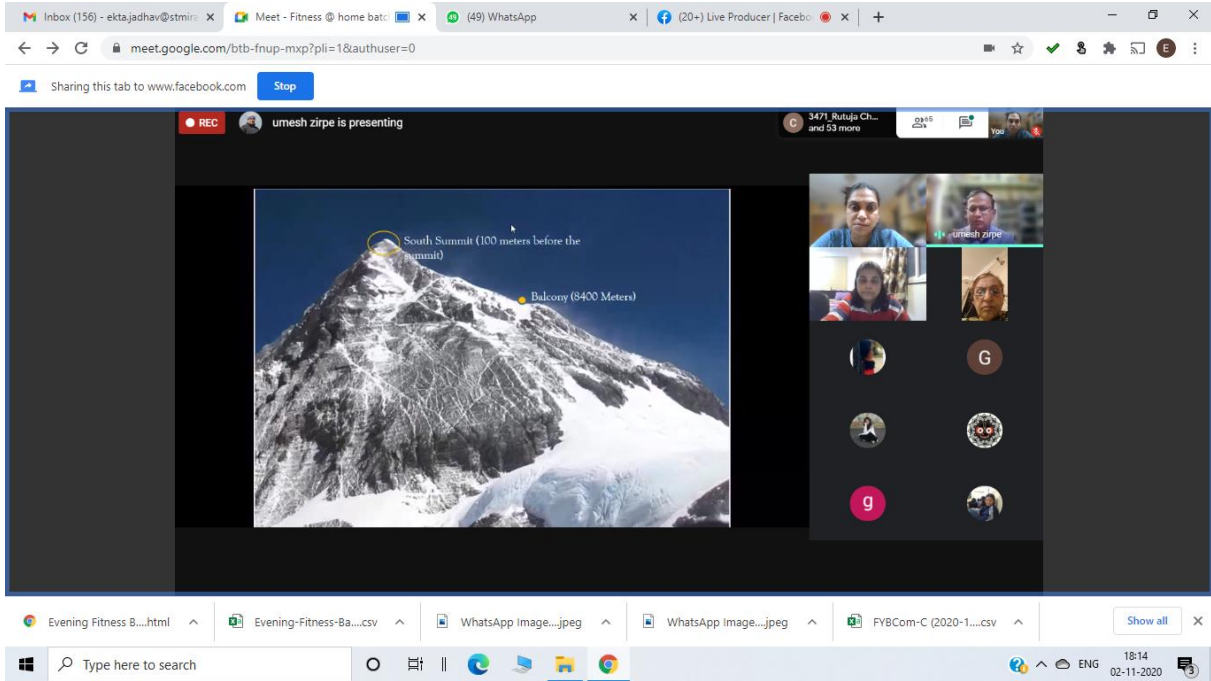



Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Webinar – Reminiscing Everest

DATE: November 2, 2020



Principal Incharge
St. Mira's College for Girls, Pune.



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Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/10AC/2020-21/29

Date:-06.09.2020

CIRCULAR

On 9th November 2020 a Webinar titled "Stress Buster Art Techniques" is to be organized by the Department of Business Studies (Mathematics and Statistics) from 12.00 pm to 1.00 pm via Google Meet platform .

Ms. Deepa Krishnamurthi
Coordinator



Dr. Gulshan H. Gidwani
Principal

St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Department of Business Studies (Mathematics and Statistics)
Activity Report
Webinar on "Stress Buster Art Techniques"

The Department of Business Studies (Mathematics and Statistics) organized a webinar on "Stress Buster Art Techniques" for F.Y.B.COM students. The Webinar was conducted online using the virtual platform ZOOM on 9th November 2020 from 12.00pm to 1.00 pm. Around 132 participants attended the event. It was conducted by Mrs. Richa Jain, a Freelancer Artist, Pune. The main aim of the webinar was to familiarise students with simple stress buster art forms like Zen doodling, which help in releasing any stress and anxiety. In the session, history of art forms and different types of Zen doodling techniques were taught. The students enjoyed and drew with the expert. The session kept the students highly engaged and eager to learn new art forms. The coordinator of the session was Prof. Deepa Krishnamurthi, Mathematics faculty member for F.Y.B.COM.



Ms. Deepa Krishnamurthi

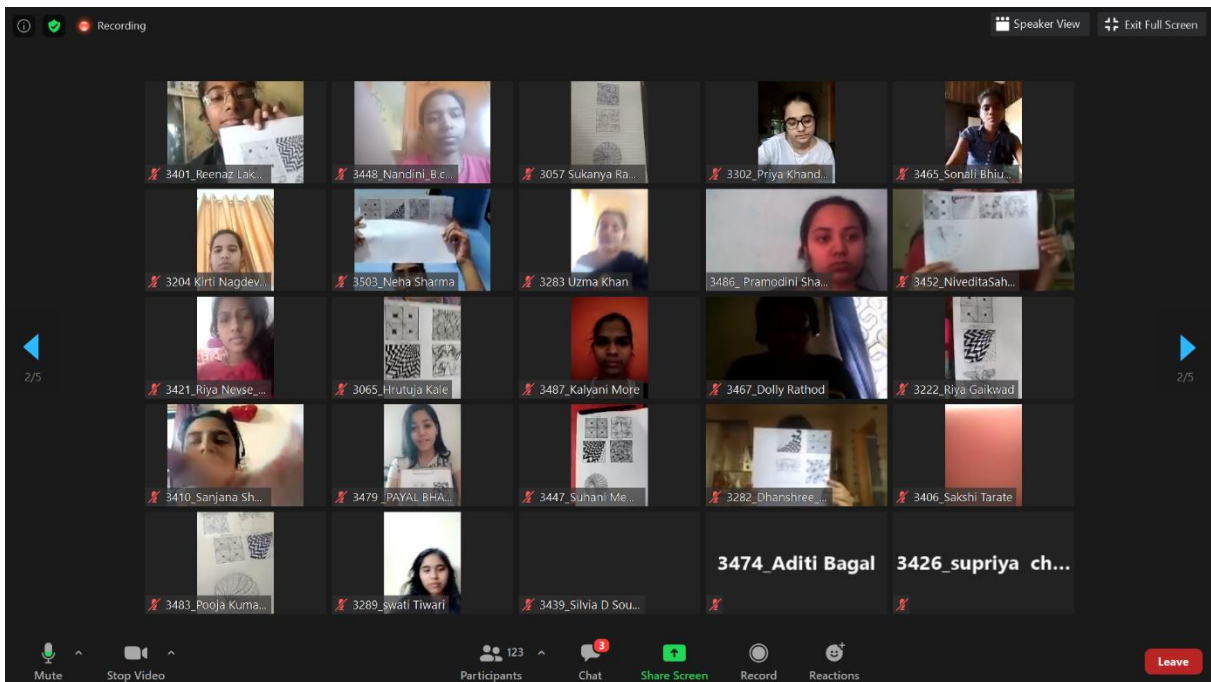
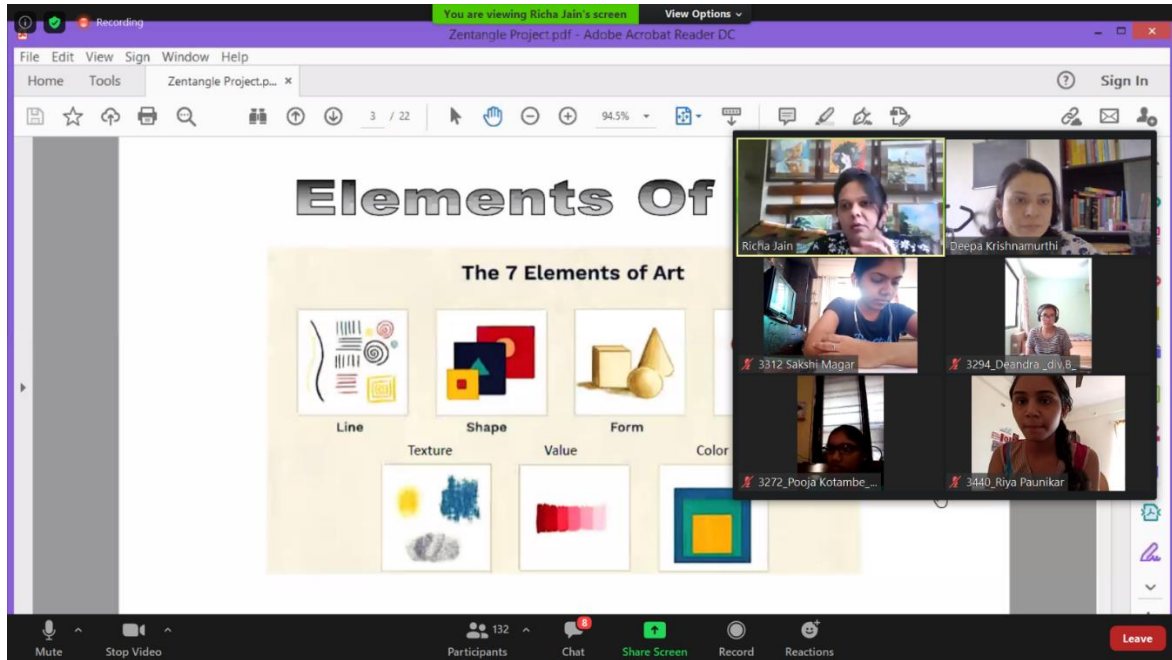


Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Stress Buster Art Technique

DATE: November 9, 2020



Principal Incharge
St. Mira's College for Girls, Pune.



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- GIS/10AC/2020-21/08

Date:-15.7.2020

CIRCULAR

The college is conducting Regular online "Physical Fitness @ Home" program for all the students and Staff members from 27th July, 2020. Ms. Ekta Jadhav, Director of Physical Education is going to take the regular fitness classes online in two Batches morning- 7.30am to 8.30am and evening 5.00pm to 6.00pm. Those who are interested have to enroll their names to Ms. Ekta Jadhav, Director of Physical Education.

Ms. Ekta Jadhav
Director of Physical Education



Dr. G.H. Gidwani
Principal

St. Mira's College for Girls, Pune
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Department of Physical Education and Sports

Physical Fitness @ Home Program

Report

The Department of Physical Education and Sports had organised online "Physical Fitness @ Home Program" for whole first semester. This program started at 27th July, 2020 till 25th December, 2020. This workshop was conducted for all the students as well as all staff members. The main purpose of this Physical Fitness @ home Program was to improve physical fitness and immunity system of all participants through daily Exercise at home in this pandemic situation. Daily exercise makes physically, mentally and emotionally strong. This program had also developed fitness habit and create awareness of Healthy life style among the participants. This kind of activities reduces Stress, improves posture, stamina and Improves personality.

The daily fitness workout or sessions was conducted by Mrs. Ekta Jadhav (Director of Physical Education, St. Mira's College for Girls, Pune). Initially this program was conducted in two Batches Morning and Evening batch and later on only it was conducted in the evening due to college schedule. This program was consisting of all types of physical activities like Cardio training, Aerobics, Zumba, leg and hand Strength training without and with equipment, Core training, Chair Exercise, Tag exercise, Yoga, Pranayama, Meditation etc. Under this program we have conducted some guest lectures on Diet and Nutrition, Resistance Training, Power Yoga, lifestyle habits in this pandemic situation etc. Many students and staff members took the advantage of this program and all were participated actively participated and enjoyed a lot all the fitness sessions. Some sessions were very interesting and motivating conducted with the help of pillow, chair, Table, bottles other equipment's which are easily available at home. The daily fitness sessions begin with warm-up and ends with cooldown and pranayama practice. This fitness session was very helpful to release the stress of everyone in this pandemic situation.

The whole program was coordinated by Mrs. Ekta Jadhav, Director of Physical Education and Sports. Total 162 participants took advantage of Fitness session.



Ms. Ekta Jadhav
Director of Physical Education



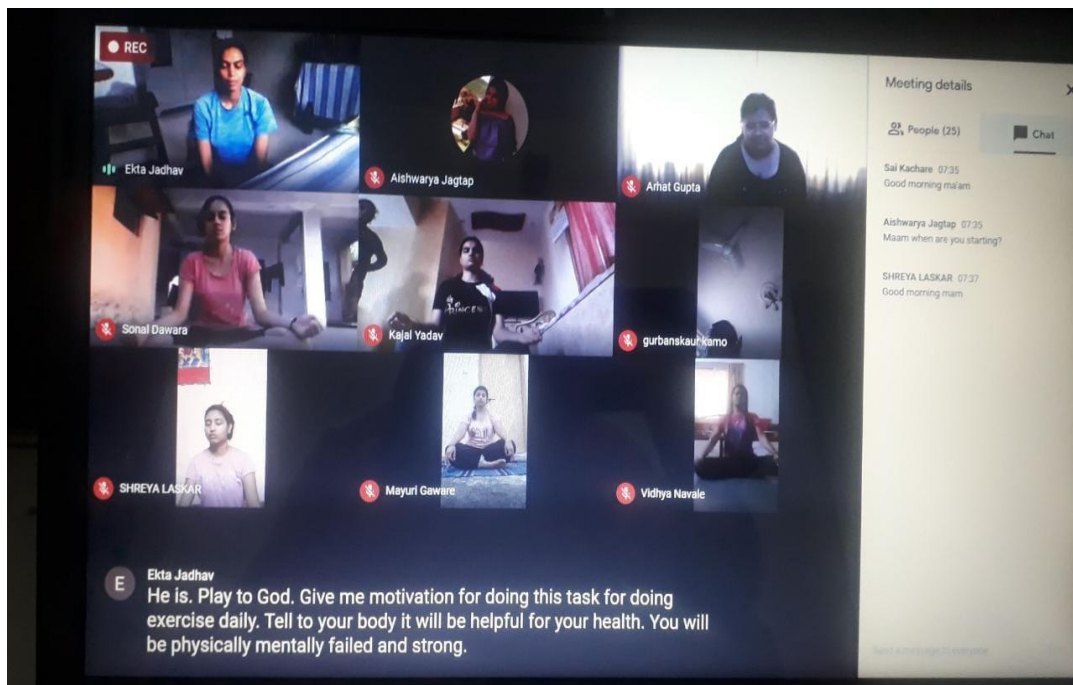
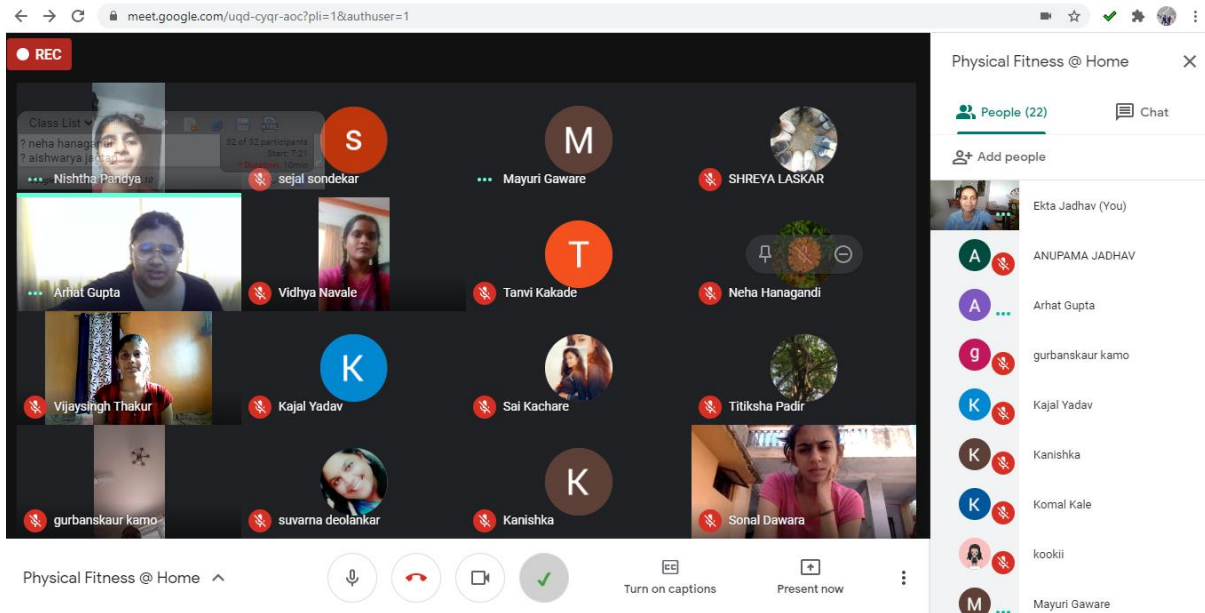


Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Physical Fitness at Home Programme

DATE: July 27 to December 25, 2020



Principal Incharge
St. Mira's College for Girls, Pune.



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- **G1S/10AC/2020-21/51**

Date:-04. 01. 2021

CIRCULAR

On 7th, 8th and 9th January 2021 three Psycho-educational skill building sessions 'You Got This' Series are to be organized by for all Degree College Classes during college hours over Zoom Platform.

Ms. Pooja Jain
Coordinator



Dr. Gulshan H. Gidwani
Principal

St. Mira's College for Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)
Department of Psychology

Mental Well-being Program 2020-21

You Got This- Managing Exam Anxiety 2020-2021

Mental Well-being Center organised a series of three psycho-educational, skill building workshops designed to help build personal awareness, develop skills to manage examination anxiety and study tips and techniques.

Students could select any of the workshops listed and repeat any of the YGT workshops.

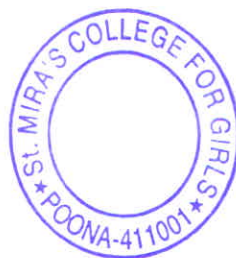
1. **Ways of managing Exam/test Anxiety and Stress:** In this session, participants will learn about the relationship between anxiety and thinking styles, in which participants understand how their thoughts, emotions, and behaviour are linked. Participants will also learn about mindfulness, practice techniques and how to incorporate into daily routine 07-10-2021 (2:00-3:00 pm)

2. **Study tips and techniques:** This session will focus on learning & memory tips. It will also focus on ways of sustaining attention and time management - 08-01-2021 (2:00-3:00 pm)

3. **Ask away :** Feel free to ask all your queries and concerns related to your mental health, stress, and coping - 09-01-2021 (2:00-3:00 pm)

Total Students: 88

Program Coordinator: Ms. Pooja Jain



J. H. J. J.
Principal
St. Mira's College for Girls

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Department of Psychology

Mental Well-being Program 2020-2021

You Got This- Managing Exam Anxiety Webinar Series

#WeAreTogetherInThis



You Got This Series- Managing Exam Anxiety & Stress

We are coming up with a series of three psycho-educational and skill building workshops.

- Ways of managing Exam/test Anxiety and Stress- 07-Jan-2021
- Study tips and techniques- 08-Jan-2021
- Ask Away- ask all your queries related to mental health - 09-Jan-2021

Time for all the sessions- 2 pm- 3 pm

Students are welcome to select any of the workshops listed and repeat any of the YGT workshops.

Not sure how this may help?

Contact us:

mentalhealth@stmirascollegepune.edu.in



*For
Pojo san*



J. H. Jadhav
Principal
St. Mira's College for Girls

St. Mira's College For Girls Pune
Autonomous Affiliated to Savitribai Phule Pune University

00:12:15

Chat

From 2269, Chryllyn Rodrigues To Me (Unread Message)

Maam, how do we identify an obsession and the resulting compulsion?

From Rinita Adhikary To Me (Unread Message)

I have been trying the grounding technique and it is one of the few things which is helping.)

From 2269, Chryllyn Rodrigues To Me (Unread Message)

okay maam.

From Me To Everyone

mentalhealth@stmiracollegepune.edu.in

From 2269, Chryllyn Rodrigues To Me (Unread Message)

thankyou maam

To: 2269, Chryllyn Rodrigues From: Me (Unread Message) File

Type message here

Webinar in progress on study tips and techniques

Program Coordinator - ^{For} Ms. Pooja Jain

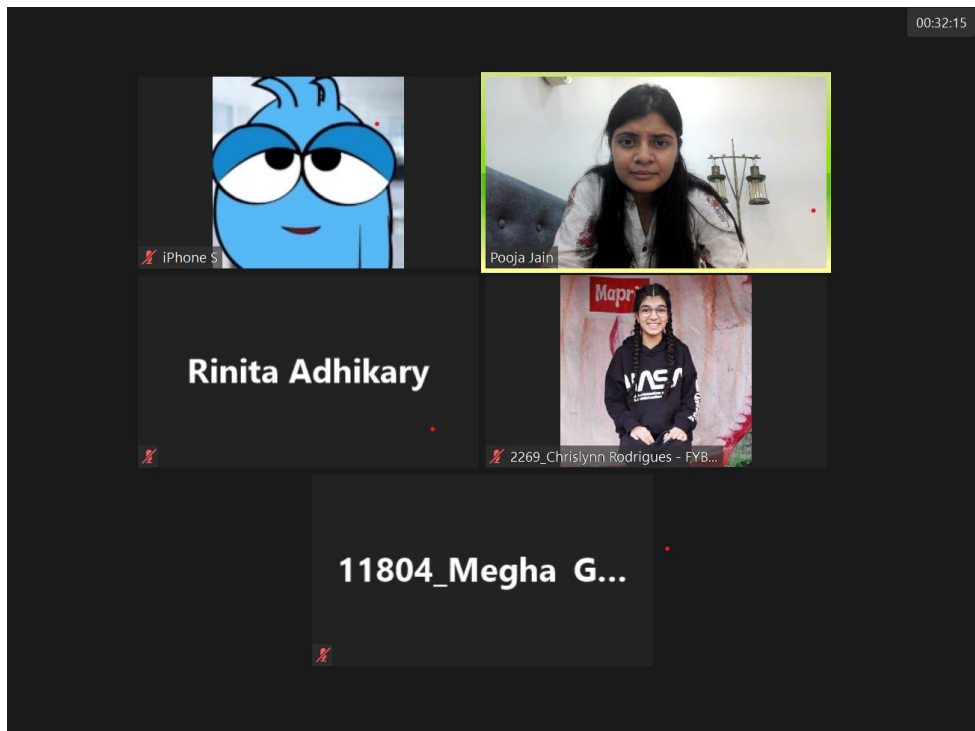


S.H. Jadhavani
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: You Got This – Managing Exam Anxiety Session Series

DATE: January 7, January 8 and January 9, 2021



#WeAreTogetherInThis

**You Got This Series-
Managing Exam Anxiety & Stress**


We are coming up with a series of three psycho-educational and skill building workshops.

- Ways of managing Exam/test Anxiety and Stress- 07-Jan-2021
- Study tips and techniques- 08-Jan-2021
- Ask Away- ask all your queries related to mental health - 09-Jan-2021

Time for all the sessions- 2 pm- 3 pm

Students are welcome to select any of the workshops listed and repeat any of the YGT workshops.

Not sure how this may help?
Contact us:
mentalhealth@stmirascollegepune.edu.in



Principal Incharge
St. Mira's College for Girls, Pune.



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- ^{IQAC}GIS/2020-21/54

Date:-08. 02. 2021

CIRCULAR

Between 08th February 2021 to 31st March 2021 Group Therapy Sessions on “Managing Stress Anxiety and Cultivating Calm” are to be organized by Mental Well-being Program for all Degree college students during college hours over Zoom Platform.

Ms. Pooja Jain
Coordinator



Dr. Gulshan H. Gidwani
Principal

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Department of Psychology
Mental Well-being Program 2020-21
Group Therapy Sessions 2020-2021

As a part of the college Mental Well-being Program two group therapy sessions were organised for students of Degree College from 8th February 2021 which continued till 30th March 2021. A total of 44 students registered and participated in Managing Anxiety and Cultivating Calm group therapy sessions. All these sessions were conducted on Zoom platform during college hours.

Total Students: 44

Pooja Jain

Program Coordinator: Ms. Pooja Jain



G. H. G. Indurani
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Group Therapy Sessions

DATE: February 8 to February 30,

PHOTOGRAPHS NOT SHARED TO MAINTAIN CONFIDENTIALITY



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/10AC/2020-21/59

Date:-22.02.2021

CIRCULAR

The college is organising a webinar on “**Mental Health and Physical Fitness during and after Covid-19 Pandemic**” on 03rd March, 2021 at 5.00 pm for all the students and staff members Dr. Yogesh Bodake (Assistant Professor, Chandrashekhar Agashe College of Physical Education, Pune) is the resource person for the webinar. All are requested to attend the same.

Ms. Ekta Jadhav
Director of Physical Education



Dr. G.H. Gidwani
Principal

St. Mira's College for Girls, Pune
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Department of Physical Education

Webinar on Mental Health and Physical Fitness during and after Covid-19 Pandemic
Report

The Department of Physical Education and Sports had organised the Webinar on "Mental Health and Physical Fitness during and after Covid-19 Pandemic" on 03rd March, 2021 under the program Fit India Movement and Physical Fitness @ Home. This webinar was conducted for all the students and for staff members. The aim of this webinar was to create awareness among the students about Exercise is essential for maintaining Mental Health and Physical Fitness during and after Covid-19 Pandemic. *Total 201 participants (191 students + 10 teachers) took part in the session.* Dr. Yogesh Bodake (Assistant Professor, Chandrashekhar Agashe College of Physical Education, Pune) was the resource person for the webinar he has Completed PhD. in Physical Education from Pune University. The global outbreak of the corona virus has adversely affected the physical health and mental health of the people and physical activity is necessary to cope with the physical and mental problems that may arise even after the health crisis is over. At the beginning of the lecture, he explaining the importance of Mental Health and it directly affects on the Physical Fitness. The uncertainty caused by corona and work from home have reduced physical activity, increasing the risk of obesity. Children had to be educated online while teachers had to be educated online. Overall, everyone's screen time has increased. This has led to problems such as loss of physical activity, loss of muscle strength and weight gain. He also explained about the Sitting Postures while attending the lectures or watching on mobile and their Corrective measures.

He also said that there is no alternative to exercise to maintain physical and mental health. If you are prohibited from going out due to lockdown, you can do many exercises at home as well as how to plan your daily exercise, what and how much to do, with the help of different fitness applications on mobile we can do fitness. We should walk ten thousand steps every day, and keep a record of it through his mobile app, first by day, then by week, then by month and finally by annual. We have to take care of our own health. He also said that "the best way to stay healthy and control weight is to eat a low calorie, square diet and we should avoid fatty foods and exercise regularly".

The introduction of resource person was given by Mrs. Ekta Jadhav (Director of Physical Education), and the Vote of thanks was given by Mrs. Suvarna Pathak (Physical Education Teacher) and Sports Coach, Maharashtra State Jijamata Awardee Ms. Gurabans Kaur ma'am and all other staff members were present for the webinar.



Ekta Jadhav
Director of Physical Education

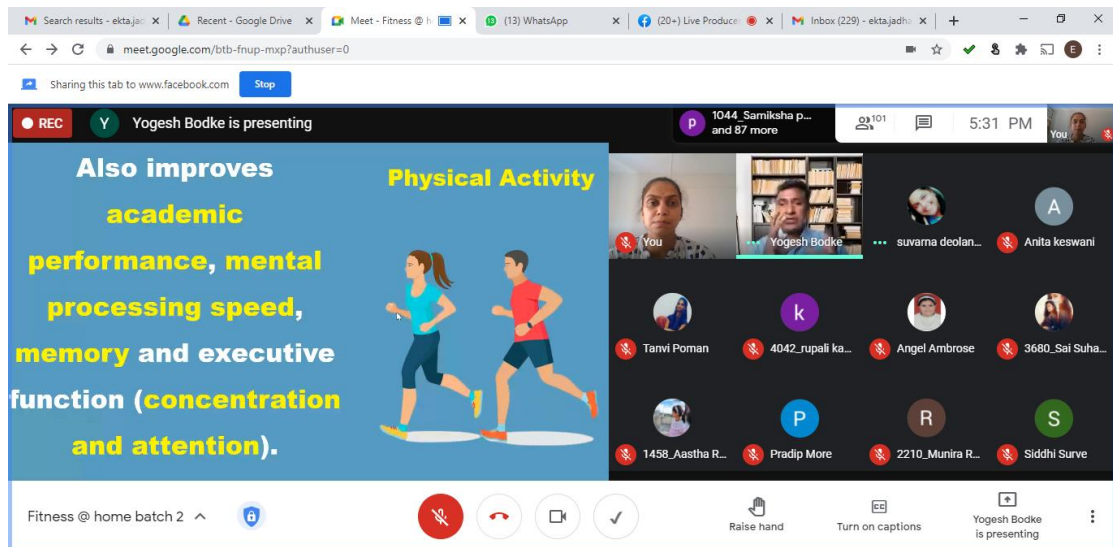
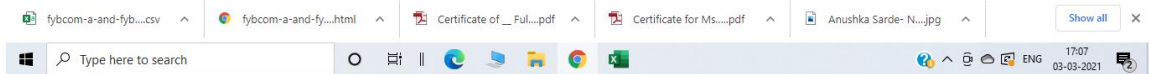
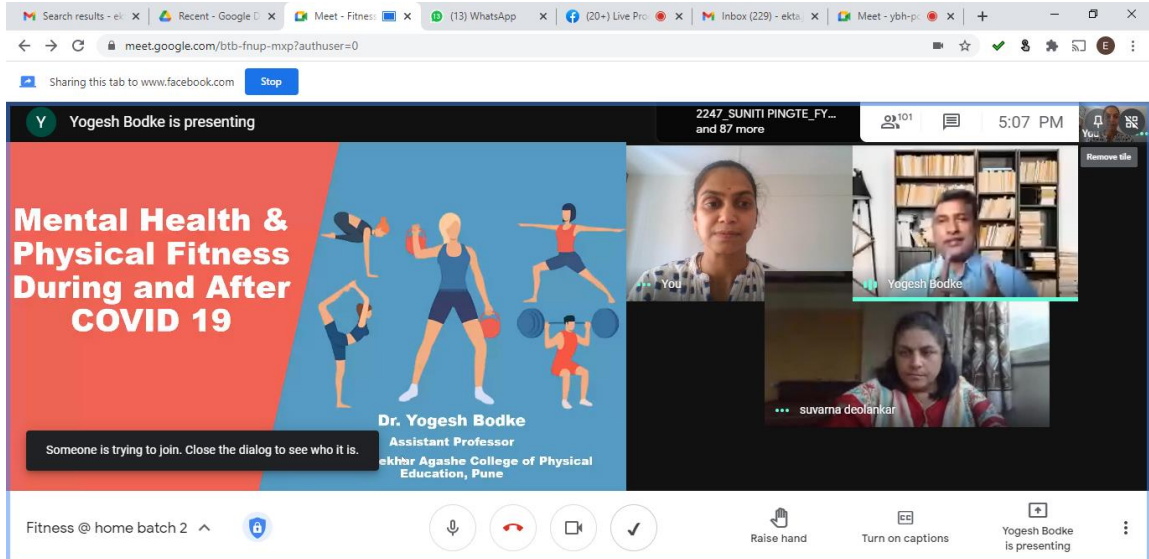



Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Mental Health and Physical Fitness During and After COVID 19

DATE: March 3, 2021



Principal Incharge
St. Mira's College for Girls, Pune.



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- **G15/10AC/2020-21/06**

Date:-01.07.2020

CIRCULAR

Between 15th July 2020 to 30th March 2021 Mental Health Awareness Classroom Sessions are to be organized by for all Degree College Students during college hours in their respective classes.

Ms. Pooja Jain
Coordinator



Dr. Gulshan H. Gidwani
Principal

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Department of Psychology

Mental Well-being Program 2020-2021

Classroom Awareness Sessions Integrated Data

July 2020- April 2021

S. No.	Date	Class	Time	Attendance	Attendance Sheet
1	21-07-2020	TY BBA	12:30-02:00 pm	50	Screenshot available
2	31-07-2020	TY BCom - A	12:30-02:00 pm	48	Screenshot available
3	03-08-2020	TY BCom - B	12:30-02:00 pm	38	Screenshot available
4	03-08-2020	TY BCom - B	12:30-02:00 pm	28	Screenshot available
5	24-08-2020	TY BA - B	12:30-02:00 pm	33	Screenshot available
6	21-10-2020	SY BA - B	12:30-02:00 pm	31	Screenshot available
7	02-12-2020	FY BBA +BCS+ BCA	12:30-02:00 pm	77	Screenshot available
8	18-02-2021	SY BA (B)	11:00-12:30 pm	30	Screenshot available
9	24-02-2021	TY BA (A)	8:30 - 10:00 am	24	Screenshot available
10	17-03-2021	TY B Com (A+B+C)	10:00 am-12:00 pm	66	Screenshot available
11	16-04-2021	FY B Com + SY BCom	12:30-2:00 pm	93	Screenshot available
12	10-04-2021	FY BA (A+B)	01:00-02:30 pm	77	Screenshot available
13	22-04-2021	TY BBA	01:00-02:30	10	Screenshot available
14	16-04-2021	TY BA (B)	11:00-12:30	94	Screenshot available
		Total		699	

Total Students: 699

Program Coordinator: Ms. Pooja Jain

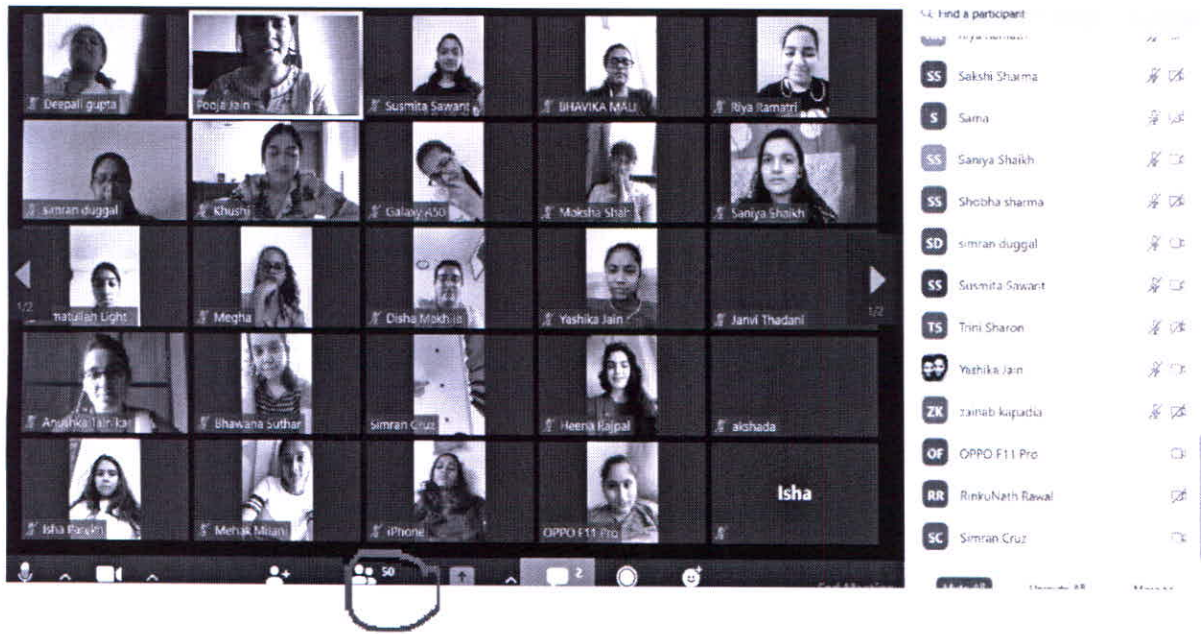
Email address: mentalhealth@stmirascollegepune.edu.in



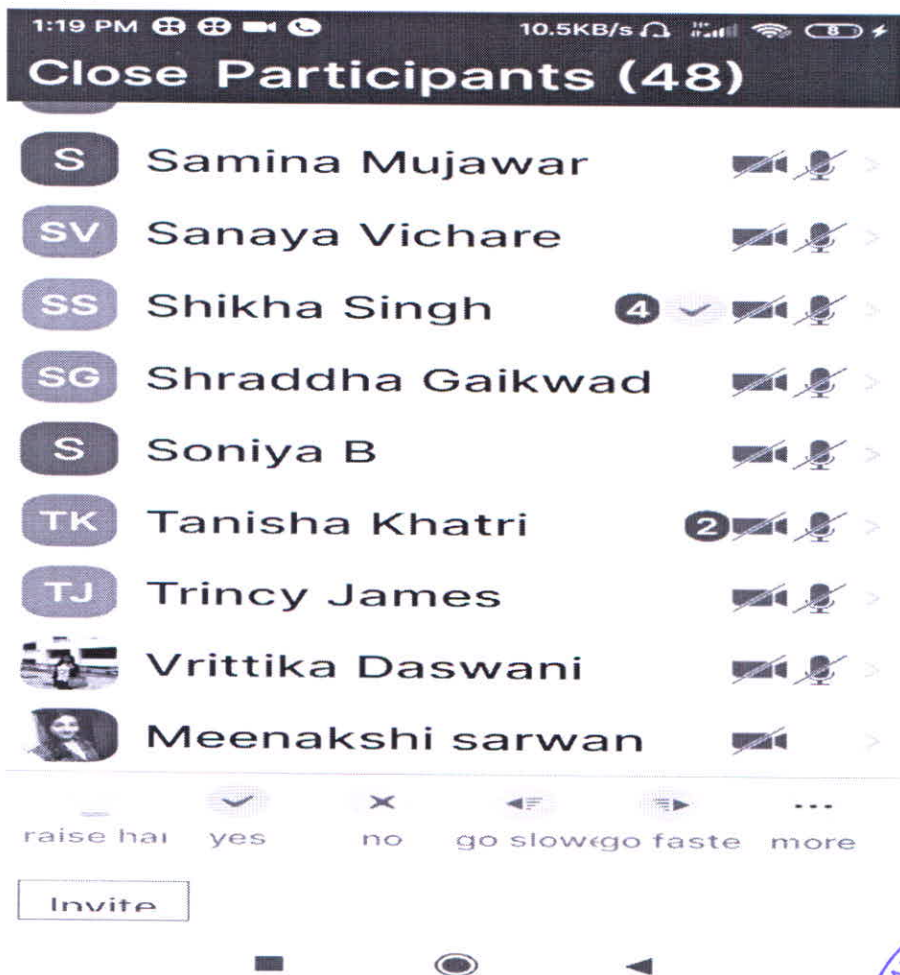
J.H. Jadhavani
Principal

St. Mira's College for Girls

TY BBA - 50



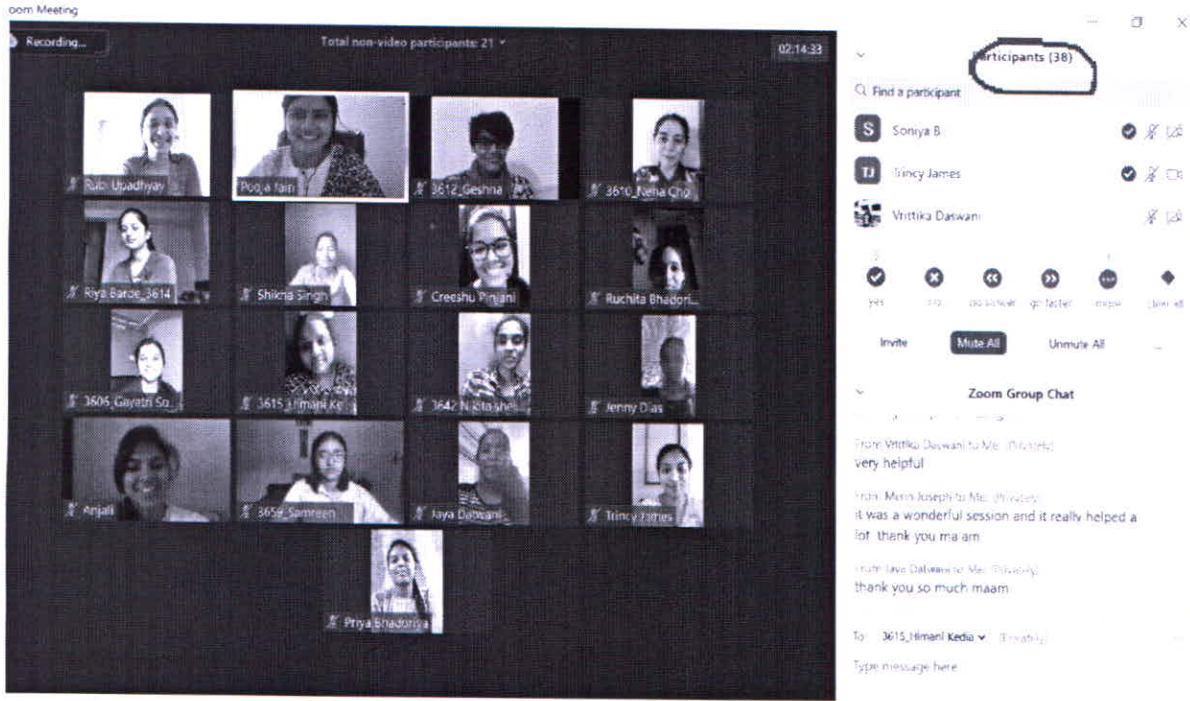
TY BCom (A): 48



Pooja Jain
Pooja Jain
 Coordinator

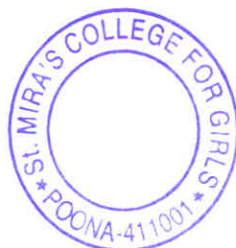
J. H. J. J. J.
Principal
 St. Mira's College for Girls

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TY BCom - 38

TY BCom (B) - 28



J. H. Jidwani
Principal
St. Mira's College for Girls

Pooja
Pooja Jain,
Co-ordinator

St. Mira's College For Girls Pune
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TY BA - 33

Participant Name	Profile Picture	Actions
Vaishnavi Darekar	[Profile Pic]	[Edit] [Delete] [Share]
Pooja Jain	[Profile Pic]	[Edit] [Delete] [Share]
Nagru Kavate	[Profile Pic]	[Edit] [Delete] [Share]
Aarti Sawane	[Profile Pic]	[Edit] [Delete] [Share]
Amisha Singh	[Profile Pic]	[Edit] [Delete] [Share]
Bhakti Kamble	[Profile Pic]	[Edit] [Delete] [Share]
Devidas Dhosate	[Profile Pic]	[Edit] [Delete] [Share]
Diksha Apte	[Profile Pic]	[Edit] [Delete] [Share]
Divya Bohra	[Profile Pic]	[Edit] [Delete] [Share]
Divya Mathani	[Profile Pic]	[Edit] [Delete] [Share]
Harshida Thakurkar	[Profile Pic]	[Edit] [Delete] [Share]
Rajal Soma Pawar	[Profile Pic]	[Edit] [Delete] [Share]
Kavya Surti	[Profile Pic]	[Edit] [Delete] [Share]
Madhura Bunde	[Profile Pic]	[Edit] [Delete] [Share]
Muskan Shaikh	[Profile Pic]	[Edit] [Delete] [Share]
Nadim	[Profile Pic]	[Edit] [Delete] [Share]
Neha Waghare	[Profile Pic]	[Edit] [Delete] [Share]
Pratiksha Yadav	[Profile Pic]	[Edit] [Delete] [Share]
Priyanka Chaudhary	[Profile Pic]	[Edit] [Delete] [Share]
Rajeshwari Singh	[Profile Pic]	[Edit] [Delete] [Share]
Ritika Bari	[Profile Pic]	[Edit] [Delete] [Share]
Ritvika Jagtap	[Profile Pic]	[Edit] [Delete] [Share]
Sakshar Uttakar	[Profile Pic]	[Edit] [Delete] [Share]
Saimra Shaikh	[Profile Pic]	[Edit] [Delete] [Share]
Sanchi Galkwad	[Profile Pic]	[Edit] [Delete] [Share]
Sanya Phutke	[Profile Pic]	[Edit] [Delete] [Share]
Srinvan Nayak	[Profile Pic]	[Edit] [Delete] [Share]
Sonam Galkwad	[Profile Pic]	[Edit] [Delete] [Share]
Sw. Nisha Patil	[Profile Pic]	[Edit] [Delete] [Share]
Tamanna Rana	[Profile Pic]	[Edit] [Delete] [Share]
Tejaswini Pawar	[Profile Pic]	[Edit] [Delete] [Share]
Urmila Galkwad	[Profile Pic]	[Edit] [Delete] [Share]
Vaishnavi More	[Profile Pic]	[Edit] [Delete] [Share]

G. H. Gadwani
Principal
St. Mira's College for Girls

SY BA - 31

Pooja Jain
Coordinator



St. Mira's College For Girls Pune
Autonomous Affiliated to Savitribai Phule Pune University

in Progress 1:54

Attendees are now viewing questions: 24 of 30 (80%) voted

1. Have you been worried about your mental health lately since covid-19 breakout

Response	Count
Much more than usual	8 (25%)
Little more than usual	10 (42%)
Same as usual	2 (8%)
Little less than usual	1 (5%)
Much less than usual	1 (5%)

End Polling

Participants (31)

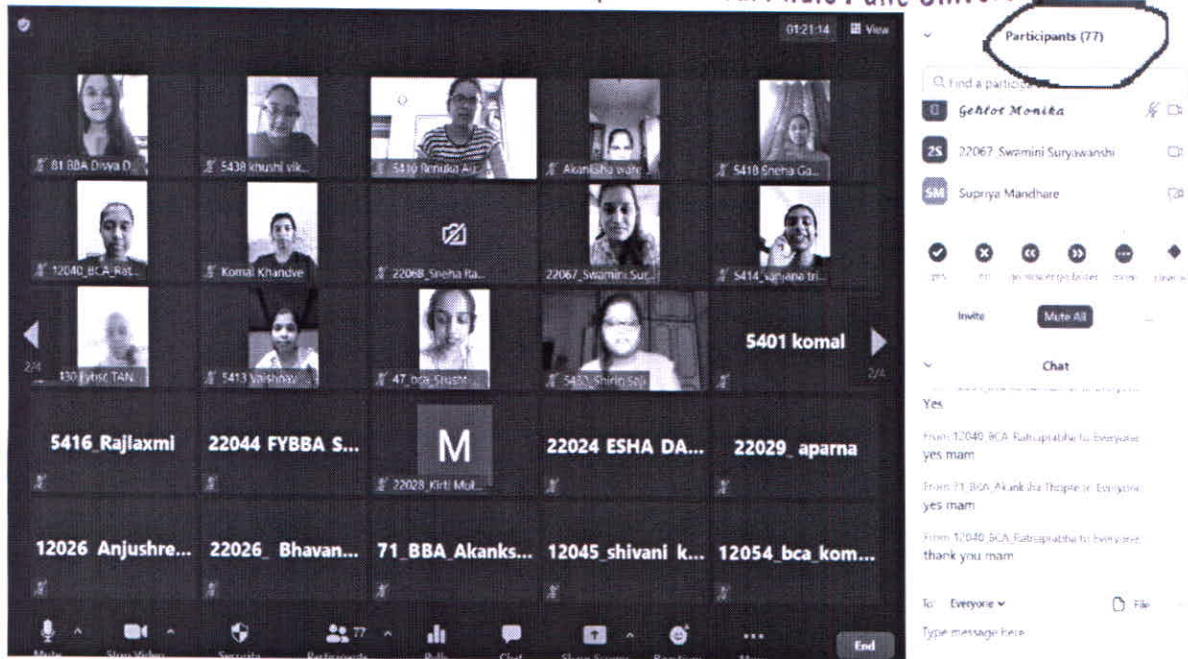
- Meghna Mahotra
- Muskan Gupta
- Nikita Surag
- Nunrah Bicha
- Olivia Fernandes
- Dorwasy Dahale
- Piyali Kambale
- Pradhya Joshi 2761
- Prajakta Waghmare
- Shaikh ayesha riyaz 2766
- Urvi Shetty



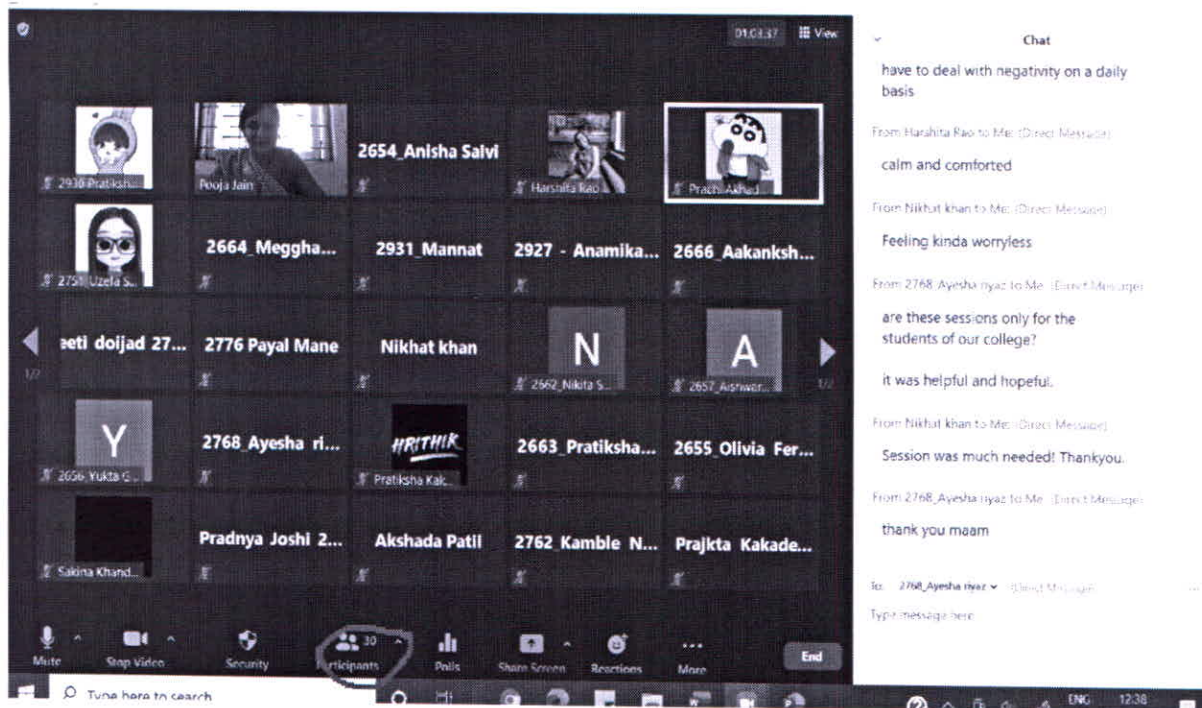
Pooja Jain
Pooja Jain
Coordinator

J. H. Jidwani
Principal
St. Mira's College for Girls

St. Mira's College For Girls Pune
Autonomous Affiliated to Savitribai Phule Pune University

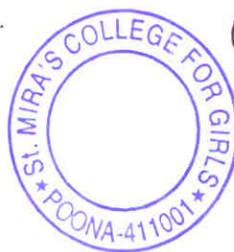


FY BBA+ BCA+ BCS= 77



SY BA - 30

Pooja Jain
(Coordinator)

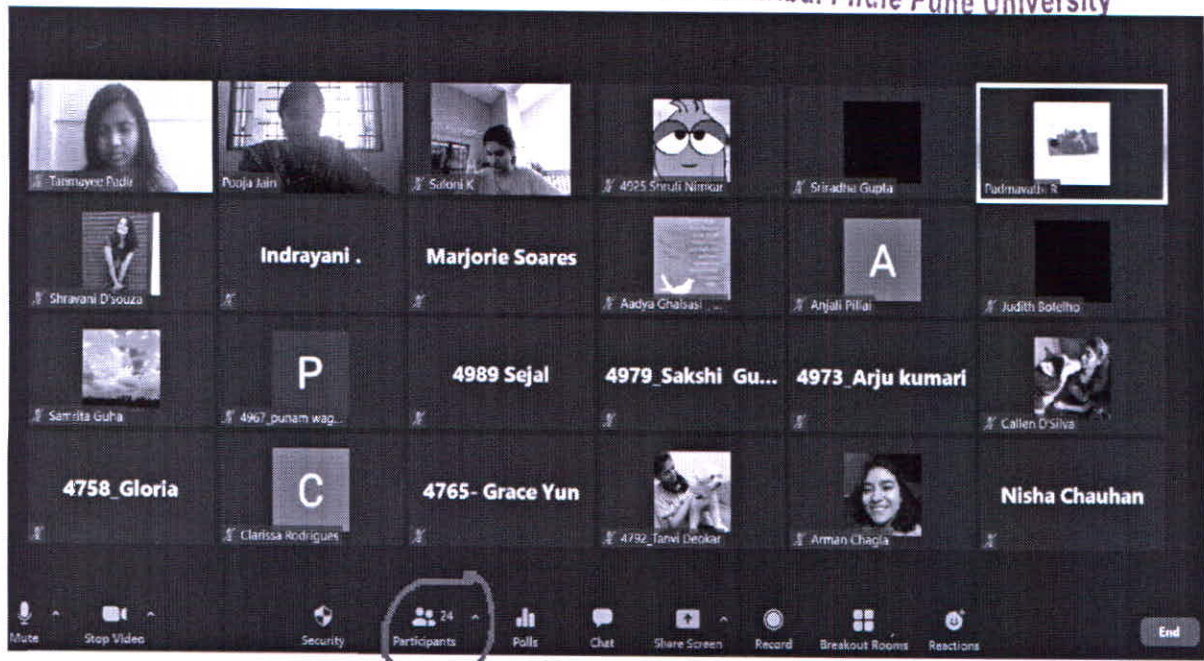


For

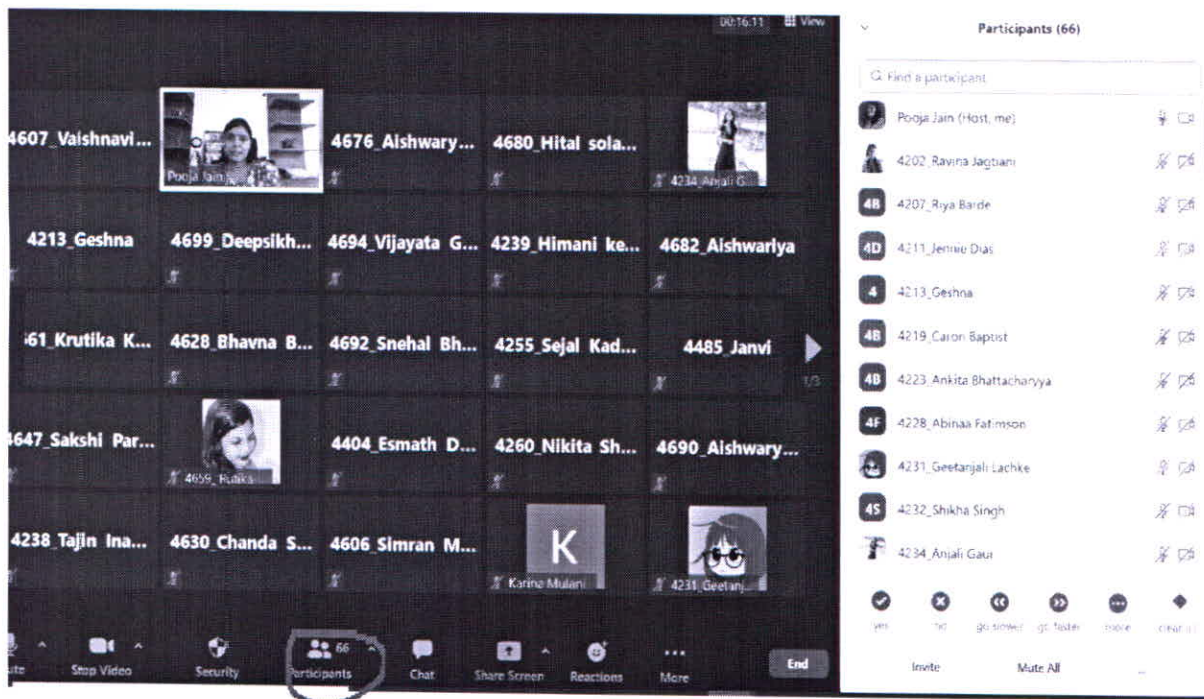
G. H. G. Ishwari
Principal

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TY BA - 24



TY BCom- 66



Pooja Jain
Pooja Jain
(Co-ordinator)

J. H. Jadhavani
Principal
St. Mira's College for Girls

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PDF FY and SY B.COM AB...



FY BCom - 93 students



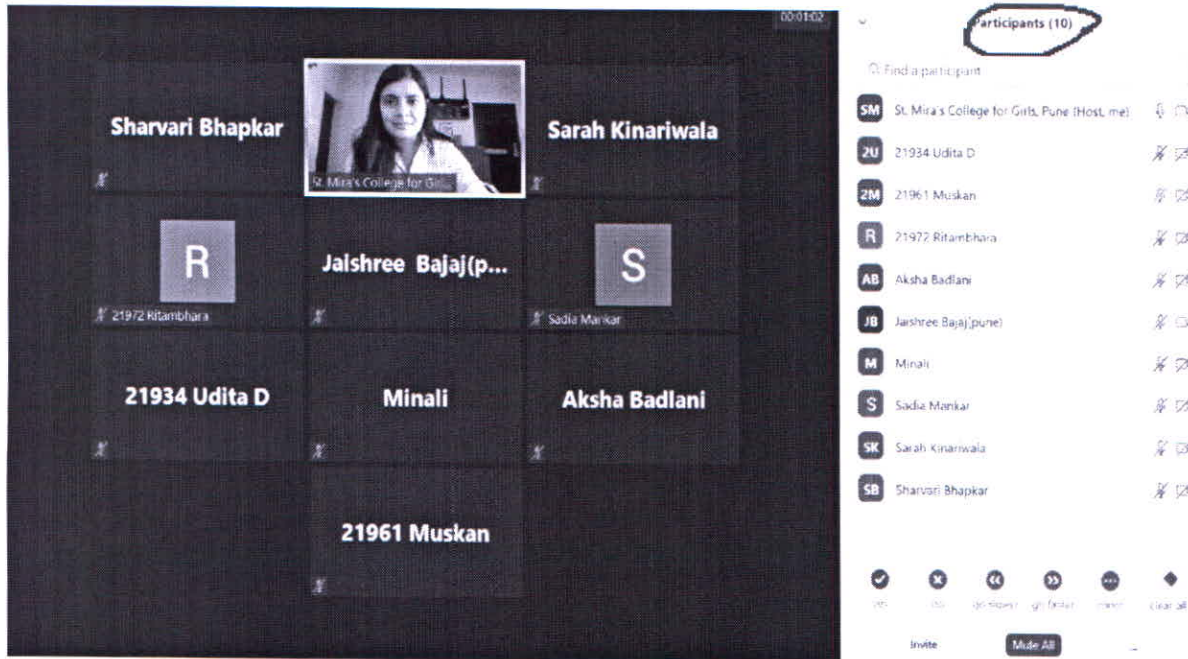
FY BA - 77 students



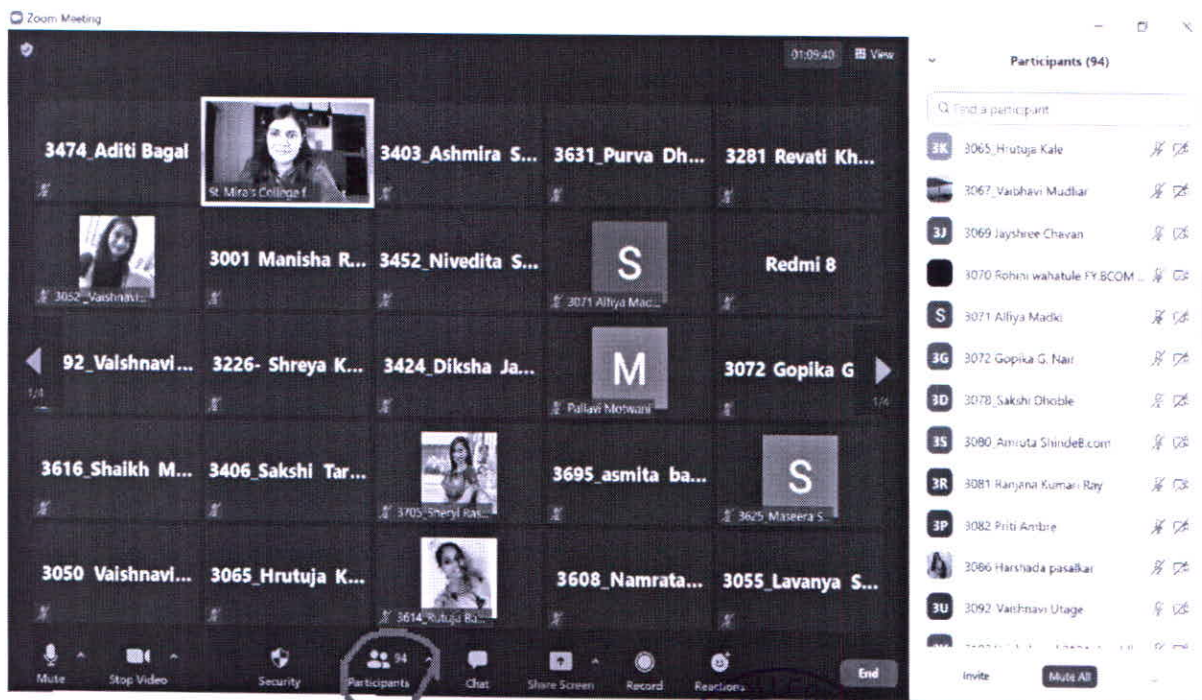
Pooja Jain
Pooja Jain
Coordinator

G.H. Gadwani
Principal
St. Mira's College for Girls

St. Mira's College For Girls Pune
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TY BBA- 10 Students



SY BA- 94

Total Students- 699

Program Coordinator-

Ms. Pooja Jain
 [Signature]



J. H. Jadhav
 Principal
 St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Classroom Awareness Session – Mental Health

DATE: June, 2020 to April, 2021

The image shows a Zoom meeting interface. On the left is a 5x5 grid of video thumbnails. Most thumbnails show participants with their names at the bottom. Some thumbnails are replaced by colored squares with a letter (D, M, P) or a device name (Redmi, OPPO F11 Pro). On the right is a participant list with names, initials, and icons for mute and video. The list includes: Pooja Jain (Host, me), 1eW60sYffw3vdoEUz_101SwKg..., akshada, Aman Sahota, Amatullah Lightwala, Anushka Talnikar, BHAVIKA MALI, Deepali gupta, Disha Makhija, Divya Kumarswamy, Galaxy A50, Galaxy A50, and Moksha Shah.



Principal Incharge
St. Mira's College for Girls, Pune.



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Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- **G15/10AC/2020-21/07**

Date:-01. 07. 2020

CIRCULAR

Individual Counselling Sessions will be provided on pre appointment basis by Mental Well-being Program under Department of Psychology between 1st July 2020 to 30th March 2021 for all Degree College Students during college hours over Zoom platform.

Ms. Pooja Jain
Coordinator



Dr. Gulshan H. Gidwani
Principal

St. Mira's College for Girls, Pune
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Department of Psychology
Mental Well-being Program 2020-2021
Individual Therapy Sessions Report

Students were offered free online individual professional counselling sessions throughout the academic year starting from July 2020 to April 2021. One full time college Counsellor, Ms. Pooja Jain and one part time Psychologist, Nupur Dhakephalkar were appointed to offer psychological support to students during the Covid-19 Pandemic by the Department of Psychology.

In total 43 students reached out for help through taking personal appointments and 176 sessions were offered to these students throughout the academic year.



Program Coordinator: Ms. Pooja Jain




Principal
St. Mira's College for Girls

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Department of Psychology
Mental Well-being Program 2020-2021
Individual Counselling Sessions Integrated Data

Name of the Counsellor	Total Students	Total number of Sessions
Pooja Jain	31	144
Nupur Dhakephalkar	12	32
Total	43	176

Program Coordinator

Pooja
Ms. Pooja Jain



G. H. Jadhav

Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Individual Therapy Sessions

DATE: July, 2020 to April, 2021

PHOTOGRAPHS NOT SHARED TO MAINTAIN CONFIDENTIALITY



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College Code:- 013

Circular No:- **G15/1QAC/2020-21/56**

Date:-15. 03. 2021

CIRCULAR

From 15th March 2021 to 30th April 2021 Online Sharing Circles are to be organized by for all Degree College Classes during college hours over Zoom Platform.

Ms. Pooja Jain
Coordinator



Dr. Gulshan H. Gidwani
Principal

St. Mira's College for Girls, Pune
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Department of Psychology

Mental Well-being Program 2020-2021

Online Sharing Circle 2020-21

Last year has been difficult for all of us in different ways. As a part of the College Mental Well-being Program, we organised a series of online Sharing Circles twice every month starting from 24th March 2021. Perhaps the most important characteristic of a Sharing Circle is the intention behind it. The intention of creating a safe and non-judgmental space for students to share their feelings and experiences. A space that is inclusive. A space where individuals listen to each other, with their hearts rather than their heads. Where people feel free to express who they are and how they feel without fear of judgment or consequences. A space where there is a common understanding that what is shared in the circle, remains in the circle - an agreement of confidentiality. Each sharing circle session was for one hour and happen twice a month. Thirteen students registered for the same and sessions by moderated by college counsellor.

Total Students: 13

Program Coordinator: Ms. Pooja Jain




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Mental Well-being Program 2020-2021

Online Sharing Circle 2020-2021



ST. MIRA'S COLLEGE FOR
GIRLS, PUNE

Online Sharing Circle for Students

A safe space for your feelings &
thoughts

Every second and fourth Thursday
1:00-2:00 pm

Online Sharing Circle in Progress
*Prior registration mandatory (Use
the Google form link)*

Contact us
mentalhealth@stmiracollegepune.edu.in

Ms. Roja Sai



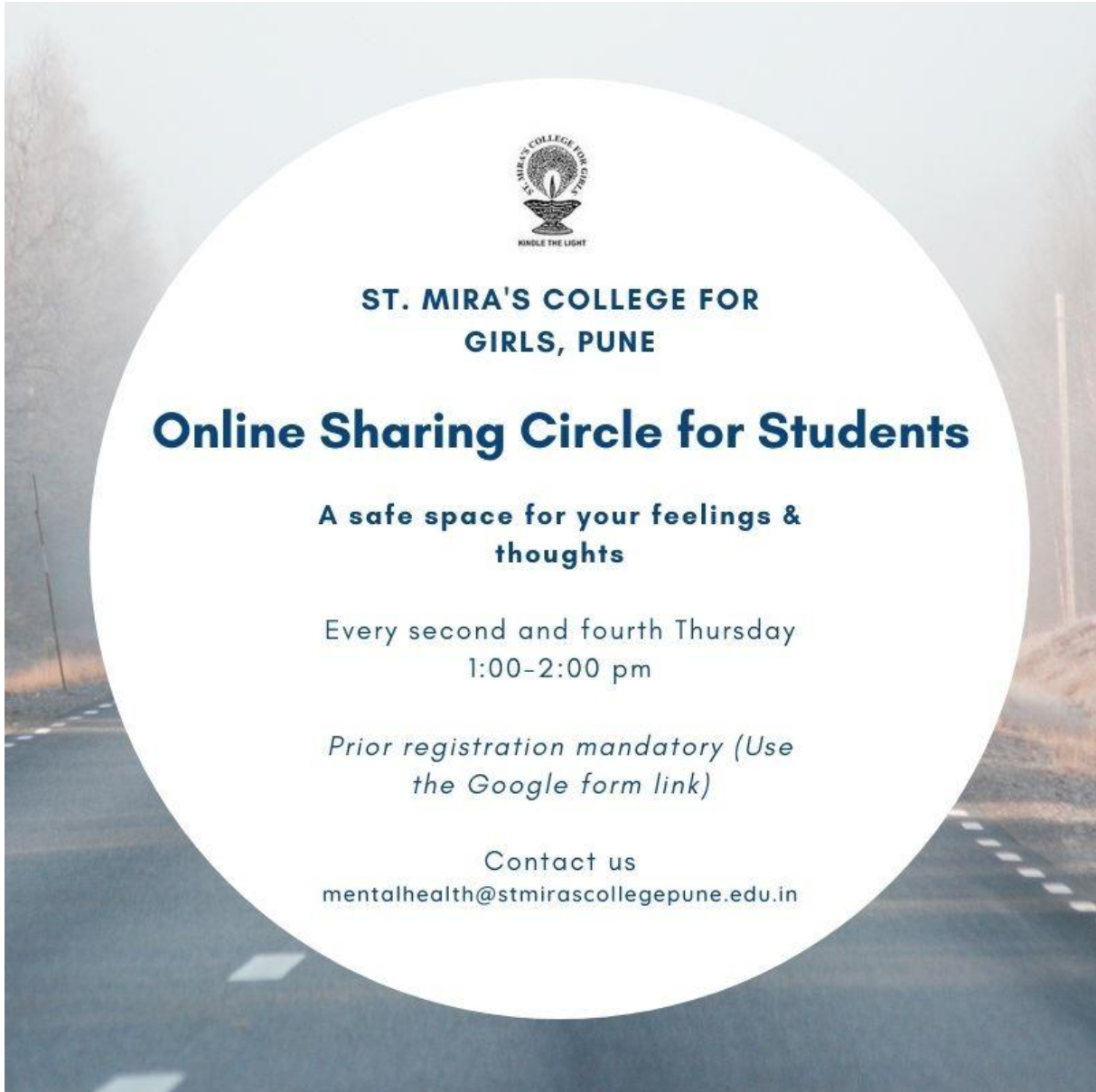
G. H. Gadwani
Principal
St. Mira's College for Girls


ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Online Sharing Circle Sessions

DATE: March 24, 2021 onwards

PHOTOGRAPHS NOT SHARED TO MAINTAIN CONFIDENTIALITY




**ST. MIRA'S COLLEGE FOR
GIRLS, PUNE**

Online Sharing Circle for Students

**A safe space for your feelings &
thoughts**

Every second and fourth Thursday
1:00-2:00 pm

*Prior registration mandatory (Use
the Google form link)*

Contact us
mentalhealth@stmiracollegepune.edu.in



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:-GIS/10AC/2020-21/73

Date:-14th April, 2021

CIRCULAR

The College will be conducting one week online workshop on “Acrobatics Rock and Roll” from 19th April, 2021 to 25th April at 12.30 pm. Those who are interested have to enroll their names to Ms. Ekta Jadhav, Director of Physical Education.

Ms. Ekta Jadhav
Director of Physical Education



Dr. Gulshan H. Gidwani
Principal

St. Mira's College for Girls, Pune
An Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Physical Education

Acrobatics Rock N Roll Workshop

Report

The Department of Physical Education and Sports and Acrobatics Rock N Roll Federation of India had jointly organised “**Acrobatics Rock N Roll Workshop**” for 1 week from 19th April to 25th April, 2021. This workshop was conducted for all the students. The main purpose of this workshop was girls were getting bore at home in this pandemic situation so to motivate and to create awareness about the fitness through dance in day-to-day life.

The workshop was conducted by Mr. Sandip Londhe (International Player, Acrobatics Rock and Roll, Indian Coach, Choreographer). Acrobatics is the Combination of Dance and Gymnastics. It is used in performing arts, sporting events and martial Arts. It is the performance of human feats of balance, agility and motor- coordination. Daily one hour of Acrobatics practical session was conducted and different dance steps were taught to girls. Total 43 girls attended the inauguration session of workshop and total 10 girls completed the workshop. The workshop begins with warm-up and ends with cooldown session. This workshop was one kind of stress reliefer for our students in this pandemic situation. Girls enjoyed a lot they have small videos of their own dance. This activity is also very nice activity to maintain the Physical Fitness and health. The e-certificate was provided for all the participants who complete the workshop.

The whole program was coordinated by Ms. Ekta Jadhav, Director of Physical Education and Sports.

Ms. Ekta Jadhav
Director of Physical Education



Principal
St. Mira's College for Girls

St. Mira's College for Girls, Pune
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Department of Physical Education

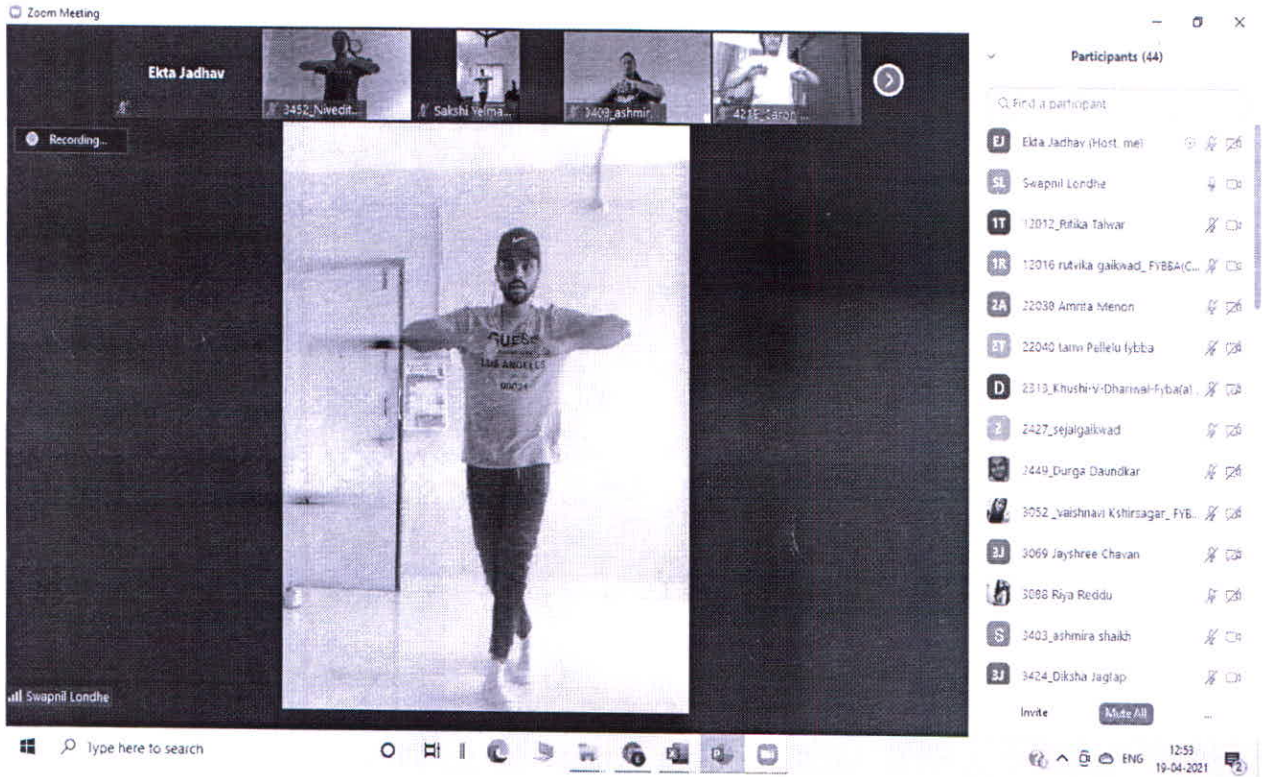
Workshop-Acrobatic Rock and Roll

Resource Person- Mr. Swapnil Londhe

Date-19-04-2021

Attendance Sheet

Total Number of Participants- 44



Ekta Jadhav
Ekta Jadhav
Director of Physical Education

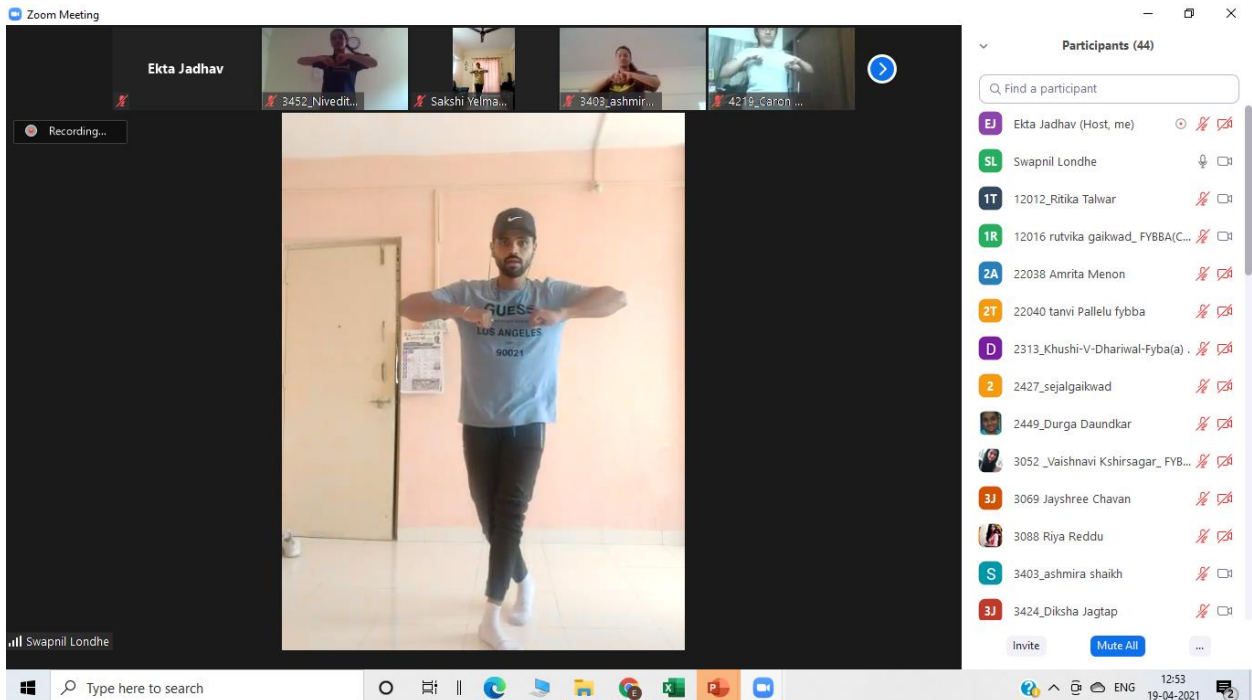
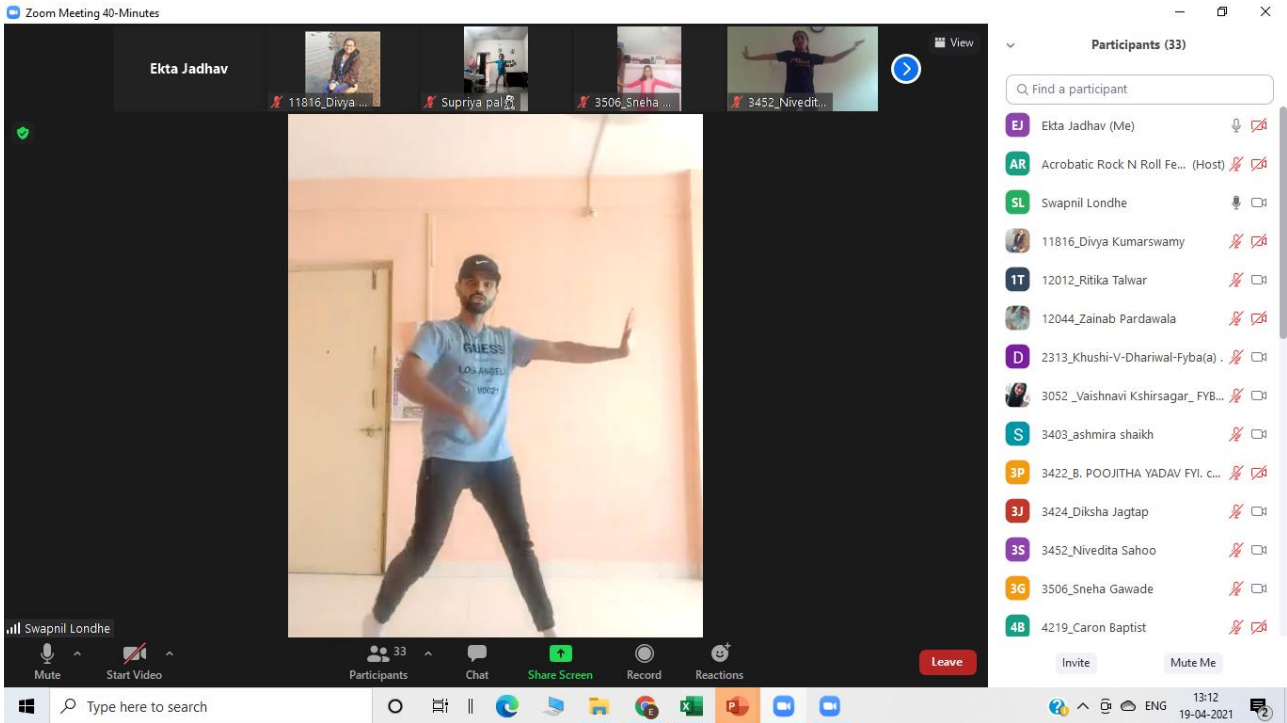


G.M. Jadhav
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Workshop – Acrobatics Rock and Roll

DATE: April 19 to April 25, 2021



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College Code:- 013

Circular No:- GIS/10AC/2020-21/96

Date:- 04.07.2020

CIRCULAR

On 07-07-2020, a Guest Lecture titled 'Basic Circuit Simulation using PSpice and CircuitMod' is to be organized by Electronics Department (CS) from 10 am to 11 am via GMEET platform .

Anitha Menon

Coordinator

Dr. Gulshan H. Gidwani

Principal



St. Mira's College for Girl, Pune
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Guest lecture on **“Basic Circuit Simulation using PSpice and CircuitMod”**
by Dr. V. P. Labade, Fergusson College, Pune

The department of Electronics, BSc (CS) organised a guest lecture for S.Y.BSc(CS) students on simulation software's used in designing electronic circuits. The lecture was conducted online using the virtual platform GMEET on **7th July 2020 from 12 to 1:30 pm**. The link for the meet was

<https://meet.google.com/jcu-nrqi-ozu>

In this COVID 19 situation it is difficult to perform practical's in the lab. There are many simulation software's which help in electronic circuit simulation. The aim for organizing this guest lecture was to introduce one such software.

Dr. V.P.Labade Asst. Prof., has more than 20 years of teaching experience and specializes in modelling and simulation of electronic circuits using different software's. Dr. Labade explained how to simulate different analog circuits and different functions of the software's. The students attended the guest lecture with great interest and were able to understand the importance of circuit simulation software's.

The co-ordinators of the guest lecture were Prof.Anitha Menon and Prof. Swatee Sarwate, faculty members of the Electronics Dept. BSc (CS). Prof. Anitha Menon gave a brief introduction about the guest and Prof. Swatee Sarwate proposed the vote of thanks.

Total 37 participants participated in the event.


(ANITHA MENON)




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Attendance report of Guest lecture conducted on 7th July 2020



Total number of participants-37



G.H. Gadwani
Principal
St. Mira's College for Girls

(ANITHA MENON.)

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Basic Circuit Simulation Using PSpice and Circuit Mode

DATE: July 7, 2020

The screenshot shows a Google Meet interface with 37 participants. The meeting title is "Prof. V.P. Labde addressing the S.Y.BSc(CS) Students". The participants listed in the "People (37)" sidebar are: Pratiksha Ovhal, Riddhi Kawade, Rieyona Patricia Menezes, Sakshi Jagtap, Sakshi Shinde, sakshi zaware, Shraddha Surve, Siddhita Hingade, and Srushti Padale. The main meeting area shows several participants in a grid, with Dr. Vijay P. Labde and Anitha Menon in larger video windows. The bottom of the screen shows the Windows taskbar with the time 12:14 on 07-07-2020.



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PU/PN/AC/015/ (1962)
College Code: - 013

Circular No: -G/S/10AC/2020-21/89

Date: - 15/07/2020

CIRCULAR

On 17th July 2020 a Guest Lecture on topicon "How chips are made" for B.Sc., (CS) students by and Dr. Prasanna Khare from 6 p.m. to 7.30 p.m. on G meet platform.

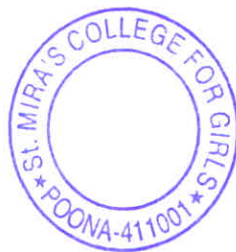

Swatee Sarwate

Coordinator



Dr. Gulshan H. Gidwani

Principal



St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
WEBINAR - CHIPS - How they are made!!

Date and Time: - 17/7/2020

The department of Electronics – B.Sc. (CS) organised a Video conferencing lecture for B.Sc. (CS) and M.Sc. (CS) students on topic “CHIPS – How they are made?” The lecture was conducted online using the virtual platform GMEET on 17 th July 2020 from 6 PM to 7:30 pm. Our guest speaker was Dr. Prasanna Khare who is a Worldwide Assembly and Test Business Operations Manager at GLOBALFOUNDRIES, New York. He has done his Graduation from IIT Mumbai and PhD in Solid state electronics from Arizona State University.

Dr. Khare presented the session on what is the role of chips in different fields? He explained how companies like Intel, QUALCOMM, and Samsung actually manufactured these chips which we use in our daily consumer equipment. With a video he explained the manufacturing process of IC, electronic circuits with components such as transistors are formed on the surface of a silicon crystal wafer. A thin film layer that will form the wiring, transistors and other components is deposited on the wafer (deposition). Total 120 students attended event.

Dr. Khare also gave an insight to students that how they can make a career in this field, what are different fields and areas available to make a bright career.

It was an interactive session where faculties as well as the students are involved to ask their questions.

Coordinator - Swatee Sarwate

Swatee Sarwate



J.H. Jivran
Principal
St. Mira's College for Girls

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Attendance Sheet

Topic – How chips are made

Date and Time:- 1/8/2020 - 6.30 PM-7.30 PM

REC P Prasanna Khare is presenting

CHIPS:How they are made

Peop... (123) 126

Add people

swatee sarwate (P)

J 26Amisha Jaggi

K 34 Samikha Kulk

A Aarushi Khandek

Aditi Mahale

Aishwarya Jagtap

akanksha kshura

A Akshada Tupe

Akshra Patil

Semiconductors at a glance

- Chips are at the heart of all electronics and are found in Smartphones, Computers, Tablets, Gaming, Data centers, Smartwatches, Cars, Drones,
- \$400+ Billions yearly revenue
- The semiconductor material used in almost all ICs is **Silicon**. There is a relatively smaller market other materials like GaAs, GaN, SiC...
- Chip manufacturing is done on **Wafers** and is a highly complex assembly line processing, a marvelous combination of Material Science, Chemistry, Device Physics, Circuit Design, Optics, Computing, and Automation.

SUPRIYA MAZUMDAR has left the meeting

CHIPS:How they are made!

Turn on captions

Prasanna Khare is presenting

Total Number of Participants/ students = 120

Name and Signature of the event coordinator :- Swatee Sarwate

Swatee Sarwate



G.H. Jadhavani
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: How CHIPS are made

DATE: July 17, 2020

The screenshot shows a Zoom meeting interface. At the top, it says "REC" and "Prasanna Khare is presenting". The main content is a slide titled "TCAD (Technology Computer Aided Design) simulations" with the subtitle "- Simulation of semiconductor processing and device behaviour". The slide contains two images: "Process simulation" showing a cross-section of a CMOS structure with layers like Silicon, Nitride, PolySilicon, Oxide, and Altered silicon; and "Device simulation" showing a 3D model of a device with a color-coded "DopingConcentration" scale ranging from $1.5E+21$ to $-1.5E+18$. The chat window on the right contains several messages:

- Rheyona Patricia Menezes 6:41 PM: what is the scope for semiconductor industries in india ? whats india's contribution when it comes to chip manufacturing ? (how much do we contribute globally)
- shivani kumari 6:46 PM: Nowadays amoled display are used in phone...is it related to chips
- Anitha Menon 6:52 PM: What happens to the chips that have faults? Are they re-used?
- shivani kumari 6:59 PM: Is it possible to re-size the wafer...for example if wafer is of 5 inch then is it possible to re-size the 5 inch wafer into 4-inch wafer
- deepa Ramane 7:01 PM: what technology changes bring miniaturisation
- muskaan laungani 7:02 PM: why are wafers made in circular shape only?

At the bottom of the Zoom window, there are icons for microphone, video, and screen sharing, along with the text "Turn on captions" and "Prasanna Khare is presenting".



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/1QAC/2020-21/24

Date:- 1st September 2020

CIRCULAR

Department of Accountancy under its Digital Warriors Initiative is organising a session on Video Making using Render on 8th September 2020. All enrolled members to attended the same via zoom platform at 6 p.m. Link for the event will be mailed to all registered participants

Elizabeth Kanade

Elizabeth Kanade

Coordinator



Dr. Gulshan H. Gidwani

Dr. Gulshan H. Gidwani

Principal



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/10AC/2020-21/30

Date:- 8thSeptember 2020

CIRCULAR

Department of Accountancy under its Digital Warriors Initiative is organising a session on Power of Excel: Basics, Tricks and Tools on 12th September 2020. All enrolled members to attended the same via zoom platform at 3,45 p.m. Link for the event will be mailed to all registered participants.

Elizabeth Kanade

Elizabeth Kanade

Coordinator



Gulshan H. Gidwani

Dr. Gulshan H. Gidwani

Principal

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Report
Digital Warriors: Virtual Commerce Lab
(An Initiative by Department of Accountancy)

Peer Learning Session on –

1. Creating Videos on Renderforest and making Resume
2. Power of Excel: basic tricks and tips

Digital Warriors: Virtual Commerce Lab is an initiative taken by Department of Accountancy. Digital warriors is a platform where knowledge about different technology related learning is shared by peers by taking workshops and sessions for students. *Total 335 participants took advantage of the sessions.*

The first session was on “Learning to create videos on Renderforest and making resume” which was taken on 8th - 12th September 2020 by three students- Ravina Jagtiani, Himani Kedia and Ravina Nikam from TYBcom. Here the participants learned what is Renderforest application, signing in to the account, creating videos, adding photos, text and how to preview and edit the video. Students also learned how a video has to be made if resume is to be created in a video format. It was an interactive peer learning session and all the participants learned and enjoyed the session. Few students also did their assignments using Renderforest.

The second session was on “Power of Excel: basic tricks and tips” taken on 12th September 2020 by Mr. Sunny Wadhvani. Participants learned about basic formulas used in Excel like addition, subtraction, minimum, maximum, counting, true, false, etc. With this, students also learned how to prepare a chart and using these formulas to calculate the required data. Students enjoyed the workshop and were also doing in simultaneously during the workshop.

Elizabeth Kanade

Ms. Elizabeth Kanade

Co-ordinator

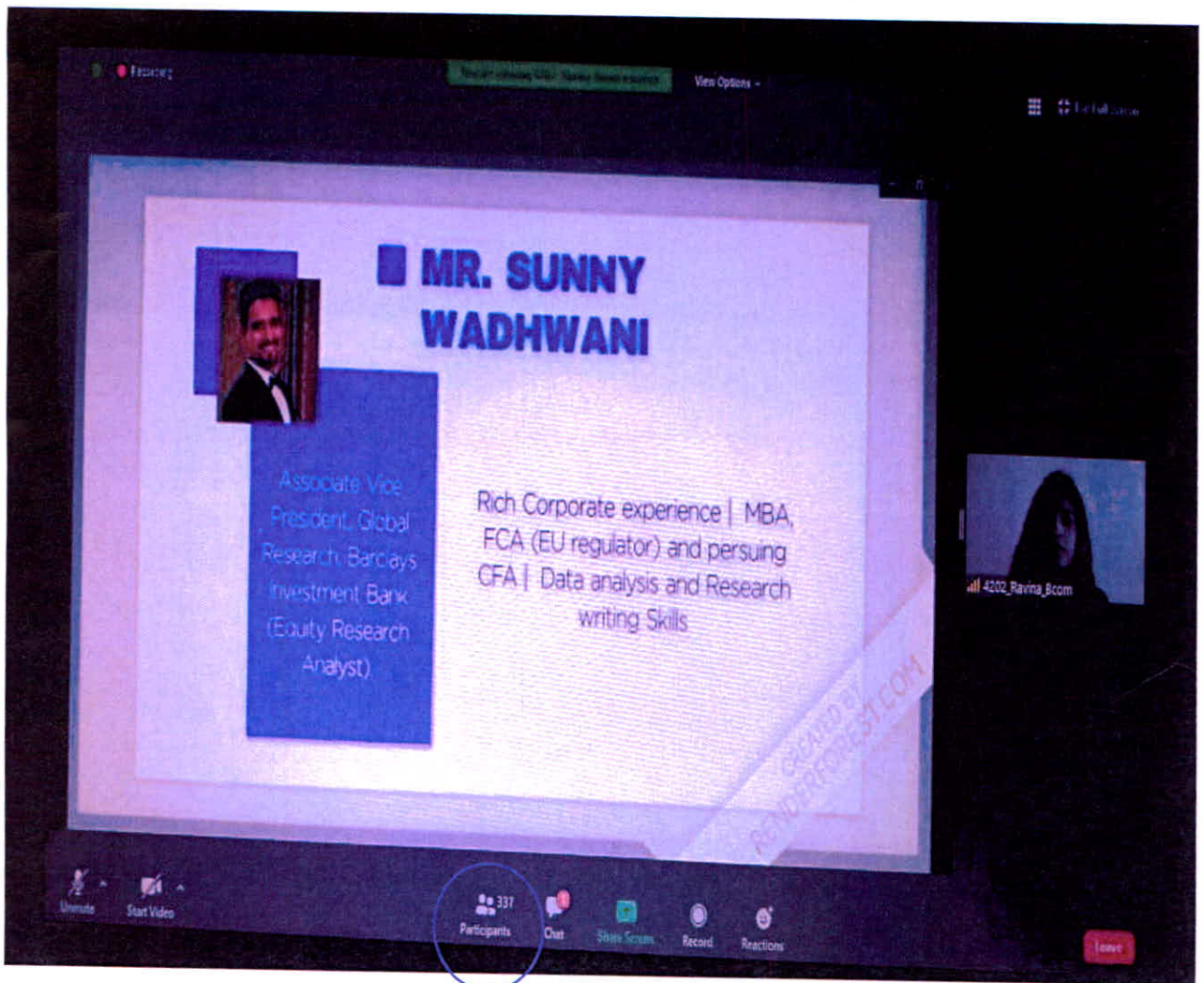


S. H. Jadhav

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Attendance Record
Digital Warriors: Virtual Commerce Lab
(An Initiative by Department of Accountancy)



Elizabeth Kanade
Ms. Elizabeth Kanade
Co-ordinator

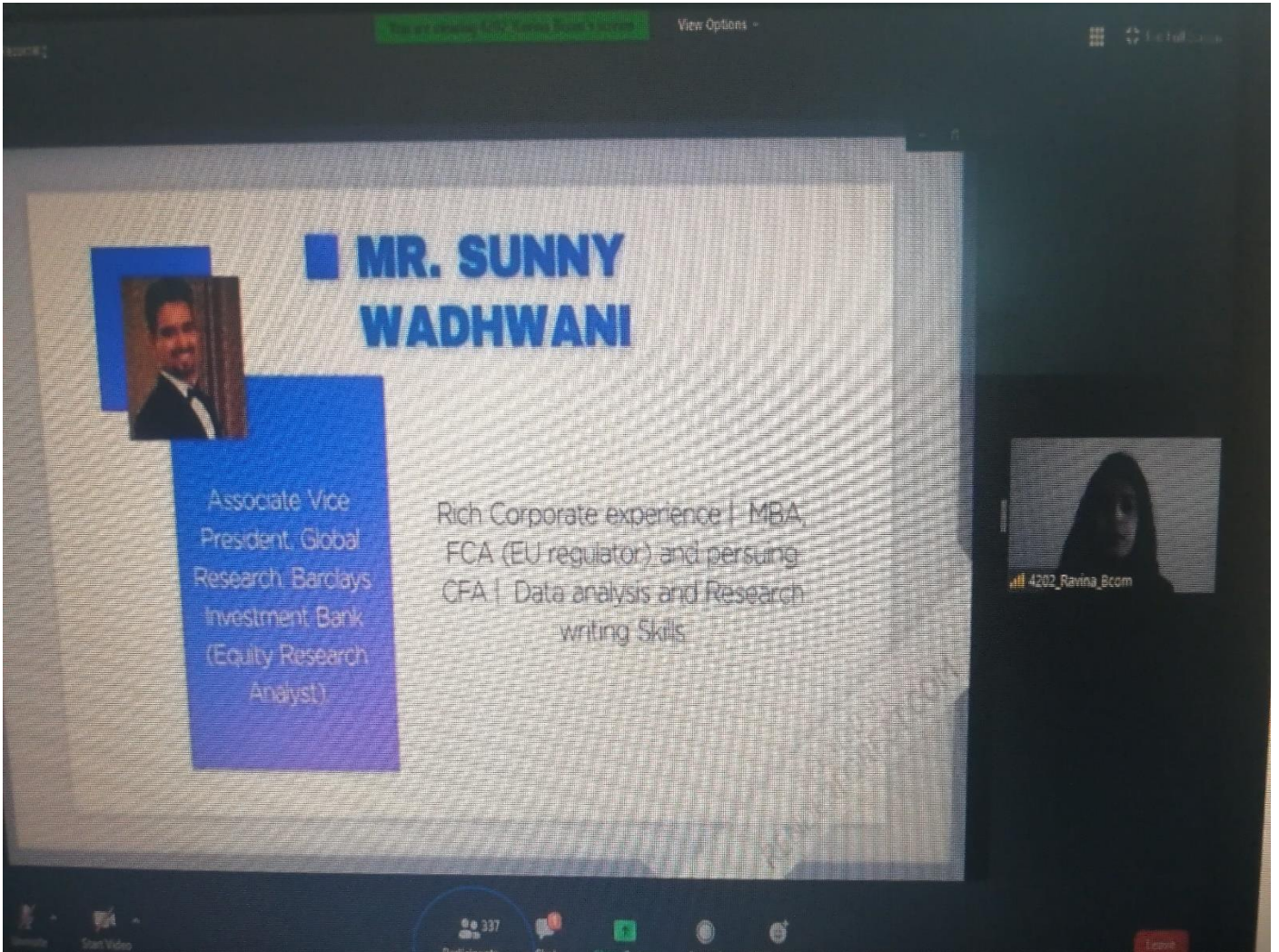


S.H. Jadhav
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Digital Warriors – Virtual Commerce Lab

DATE: September 8 to September 12, 2020



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PU/PN/AC/015/ (1962)
College Code: - 013

Circular No: - 015/10AC/2020-21/25

Date: - 2/09/2020

CIRCULAR

From 4 September 2020 to 18 September 2020 a virtual skill based workshop on Arduino Uno in association with Mechaetron robotics for S.Y.B.Sc(CS) students on Microsoft team platform.

Swatee Sarwate

Swatee Sarwate

Coordinator



G.H. Gidwani

Dr. Gulshan H. Gidwani

Principal

St. Mira's College for Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)
Virtual Skill-based Arduino Uno Workshop

Date: 4 sept -18 sept 2020

The Electronics Department - BSc Computer Science of St Mira's College for Girls in collaboration with 'Mechatronics Robotics' organised a 5-day virtual workshop for the students on 'Arduino and its application with Sensors' from 4th to 18th September 2020 for S.Y.B.Sc (CS) students.

The main objective of this workshop was to familiarise the students with Arduino and how it can be interfaced with sensors for the application of a smart system, smart home, or for IoT purposes. The trainers for this workshop were Ms. Karmaan Bhatia and Mr. Omkar Varma, who guided the students very patiently in the online mode. The workshop covered the following points:

Day 1 covered the introduction to microprocessors and microcontrollers; the basics of Arduino, pin configuration and connections and LED interfacing with Arduino. Day 2 covered the basics of a breadboard and its connections, basics of PWM, the fading effect of LED, application of push-button and introduction to sensors and components in tinkercad. Day 3 covered interfacing temperature sensor TMP 36 and LEDs using Arduino UNO. Day 4 topics were interfacing the ultrasonic sensor with LEDs and buzzer using Arduino UNO, interfacing 7-segment display with Arduino UNO and interfacing LCD with Arduino UNO. Day 5 topics were interfacing gas sensors and LEDs using Arduino UNO, interfacing PIR sensor and LEDs using Arduino UNO and interfacing tilt sensor and LED using Arduino UNO. 22 students from S.Y.B.Sc. (CS) participated in the workshop which was spread over five sessions. By the end of the workshop, the students were not only familiar with the basics of Arduino and its application with sensor but were also able to construct moderate level projects.

Coordinator – Swatee Sarwate

Swatee Sarwate



G. H. Jadhav

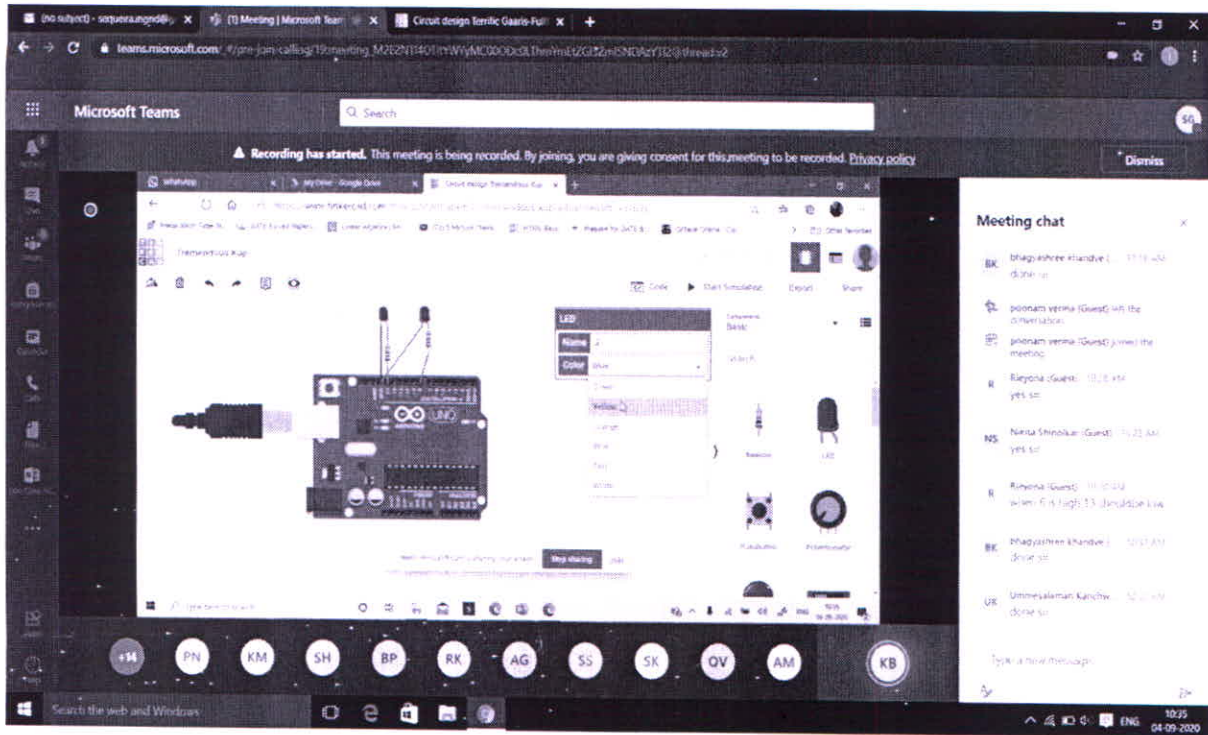
Principal
St. Mira's College for Girls

St. Mira's College For Girls, Pune
Autonomous (Affiliated to Savitribai Phule Pune University)

Attendance Sheet

Name of the activity/ event/ webinar/seminar:- *Arduino uno workshop*

Date and Time:-



Total Number of Participants/ students = 22

Name and Signature of the event coordinator :- Swatee Sarwate

Swatee Sarwate

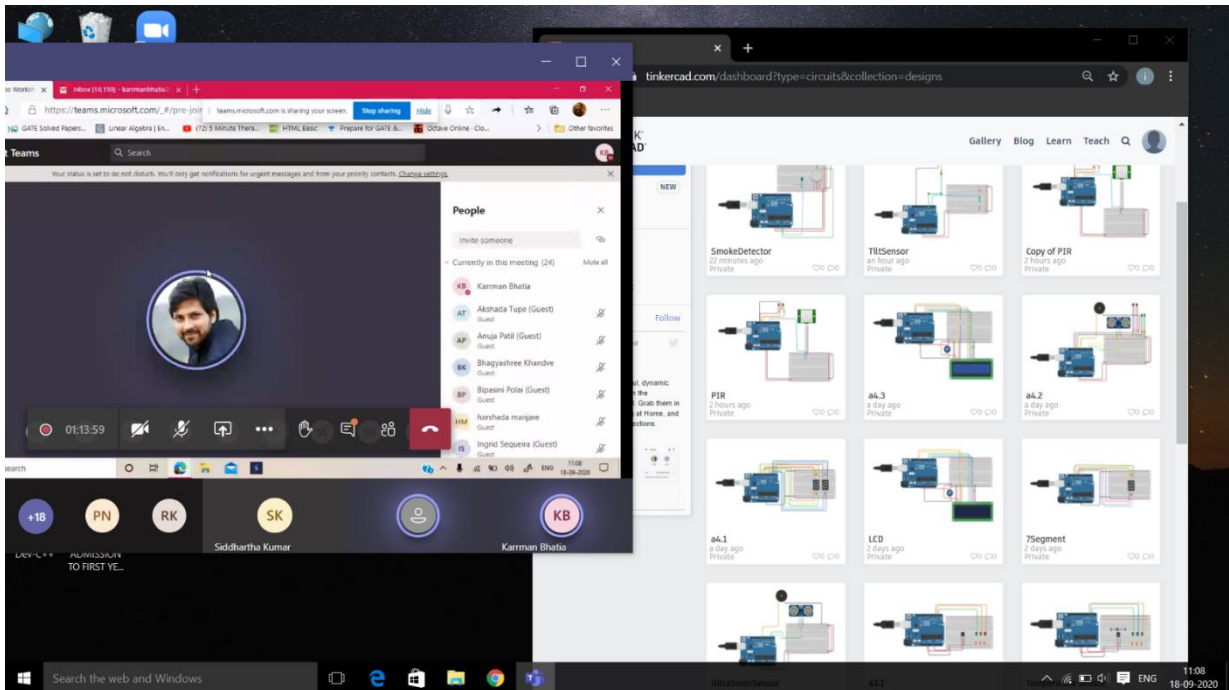
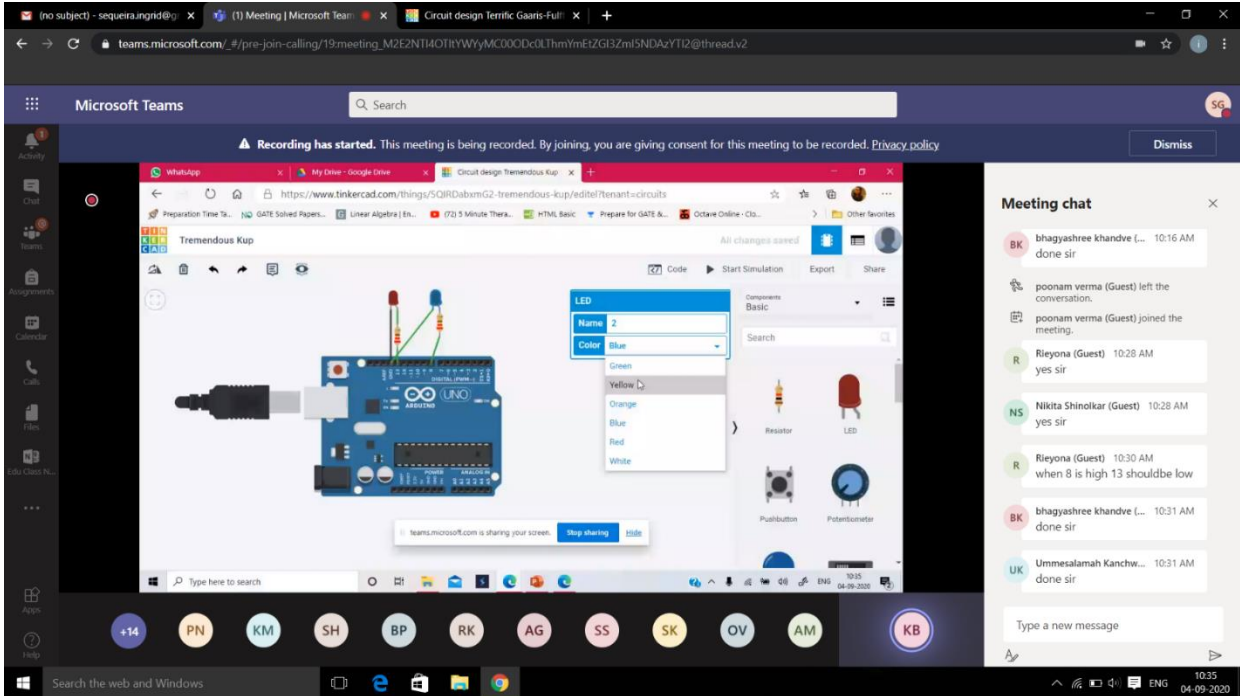


G. H. Jadhav
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Workshop on Arudino and IOT

DATE: September 4 to September 18, 2020



Principal Incharge
St. Mira's College for Girls, Pune.



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6, Koregaon Road, Pune-411001. [INDIA]
Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/1QAC/2020-21/37

Date:-21/09/2020

CIRCULAR

Department of Business Studies has organized a webinar on 'Trends in HRM' on 26/09/2020 from 12:00 noon to 2:00 p.m. through Google Meet Platform for the students of Business Administration and Marketing. Participants are requested to join the webinar link by 11.50a.m.

Shanthi

Mrs. Shanthi Fernandes
Coordinator



Gulshan H. Gidwani

Dr. Gulshan H. Gidwani
Principal

St. Mira's College for Girls, Pune

Autonomous-Affiliated to Savitribai Phule Pune University

REPORT ON TRENDS IN HRM WEBINAR

Date: 26th September, 2020

Venue: Google Meet

The Department of Business Studies (Commerce), organised a Webinar on "Trends in HRM" on Saturday, 26th September, 2020 from 12noon to 2p.m. for the students of Business Administration & Marketing with the following objectives in mind:

1. To create an environment of Industry-Academia Interface
2. To provide curriculum inputs on Trends in Human Resource Management from the industry point of view.

The Resource Person, Ms. Wilma Fernandes, is a Post Graduate in Personnel Management with an industry experience of 15years, is at present a Senior Manager who heads the Talent Engagement COE at Atos Syntel, a Global Organisation with over one 1,30,000 employees.

The Webinar covered the topics such as top Business & People Challenges, rethinking routine to change the way we think, Resurgence of a New Workplace with reference to Automation, Artificial Intelligence & Robotic Process Automation, Employee Experience, Specialised roles in HR, New way of Working, Real time Performance Feedback, Focus on Diverse Workforce, Varied Work Options, fighting unconscious Biases, Data Analytics, Expanding-out concept of Wellness. The webinar was attended by 120 student participants. Ms. Ravina Jangtiani, invoked blessings of the Almighty, our founder & gurus, introduced the speaker followed by Speaker's address, Questions & Answers. Ms. Gayatri Vaidya presented the Vote of Thanks. The event was Co-ordinated by Asst. Prof. Shanthi Fernandes.

Shanthi

Asst. Prof. Shanthi Fernandes

Co-ordinator



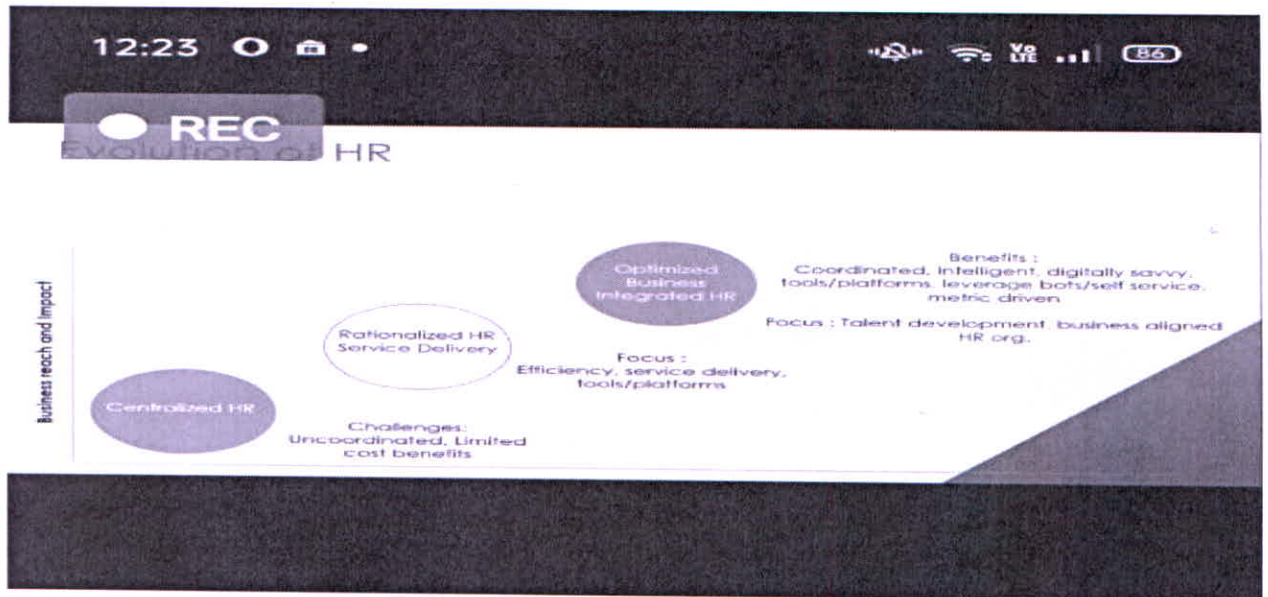
J.H. Jadhav
Principal
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ATTENDANCE_TRENDS IN HRM WEBINAR

Date: 26th September, 2020

Venue: Google Meet



(124)

Santoshi Rohra (You)

4202_Ravina Jagtiani >

Wilma Fernandes >

shanthi fernandes >

Also in the meeting (120)

Shanthi
Asst. Prof. Shanthi Fernandes
Co-ordinator

Student Participants = 120



J. H. Jadhavani
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Trends in HRM

DATE: September 26, 2020

TRENDS IN HRM_26.09.2020 (2020-09-25 at 23:33 GMT-7)

Resurgence of a new workplace

Automation AI & RPA
Employee Experience
Specialised roles in HR
Real time performance feedback
New way of working
Focus on diverse workforce
Varied work options
Fighting unconscious bias
Data Analytics
Expanding out concept of Wellness
Opportunity to demonstrate Strategic relevance and Driver of business performance

23:52

23:57 / 1:36:14

Wilma Fernandes

TRENDS IN HRM_26.09.2020 (2020-09-25 at 23:33 GMT-7)

Rethinking routine to change the way we think

- 01 | Get closer to the business
- 02 | Enable greater agility
- 03 | Think integrated offerings & solutions
- 04 | Accelerate, Change & Transform
- 05 | Change the way we work through Automation
- 06 | Invest in Talent, Tools & Culture

16:12 / 1:36:14

Wilma Fernandes



Principal Incharge
St. Mira's College for Girls, Pune.



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College Code: - 013

Circular No: - G1S/10AC/2020-21/36


Date: -20.09.2020

CIRCULAR

On 30th September 2020 a Guest Lecture titled Email and Blog Writing Skills is to be organized by Department of Business Studies from 1.00pm to 2.00pm via Google meet Interface platform.


[Mrs. Jyoti Chintan]
Coordinator




Dr. Gulshan H. Gidwani
Principal

St. Mira's College For Girls, Pune
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REPORT

Guest Lecture on Email and Blog Writing Skills – 2020-2021

Organizer: Mrs. Jyoti Chintan

Class: Sy BCom Business Communication

Speaker: Ms. Anuksha Sachdev

Business Studies Department had organized a Guest lecture on the subject "Email and Blog Writing Skills" for SY B Com students on 30th September 2020 on Google meet Interface. There were 121 students who attended the program.

The speaker was Ms. Anuksha Sachdev-Alumni. She works as Senior Analyst in Custody Research and Reconciliation Services.

Ms. Anushka Sachdev enlightened the students with the knowledge of how to write a blog in an effective way and how a blog can be made attractive to the readers. She also highlighted on how emails are important in corporate world. She emphasized on etiquette of E-mail writing. Lecture was very interactive and the speaker answered many queries of the students.

Jyoti Chintan
(JYOTI CHINTAN)
(Coordinator)

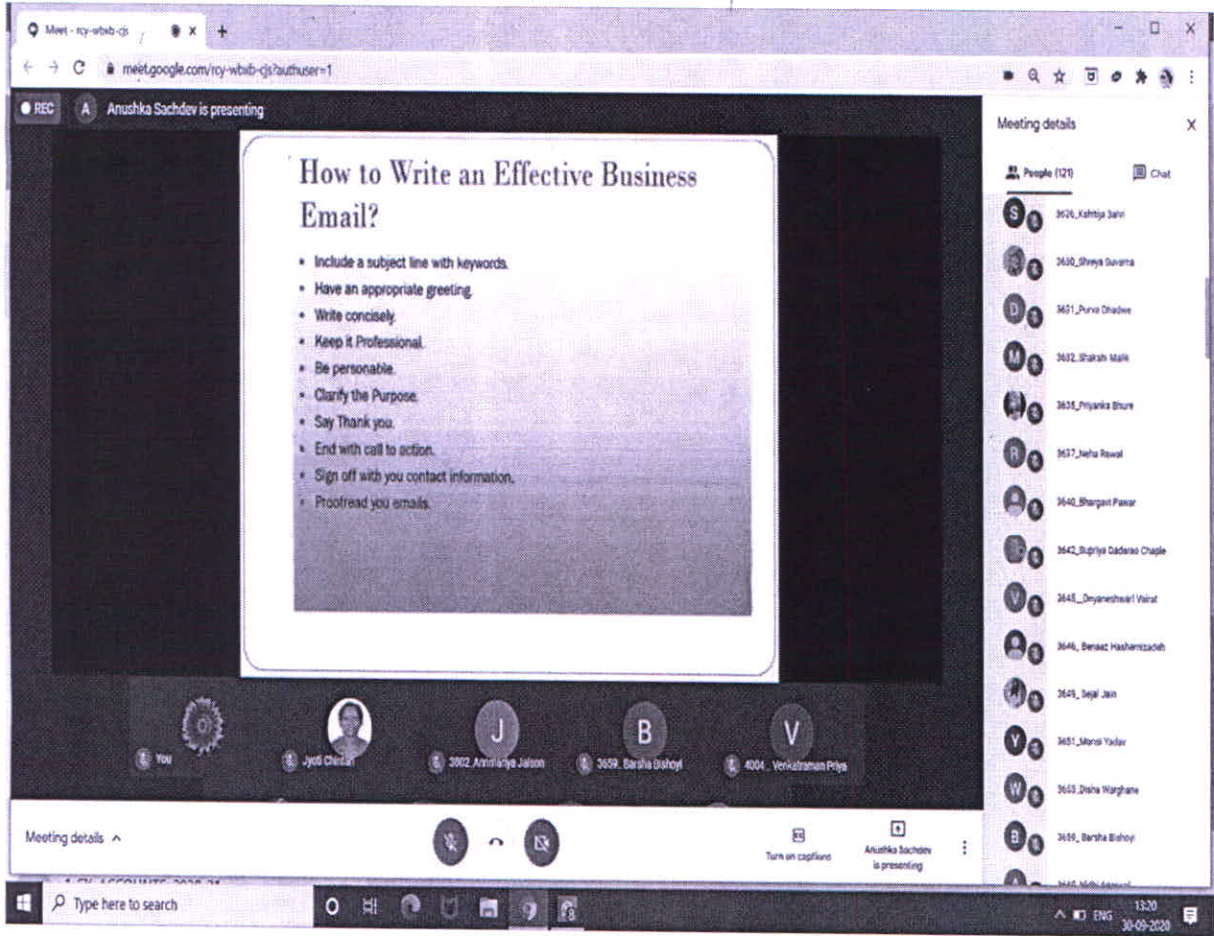


J. H. J. J. J.
Principal
St. Mira's College for Girls

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Attendance

Total number of participants: 121 students



Jchandan

(Jyoti Chintani)
(Coordinator)

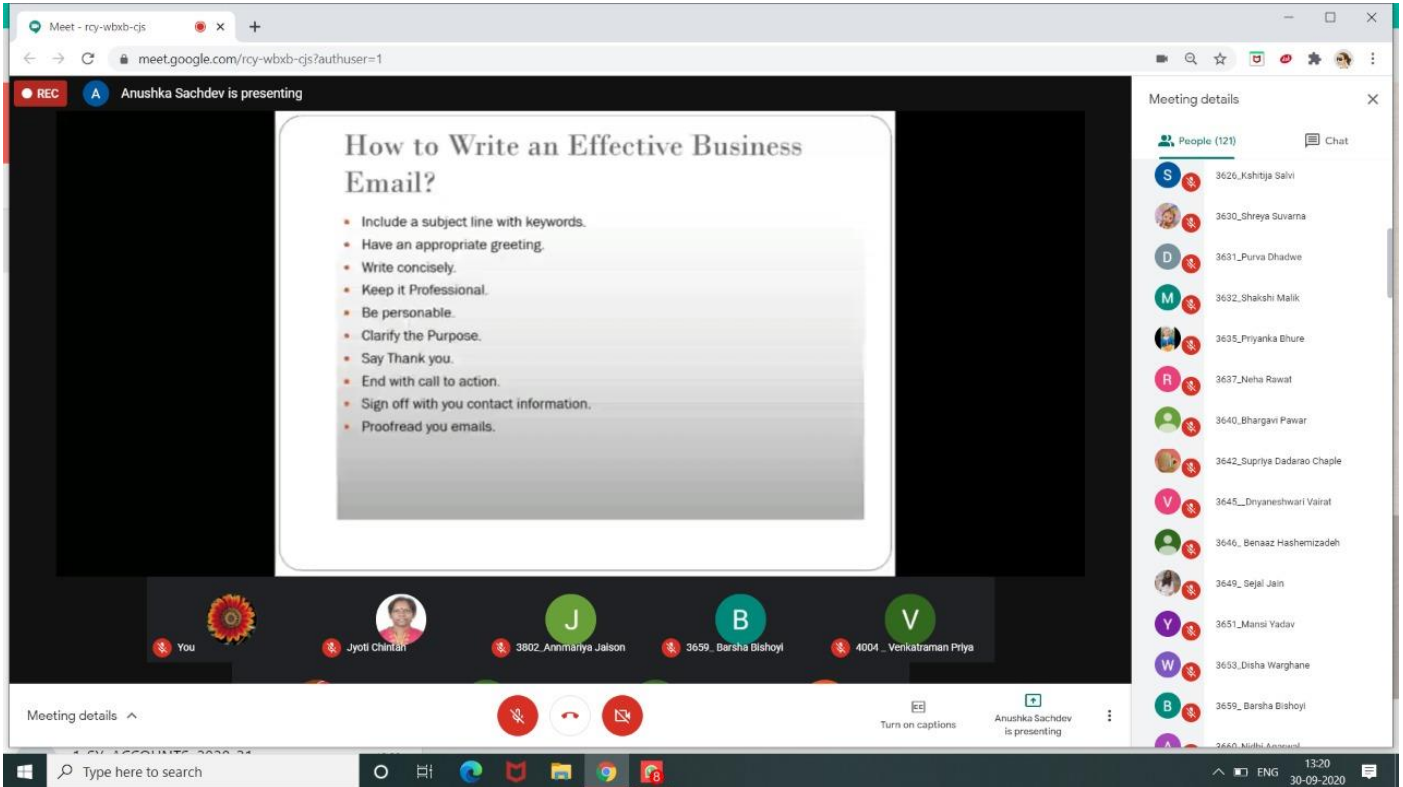


J. H. J. J. J.
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Email and Blog Writing Skills

DATE: September 30, 2020



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College Code: - 013

Circular No: - G15/10AC/2020-21/43

Date: - 7/10/2020

CIRCULAR

On 10 oct.2020 a Guest Lecture on topicon "Entrepreneurship in the Field of Computer Science" for B.Sc., (CS) students by and Mr. Aditya Bose from 10AM to 11AM on Zoom platform.


Swatee Sarwate

Coordinator





Dr. Gulshan H. Gidwani

Principal

St. Mira's College for Girls, Pune

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WEBINAR REPORT

"Entrepreneurship in the field of Computer Science" – 10/10/2020

B.Sc. (CS) department of St. Mira's College for Girls (Pune) hosted a Webinar on "Entrepreneurship in the field of Computer Science" for students of Computer Science (MSc & BSc) in association with CWE cell on 10/10/2020 from 10 am -11 am.

The speaker of the webinar was Mr. Aditya Bose - Founder and CEO of ProBano and ex vice president of Entrepreneurship development cell, IIST ,Shibpur (WB) .

The webinar started with a welcome address by Mrs. Stella Ambrose (Course coordinator) the aim of webinar is given by Mrs. Swatee Sarwate. Dr. Rama Venkat gave a brief introduction about CWE cell and initiative taken by CWE cell of St. Mira's college.

The speaker Mr Aditya Bose elaborated the topic by involving the audience by asking them their ideal Entrepreneurs and also spoke about what his struggles and motivated the students by his inspiring story .He started with explaining how one should not get stuck with a certain situation and not to give up when they are struck with setbacks or downfall. He also spoke about why Entrepreneurship is the golden key to success. The webinar was attended by 89 students of computer Science. The outcome of this webinar was that students of CS understood the term entrepreneurship and ideas to explore in the field.

Coordinator - Swati Sarwate

Swatee Sarwate



G. H. Jadhav

Principal
St. Mira's College for Girls

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Attendance Sheet

Name of the activity/ event/ webinar/seminar: - Entrepreneurship in the field of
Computer Science" – 10/10/2020

Date and Time:- 10/10/2020



Total Number of Participants/ students = 89

Name and Signature of the event coordinator :- Swatee Sarwate

Swatee Sarwate

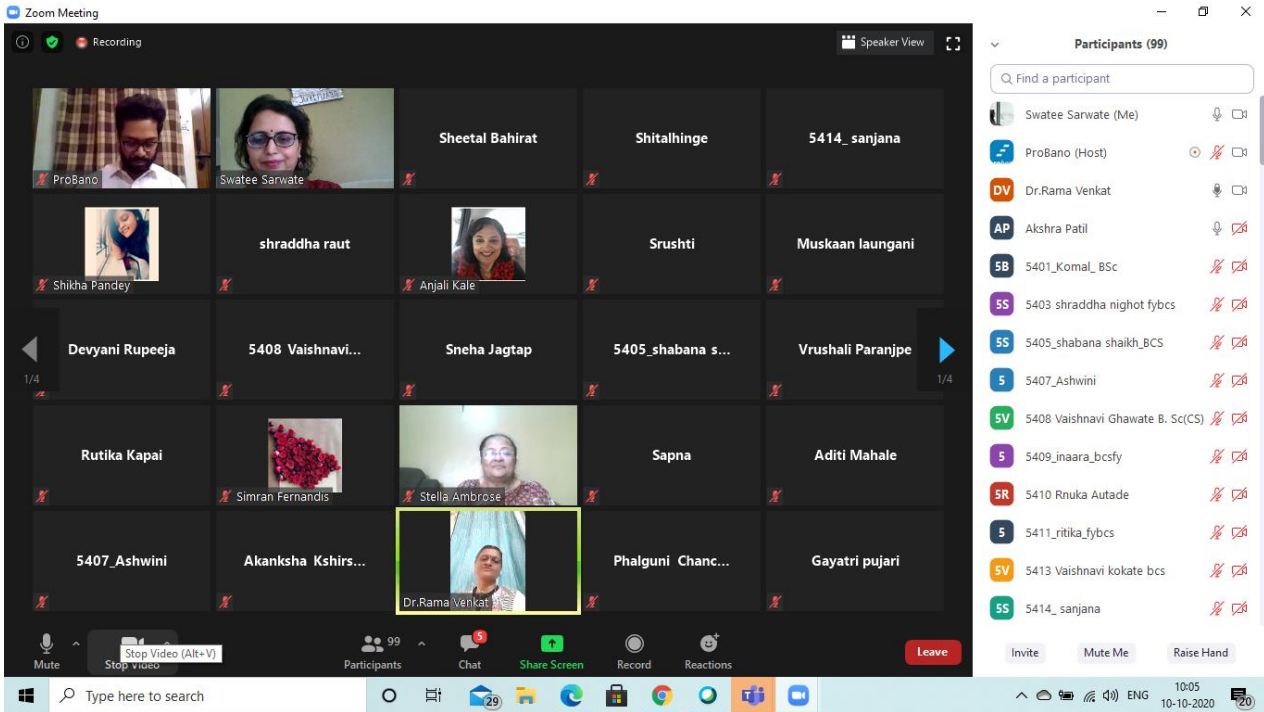


J.H. Jadhavani
Principal
St. Mira's College for Girls

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NAME OF EVENT: Entrepreneurship in the Field of Computer Science

DATE: October 10, 2020



Principal Incharge
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College Code:- 013

Circular No:- GIS/10 AC/2020-21/91

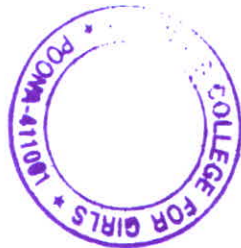
Date:- 29th Sept 2021


CIRCULAR

On **23 October, 2020** a webinar titled 'An Online training session on 'How to Search EBSCO Databases Efficiently?', is to be organized by the College Library from **3:30 PM to 4:30 PM** via CISCO Webex platform .


Devinder Kaur

Coordinator




Dr. Gulshan H. Gidwani
Principal

**St Mira's College for Girls. Pune,
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LIBRARY

Activity Report (A.Y. 2020-21)

Date	Name of Activity	Students Attended
23 October 2020	'Online EBSCO Training for students on 'How to Search EBSCO Databases Efficiently'	281

The College Library organized a training programme for students on 'Searching the EBSCO Databases' on **23 October 2020**. The aim of this training was to equip the users with skills to access the subscribed databases to find the required information in minimum time. The professional trainer Mr Gaurav, Date from EBSCO Inf. Services India Pvt. Ltd, imparted the training. It was conducted on CISCO Webex Platform

Databases namely Academic Search Elite, Master File Elite and Literary Reference Center were demonstrated for searching purposes. Due to COVID-19 Pandemic one common password was shared with the students to facilitate remote access 24X7. Procedure for creating accounts (individual login credentials) was explained to students. Useful features like searching from Mobile Phones, management of personal searches, sharing the articles, fine tuning search results were the skills taught in the programme.

Students learned various referencing styles and strategies to find images that can be used in their assignments and project works. Apart from normal textual data students were made aware of the presence of charts, videos and interviews along with the articles. Audio version of html articles having American and British accent was demonstrated which could be used to improve one's pronunciation apart from the subject enrichment.

Total 281 students from different streams & levels participated in the training.

Resource person: Mr Gaurav Date-EBSCO Inf. Services India Pvt

Name: Devinder Kaur-Convener

Signature: 




Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Training Session – How to Search EBSCO Databases Efficiently

DATE: October 23, 2020

Meeting Number: 171 949 2952 | Date: 23-Oct-2020 | Time: 3:37 PM, Local Time (GMT +05:00)

Database: Academic Search Elite

Erik Soloviev: An Attempt of a Philosophical Portrait (An Exercise in Communicative Sociology of Knowledge)

Contents

The European Reception as the Object of Soloviev's Original Research

Soloviev's Kant Scholarship

Notes

Keywords: communicative sociology of knowledge, Erik Soloviev, Russian philosophy of the second part of the 20th century, philosophical portrait.

Erik Soloviev, representative of what is now the elder generation of Russian philosophers, is one of the most significant and well-known authors in Russia's cultural space over the second half of the twentieth century and the recent years of the twenty-first. More than twenty of his works have been published in foreign languages.

I would be unrealistic in an article of such limited scope to reflect even those elements most important to Soloviev's work and to "our" era. For this reason, I have chosen a particular genre for my introductory remarks: my own impressions, that is, individual feelings toward a creative portrait of my friend, colleague, and contemporary, Soloviev, as well as a description of those historical circumstances that proved most relevant to our experience [1]. Let us begin at the very beginning.

Soloviev began his studies in the Lomonosov Moscow State University (MSU) Faculty of Philosophy in 1967 (which was then, as today, our country's best university). Having recently graduated high school with highest honors, he was accepted there without the need for entrance exams. He had already experienced a childhood and adolescence filled with difficult ordeals. Generations of wartime children had had to survive hunger, cold, and the loss of fathers and older brothers at the front, which meant the absence of older male guardianship during childhood and adolescence, essential support for our truly heroic, selfless mothers, and much else that had to be endured during the war and postwar years.

The family in which Soloviev was born and raised experienced deprivation even earlier because of prewar repressions. This is how Soloviev described himself in an interview: "I was born in 1934 in Nizhny Tagil (a small industrial city in the Urals). In 1937 my father, the head of a railway tire workshop at the Nizhny Tagil metallurgical factory, Polish by nationality, came under repression (ten years without correspondence rights). A year later my mother received news that he was no longer among the living. My stepfather, Yuri S. Soloviev, a geologist (in the 1970s, he was among the best experts

Participants

Name	Joining time / Leaving time
Kirti Motwani	3:37 PM / 4:56 PM
Nandini Hucche	3:37 PM / 4:56 PM
Akanisha patil	3:37 PM / 4:56 PM
Nandani Sharma	3:37 PM / 4:56 PM
Vaishnavi sadhav	3:37 PM / 4:31 PM

Table of Contents

Activity	Time
Recording Start	00:00:00
App/Desktop Share (1) Start	00:00:00
App/Desktop Share (1) End	01:16:24
Recording End	01:19:03

Meeting Number: 171 949 2952 | Date: 23-Oct-2020 | Time: 3:37 PM, Local Time (GMT +05:00)

Search Results: 1 - 10 of 375,194

1. **Sport Sociology in Question?**
By: Newman, Joshua I. *Sociology of Sport Journal*, Dec2019, Vol. 36 Issue 4, p265-276, 12p. 2 Diagrams. DOI: 10.1177/0042629019881111. Database: Academic Search Elite
In this article, which is an expanded and updated adaptation of the 2016 North American Society for the Sociology of Sport Presidential Address, I look at the challenges and opportunities present...
Subjects: EQUALITY; SOCIOLOGY; HOAXES; SOCIAL Justice; CULTURAL studies; SPORTS; Fitness and Recreational Sports Centers

2. **Are Distinctions between "Environmental Sociology" and "Natural Resource Sociology" Real – and Important? Reactions to Qin et al.'s "Seeing the Forest for the Trees"**
By: Krannich, Richard S. *Society & Natural Resources*, Sep2020, Vol. 33 Issue 9, p1149-1153, 5p. DOI: 10.1080/08941920.2019.1703153. Database: GreenFILE
The bibliometric analysis presented by Qin et al. provides useful evidence regarding debates into whether there are meaningful distinctions between "environmental sociology" and "natural resource"...
Subjects: Environmental sociology; Natural resources; Sociology

Video Results (3 of 57)

Participants

Name	Joining time / Leaving time
Kirti Motwani	3:37 PM / 4:56 PM
Nandini Hucche	3:37 PM / 4:56 PM
Deepali Bhamare	3:37 PM / 4:15 PM
Akanisha patil	3:37 PM / 4:56 PM
Nandani Sharma	3:37 PM / 4:56 PM

Table of Contents

Activity	Time
Recording Start	00:00:00
App/Desktop Share (1) Start	00:00:00
App/Desktop Share (1) End	01:16:24
Recording End	01:19:03



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College Code:- 013

Circular No:- G15/10AC/2020-21/95

Date:-20/10/2020

CIRCULAR

On 31st October 2020 a workshop on Java Programming with Spring is to be organized by Dept of Computer Science from 10 a.m to 11 a.m via online platform .

Mrs. Smita Borkar

Coordinator



Dr. Gulshan H. Gidwani

Principal

St. Mira's College for Girls, Pune
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Title: Co-Curricular Activities

Workshop

Workshop on “Java Programming with Spring ” (2020-21)

The Department of Computer Science organized a workshop on “Java Programming with Spring” on October 31, 2020 for M.Sc. computer science students, which took place in online mode from 10 am to 11 am. The lecture was conducted by Ms. Pooja Pandey, Alumni and working in Tata Consultancy Services, Pune.

Ms Pooja gave an insight on new framework used for Java Programming "Spring". She briefly explained the working of basic form design and validation using the terminologies and packages available in spring. The exclusive purpose of this lecture was to help the M.Sc. students acquainted with Spring programming. Total 24 girls from M.Sc. Computer science were present for the lecture.

Faculty in-Charge: Smita Borkar [Computer Science Department]

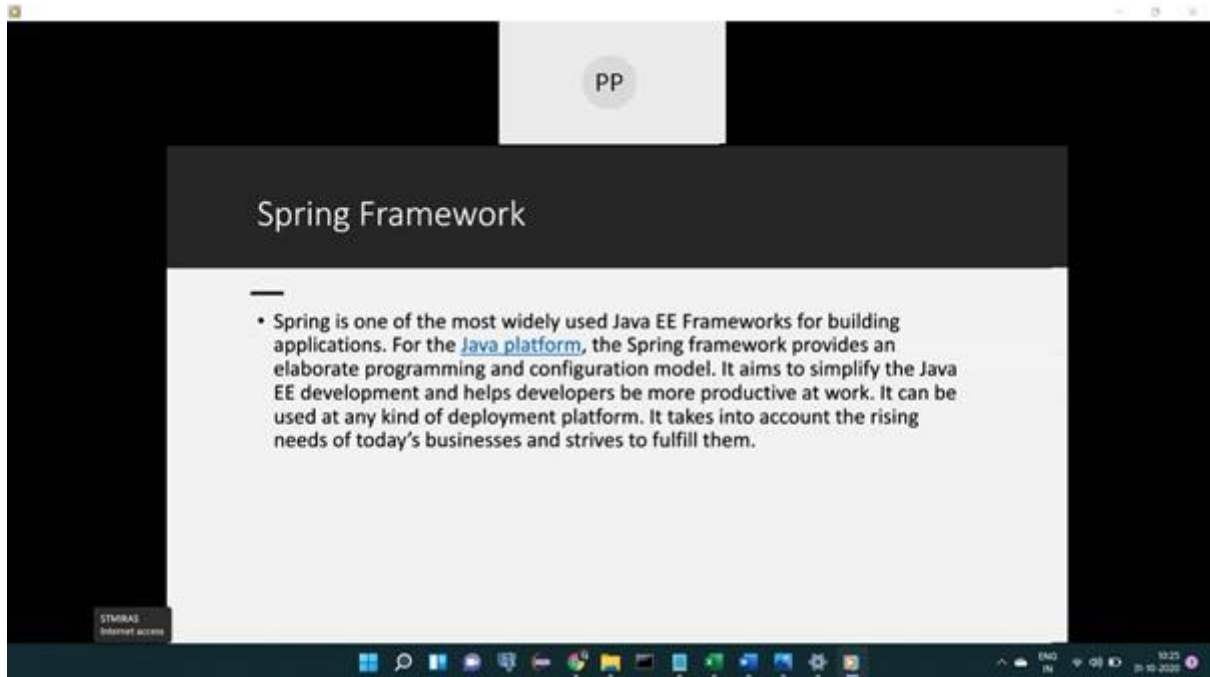


J. H. Jadhav
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Workshop on JAVA Programming with Spring

DATE: October 31, 2020



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PU/PN/AC/015/(1962)
College Code:- 013

Circular No:- G15/10AC/2020-21/53


Date:- 22 January 2021

CIRCULAR

On 12 February 2021 a webinar titled '**Leveraging Access to E-resources of St Mira's College Library: A Webinar for Students**' is to be organized by the College Library from 2.30 PM to 3.30 PM via Google Meet platform .


Devinder Kaur
Coordinator




Dr. Gulshan H. Gidwani
Principal

**St Mira's College for Girls. Pune,
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LIBRARY**

Activity Report- A. Y.2020-21

Date	Name of Activity	Students Attended
12 February, 2021	Leveraging Access to E-resources of St Mira's College Library: A Webinar for Students.	54

The webinar was conducted on Friday, **12 February, 2021** which focused on e-resources available under NLIST, Databases, TOCs, and New Arrivals, including Online Catalogue. Participants were made aware of the existence of various links on the College Website under the Library Section. Online Catalogue was demonstrated to students with live searches including basic search, advance search, location of book in the rack and live status of an item. They were shown the enriching features of catalogue like Book Covers, Summary of books, Key Words and Google Preview which would help them to decide the suitability of a book to their requirements. Then, EBSCO Search Box available through the library catalogue was demonstrated by searching the term 'marketing' and showing feature like pdf and html (audio facility) formats of articles, facilities of exporting/sharing the articles, citing references, choosing the need based databases like Literary Reference Center for English literature and language, Green File for Environment related topics and Academic Search Elite for other subjects.

NLIT-programme found the next place under demonstration which has 6000+ Journals and lakhs of e-books. Students were made aware of the existence of such resources by searching the term- counselling- which displayed subtopics wise collection and kind of formats. Other important points of explanation included-copy citation, platform of an e-book, Table of Contents, chapter wise download facility, sharing etc. Apart from this they were made aware of the standard publishers like, Oxford Univ Press, Springer, Sage Publications, Cambridge University Press, Taylor & Francis and JSTOR among others.

Next part of demonstration was provision of E-Table of Contents of subscribed Print + E-Journals across all disciplines in the college website and availability of full text by using login credentials. Account Creation for all the resources was explained by showing the Request Form available in the catalogue. Links for freely accessible resources were demonstrated naming a few: SWAYAM, Shodhganga, Shodhgangotri, National Digital Library of India, Project Gutenberg, Hathi Trust Digital Library and archive.org. A total of **54 students** (UG and PG) across almost all streams participated in the programme. All were encouraged to utilize these resources for enriching their class notes, writing research article, doing assignments, project and preparing for various competitions.

Resource person: Mrs Devinder Kaur (Librarian) St Mira's College for Girls

Coordinator Name: Devinder Kaur

Signature: 




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St. Mira's College for Girls

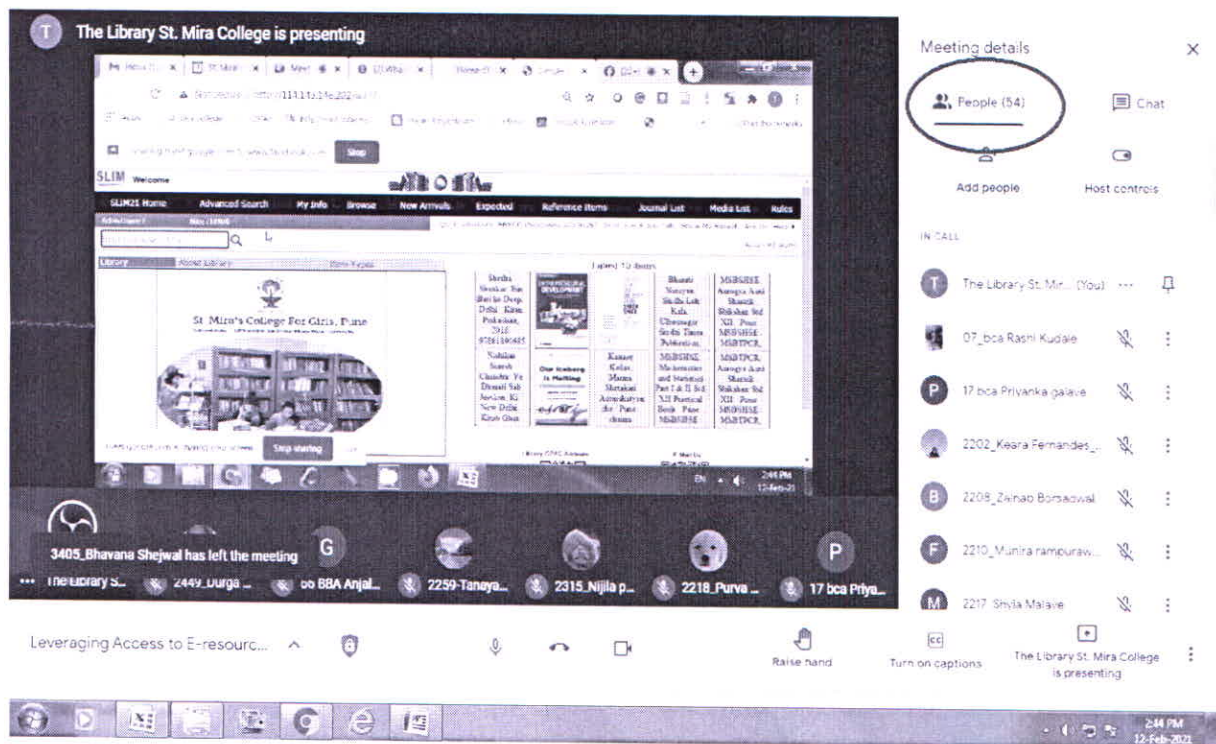
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LIBRARY

Attendance Record

Activity Name: Leveraging Access to E-resources of St Mira's College Library: A Webinar for Students (A. Y.2020-21)

Date: February 12, 2021



Total Participants: 54

Programme Coordinator:



J. H. Jadhav
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Leveraging Access to E-Resources of St. Mira's College Library - Webinar

DATE: February 12, 2021

Meeting Information

Leveraging Access to E-resources of St Mira's College Library: A Webinar for Students, 11 Aug, 2021

Meeting ID: 966 8952 3761
Host: The Library St. Mira College
Passcode: y8LDgp
Numeric Passcode (Telephone/Room Systems): 961861
Invite Link: <https://zoom.us/j/96689523761?pwd=RWl1Nk1lVlRzNUxvOFVsdXBxczdKdz09>
Copy Link
Encryption: Enabled
You are connected to Zoom Global Network via data centers in the United States
Report

Login Credentials are Required

EBSCO NLIST Sage Journals Computer Science Journals

Leveraging Access to E-resources of St Mira's College Library: A Webinar for Students, 2021-22, Wednesday 11 Aug 2021 11am-2.30 pm to 3.30pm— in connection with the Librarians' Day on 12th August

Participants: 99
Chat
Share Screen
Pause/Stop Recording
Reactions
Leave



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Reaccredited by NAAC- A Grade, cycle 3
[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]
6, Koregaon Road,Pune-411001. [INDIA]
Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962)
College Code:- 013

Circular No:-GIS/10AC/2020-21/52

Date:-22 January 2021

CIRCULAR

On 26 February 2021 a webinar titled 'Access Databases on Mobile Using Newly Launched EBSCO Mobile App' is to be organized by the College Library from 2:30 PM to 3:30 PM via Cisco Webex platform .

Devinder Kaur
Coordinator

Dr. Gulshan H. Gidwani
Principal



**St Mira's College for Girls. Pune,
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LIBRARY

Activity Report (A.Y.2020-21)

Date	Name of Activity	Students Attended
26, 2021 February	A Training session on "EBSCO Mobile: Seamless access to your resources anytime anywhere"	89

The College Library organized a training programme for students on "EBSCO Mobile" on **February 26, 2021**. This training aimed to introduce them to the process of downloading the Mobile App with its authentication steps to access resources. The professional trainer Mr Gaurav Date from EBSCO Inf. Services India Pvt. Ltd conducted the training on the CISCO Webex Platform.

The programme started with the overview of EBSCO resources subscribed by the institution including Academic Search Elite, Master File Elite and Literary Reference Center.

Demonstration included the ways to search information and personalized it by creating account and folders. Features like: article sharing, readymade citations, available filters for resource type, year of publication and country of publication were explained. Search & read the articles on the move and saving the needed article to listen to the pdf version at one's convenience were among the other benefits of mobile app. Students were instructed to contact the library team for creating login credentials by filling the request form which will facilitate remote access 24X7. Attendees were urged and requested to take information from reputed resources covered by databases rather than taking from any freely available information on the internet.

A Hands on Quiz based upon the knowhow of the platform was conducted during the session. The trainer happily answered the queries raised by the students. A total of **89 students** from different streams & levels participated in the training.

Resource person: Mr Gaurav Date-EBSCO Inf. Services India Pvt

Name: Devinder Kaur-Convener

Signature:




Principal
St. Mira's College for Girls

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NAME OF EVENT: A Training Session on "EBSCO MOBILE: Seamless Access to your Resources Anytime Anywhere"

DATE: February 26, 2021

The screenshot displays the EBSCOhost mobile application interface. At the top, there is a search bar with the text "java" and a "Search" button. Below the search bar, there are navigation tabs for "Basic Search", "Advanced Search", and "Search History". The main content area shows search results for "java", with two results listed:

- 1. PRINCES PROFITS AND THE PROPHET.**
By: Ricklefs, M. C. *History Today*, Jul2018, Vol. 68 Issue 7, p56-67. 12p. , Database: Academic Search Elite
The author discusses diplomatic work during the Wars of Succession in Java, in Mangkubumi and his son...
Subjects: HISTORY; HISTORY of diplomats; TURKS; NEDERLANDSCHE Oost-Indië
HTML Full Text PDF Full Text (26.2MB)
- 2. Lipidomic and metabolomic profiles of Coffea canephora L. be...**
By: Anagbogu, Chinyere F.; Zhou, Jiaqi; Olasupo, Festus O.; Baba Nitsa, Mohamad...
Database: Academic Search Elite
Coffee (Coffea spp.) is one of the most popular refreshing beverages globally, contribute significa...
Subjects: COFFEE; COFFEE growing; SINGLE nucleotide polymorphisms; COFFEE Cover; Other Vegetable (except Potato) and Melon Farming; Oilseed and grain m... Ginning); Other Noncitrus Fruit Farming; Non-citrus fruit and tree nut farming; Co... wholesalers
PDF Full Text (1.7MB)

A smartphone is overlaid on the screen, displaying a detailed view of an article titled "Message Passing Optimization in Robot Operating System." The article includes a title, author information, publication details, and a brief abstract. The background shows the EBSCOhost website with search filters and a list of results.



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College Code:- 013

Circular No:- G/15/QAC/2020-21/126

Date:-01/03/2021

CIRCULAR

On 6th March 2021 a workshop on Cloud computing Aws services is organized by Dept of Bsc computer science for TYBsc and Msc computer science students from 1.00 p.m. Workshop will be conducted through Gmeet online platform .

Ashwini Kulkarni

Co-ordinator



Dr. Gulshan H. Gidwani

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**Title :Report on Cloud Computing AWS services
Workshop**

Dept. of Computer science organized a workshop on "Cloud Computing AWS services" on 6th march 2021 for the students of T.Y.B.Sc.(Computer Science) and Msc computer science

The workshop was conducted by Mr. Kunal Pagriya from Amdocs technologies. He began the session with the basic knowledge of Cloud Computing and also explained practical applications of the same. The students had hands on experience of different services provided by Amazon Web Services. The practical applications helped the students understand the topics of Database Connectivity, Web Hosting using of EC2 in AWS. 36 students attended the workshop.


Mrs. Ashwini Kulkarni

Name of the Organizing Faculty

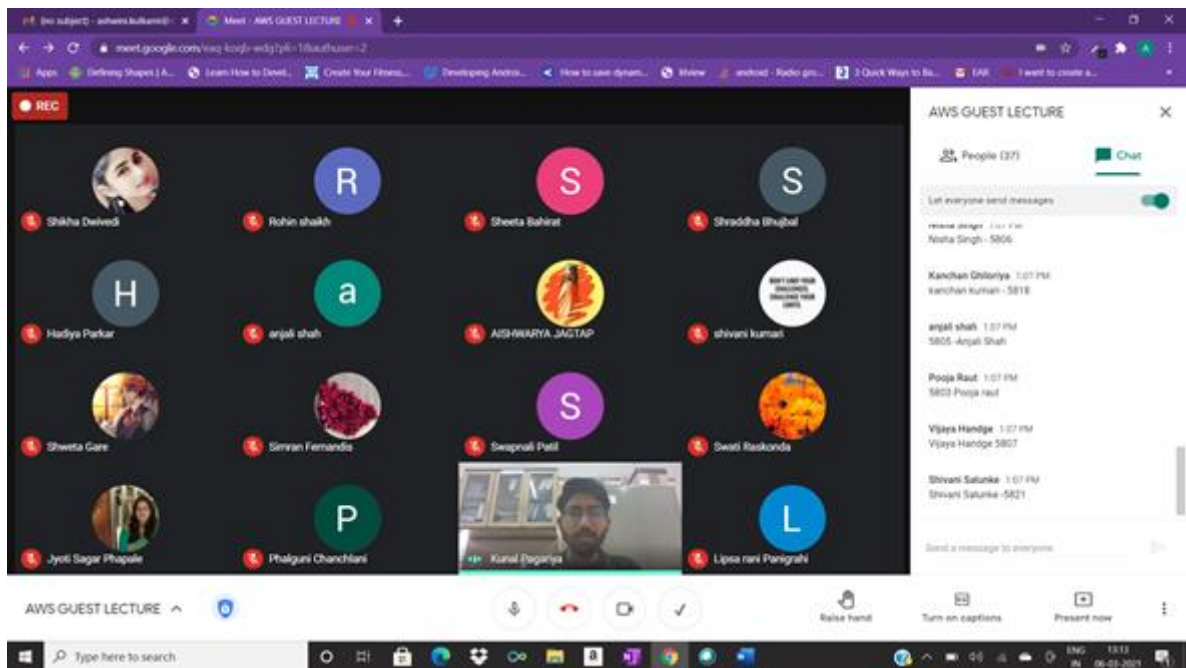
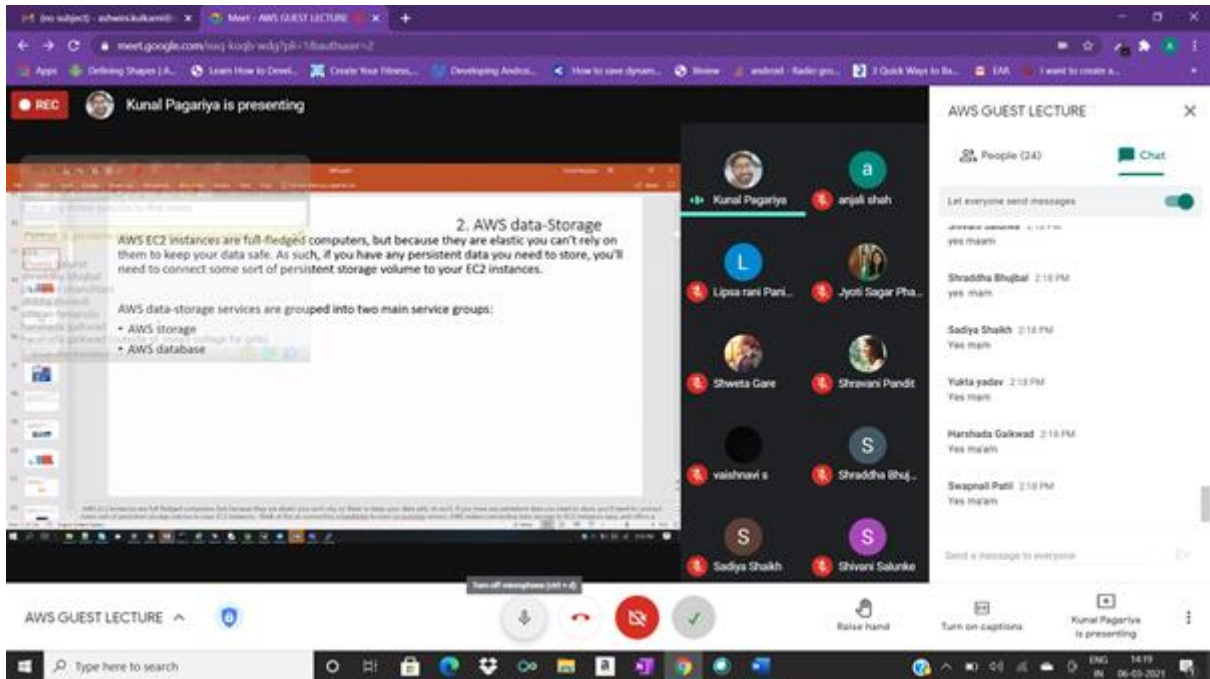



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ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Workshop on Cloud Computing AWS Services

DATE: March 6, 2021



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College Code:- 013

Circular No:- GIS/10AC/2020-21/66

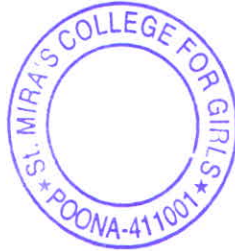
Date:-09/03/2021

CIRCULAR

Department of Business Studies has organized a webinar on 'Trends in Digital Marketing' on 21/03/2021 at 11:00a.m. through Google Meet Platform for T.Y.B.Com. Business Administration and Marketing students. Participants are requested to join the webinar link by 10:50a.m.

Shanthe

Mrs. Shanthi Fernandes
Coordinator



Gulshan H. Gidwani

Dr. Gulshan H. Gidwani
Principal

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REPORT ON TRENDS IN DIGITAL MARKETING WEBINAR

Date: 21st March, 2021

Venue: Google Meet

A webinar on Trends in Digital Marketing was organised by the Department of Business Studies in collaboration with Institution's Innovation Council, Centre for Women Entrepreneurship, through Google Meet on 21st March, 2021 at 10.00a.m. for T.Y.B.Com. Business Administration and Marketing students. The resource person, Mr. Dipak Jadhav, a Digital Marketer, explained the concept of digital marketing with its eight elements, six strategies, representation of the business in engaging themselves in various channels from highest to lowest through a graph chart and various Digital Marketing portals which will help in different areas through a demonstration by taking a digital tour to few websites, which was followed by questions & answers.

100 students participated in the webinar, Asst. Prof. Shanthi Fernandes organised the event, Ms. Ravina Jagtiani hosted and Ms. Fizza Babul presented the vote of thanks.

Shanthi

Asst. Prof. Shanthi Fernandes
Co-ordinator



J.H. F. Fernandes

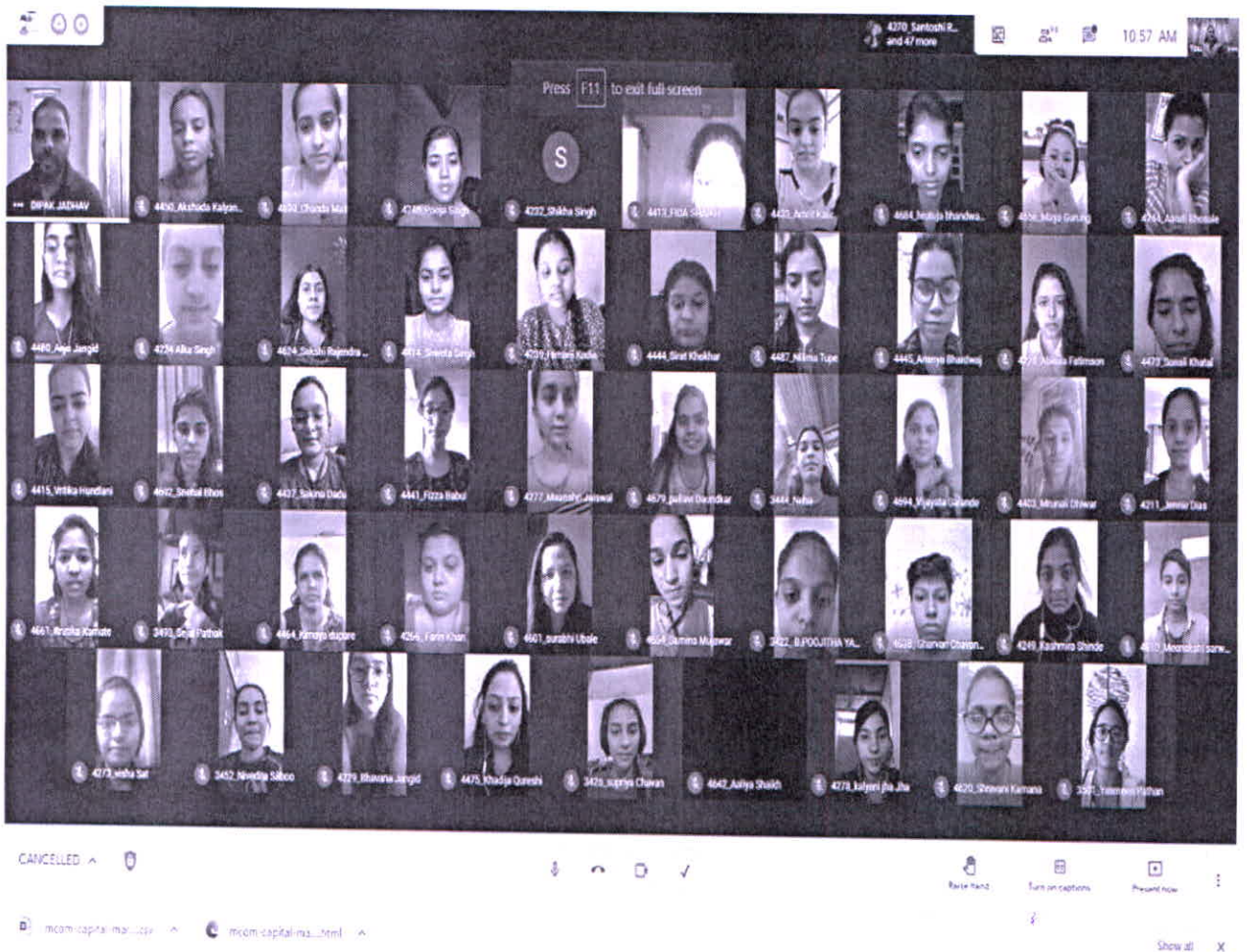
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ATTENDANCE RECORD- TRENDS IN DIGITAL MARKETING
WEBINAR

Date: 21st March, 2021

Venue: Google Meet



Shanthee

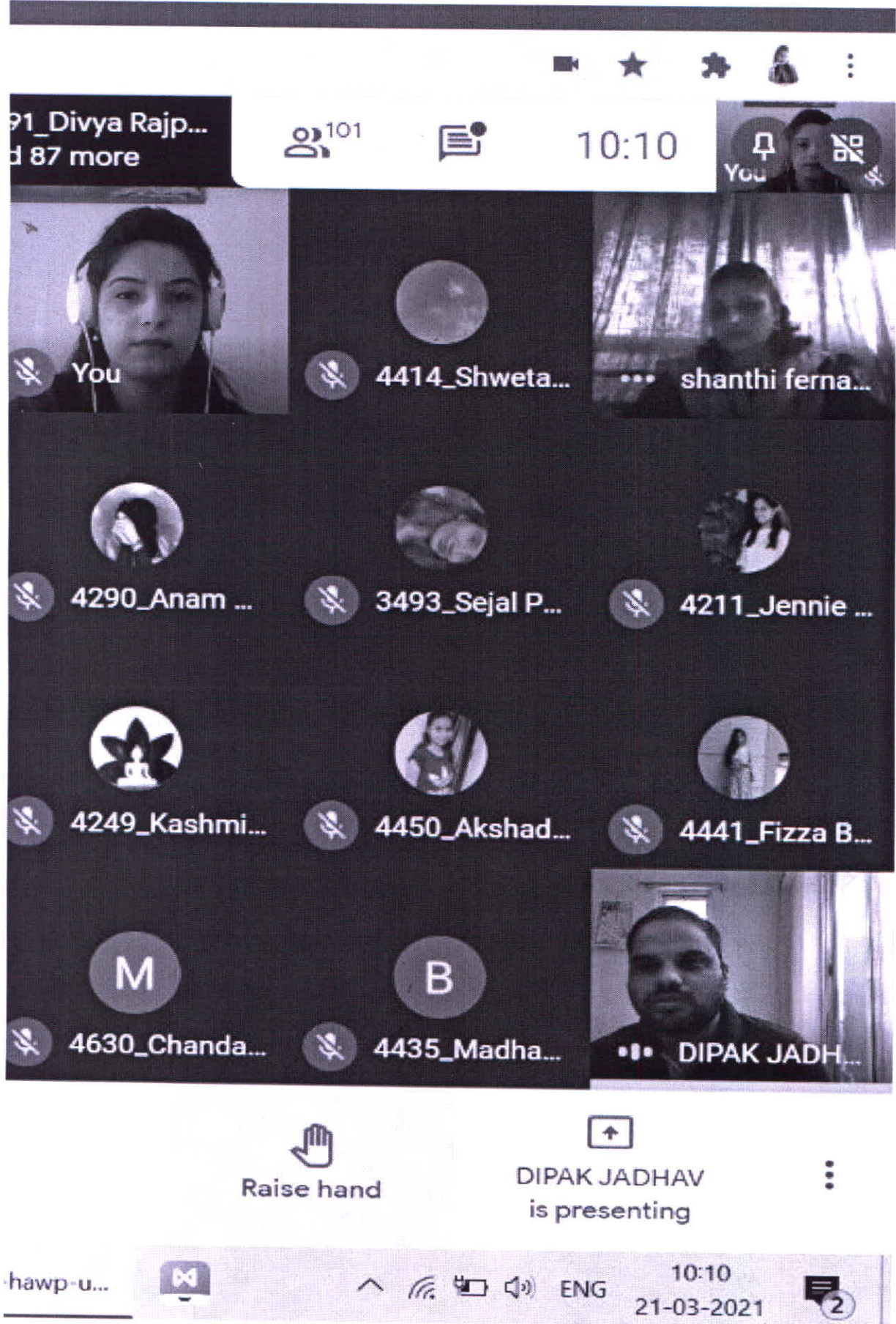
Asst. Prof. Shanthee Fernandes
Co-ordinator

Student participants = 100



J.H. Fernandes
Principal
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ATTENDANCE - TRENDS IN DIGITAL MARKETING WEBINAR



Shanley
Asst. Prof. Shanthi Fernandes
Co-ordinator



J.H. Fernandes
Principal
St. Mira's College for Girls

ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Trends in Digital Marketing

DATE: March 23, 2021



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College Code:- 013

Circular No:- ^{CIS/} **(QAC/2020-21/71)**

Date:- 06^h April 2021

CIRCULAR

On 10^h April 2021 a webinar titled “A Training session on Research with EBSCO Databases for Dance Movement Therapy Topics” is to be organized by the college Library from **9.30 am to 10.30 am.** via CISCO Webex platform .

Devinder Kaur

Coordinator



Dr. Gulshan H. Gidwani

Principal

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LIBRARY

Activity Report (A.Y.2020-21)

Date	Name of Activity	Students Attended
10 th April, 2021	A Training session on “Research with EBSCO Databases for Dance Movement Therapy topics”	18

The College Library organized a training programme for students of PG dip in Dance Movement Therapy on **10th April, 2021**. The aim of this training was to equip the users with skills to access the databases to retrieve the required information in minimum time. The professional trainer Mr Gaurav Date from EBSCO Inf. Services India Pvt. Ltd conducted the training on the CISCO Webex Platform.

The programme started with the overview of EBSCO resources subscribed by the institution including Academic Search Elite and Master File Elite .Demonstration included the ways to search information and personalized it by creating account and folders. Features like: article sharing, readymade citations, available filters for resource type, year of publication and country of publication were explained. Live searches for “Leban Movement”, “Marian Chace”, etc. were conducted. Search & read the articles on the move and saving the needed article to listen to the pdf version at one’s convenience were among the demonstrated features of mobile app. Attendees were urged and requested to take information from reputed resources covered by databases rather than taking from any freely available information on the internet.

The trainer happily answered the queries raised by the students. A total of **18 participants** attended the session.

Resource person: Mr Gaurav Date-EBSCO Inf. Services India Pvt

Name: Devinder Kaur-Convener

Signature:




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NAME OF EVENT: A Training Session on "Research with EBSCO Databases for Dance Movement Therapy Topics"

DATE: April 10, 2021

Session Topic: Research with EBSCO Databases for Music Therapy topics - St. Mira's College for Girls, Pune
Session Date: 18/09/2021
Session Time: 11.30 AM onwards

Academic Search Elite



- *Academic Search Elite* is a rich resource spanning a broad stretch of academic subjects with thousands of full-text journals and abstracted and indexed journals.
- This database is sourced with PDF images for the great majority of journals; many of these PDFs are native (searchable) or scanned-in-color.
- *Academic Search Elite* offers access to video content from the Associated Press, the world's leading news agency.
- Videos relevant to the search terms will appear in a panel in the result list. With footage from 1930 to the present and updated monthly, this collection of more than 75,000 videos covers a wide variety of topics.



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Circular No:-GIS/1QAC/2020-21/72

Date:-12-04-2021

CIRCULAR

On 15/04/2021, a Guest Lecture titled 'Robotics and Intelligent Systems' is to be organized by Electronics Department (CS) from 10 AM to 11AM via GMEET platform.

Anitha Menon

Coordinator



Dr. Gulshan H. Gidwani

Principal

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Attendance report of Guest lecture conducted on 15th April 2021 for FY &
SYBSc(CS) by Electronics Department

ROBOTICS AND INTELLIGENT SYSTEMS

By Dr. Umesh N Hivarkar

Director & Principal Consultant, Engineering Analytics COE


The department of Electronics, BSc (CS) organised a guest lecture for F. Y and S.Y.BSc(CS) students on Robotics and Intelligent systems. The lecture was conducted online using the virtual platform GMEET on 15th April 2021 from 10:30 to 11:30 pm. The link for the meet was

Video call link: <https://meet.google.com/xaq-hymr-ayk>

The aim for organizing this guest lecture was to generate curiosity among the latest automation in the industry involving robots.

Dr. U. N. Hivarkar has 25+ years of R&D experience in Government and Corporate ecosystems. He has a wide area of expertise in Engineering Analytics, Advanced Machine learning & AI techniques, Mathematics, Modelling & Simulation, Photonics and Electronics. He explained how human intelligence have been applied to a machine for automating human tasks to make life simpler. He also explained how science and humanities find their application in building a robot with intelligent thinking. The students and faculty enjoyed the session and participated with great enthusiasm.

The co-ordinators of the guest lecture were Anitha Menon and Swatee Sarwate, faculty members of the Electronics Dept. BSc (CS). Anitha Menon gave a brief introduction about the guest and S.Y.BSc (CS) student Ms. Ummesalamah Kanchwala proposed the vote of thanks. *Total 40 students took the advantage of the session.*
















(Anitha Menon)




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Attendance report of Guest lecture conducted on 15th April 2021 on
ROBOTICS AND INTELLIGENT SYSTEMS
By Dr. Umesh N Hivarkar
For FY &SYBSc(CS) by Electronics Department

	Preeti Borde	<i>ch</i>	⋮
	rasika sukhadare	<i>ch</i>	⋮
	Riddhi Kawade	<i>ch</i>	⋮
	Rieyona Patricia Menezes	<i>ch</i>	⋮
	Sakshi Jagtap	<i>ch</i>	⋮
	Sakshi Shinde	<i>ch</i>	⋮
	Sakshi Shinde	<i>ch</i>	⋮
	Sakshi Tiwatne	<i>ch</i>	⋮
	Sakshi Zaware	<i>ch</i>	⋮
	Saniya Sayed	<i>ch</i>	⋮
	Sanjana Jadhav	<i>ch</i>	⋮
	Sarthak Sawant	<i>ch</i>	⋮
	Shraddha Surve	<i>ch</i>	⋮
	Shruti Narale	<i>ch</i>	⋮




Principal
St. Mira's College for Girls




(Anitha Menon)

← About this call

People

Information

- Sarthak Sawant
- Shraddha Surve
- Shruti Narale
- Shruti Todkar
- Siddhita Hingade
- smita borkar
- Srushti Padale
- suyash goyal
- Swatee Sarwate
- swati pulate
- Tanima Mandal
- Ummekulsum Kanchwala
- Vaibhavi Chavan
- Zindu M



H. S. ...
Principal
St. Mira's College for Girls

PAH
(Anitha Menon)

About this call

People

Information

- Dr. Umesh N. Hivarkar
- Gayatri pujari
- Harshada Dhamdhere_54...
- Harshada Manjare
- ingrid sequeira
- Manisha Hargoli
- Mansee Ingawale
- Mayuri jagtap
- Mrinal Kokre
- Mrunal Jadhav
- Nikita Shinolkar
- Patage Tanvi
- Pooja Sharma
- Pratiksha Burge

TOTAL PARTICIPANTS=40

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(Anitha Menon)



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Principal

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ST. MIRA'S COLLEGE FOR GIRLS

NAME OF EVENT: Robotics and Intelligent Systems

DATE: April 15, 2021

REC Dr. Umesh N. Hivarkar is presenting 5430 TANVI INDAL... and 66 more

meet.google.com [sharing your screen] Stop sharing Hide

Engineering Services | Jul 2020 | © 2020 Capgemini. All rights reserved.

Meeting details Meeting controls: Raise hand, Turn on captions, Dr. Umesh N. Hivarkar is presenting

Participant list: Anitha Menon, Swatee Sarwate, smita borkar, Shruti Todkar, Umme Kanchwala, Anusha Koppala



Principal Incharge
St. Mira's College for Girls, Pune.