

St. Mira's College For Girls, Pune
An Autonomous (Affiliated to Savitribai Phule Pune University)
Reaccredited by NAAC- A Grade, cycle 3
[ARTS, COMMERCE, SCIENCE, BSc (Computer Science),
BBA, BBA(CA)]

6,Koregaon Road,Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

SSR 2021-2022

5.1.3_ Capacity development and skills enhancement activities



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[ARTS, COMMERCE, SCIENCE, BSc (Computer Science), BBA, BBA(CA)] 6,Koregaon Road,Pune-411001. [INDIA]

Ph./Fax: 26124846; Email:- office@stmirascollegepune.edu.in

Dr.Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/IQAC/2021-2022/ 56

Date:-28/06/2021

CIRCULAR

For the academic year 2021-22 the Department of English launches its Mira Press. For all those who are interested kindly contact the Faculty Coordinator or any of the student volunteers.

Suhaile Azavedo Faculty Co-ordinator BONNE THIS

Dr. Jaya Rajagopalan Principal Incharge

Activity Report

The Mira Press- which releases a theme-based e-periodical on the website almost every month. The students meet, plan, minute their meetings, have subcommittees and promote their activities on their Instagram page "Skittish Scrolls", YouTube channel, other social media platforms and on the College website https://www.stmirascollegepune.edu.in/magazine3.php

At the end of the year, the coordinators conduct interviews and choose the next student successors based on their responses to a google form. Members of the Mira Periodicals Club 2021-22 are Isha Bhagwat, Chandana Roy, Gayatri Nair and Vasudha Ramani.

4 members

Periodicals Club Members



Sparedo

Suhaile Azavedo Faculty Coordinator



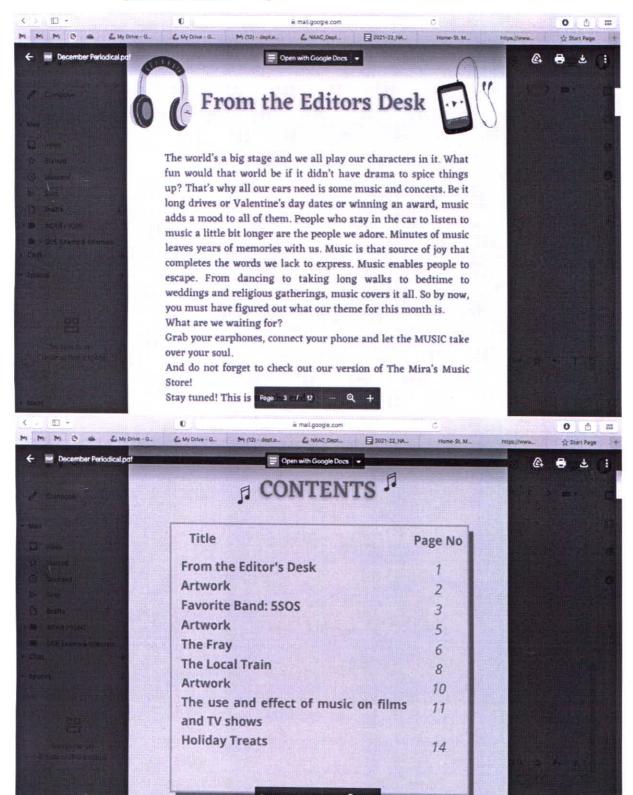




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St. Misslu Geriege Girls
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Suhaile Azavedo

Suhaile Azavedo Faculty Coordinator

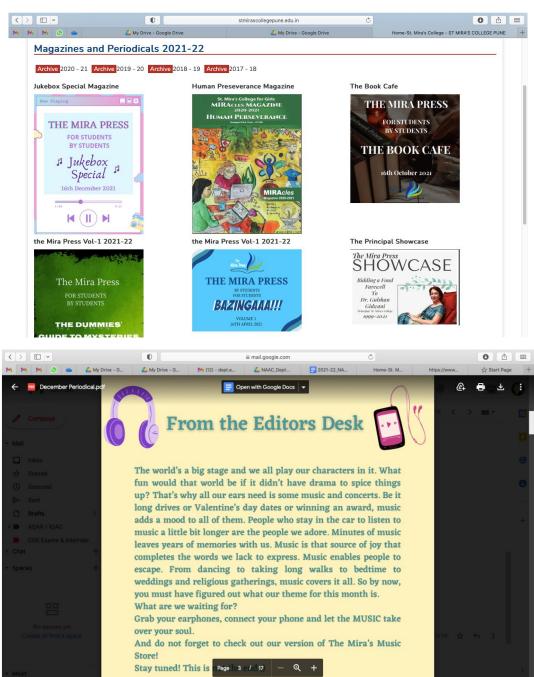


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Suhaile Azavedo Faculty Coordinator

The Mira Press

Date: 28 June, 2021







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PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/IQAC/2021-2022/5a

Date:-19/07/2021

CIRCULAR

The Department of English is organizing a guest lecture, "Study Abroad – Writing Statements of Purpose form 4.00 - 5.00 pm on via the Zoom Meetings platform. The session is open to all students; the registration link has been provided on the College website. All details will be also shared on class groups.

DATE : July 23, 2021

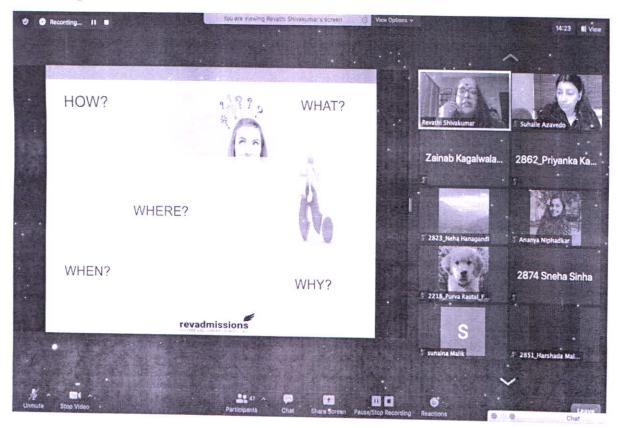
Suhaile Azavedo

Co-ordinator

Dr. Jaya Rajagopalan Principal Incharge

Report - Department of English - Guest Lecture on "Study Abroad - Writing Statements of Purpose"

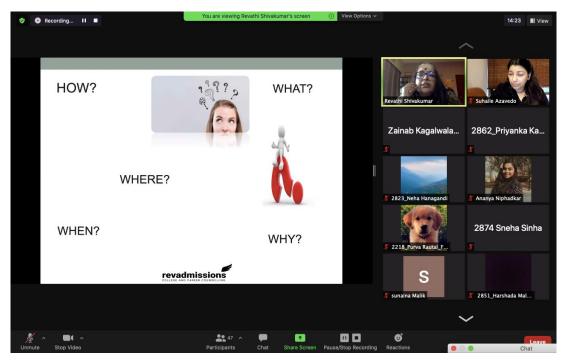
The Department of English organised a guest lecture on the topic "Study Abroad – Writing Statements of Purpose" on 23rd July 2021, conducted by Ms Revathi Shivakumar of Revadmissions, Mumbai. Ms. Shivakumar elaborated on the different aspects and stages of the admission process to international universities and colleges. She highlighted the strategies of identifying colleges that would be a perfect fit for individual students. In the selection of colleges, she stressed the rationale of choosing colleges from 3 tiers. She covered the admission process and timeline, including the various requisites of the application from transcripts to letters of recommendations and the importance of statements of purpose. She also focused on the strategy of enriching one's resume with research experience, internships and work experience. She also advised students to create LinkedIn accounts early, right at the onset of their careers. Forty-five students attended the very interactive session, with students raising many relevant questions. Appreciating the session, the students requested a follow-up session on creating a LinkedIn account.



Suhaile Azavedo Faculty Coordinator WIRA'S CONTEGE FOR

Guest Lecture - Study Abroad

Date: 23rd July, 2021









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PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/1QAC/2021-22/24

Date: - 30. 07. 2021

CIRCULAR

Grief Support Group will be organized every alternate Wednesdays until end of September 2021 by Mental Well-being Program for all Degree college students during college hours over Zoom Platform. In total there will be five support group sessions planned from 04th August 2021 to 30th September 2021. Registration forms will be circulated in class groups. For further information students can reach out to the mental well-being program coordinator.

Ms. Pooja Jain

Coordinator

St. MIRA'S COLLEGE WOOD

Dr. Jaya Rajagopalan

Principal Incharge

Department of Psychology Mental Well-being Program 2021-22

Grief Support Group Sessions 2021-22

Mental Well-being Program of the College initiated Grief Support group sessions in August 2021 to help students navigate feelings of loss and grief during Covid-19. The aim of these sessions was to provide students with a safe space to talk about sense of grief and loss that they have experienced their personal, social and academic lives. Five sessions were scheduled every Wednesday online from 12:00-13:00 pm starting from 4th August and continued till end of September 2021. Sessions were facilitated by in-house full-time Psychologist, Ms. Pooja Jain and were conducted over zoom. Students were invited to register for these sessions, using a poster and a letter from the mental well-being program. The need and relevance of these sessions were explained, and informed consent were taken by participants through the registration form. Important disclaimers and limitations of these sessions were also shared using the form and those who didn't find this helpful were recommended to meet the college counsellor for individual counselling sessions. 41 students registered for the sessions and attended online grief and loss support group sessions.

Total Students: 41

Program Coordinator: Ms. Pooja Jain

Principal Incharge

Department of Psychology Mental Well-being Program 2021-22

Grief Support Group Sessions 2021-22

GRIEF...



Today's not so bad, I've got this!



I miss them. World go away!





Navigating Grief and Loss
Support Group Sessions
Every Alternate Wednesday
Starting from 04 August, 2021

Only for students of St. Mira's College for Girls, Pune mentalhealth@stmirascollegepune.edu.in

Program Coordinator: Ms. Pooja Jain

Porise

A'S COLLEGE FOR

Grief Support Group

Date: 04th August, 2021

GRIEF...



Today's not so bad, I've got this!



I miss them. World go away!





Navigating Grief and Loss
Support Group Sessions
Every Alternate Wednesday
Starting from 04 August, 2021

Only for students of St. Mira's College for Girls, Pune mentalhealth@stmirascollegepune.edu.in





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Circular No:- 515 10AC 2021-2022 25 Date:- 04th August 2021

<u>CIRCULAR</u>

On Wednesday, 11th August 2021, a webinar entitled 'Leveraging Access to E-resources of St Mira's College Library: A Webinar for Students' is to be organized by the College Library from 2.30PM to 3.30PM, Platform- ZOOM

Mrs. Devinder Kaur

Coordinator

Dr. Jaya Rajagopalan Principal Incharge

Leveraging Access to E-resources of St Mira's College Library: A Webinar (A. Y.2021-22)

The webinar focusing on e-resources available under NLIST, EBSCO Databases, TOCs, and New Arrivals, including Online Catalogue was organized on **Aug 11, 2021.**Participants were made aware of the various access links available under the Library Section on the College Website. Online Catalogue was demonstrated to students with live searches including basic search, advance search, location of book, live status of an item, summary, Key Words, QR Codes. Book Covers among others.

The EBSCO Database Search Box available through the library catalogue was demonstrated by searching the term 'marketing' and showing feature like pdf and html (audio facility) formats of articles, exporting/sharing, citing references, choosing the need-based databases from-"Literary Reference Center and Academic Search Elite, Master File Elite and Green File.

The contents highlighted under NLIST-programme included: e-Journals e-books, live searching for the term-Counselling- that displayed sub-topics wise collection, source types, citations, Table of Contents, download facility, sharing etc. Information on standard publishers was also provided including: Oxford Univ Press, Springer, Sage Publications, Cambridge University Press, Taylor & Francis and JSTOR among others.

Other resources explained were: E-Table of Contents of subscribed journals, SWAYAM, Shodhganga, Shodhgangotri, National Digital Library of India, Project Gutenberg, Hathi Trust Digital Library and archive.org.

Information was also provided on creating login credentials by filling the 'Request Form'. A total of <u>96 participated</u> in the programme. All were encouraged to utilize these resources for enriching their class notes, writing research article, doing assignments, project and preparing for various competitions.

Resource person: Mrs Devinder Kaur (Librarian)

Coordinator Name: Devinder Kaur

Signature: Klyna

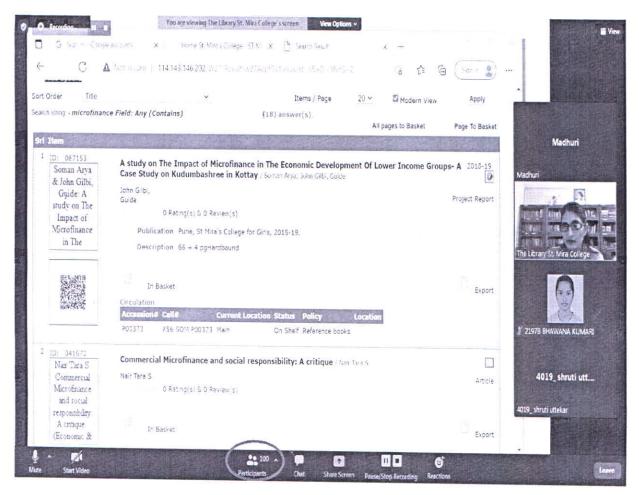
Librarian St. Mira's College For Girls

Attendance Record

Activity Name: Leveraging Access to E-resources of St Mira's College

Library: A Webinar (A. Y.2021-22)

Date: August 11, 2021



St. Mira's College for Girls

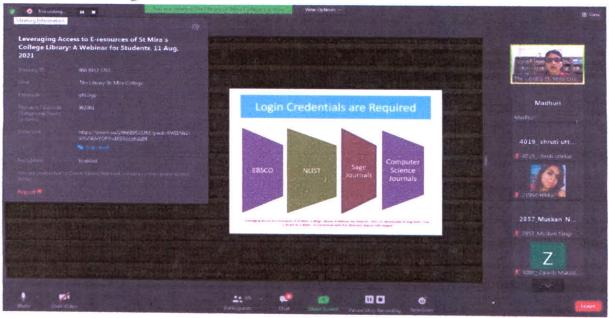
Number of Student Participants: 96

Number of Staff: 04

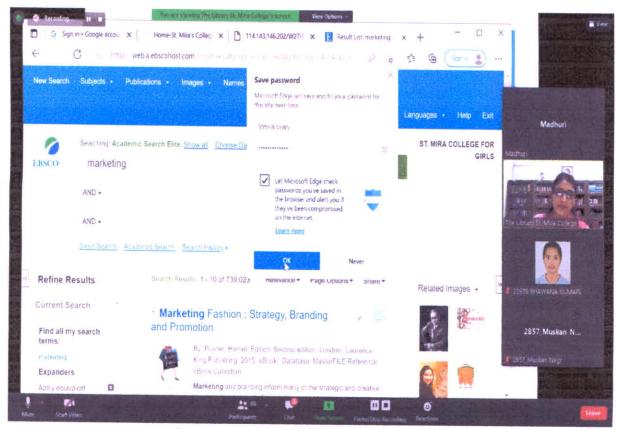
Programme Coordinator:

Librarian St. Mira's College For Girls

Leveraging Access to E-resources of St Mira's College Library: A Webinar for Students, 11th August 2021



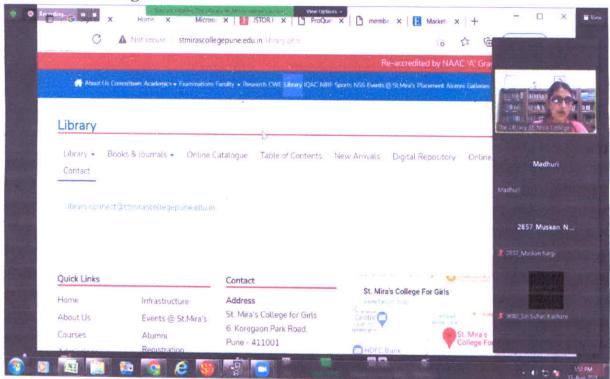
Providing Information on Login Credential for Access to E-resources.



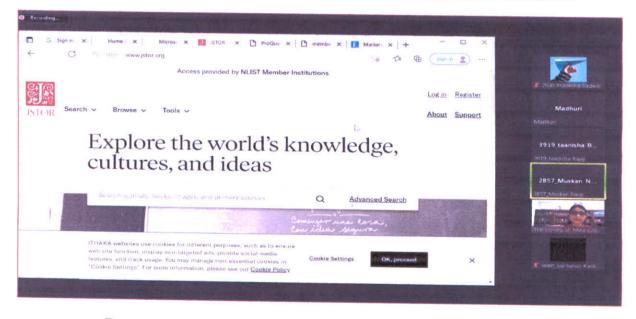
Demonstration of EBSCO Databases.

Librarian St. Mira's College For Girls SCOLLEGIE ROAGIALOS * POONA-411001*

Leveraging Access to E-resources of St Mira's College Library: A Webinar for Students, $11^{\rm th}$ August 2021



Explanation of E-Resources Available on the Library Webpage

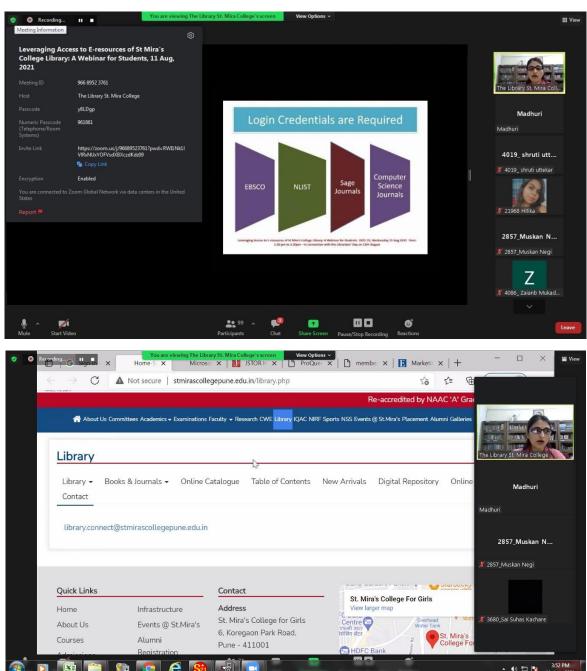


Demonstration of the E-resources under NLIST Programme

Librarian St. Mira's College For Girls AND THE STEEL STEE

Leveraging Access to E-Resources of St. Mira's Library

Date: 11th August, 2021





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Dr. Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code No.: 013

Circular No:- 6-15(a) 2021-22/51

Date: - 09.08.2021

CIRCULAR

On 18th August 2021 a webinar titled "How to Build Vocabulary" is to be organized by Placement Cell and IMS, Pune for the final year students to groom them for corporate world on online platform Zoom from 4.00 pm to 5.30 pm.

Ms Deepa Krishnamurthi Coordinator D P

Dr Jaya Rajagopalan Principal Incharge

St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University) Placement Cell (Soft Skills) Activity Report

HOW TO BUILD VOCABULARY

The Soft-skills session -"How to Build Vocabulary" was jointly organized by Placement Cell of St. Mira's college for girls, Pune and IMS, Pune for the final year students to groom them for corporate world. The webinar was attended by 78 participants across all streams. The session was conducted by Mr. Vikash Singh, verbal mentor, IMS Pune on 18th August 2021 on Zoom platform. The webinar focused on various vocabulary building concepts and ideas.

The key note address was given by Mr. Vikash Singh. He started his talk with a quote "The limits of my language are the limits of my world". He shared multiple ideas, techniques, and concepts to build the vocabulary. He discussed some techniques to increase vocabulary in short span of time, like Root words learning, associations and mnemonics, context or usage or sentences, taking quizzes and practices. He also suggested a book "Word power made easy" for the students to learn root words.

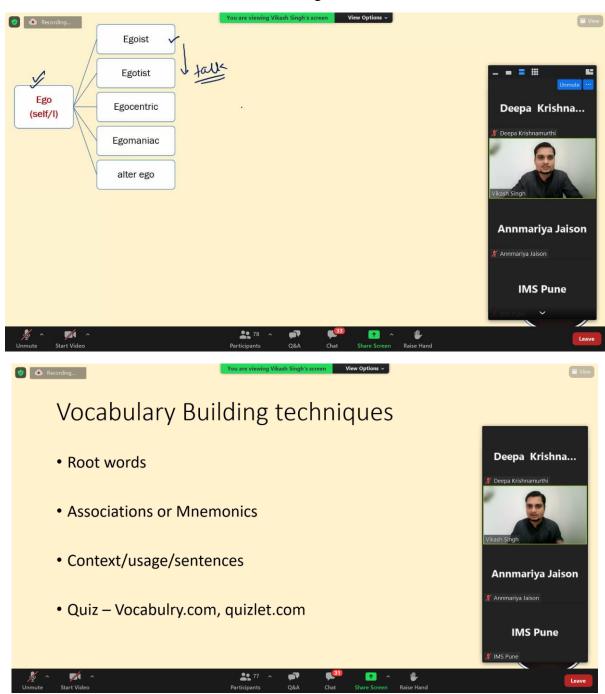
The webinar involved an interactive learning phase wherein, students participated actively by asking questions and providing answers to questions asked by speaker. Mr. Vikash Singh emphasised on techniques in preparing for competitive exams and jobs. All the attendees grasped various useful techniques to build their vocabulary in the session.

Coordinator

Ms Deepa Krishnamurthi

How to Build Vocabulary

Date- 18th August, 2021







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College Code: - 013

Circular No:- G15/10AC/2021-2022/29

Date:-17/08/2021

CIRCULAR

On 21st August, 2021a session on 'Keeping Calm : No Matter What' is to be organized by the Sanctuary/MulyapravahaCommittee at 11.00 a.m.through Zoom platform.

Dr. Vaishali Joshi

Coordinator, Sanctuary Committee

Dr. Jaya Rajgopalan

Principal-in-charge



St. Mira's College for Girls

Autonomous(Affiliated to Savitribai Phule Pune University)

Sanctuary/Mulya Pravaha Committee

Report - Session on 'Keeping Calm No Matter What'

The Sanctuary/Mulya Pravaha Committee organized a session on "KEEPING CALM NO MATTER WHAT" by Didi BK Monica Gupta on 21st August 2021 on zoom platform at 11.00 a.m.

One of the aims of the committee is to provide students with life skills which will assist them in self-improvement and self-knowledge. In sync with this aim, the session was organized to provide students an insight into techniques of cultivating solution-oriented mind set, convert dreams into goals and goals into reality. 242 participants including faculty and students attended this session.

At the beginning of the session, Dr. Vaishali Joshi, Co-ordinator, Sanctuary Committee, welcomed the participants and explained the purpose of organizing this session. Dr. Meenakshi Wagh introduced Monica Didi

Monica Didi's session was very informative and engaging. She first narrated about how distractions are becoming easily accessible and affordable and how a number of distractions keep pouring on us in various forms like our own thoughts, gossips like competition, comparison and jealousy. There could be external factors like pandemics or natural calamities. Didi referred to the negative thoughts as RAT(Reoccurring afflictive thoughts) and to counter the RAT, she said we have CAT(Counter affirmative thought). It leads to positive thought and develops a will to do the task. These distractions lead to fear, panic, stress and uncertainty. Didi further said that challenges now a days are constantly growing demanding 3 things – we want to be better, we want to be faster and we want to be cheaper. These increased distractions have now led to decrease in attention span leading us to become individuals with continuous partial attention declining the ability to enjoy and live life fully.

Quoting various researches Didi showed a direct link between depression and technology and as a solution talked about how we should connect and live in this technology driven world in a better way. She said that to decrease our stress we should increase our resilience by increasing inner power. The word 'human' means made up of 5 elements and 'beings' meaning soul/psyche/consciousness. On an average we create 90% of negative thoughts, 5% essential thoughts and 5% positive thoughts in a day. The space in our thoughts leads to think less, think

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Principal Incharge
St. Mira's College for Girls

(D. Yazhali Jahi) (Corldinatol)

slow and think better. To achieve this we can do meditation, the word meditation is derived from Latin word 'medri' meaning to heal. It is a Art of healing the inner self through pure, positive and powerful thought. Meditation is not an event instead it is a journey.

Towards the end, Didi led the participants into active meditation. Students mentioned that Monica Didi's calming voice gave them a positive energy and they experienced calmness within and Peace flowing through out the mind.

Mrs. VeenaKenchidelivered the Vote of Thanks.

Dr. Vaishali Joshi

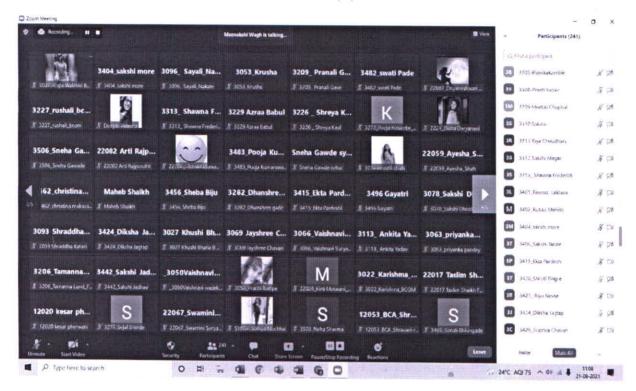
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Co-ordinator Sanctuary/Mulya Pravaha Committee

Principal Incharge

St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University) Keeping Calm No Matter What

Attendance 21/8/2021





Dr. Vaishali Joshi

Co-ordinator, Sanctuary Committee

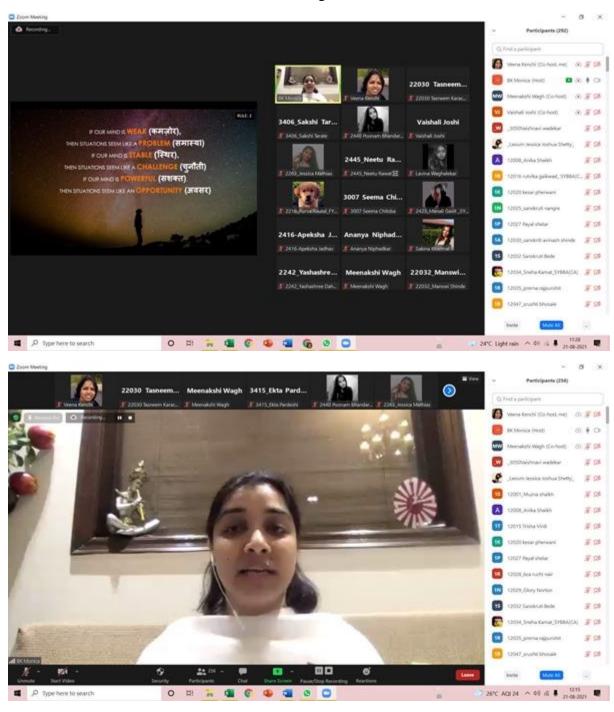


Total attendance - 243
Students - 227
Faculty & speaker - 16

Principal Incharge
St. Mira's College for Girls

Keeping Calm no Matter What

Date: 21st August, 2021







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> PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15 10AC 2021-2022 38@ Date:- 25th August 2021

CIRCULAR

On 1st Sept. 2021 a webinar, titled 'A Training session on Choose Right Articles for Assignments & Finding Case Studies with EBSCO Resources' is to be organized by the College Library from 2:00PM -3:00PM. Via ZOOM Platform

Mrs. Devinder Kaur

Coordinator

Dr. Jaya Rajagopalan Principal Incharge

Activity Report

Date	Name of Activity	Students Attended
	A Training session on "Choose Right Articles for Assignments & Finding Case Studies with EBSCO Resources"	106

A Training session on "Choose Right Articles for Assignments & Finding Case Studies with EBSCO Resources" (A.Y.2021-22)

The College Library organized the training programme for students on 1st Sept, 2021. This training was aimed to equip students with searching skills to access required information from databases namely-Academic Search Elite, Master File Elite and EBSCO Literary Reference Center. The training was conducted on ZOOM Platform.

The databases were demonstrated form the library page on the institutional website. The trainer explained the searching process with topics given by students including-Economics, Psychology, Financial Accounting, etc. on the chat option. He showcasedthe ways to searchscholarly information for assignments and case studies and personalized it by creating account and folders. Features like article sharing, readymade citations, available filters for resource type, year of publication and country of publication were explained. The steps to download the EBSCO Mobile App was demonstrated including its features- search & read the articles on the move and saving the needed article to listen to the pdf version at one's convenience. The Librarian informed the students to fill the request form for creating login credentials which was showed on the library page. They were explained that their login credentials will be created and shared by the library team which will facilitate remote access 24x7. Attendees were urged and requested to take information from reputed resources covered by databases rather than taking from any freely available information on the internet.

A total of 106 students from different streams & levels participated in the training.

Resource person: Mr Gaurav Date-EBSCO Inf. Services India Pvt

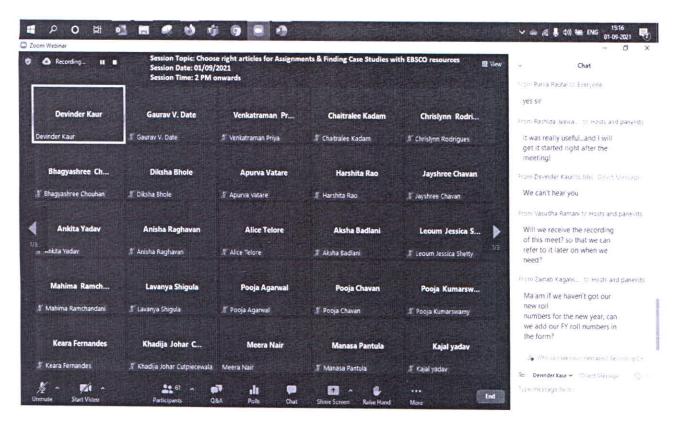
Name: Devinder Kaur-Convener

Signature: Xll

St. Mira's College For Girls

NO HOT WALL

A Training session on "Choose Right Articles for Assignments & Finding Case Studies with EBSCO Resources" 1st Sept. 2021

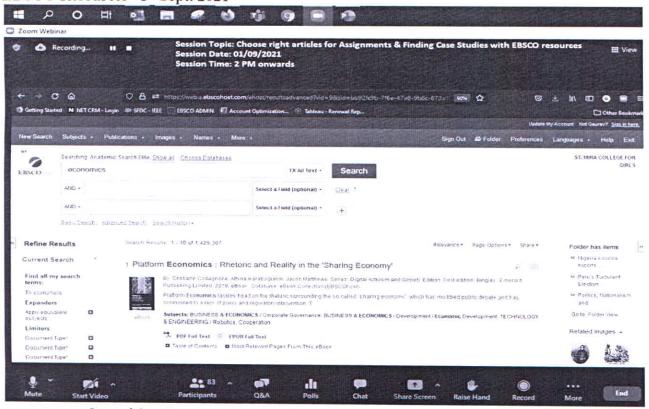


Participants interacting during the session.

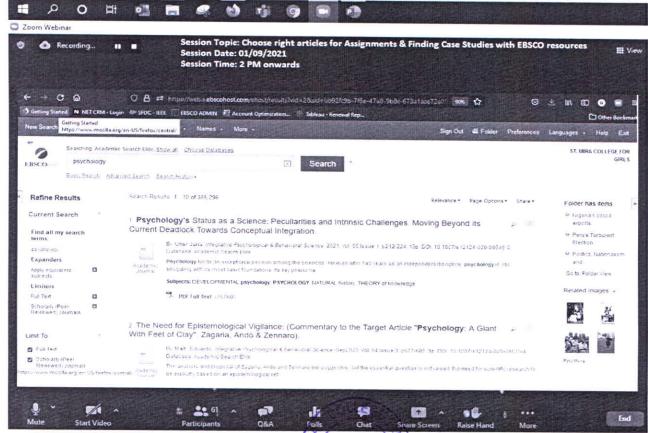
Librarian St. Mira's College For Girls *OONA-411001*

A. Y. 2021-22

A Training session on "Choose Right Articles for Assignments & Finding Case Studies with EBSCO Resources" 1st Sept. 2021



Searching Demonstration for the term 'ECONOMICS'.



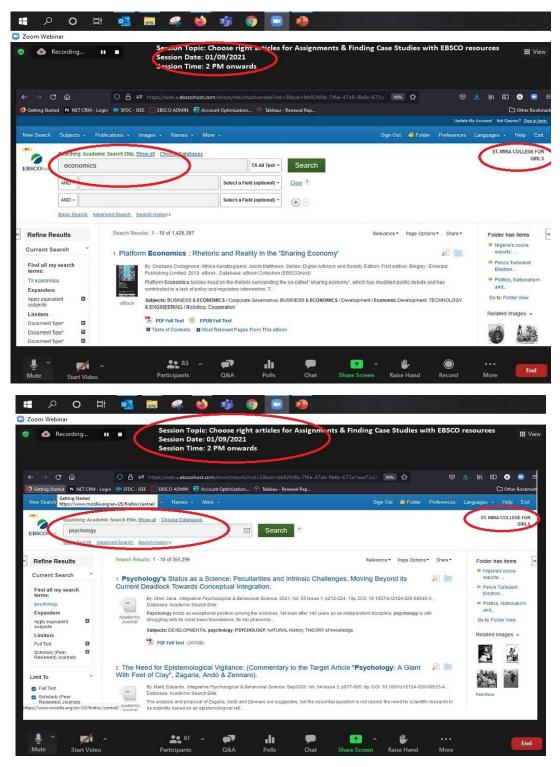
Searching Demonstration for the term 'Psychology'.

Librarian St. Mira's College For Girls Principal Incharge

St. Mira's College for Girls

Choose right Articles for Assignments and Finding Case Studies with EBSCO Resources

Date: 01st September, 2021







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Circular No:- G15/10AC/2021-22/38

Date:-30th August, 2021

CIRCULAR

The Law Club of the Department of Accountancy is organizing a Workshop titled "E-Registration of Companies" on 06th September 2022 for SYBCOM students of Corporate Law from 12:00pm to 01:30pm. Interested students should register for the same. Registration Link and other details will be shared by student Coordinator on class groups.

Ms. Meenakshi Wagh

MsWagh

Coordinator

MIRA'S COLLEGE

Dr. Jaya Rajagopalan

PrincipalIn Charge

Department of Accountancy

Report

Workshop on - "E-registration of Companies"

Law Club Initiative

The Law Club of the Department of Accountancy organized a Workshop on the topic "Eregistration of Companies" for second year Commerce students on 06th September 2021 from 12:00pm to 01:30pm. The workshop was conducted by our alumna Mrs. Pratishtha Sharma and Practicing Company Secretary Hrishikesh Wagh, a Partner, KANJ and CO. LLP, Company Secretaries.

The event commenced with a snapshot of the College followed by the rationale of the workshop. Mrs. Pratishtha Sharma discussed about the company form of organization as distinct from the other forms of organization with reference to its characteristics and the different types of Companies.

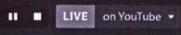
CS Hrishikesh Wagh elaborated on the significant procedural aspects related to Company formation like Director Identification Number, Digital Signature Certificate, important documents like Memorandum of Association and Articles of Association, e-filing of the SPICE and the AGILE PRO form, FORM INC-9 and additional requirements of incorporation for different types of Companies. The workshop gave an insight into the procedure for e-registration of a Company paving the way for skill development and employability.

The session concluded with a question-answer session and a vote of thanks to the resource persons.

Name and Signature of the Coordinator Dr. Meenakshi Wagh

MSWagh

MIRA'S COLLEGE



































3426_Supriya Ch...

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3009_Rutuja Ch...

3001 Manisha R...

431_Prapti Sawant _ BCOM

1/2 3069 Jayshree Chavan

🔏 3426_Supriya Chavan

1/2 3009_Rutuja Chaudhary_b.com

🔏 3001 Manisha Rajpurohit



3018 _ kadamba...

3055 Lavanya S...

🔏 3055 Lavanya Shigula

3081 Ranjana K...

№ 3018 _ kadambari wagh _ bcom (A)

🔏 3071 Alfiya Madki

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🔏 3081 Ranjana Kumari Ray

Security

Participants

Chat

Share Screen

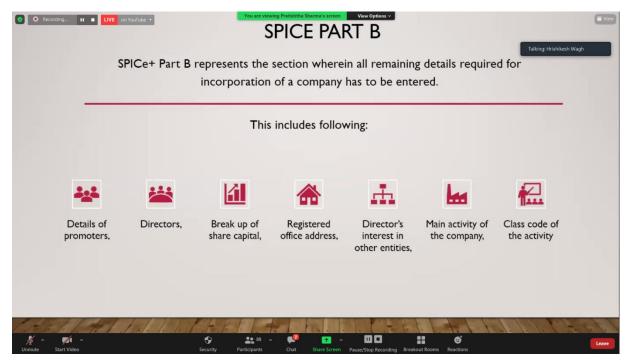
Pause/Stop Recording

Breakout Rooms

Reactions

Workshop on E-Registration of Companies

Date: 06th September, -2021

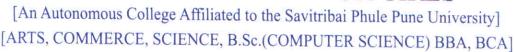






SADHU VASWANI MISSION'S

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Dr. Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code No.: 013

U-15(d)/2021-22/2

KINDLE THE LIGHT

Date:- 01.09.2021

CIRCULAR

Soft Skills Committee, in collaboration with Life Skills Committee and Placement Cell, organizes an Employability Skills Programme from 08/09/2021 to 08/10/2021 for the Final Year Students across all Streams from 1.30 p.m. to 2.30 p.m. on Google meet platform.

Interested learners should contact the coordinators for the programme details.

Mrs. Jyoti Chintan & Mrs. Shanthi Fernandes Coordinators

Dr Jaya Rajagopalan Principal In-charge

Principal Incharge



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Please visit: www.dadavaswanisbooks.org

St. Mira's College For Girls, Pune Autonomous-Affiliated to Savitribai Phule Pune University Report on Employability Skills Programme 2021-2022

On 8th September, 2021 the programme was inaugurated with a session on "Resume writing" by Mr. Thomas Kuriakose, a Corporate Trainer, who explained the AIDA technique of writing an effective resume, difference between CV and a resume, do's-don'ts, types of Resumes.

On 9th September, 2021, Mr. Thomas Kuriakose at the "Interview Skills" session stated several tips to be followed while preparing for an interview, importance of good body language, attire, star technique of answering questions, etc.

Third session was on "Entrepreneurship: Opportunities & Challenges" by Ms. Shivani Sinha on 16th September, 2021. Ms. Sinha provided inputs on the concept entrepreneur with examples, developing entrepreneurial qualities and how to make use of them for a better career, opportunities for women and motivated the learners for startup and overcoming challenges faced.

Session 4 was on "Creativity and Innovation" by Ms. Mousami Nilakhe a Corporate Trainer on 17th September, 2021. The concept of creativity and innovation was explained and their types, how innovation and creativity help in creating a market and competing with other competitors.

Session 5: "Health and Hygiene" by Dr. Aparna Chikodikar, a physician on 30th September, 2021 from 1.30pm to 2.30pm. Dr. Aparna provided inputs on the importance of intimate Hygiene, Physical and Mental Health.

Session 6: "Government Financial Schemes for Entrepreneurs" followed by a Team Activity explained by Asst. Prof. Shanthi Fernandes on 1st October, 2021. Mrs. Shanthi, an in-house faculty, explained the schemes by the government for young/ new entrepreneurs, with the outline and formalities of the various financial services.

Session 7: "Digital Literacy & Effective Use of Social Media" by Ms. Shweta Chawla of Cyber Solutions on 4th October, 2021. Ms. Chawla demonstrated the use of secured sites; data searching methods; social media application on PCs and Cell Phones, detecting secured websites, etc.

Session 8: "Cyber Security" by Ms. Shweta Chawla on 8th October, 2021 where she illustrated about cyber bullying, trolling and other cyber-crimes with cyber safety tips

Asst. Prof. Shanthi Fernandes

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Co-ordinator

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TYOTI CHIRITATI

St. Misa's college for Girls, Purs Employability skills programme 2021-22

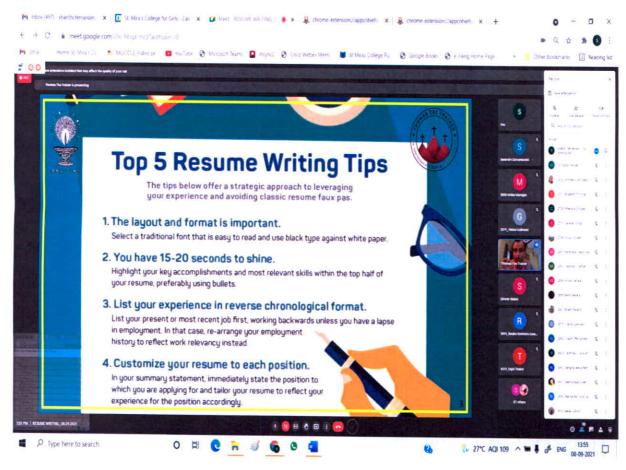
Learners also participated in a team activity. The programme ended with a short valedictory ceremony. The Employability Skills Programme was coordinated by Asst. Prof. Jyoti Chintan and Asst. Prof. Shanthi Fernandes. 61 Students participated.

Asst. Prof. Shanthi Fernandes Co-ordinator

Jyo'll CHIMTAN Scherler



St. Mira's College for Girls, Pune Autonomous-Affiliated to Savitribai Phule Pune University Screenshots_Employability Skills Programme 2021-2022 08.09.2021 RESUME WRITING



09.09.2021_INTERVIEW SKILLS



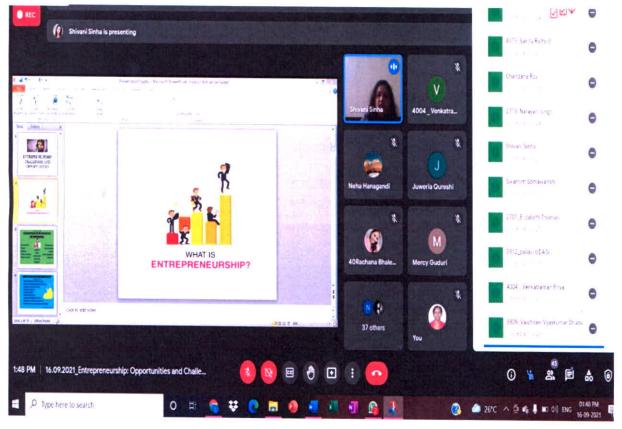
Mrs. Shanthi Fernandes & Mrs. Jyoti Chintan Coordinators

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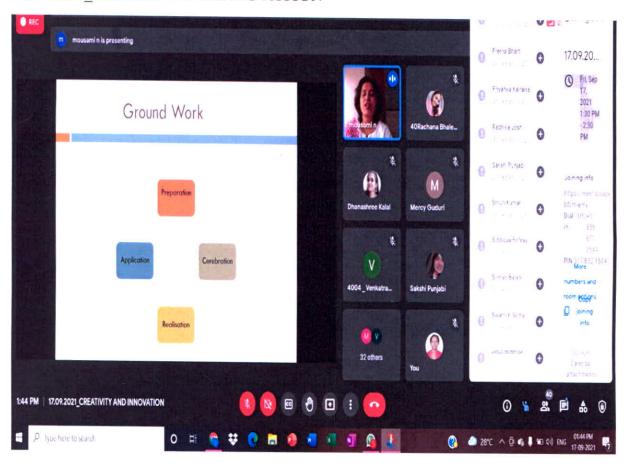
Principal Incharge

St. Mira's College for Girls, Pune Autonomous-Affiliated to Savitribai Phule Pune University Screenshots_Employability Skills Programme 2021-2022

16.09.2021_ENTREPRENEURSHIP OPPORTUNITIES

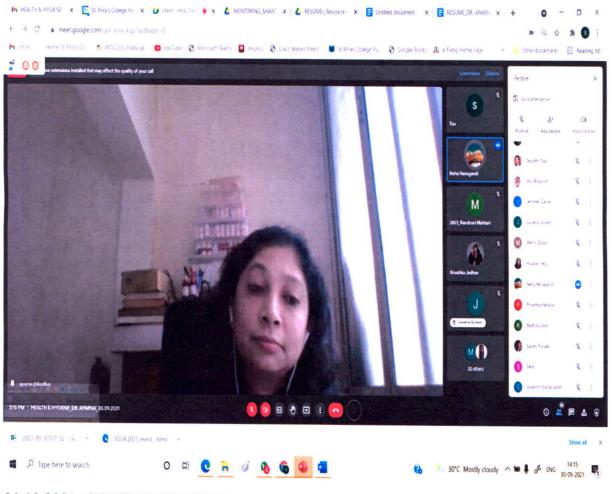


17.09.2021_CREATIVITY & INNOVATION



Mrs. Shanthi Fernandes & Mrs. Jyoti Chintan

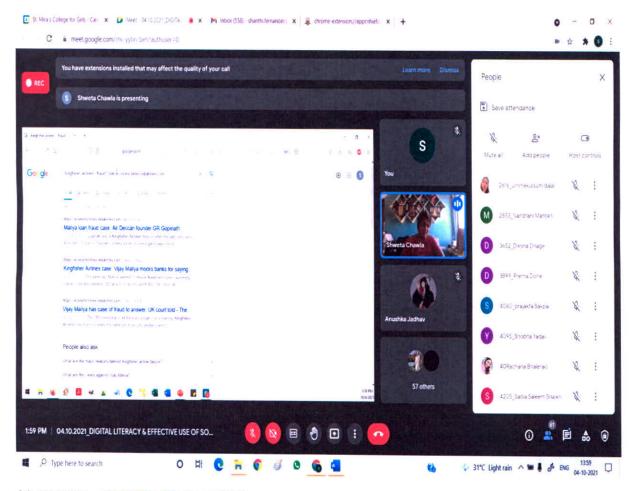
St. Mira's College for Girls, Pune Autonomous-Affiliated to Savitribai Phule Pune University Screenshots_Employability Skills Programme 2021-2022 30.09.2021 HEALTH & HYGIENE



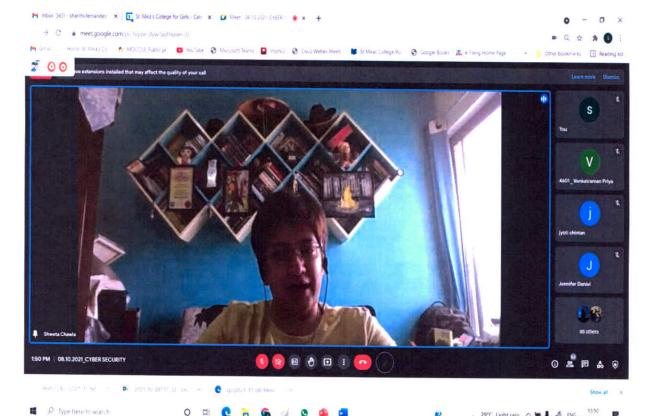
01.10.2021_GOVT. SCHEMES FOR ENTREPRENEURS



St. Mira's College for Girls, Pune Autonomous-Affiliated to Savitribai Phule Pune University Screenshots_Employability Skills Programme 2021-2022 04.10.2021 DIGITAL LITERACY



08.10.2021 CYBER SECURITY



Mrs. Shanthi Fernandes & Mrs. Jyoti Chintan Coordinators

Bhantle

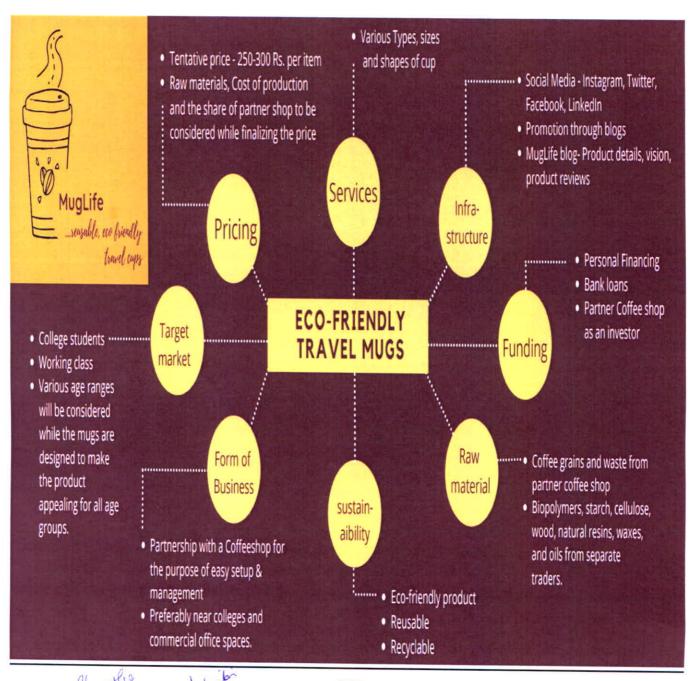


St. Mira's College for Girls, Pune Autonomous-Affiliated to Savitribai Phule Pune University Employability Skills Progamme-2021-2022

Team Activity: Business Idea Presentation

Learning Outcomes: Team Skills, Entrepreneurship Skills, Presentation Skills & IT Skills

Team 1:



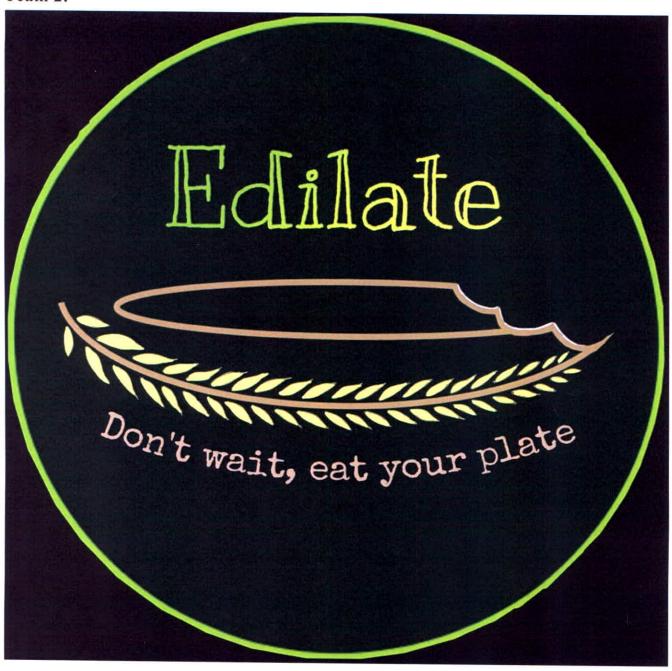
Mrs. Shanthi Fernandes & Mrs. Jyoti Chintan Coordinators

St. Mira's College for Girls, Pune Autonomous-Affiliated to Savitribai Phule Pune University Employability Skills Progamme-2021-2022

Team Activity: Business Idea Presentation

Learning Outcomes: Team Skills, Entrepreneurship Skills, Presentation Skills & IT Skills

Team 2:



Mrs. Shanthi Fernandes & Mrs. Jyoti Chintan Coordinators

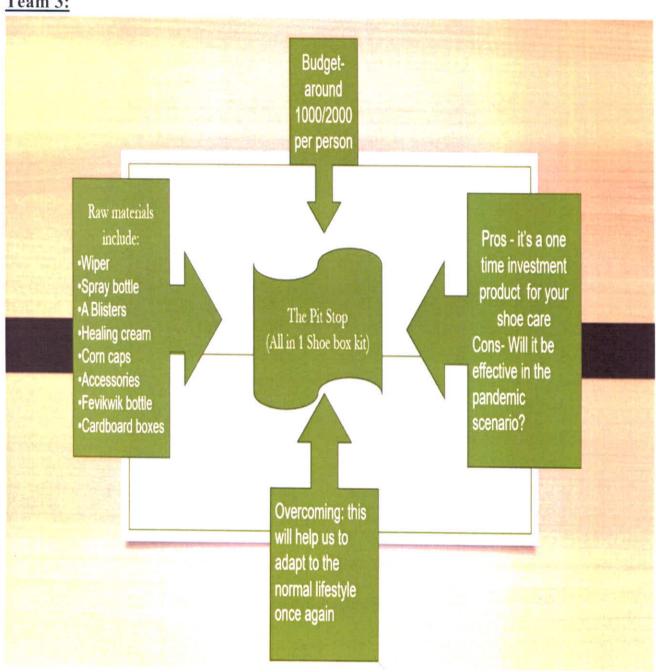


St. Mira's College for Girls, Pune Autonomous-Affiliated to Savitribai Phule Pune University **Employability Skills Progamme-2021-2022**

Team Activity: Business Idea Presentation

Learning Outcomes: Team Skills, Entrepreneurship Skills, Presentation Skills & IT Skills

Team 3:



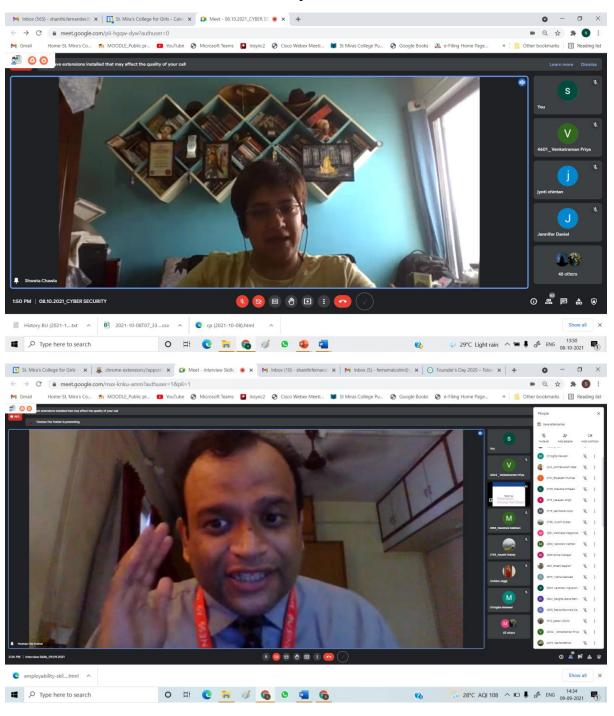
Phantle Mrs. Shanthi Fernandes & Mrs. Jyoti Chintan Coordinators



St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University)

Employability Skills Programme

Date: 08th September, 2021







SADHU VASWANI MISSION'S

St. Mira's College for Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Reaccredited by NAAC- A Grade, cycle 3

[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]

6, Koregaon Road, Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15 10AC 2021-2022 560 Date:-11Sept,2021

CIRCULAR.

On Saturday, 18th September 2021 a Seminar/ Event/ Webinar/ competition / Guest Lecture/Any other titled, Training session "Research with EBSCO Databases for Music Therapy Topics." is to be organized by the College Library from 11:30 AM to 12:30 PM via 700M platform.

Mrs. Devinder Kaur

Coordinator

Dr. Jaya Rajagopalan

Principal

Principal Incharge

2. Miss's College for Ohio

St Mira's College for Girls. Pune, Autonomous (Affiliated to Savitribai Phule Pune University) LIBRARY

Activity Report (A.Y.2021-22)

Date	Name of Activity	Students Attended
18th Sept, 2021	Training session "Research with EBSCO Databases for Music Therapy Topics."	10

The College Library organized a training programme for students of 'PGD-Music Therapy' on **18th Sept, 2021**. This training was aimed to equip students with searching skills to access required information from databases namely- Academic Search Elite, Master File Elite and EBSCO Literary Reference Center. The training was conducted on ZOOM Platform.

The databases were demonstrated from the library page on the institutional website, where students were shown the online 'Login Credentials Request Form'. The trainer explained the searching process with the topics- Music Therapy and Methods and techniques. To get specific results the Boolean operator 'AND' was demonstrated by using feature-Search History. To refine results various filters and facets were explained which included- Full text, Scholarly/Peer-reviewed Journals, Publication dates, Source Type, Publisher, Company, Language, Geography and format. Various features demonstrated were: save the full text articles on desktop or folder, share, Create E-mail alert, resort the results by using the option-Relevance and 'Subject Thesaurus Term' to look for more specific key terms for a broader term, sharing PDF articles on Google Classroom, via email and permalink, citing articles by different styles, listening to html articles, folder and creating notes. Also, steps to download the EBSCO Mobile App and its features were showcased.

A total of 10 students and 01 faculty participated in the training.

Resource person: Mr Gaurav Date-EBSCO Inf. Services India Pvt

Coordinator: Mrs Devinder Kaur-Convener

Signature: Nu

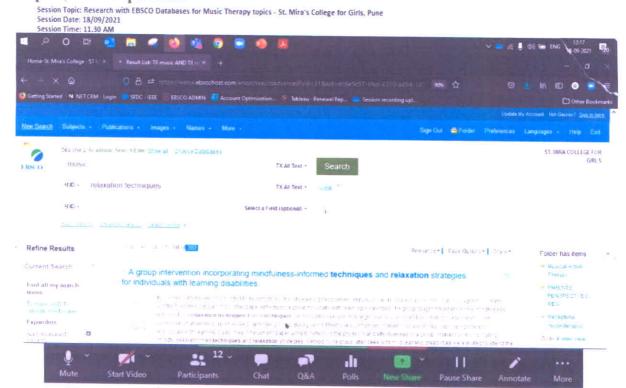
Librarian St. Mira's College For Girls

SULL STOOM TINE

St Mira's College for Girls. Pune, Autonomous (Affiliated to Savitribai Phule Pune University) LIBRARY

A.Y. 2021-22

Training session on Research with EBSCO Databases for Music Therapy Topics, 18th Sept. 2021



Demonstration of searching for the phrase "relaxation techniques.

Session Topic: Research with EBSCO Databases for Music Therapy topics - St. Mira's College for Girls, Pune Session Date: 18/09/2021

Academic Search Elite

 Academic Search Elite is a rich resource spanning a broad stretch of academic subjects with thousands of full-text journals and abstracted and indexed journals.



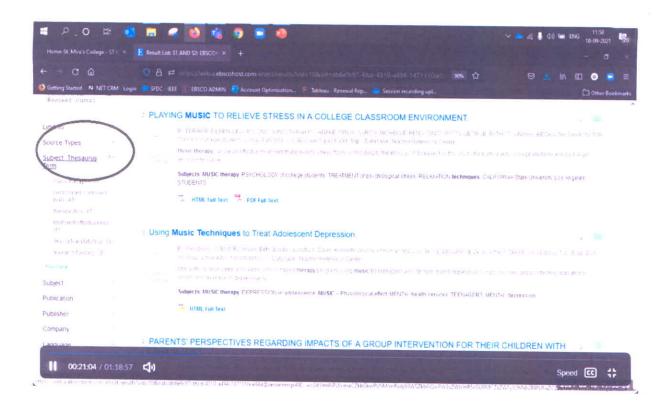
- This database is sourced with PDF images for the great majority of journals; many of these PDFs are native (searchable) or scanned-incolor.
- Academic Search Elite offers access to video content from the Associated Press, the world's leading news agency.
- Videos relevant to the search terms will appear in a panel in the result list. With footage from 1930 to the present and updated monthly, this collection of more than 75,000 videos covers a wide variety of topics.

An overview of the subscribed EBSCO Databases

Librarian
St. Mira's College For Girls

St Mira's College for Girls. Pune, Autonomous (Affiliated to Savitribai Phule Pune University) LIBRARY

Training session on Research with EBSCO Databases for Music Therapy Topics, 18th Sept. 2021



Explaination of Filters for fine tuning of Searches

Librarian St. Mira's College For Girls

St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University)

Research with EBSCO Databases for Music Therapy Topics

Date: 18th September, 2021

Session Topic: Research with EBSCO Databases for Music Therapy topics - St. Mira's College for Girls, Pune Session Date: 18/09/2021
Session Time: 11.30 AM onwards

Academic Search Elite

• Academic Search Elite is a rich resource spanning a broad stretch of academic subjects with thousands of full-text journals and abstracted and indexed journals.



- This database is sourced with PDF images for the great majority of journals; many of these PDFs are native (searchable) or scanned-incolor.
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- Videos relevant to the search terms will appear in a panel in the result list. With footage from 1930 to the present and updated monthly, this collection of more than 75,000 videos covers a wide variety of topics.







SADHU VASWANI MISSION'S

St. Mira's College For Girls, Pune

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Reaccredited by NAAC- A Grade, cycle 3

[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]

6,Koregaon Road,Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15 10AC 2021-22 71

Date: - 25-09-2021

CIRCULAR

On the following Sundays ie 3rd, 10th, 17th, 24th and 31st October 2021 a podcast titled "Dissecting the Media" by the theatre club The Mira Manch Queens is to be organized by the Dept of English from 9:00am to 10:00am via Spotify.

Dr Snober Sataravala

J.J. Jaranarda

Coordinator

Dr. Jaya Rajagopalan

Principal In Charge

Principal incharge

St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University)

Activity Report

Podcast by the Mira Manch Queens: "Dissecting the Media"

Number of participants: 13

Agenda:

- · discussion on any piece of media chosen by the club heads every Sunday
- episodes featuring guests (students, teachers, etc.) for discussing media

Introduction:

"Dissecting the Media" is a weekly podcast on Spotify, started by the heads (Kareena Narayan, Shreya Bhide, and Harleen Kaur Grewal) of the Mira Manch-Queens, the theatre club of St. Mira's College for Girls.

Every Sunday, one of the heads chooses a piece of media – films, TV shows, songs, books, plays, etc. – they wish to talk about, and discuss the segments which highlight certain issues, or where it has gone wrong with respect to current times.

The episodes are about an hour long, with a few spoilers of the content to be discussed, and trigger warnings are given beforehand as well, should the discussion turn serious or uncomfortable for some listeners. However, the main idea of the podcast is to discuss one's favourite film or show, and why it is still appreciated by many, despite all the flaws discussed.

Link of the podcast - https://open.spotify.com/show/19JrWgnOCxRPalxlLycXcg

Event Coordinator

J. Jaranavala

TOT-STHE

Principal Incharge

St. Mira's College For Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

Attendance Sheet

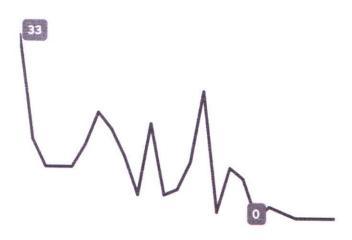
Name of the Podcast by the Theatre Club Mira Manch Queens:-Dissecting the Media

Date and Time:- 3rd, 10th, 17th, 24th, 31st October 2021 9am etc on Spotify. Totally 22 episodes



Podcast performance

Plays



10/121/04 11/27 12/20 01/12 02/062/28

Week

Month

3 months

All time

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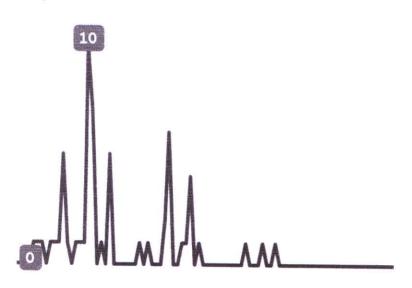


St. Mira's College For Girls Pune 'Autonomous Affiliated to Savitribai Phule Pune University



Podcast performance

Plays



12/201/01 01/12 01/24 02/05 02/16 02/203/11

Total Number of Podcast plays-216

Name and Signature of the event coordinator :- Dr Snober Sataravala

Co-ordinator Mush.

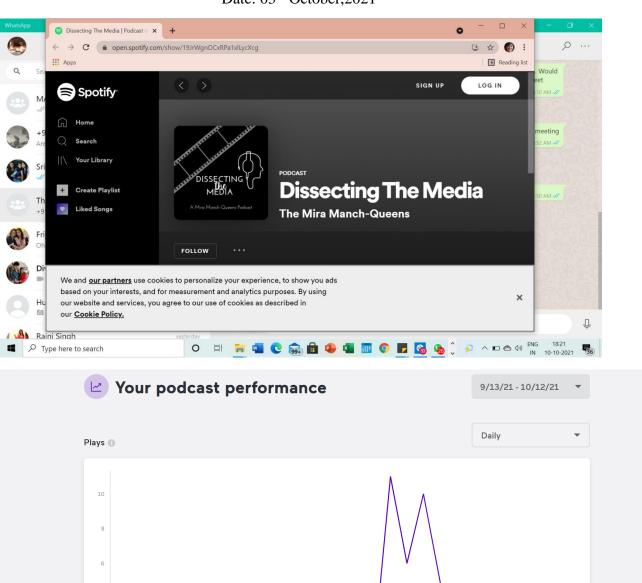
J. Javaravala

A STORY WORK

St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University)

Dissecting the Media- Podcast

Date: 03rd October,2021





Oct 03



SADHU VASWANI MISSION'S

St. Mira's College For Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Reaccredited by NAAC- A Grade, cycle 3

[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]

6,Koregaon Road,Punc-411001. [INDIA]

Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

Dr. Jaya Rajagopalan Principal In-Charge

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- BBA-BCA/2021-22/1c

Date:-03.10.2021

<u>CIRCULAR</u>

On09/10/2021a Guest Lecture on TELLING A DATA STORY by St. Mira's College for Girls will be organized for BBA-BBA(CA) Department from 09.00am to10.00am on Zoom platform.

Mrs. Amrita Basu

Coordinators

Dr. Jaya Rajagopalan

Principal In-charge

St. Mira's College For Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

REPORT ON TELLING A DATA STORY

St. Mira's College for Girls, Pune in collaboration with the prestigious institute Meghnad Desai Academy of Economics, Mumbai, conducted a webinar on data analysis titled Telling A Data Story on Saturday the 9th of October, 2021 for the BBA-BBA(CA) students. The Resource Person, Mr. Amlesh Kanekar is at present the Director of Academic Programs at the Meghnad Desai Academy of Economics, Mumbai teaching the courses on Python Programming, Data Analysis, Wrangling, SQL and Visualization. He has also worked as a digital banking consultant, project consultant at Oracle Financial Services, Unisys Corporation and many other renowned organizations.

In the webinar, he discussed how a data story can be told using basic Statistics and a visualization tool such as Tableau Public. The first story was about a small business and how it could forecast and set sales targets using basic Statistics in Microsoft Excel. The second story was on the most famous infovisuals the world has seen viz. the story of the meteoric growth in Tesla's market capitalization. We learnt how to construct such a story using Tableau Public. Mr. Karan Shah, spokesperson and a member of faculty for MDAE outlined the important courses offered by the institute to enrich our students about various career options post-graduation.

318 students participated in the discussion and appreciated the power of Data Analysis using Statistics. We look forward to a few more sessions on Data Analysis for stimulating the insights of the students.

Amrita Basu

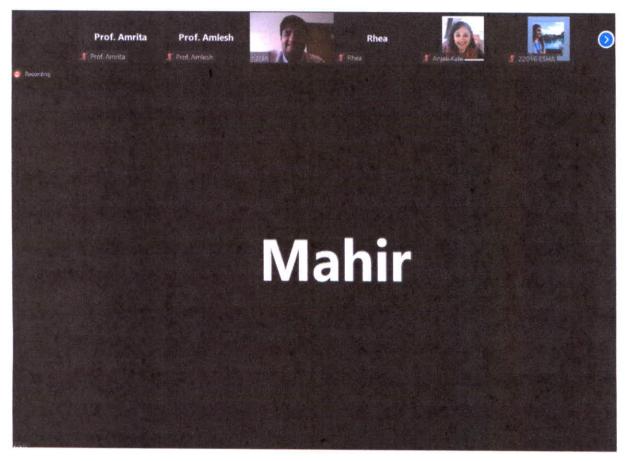
Coordinator

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Principal incharge
St. Miza's College for Chris

St. Mira's College For Girls, Pune

An Autonomous (Affiliated to Savitribai Phule Pune University) PHOTOS OF TELLING A DATA STORY



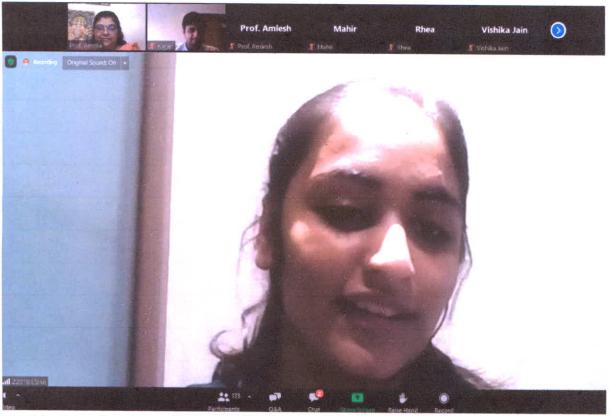
Mr. Karan Shah outlining the courses offered by MDAE



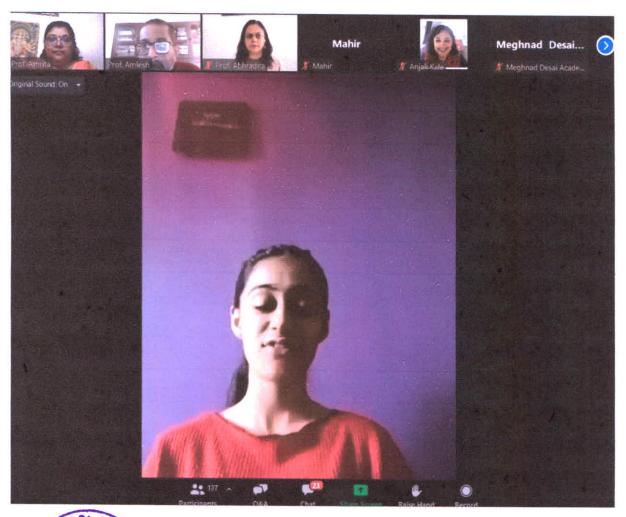
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St. Mira's College For Girls Pune Autonomous Affiliated to Savitribal Phule Pune University



Ms. Esha Varyani proposing the Vote of Thanks



Ms. Bles Shing Voluces the Speaker

Principal Facharge
Mira's Codlege for Chie

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St. Mira's College For Girls Pune Autonomous Affiliated to Savuribai Phule Pune University





Prof. Amlesh Kanekar conducted the Webinar



Mira's Couege for Ghas

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St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University)

Telling a Data Story

Date: 09th October,2021









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Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- 5/15/10AC/2021-2022/76 Date:- 3 Oct 202

CIRCULAR

On 11 to 14 October 21, workshop (कार्यशाळा - ग्रंथ, नाटक, चित्रपट समीक्षा) for TYBA students to be organized by The Department of Marathi from Monday to Thursday.

Monday -12-1 pm., Tuesday & Wednesday -10-11 AM & Thursday 9-10 Am on Zoom platform.

Co-Ordinator

मराठी विभाग प्रमुख डॉ. संगीता देशम्ख Dr. Jaya Rajgopalan

Principal in Charge

St. Miss's College for Glass

St. Mira's College for Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

मराठी विभाग

अहवाल - कार्यशाळा- ग्रंथ, नाटक , चित्रपट समीक्षा

Activity Report

Date	Name of Activity कार्यशाळा	Student Attended 13+2
11- 14 October 2021		

महाविद्यालयाच्या मराठी विभागाद्वारे टी.वाय.बी.ए. च्या विध्यार्थिनिंसाठी दिनांक 11 ते 14 ऑक्टोबर 2021 दरम्यान ग्रंथ, नाटक , चित्रपट समीक्षा या विषयावर कार्यशाळा आयोजित करण्यात आली.या कार्यशाळेत एकूण 13 विध्यार्थिनिंनी सहभाग घेतला.

मॉडर्न महाविद्यालयाच्या डॉ. वैजयंतीमाला जाधव यांनी कार्यशाळेत विध्यार्थिनिंना मार्गदर्शन केले.

कार्यक्रमाचे संयोजन आणि प्रास्ताविक मराठी विभाग प्रमुख डॉ. संगीता देशमुख यांनी केले. हा उपक्रम ऑनलाइन पद्धतीने घेण्यात आला.

Co-Ordinator

मराठी विभाग प्रमुख

Name: - Dr. Sangeeta Deshmukh

(2021-22)

St. Mira's College for Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

मराठी विभाग

TYBA Workshop Attendance Screenshots (11-14 October 2021)



COLLEGE

Co-Ordinator

मराठी विभाग प्रम्ख

Name: - Dr. Sangeeta Deshmukh

(2021-22)

St. Mira's College for Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

मराठी विभाग

कार्यशाळा- ग्रंथ, नाटक, चित्रपट समीक्षा

Attendance Record 11 To 14 October 2021



TLLEG/

ONA-411

Co-Ordinator

मराठी विभाग प्रमुख

Name: - Dr. Sangeeta Deshmukh

(2021-22)

St. Mira's College for Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

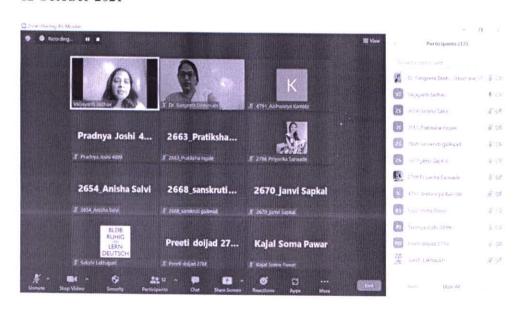
मराठी विभाग

TYBA Workshop Attendance Screenshots (11-14 October 2021)

11 October 2021



12 October 2021



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COLLEGE TO B GIBLS * POONA-411001

St. Mira's College For Girls Pune Autonomous Affiliated to Savitribal Phule Pune University

13 October 2021



14 October 2021



COLLEGE

Co-ordinator

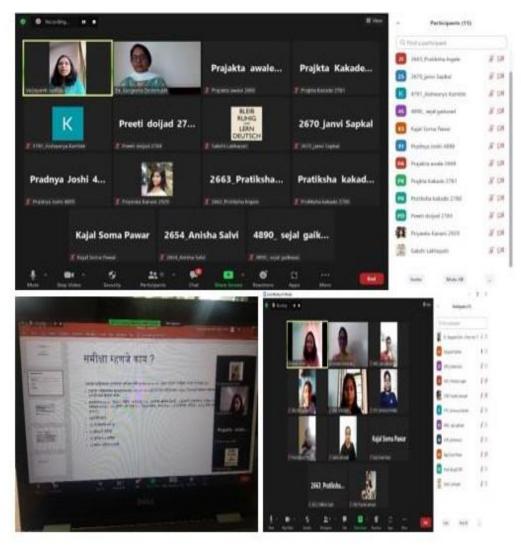
मराठी विभाग प्रमुख

Name: - Dr. Sangeeta Deshmukh

St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University)

Workshop on Granth, Natak, Chitrapat Samiksha

Date: 11th October, 2021







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Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- 615/10Ac/2021-2022/67

Date: - 03. 10. 2021

CIRCULAR

On 05th October 2021 webinar on Suicide Prevention is to be organized by Mental Well-being Program for all Degree College Classes from 3:00 - 4:00 pm over Zoom Platform.

Ms. Pooja Jain

Coordinator

ANS COLLEGE FOR

Dr. Jaya Rajagopalan

Principal Incharge

St. Mira's College for Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Psychology

Mental Well-being Program 2021-22

"Aao Baat Kare"- A webinar on Suicide Prevention

Date: 5th October 2021

Platform: ZOOM

Total Participants: 84

Department of Psychology organised a webinar on Suicide Prevention, "Aao baat kare" on 5th October 2021 at 3:00 pm as a part of their ongoing mental well-being program for college students in collaboration with Mental Health Club. Suicide is a social and health concern which has been misunderstood by both society and families. This webinar was organised on ZOOM with aim of increasing awareness and educating students, parents and teachers on early signs, risk factors, ways of supporting others and ways of seeking help when in need. This webinar focused on educating students, teachers and parents about suicide awareness and suicide prevention. Session also focused on demystifying suicide and highlighted that suicide is just not a mental health concern but a socio-political one as well. Webinar helped participants to identify early signs and ways of making a safety plan for someone who is struggling. The speaker emphasised role of empathy, active listening and a non-judgemental attitude towards people who need help and having thoughts of suicide. Towards the end the participants were also informed about ways of managing their own thoughts, feelings, and ways of seeking help when in need. A comprehensive list of suicide helplines, self-help resources along with National mental health helpline, Kiran was shared with all the participants. Participants expressed an increase in knowledge and awareness about the topic of suicide. The session helped them to open and talk about their thoughts and feelings. Following Q&A and personal sharing round, vote of thanks by proposed by mental health club.

Event Coordinator

Ms. Pooja Jain

WIND CONTROL C

Principal incharge

St. Mira's College for Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Psychology

Mental Well-being Program 2021-22

"Aao Baat Kare"- A webinar on Suicide Prevention

Attendance sheet

Date: 5th October 2021



Total Participants: 84

Event Coordinator

Ms. Pooja Jain

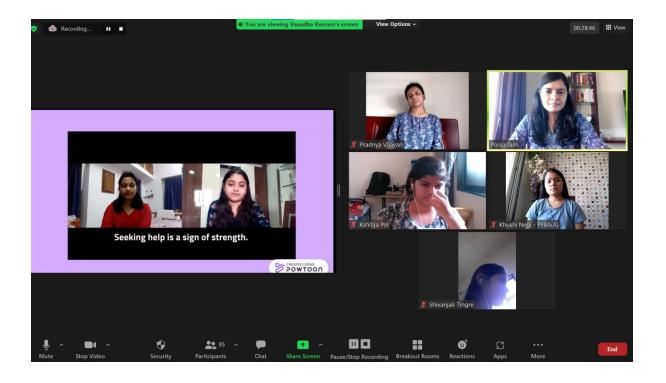
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Principal Incharge

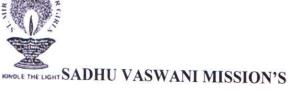
R. Minn's College for Gista

Suicide Prevention- Aao Baat Kare

Date: 05th October, 2021







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Ph./Fax: 26124846; Email:office@stmirascollegepune.edu.in

Dr.Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/IQAC/2021-2022/86

Date:-13/10/2021

CIRCULAR

On 20th October a Webinar on "Online Share Trading" for S.Y. B.Com students is scheduled at 1 p. m on Zoom Organized by Department of Accountancy. Details for the same and registration link will be shares by class mentor.

Elizabeth Kanade

Co-ordinator

THE COLLEGE FOR

Dr. Jaya Rajagopalan

Principal Incharge

Principal incharge
St. Mira's College for Ohio

St. Mira's College For Girls Pune

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Report on Guest Lecture: 'Online Share Trading'

"Never depend on a single income, Make an investment to create a second source:-Warren Buffet

In order to inculcate an investing habit among the young generation, Department of Accountancy, St. Mira's College for Girls, Pune organized a Guest Lecture on the topic, 'Online Share Trading', for second year students of Bachelor of Commerce on 20th October 2021. The Guest Speaker for the session was Dr. Gilbi John, who is associated with St. Vincent's College, Camp -Pune and is a consultant and an active trader on share market.

The objective of the session was to inculcate the habit of investing among the young generation, to understand the functioning and practical aspects of how online share trading takes place. The Guest Speaker started with the benefits of holding shares, as to why one must buy and hold shares. He emphasized on various factors which influences the share prices like the Economic factors, Technical factors, Company Fundamentals and many more. He explained how to analyze the trend in share price of a particular company by using various charts, graphs, financial statements. In order to give practical knowledge, he used his own trading account to demonstrate the live movement of shares. One sixtynine students attended the webinar. At the end of the session he assigned the project plan to our students, so that they absorb the session well and implement in their future. To conclude, the session was very informative and interactive, it involved practical knowledge of online share trading.

Elizabeth Kanade
Elizabeth Kanade

Co-ordinator

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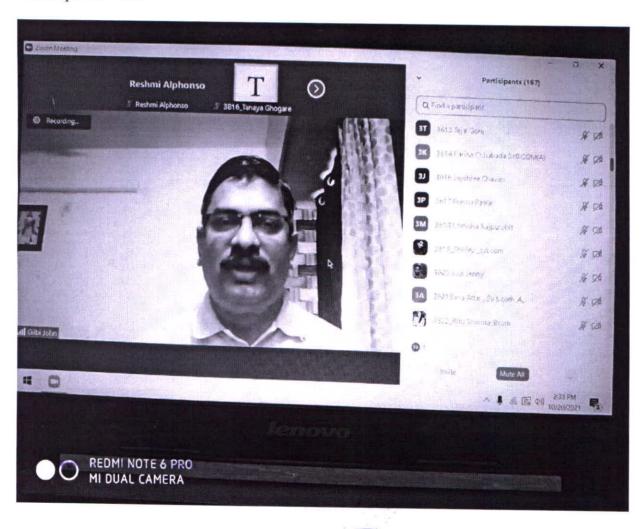
Attendance Sheet

Topic: 'Online Share Trading'

Date: - 20th October 2021.

Class:- S.Y.B.Com

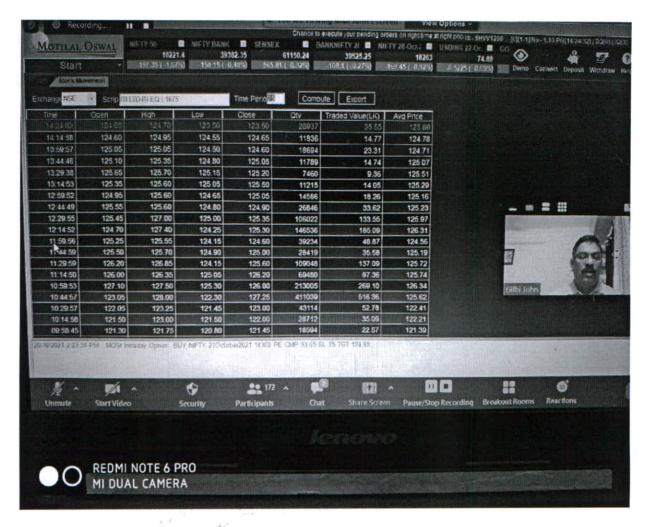
Participants= 169



Elizabeth Karade (Elizabeth Kanade) (Co-didinated)



Principal incharge 31. Miles's College for Girls



Total Participants := 172

Less 01 resource person and 2 faculty members

Total student participation = 172 - 03 = 169

Elizabeth Kanade Elizabeth Kanade

Co-ordinator

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SCOLLEGE FOR GIAN

Principal Incharge

Online Share Trading

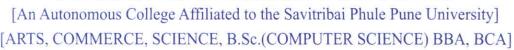
Date: 20th October, 2021







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Dr. Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code No.: 013

No:G-15(a)/21-22/15

KINDLE THE LIGHT

21/10/2021

CIRCULAR

The Sanctuary/ Mulya Pravah Committee has organized a Talk on 'Why ethics and Human values matter' on 22/10/2021 at 8:00 a.m. The session is compulsory for the Teaching and Non-teaching staff. All are requested to attend the same.



Dr Jaya Rajagopalan Principal Incharge

Principal Incharge St. Miza's College for Girl



Sanctuary/Mulya Pravaha Committee

Why Ethics and human values matter

The Sanctuary/Mulya Pravaha Committee organized a session on 'Why ethics and human values matter' on 22nd October, 2022 at 8a.m. on zoom platform. This session was facilitated by Dr. Ivan John, Sophia College, Mumbai. This interactive session got overwhelming response of students and faculty.

Dr. Vaishali Joshi, Co-ordinator of Sanctuary committee welcomed the speaker and the audience. She explained how at St. Mira's value-based education forms the core of learning and why having a discussion on relevance of ethics is integral to the institutional ideals.

Dr. John began the session by introducing basic concepts like human values, ethics and morals. He said that ethics and values emerge in a culture and are not permanent. As criteria to judge human behaviour, ethics need to be internalized by the members of society. He stressed that more than learning, practicing ethics and values is more important. The ethical code of conduct refers not just to what we have in mind, but more to what we say, what we do. The problem arises because there is always a gap in what we learn and what we practice.

He also stressed the need to develop a more open and tolerant world view which would allow space for diverse values and cultural standards.

The session ended with interactive discussion. Vote of thanks were proposed by Kanishka Joshi. 457 students park in a ted.

Dr. Vaishali Joshi

Co-ordinator (Sanctuary Committee)

Principal Inchange St. Mint's College Riv Gas

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Attendance – Why Ethics and Human Values Matter (22/10/2021)





War.

Dr. Vaishali Joshi

Co-ordinator, Sanctuary Committee

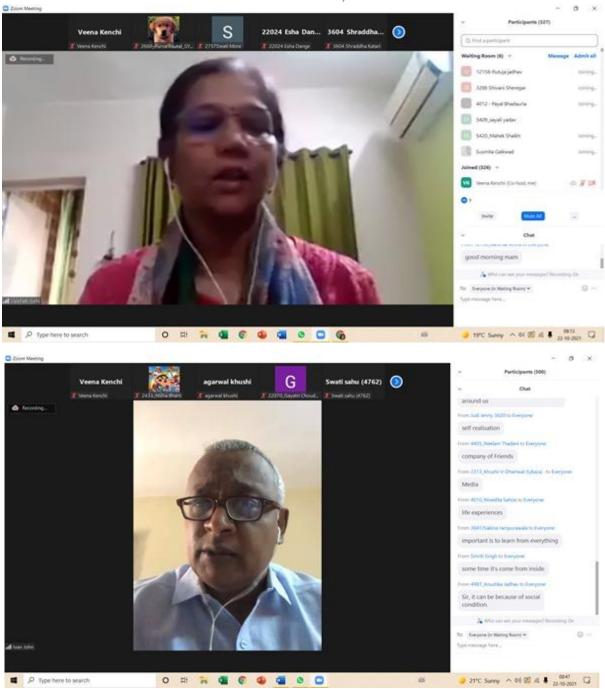


Total Attendance - 500 Students - 457 Faculty 42 + 1 speaker

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Why Ethics and Human Values Matter

Date: 22nd October, 2021







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PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15 10AC 2021-2022 91 Date:- 10/11/2021

CIRCULAR

On Monday, 15th November 2021 an online training session titled "Research scholarly articles with EBSCO Databases" is to be organized by the St Mira's College Library from 2.30 PM to 3.30 PM via ZOOM platform.

Mrs. Devinder Kaur (Librarian)

Coordinator

Dr. Jaya Rajagopalan

Principal

Principal Incharge St. Mira's College for Ohio



Activity Report (A.Y.2021-22)

Date	Name of Activity	No. of Students Attended 38
15 Nov, 2021	Training session "Research scholarly articles with EBSCO Databases."	

The College Library organized a training programme on "Research with EBSCO Databases for students, on 15 November, 2021 on ZOOM platform. This training was aimed to equip students with searching skills to access required information from databases namely-Academic Search Elite, Master File Elite and Literary Reference Center.

It was a live demonstration through the college website. Google online form under online catalogue was showcased to get login credentials.

Basic and advance search features and search strategies were explained to find results. Tips like using key words instead of sentences for searching, narrowing the search results by using filters and limiters like source type, resource types, thesaurus terms, publications, publisher, companies, language, and relevancy.

Share option was explained for creating email alerts for topics searched to follow a subject for newer articled. Organisation of searched articles was demonstrated by creating folder for saving articles in subject wise folders. Creating e-mail alert for a journal and magazine was also showcased.

Various tools showcased includes: share articles in Google Classroom, via email and saving on google drive, referencing formats, audible HTML full text, computerised translation, notes making, etc. Searches for document type- short stories and short reviews was also performed. The next part of the demonstration included EBSCO App downloading and its various features. A total of 38 students participated in the training..

Resource person: Mr Gaurav Date-EBSCO Inf. Services India Pvt

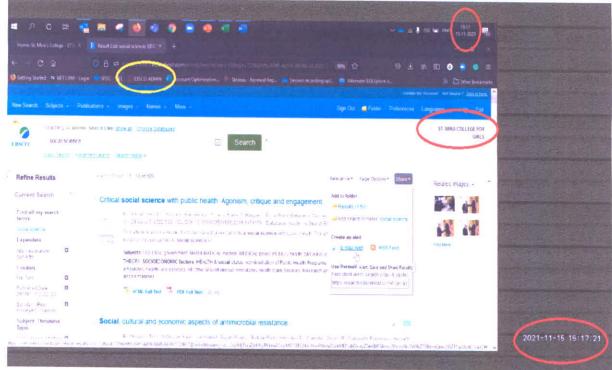
Coordinator: Mrs Devinder Kaur-Convener

Librarian St. Mira's College For Girls

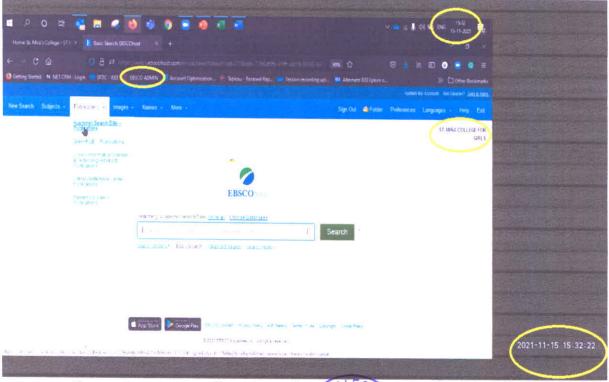
> Principal Incharge St. Mira's College for Girl

A.Y. 2021-22

Training session on "Research scholarly articles with EBSCO Databases." 15th November 2021.



Demonstration of creation of E-mail Alerts for Interested Articles



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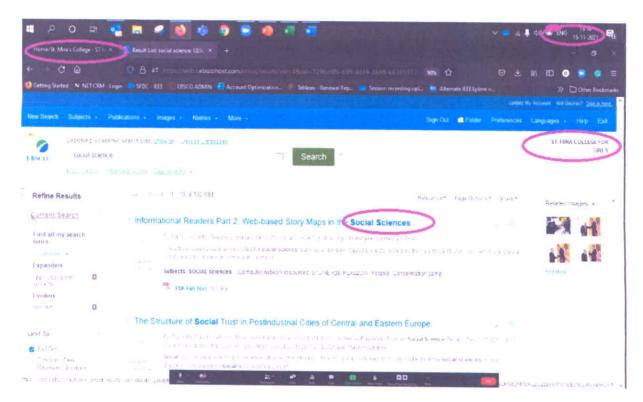
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Librarian St. Mira's College For Girls

Principal Incharge
St. Mira's College for Girls

Training session on "Research scholarly articles with EBSCO Databases." 15th November 2021.



Searching for the Phrase 'Social Sciences'.

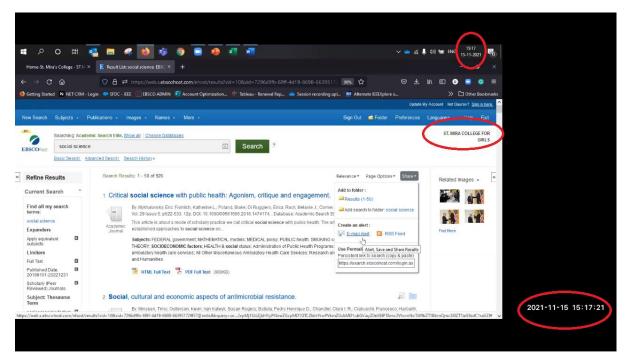
Librarian
St. Mira's College For Girls

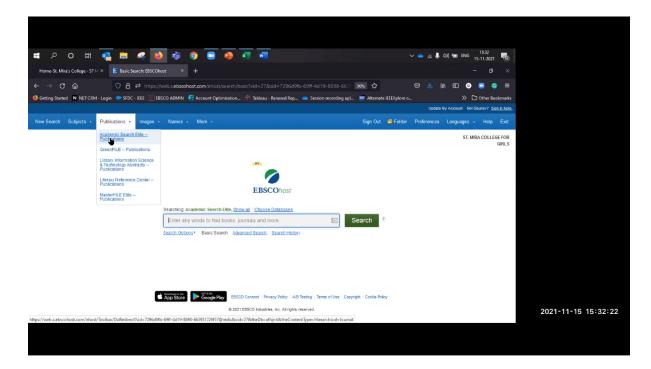
COLLEGE FOR GIRLS

Principal Incharge St, Mira's College for Girls

Research Scholarly Articles with EBSCO Databases

Date: 15th November, 2021









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PU/PN/AC/015/(1962)

College Code:- 013

Circular No:- G15 | RAC | 2021-2022 | 1000 Date:-25 Nov 2021

CIRCULAR

On 29 November, 2021, an online event titled "Webinar for First Year Degree Students on Leveraging Access to E-resources of St. Mira's College Library", is to be organized by the College Library from 2:00 PM to 3:00 PM via ZOOM App.

Mrs Devinder Kaur

Coordinator

Dr. Jaya Rajagopalan Principal Incharge

Activity Report

Date	Name of Activity	Students Attended	
29 th Nov, 2021	"Webinar for First Year Degree Students on Leveraging Access to E-resources of St. Mira's College Library"	101	

Webinar for First Year Degree Students on Leveraging Access to Eresources of St. Mira's College Library" (A.Y.2021-22)

The College Library organized a training programme for first year undergraduates on "Leveraging Access to E-resources of St. Mira's College Library" on 29 November, 2021 on ZOOM platform. This training was aimed to equip students with searching skills to access required information from subscribed E-resources, namely- NLIST, Sage Pub. Journals, Academic Search Elite, Master File Elite and Literary Reference Center.Basic and advance search features of Online catalogue were explained. E-books and E-journals available under NLIST were showcased. This included, JSTOR, E-brary, Springer e-books, EPW, etc. Tips like using key words instead of sentences for searching, narrowing the search results by using filters and limiters like source type, resource types, thesaurus terms, publications, publisher, companies, language, and relevancy.

Demonstration included, creating email alerts for topics searched and journals to follow a subject for newer articled and creating folders for saving articles subject wise. Other tools showcased includes: share articles in Google Classroom, via email and saving on Google Drive, referencing formats, audible HTML full text, computerised translation, notes making, etc. EBSCO App downloading and its various features was also explained. A total of 101 students participated in the training.

Resource person 1: Mr Gaurav Date-EBSCO Inf. Services India Pvt

Resource person2: Mrs Devinder kaur-Librarian

Name: Devinder Kaur-Convener

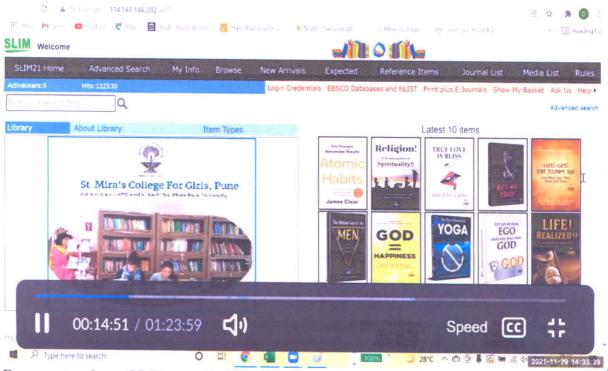
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St. Mira's College For Girls

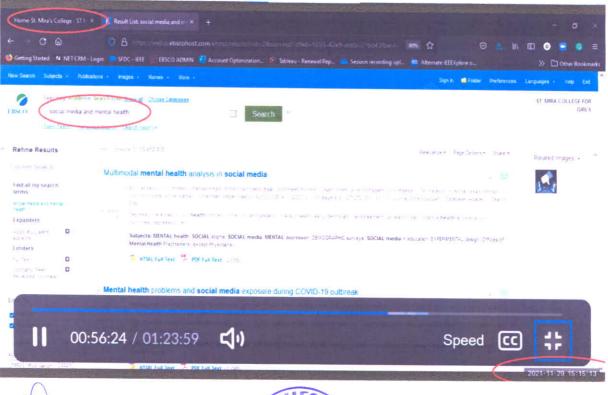
Principal Incharge

A.Y. 2021-22

"Webinar for First Year Degree Students on Leveraging Access to E-resources of St. Mira's College Library" 29 Nov 2021.



Demonstration of Library Online Catalogue

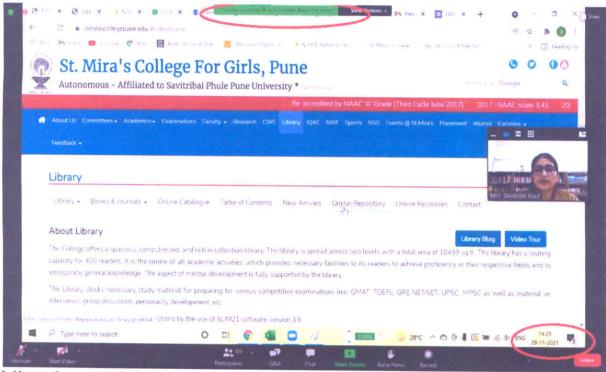


Librarian St. Mira's College For Girls

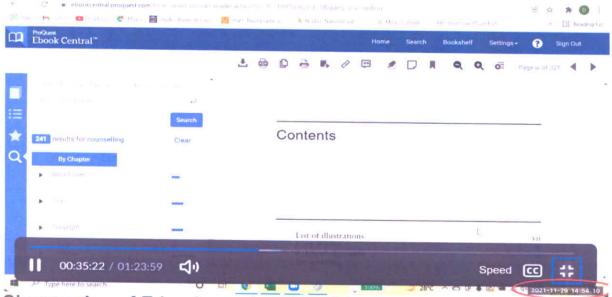


Principal Incharge
St. Mira's College for Girls

"Webinar for First Year Degree Students on Leveraging Access to E-resources of St. Mira's College Library" 29 Nov 2021.



Librarian explaining various e-resources



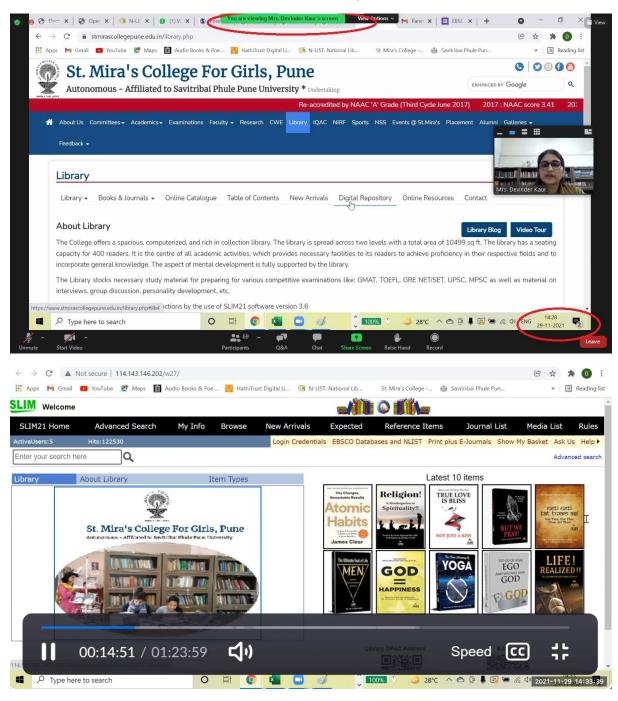
Showcasing of E-books under NLIST Programme

Librarian
St. Mira's College For Girls

Principal Incharge
St. Mira's College for Girls

Webinar on leveraging Access to E-resources of St.Mira's CollegeLibrary

Date: 29th November, 2021





Principal Incharge St. Mira's College for Girls, Pune.

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Dr. Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code No.: 013

G-18/2021-22/ 24

KINDLE THE LIGHT

Date: 1st December 2021

CIRCULAR

The Department of Physical Education of St. Mira's College is observing the "International Day of Persons with Disabilities" on 2nd December 2021 from 4.00 pm to 5.00 pm. On this occasion we will be having a virtual interaction session with Shri Suyash Jadhav, Arjun Awardee for the Paralympics (swimming), regarding his dedicated and successful journey towards the achievement of the Arjun Award. The Link for the programme will be shared. All are requested to attend the same.

Dr Jaya Rajagopalan Principal Incharge

Principal Incharge St. Mira's College for Oids

Please visit: www.dadavaswanisbooks.org

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St Mira's College for Girls, Pune An Autonomous- Affiliated to Savitribai Phule Pune University, Pune Department of Physical Education

Report

International Day of Persons with Disability-Interactive session with Shri. Suyash Jadhav- Dedicated and successful journey towards

the achievement of Arjun Award

The Department of Physical Education had organised a guest lecture on the occasion of **International Day of Persons with Disability**- "Interactive session with Shri. Suyash Jadhav- Dedicated and successful journey towards the achievement of Arjun Award" on 2nd December, 2021. This lecture was conducted for all the students and staff to motivate and encourage them to participate in various fitness activities and sports. Total 110 participants (100 students and 10 Staff members) took the advantage of this webinar.

Shri Suyash Jadhav, Arjun Awardee and Para Olympian in Swimming were the guest of the interactive session. He said that Hard work is not an option for a successful career in sports ... He explained the importance of diet while making progress in sports. The best way to stay healthy and control your weight is to eat a low calorie, square diet. In one of his answers, Suyash stated that one should avoid fatty foods and exercise regularly.

There were restrictions on swimming practice due to the lock down of the corona virus while preparing for the Tokyo Olympics. But even in that environment, the emphasis was on maintaining more and more fitness. He also took care not to affect his physical and mental health. Answering a question, he said that if you want to achieve a higher goal, you have to work hard and keep up the practice. All students should consider the importance of fitness in school and college life. He also said that if you want to make a career in sports, you have to focus on the whole game. At last he said that the place of his parents and coach is very important in his life. I have been instrumental in guiding my life, which is why I have been able to succeed in my career.

Introduction of resource person was given by Mrs. Ekta Jadhav (Director of Physical Education) and the interview and Vote of thanks was given by Dr.Suvarna Pathak (Physical Education Teacher), and Sports Coach, Maharashtra State Jijamata Awardee Ms. Gurabans Kaur ma'am and all other staff members were present for the session.

OLLEGA

Ekta Jadhav

Director of Physical Education

Principal Incharge
St. Mira's College for Girls



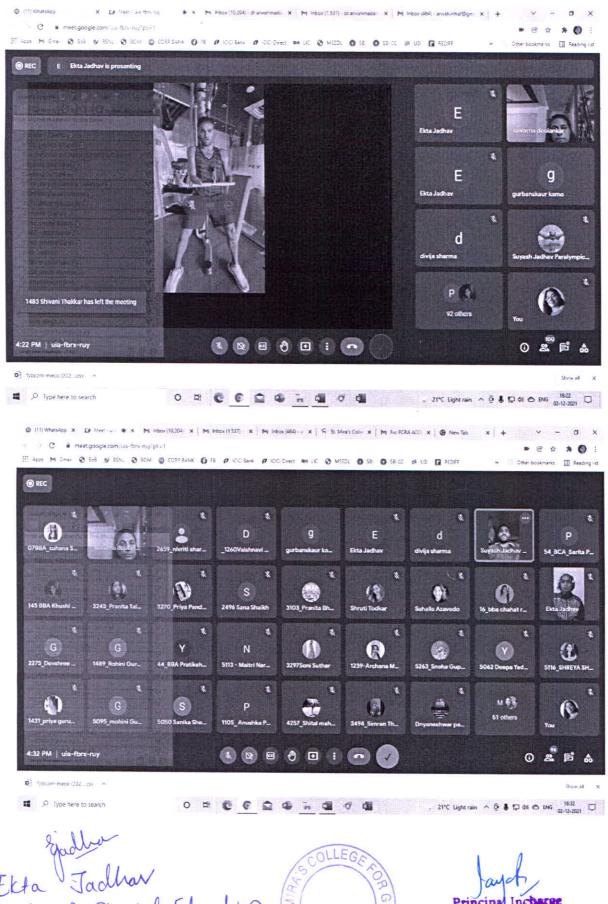
St Mira's College for Girls, Pune An Autonomous- Affiliated to Savitribai Phule Pune University, Pune Department of Physical Education

Photos

International Day of Persons with Disability-Interactive session with Shri. Suyash Jadhav- Dedicated and successful journey towards the achievement of Arjun Award



"St. Mira's College For Girls Pune Autonomous Affiliated to San hai Phule Pune University

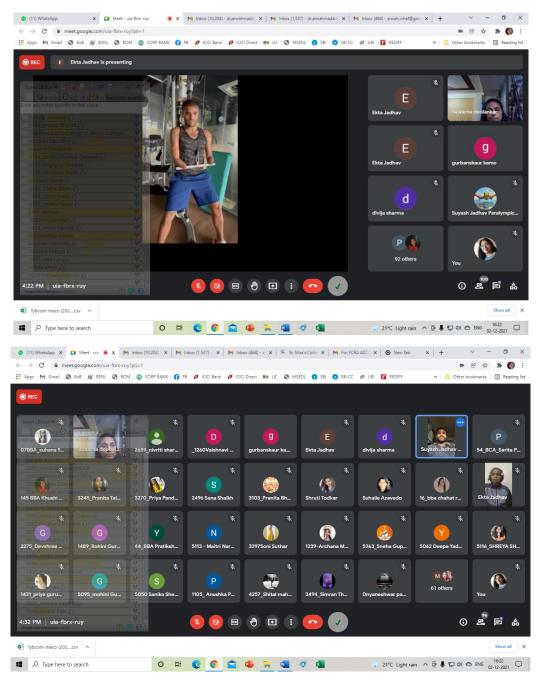


Ekta Jadhar Director of Physical Education.



International Day of Persons with Disability

Date: 02nd December, 2021







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PU/PN/AC/015/(1962) College Code:- 013

Circular No:- 515/10AC 2021-2022/970 Date:-09/12/2021

CIRCULAR

On Sunday, 12 December, 2021 a Webinar titled, "A Training session: Research with EBSCO Databases for Dance Movement Therapy Topics" for students, is to be organized by the St Mira's College Library from 3:00PM to 4:00PM via ZOOM App; Online platform.

Devinder Kaur-Librarian

Coordinator

Dr. Jaya Rajagopalan

Principal 1/C

Activity Report (A.Y.2021-22)

Date	Name of Activity	No. of Students Attended
12 Dec, 2021	"A Training session: Research with	07
	EBSCO Databases for Dance Movement Therapy Topics"	1

The College Library organized a training programme on "Research with EBSCO Databases for Dance Movement Therapy Topics", for students of the course- 'Post Graduate Dip In Dance Movement Therapy', on 12 December, 2021 on ZOOM platform. This training was aimed to equip students with searching skills to access required information from databases namely- Academic Search Elite, Master File Elite and Literary Reference Center.

It was a live demonstration through the college website. Google online form under online catalogue was showcased to get login credentials.

Basic and advance search features and search strategies were explained with key words like: DMT, Kinesthetic Empathy, etc. Tips like using key words instead of sentences for searching, narrowing the search results by using filters and limiters like source type, resource types, thesaurus terms, publications, publisher, companies, language, and relevancy.

Share option was explained for organisation of searched articles, creating email alerts for the needed topics. Creating e-mail alert for a journal and magazine was also showcased.

Various tools showcased include: share articles in Google Classroom, via email and saving on Google Drive, referencing formats, audible HTML full text, computerised translation, notes making, etc. Next part of the demonstration included EBSCO App downloading and its various features. A total of $\bf 07$ students participated in the training session. A Recording Link was shared with the participants for later referencing.

Resource person: Mr Gaurav Date-EBSCO Inf. Services India Pvt

Coordinator: Mrs Devinder Kaurr

Signature: Librarian

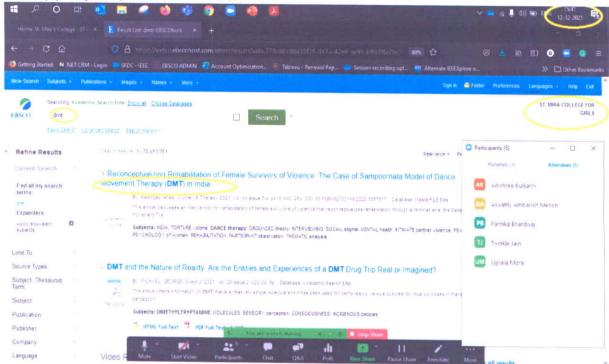
St. Mira's College For Girls

Principal Incharge

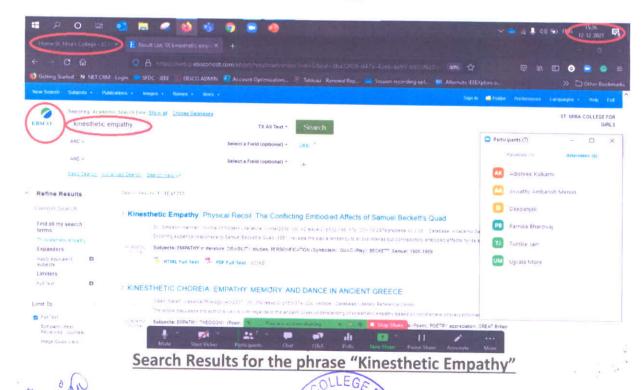
St. Mira's College for Girls

A.Y. 2021-22

"A Training session: Research with EBSCO Databases for Dance Movement Therapy Topics", 12th Dec. 2021.



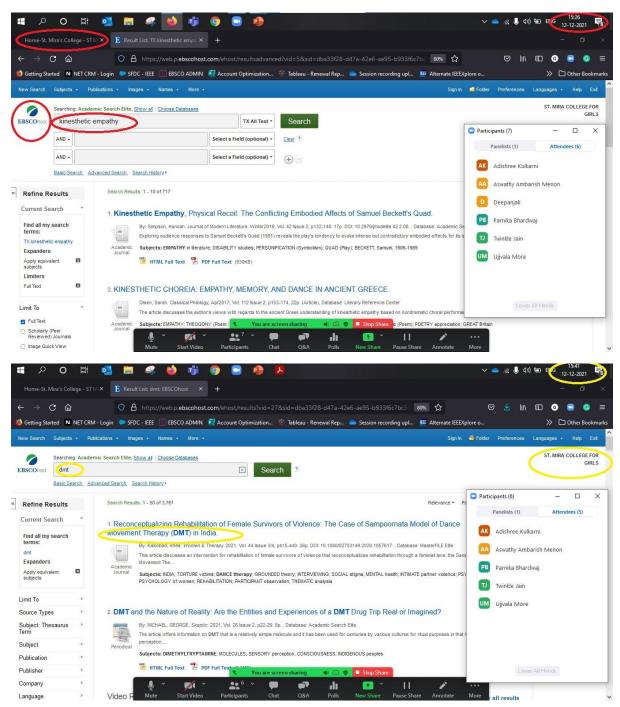
Search Results for the acronym DMT



Librarian St. Mira's College For Girls Principal Incharge
St. Mira's College for Girls

A training session: Research with EBSCO databases for Dance Movement Therapy

Date: 12th December, 2021







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Dr.Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/IQAC/2021-2022/114

Date:-17/12/2021

CIRCULAR

The Department of Student Welfare is organizing a guest lecture titled, "Mira's FEM MED Health Program- Menstrual Hygiene" on 20th December 2021 for FYBCom A div students at 12pm via Zoom Platform. Registration link will be shared by you through student coordinator.

Hasina Shaikh Co-ordinator OR GIRLS . ION IS

Dr. Jaya Rajagopalan Principal Incharge

Principal Incharge St. Miser's Cotlege for Girls



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Dr.Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/10AC/2021- Date:-7/1/2022

CIRCULAR

The Department of Student Welfare is organizing a guest lecture titled, "Mira's FEM MED Health Program- Menstrual Hygiene" on 10th January 2022 for FYBComB div students at 12pm via Zoom Platform. Registration link will be shared by you through student coordinator.

Hasina Shaikh Co-ordinator COS. P. C. IN. IS. POONLAIN

Dr. Jaya Rajagopalan Principal Incharge

Principal Incharge St, Misse's College for Girls



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Dr.Jaya Rajagopalan **Principal Incharge**

PU/PN/AC/015/(1962) College Code: - 013

Circular No:- 515/10 AC/2021 Date:-11/1/2022

CIRCULAR

The Department of Student Welfare is organizing a guest lecture titled, "Mira's FEM MED Health Program- Menstrual Hygiene" on 17th January 2022 for FYBCom C div students at 12pm via Zoom Platform. Registration link will be shared by you through student coordinator.

Hasina Shaikh Co-ordinator

Dr. Jaya Rajagopalan **Principal Incharge**

Principal Incharge L. Mira's College for Girls



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PU/PN/AC/015/(1962) College Code:- 013

Circular No:- 6/15 | 10AC | 2021 - 2022 | 132a Date:-29/1/2022

CIRCULAR

The Department of Student Welfare is organizing a guest lecture titled, "Mira's FEM MED Health Program- Menstrual Hygiene" on 31stJanuary 2022 for FYBA A div students at 12pm via Zoom Platform. Registration link will be shared by you through student coordinator.

Hasina Shaikh Co-ordinator CALLEGE KON GIRLS.

Dr. Jaya Rajagopalan Principal Incharge

Principal Incharge s. Mire's College for Girle

St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University) Department of Student Welfare (2021-22)

Mira's FEM MED Menstrual Hygiene Program Report

20th December 2021 to 31st January 2022

The Department of Student Welfare initiated **MIRAS MED FEM HEALTH PROGRAM** for students on health and hygiene. Dr. Geeta Parwani conducted four sessions from 20th December 2021 to 31st January 2022 for first year BA and B.Com students.

Sr.No	Date	Class and Div	Time
1	20 th December2021	FYBCom A	12pm
2	10 th January 2022	FYBCom B	12pm
3	17 th January 2022	FYBCom C	12 pm
4	31st January 2022	FYBA	12pm

Dr. Geeta Parwani interacted with the first year students and inquired about the health issues that they face during their menstrual cycle. The students shared their problems, doubts with her and she recommended diet, exercise and even ask them to meet her personally if they have some serious issues. The students even discussed the myths during menstruation.

Students were satisfied with the interaction that she had related to menstrual hygiene. In this four sessions total 242 students attended the sessions.

Hasina Shaikh

Coordinator

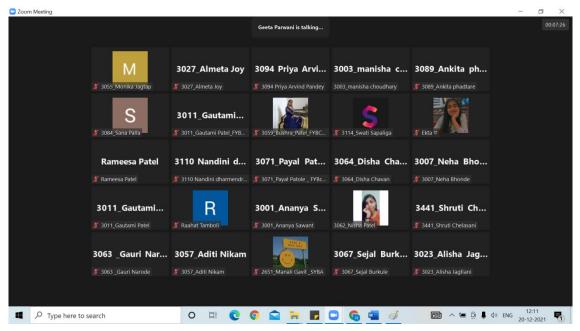
Dr. Jaya Rajgopalan

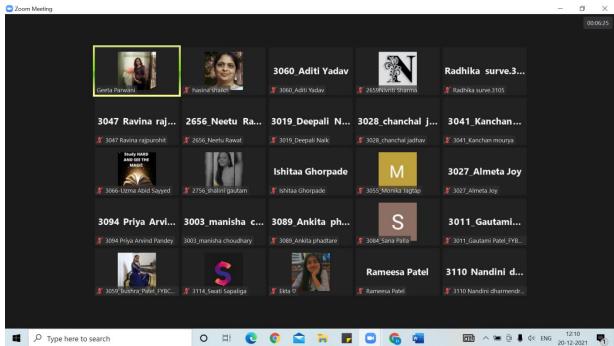
Principal Incharge

St. Mira's College for Girls

Mira's FEM Med Health Programme- Menstrual Hygiene

Date: 20th December, 2021

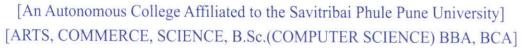






SADHU VASWANI MISSION'S

ST. MIRA'S COLLEGE FOR GIRLS



6, Koregaon Road, Pune - 411001.[INDIA] Ph./Fax : 26124846 E-mail : mira_college@yahoo.co.in

Dr. Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code No.: 013

Circular No:- 8-15 (a)/2021-22/52

Date: - 21.12.2021

CIRCULAR

On 23rd December 2021 a Guest Lecture titled Suicide Awareness: Myths and Fallacies is to be organized by the Dept of English from 11am to 12pm via the zoom platform.

Dr Snober Sataravala Coordinator

J. J. Jakaravaler

KINDLE THE LIGHT

Dr Jaya Rajagopalan Principal Incharge

Principal Incharge
St. Mire's College for Girls

Please visit: www.dadavaswanisbooks.org

Attendance Sheet

Name of the activity: Suicide Awareness: Myths and Fallacies Date and Time:- 23rd December 2021, 11.00am-12:00pm IST



Total Number of Participants = 34 - 1 faculty = 33 students

J.J. Jaranach

Name and Signature of the event coordinator :- Dr Snober Sataravala

STATE HOT AS

Activity Report

Title: Suicide Awareness: Myths and Fallacies

Date: 23rd December 2021

Number of students: 34-1 faculty = 33 students

Report:

Nidhi Gandhi from Connecting Trust: A Suicide Prevention NGO conducted an awareness session with the SYBA Optional English students discussing mental health and wellbeing, suicide awareness along with the myths and fallacies. Sensitive topics like sexual orientation, self harm, and what students can do to help fellow humans under stress were discussed. The purpose of the session was to complement writers like Sylvia Plath and to open up a safe space to talk about tabooed but extremely relevant topics like suicide keeping in mind the trauma experienced due to covid. The purpose was to create more compassionate humans whilst also connecting to anyone in need.

Dr S. J. Sataravala

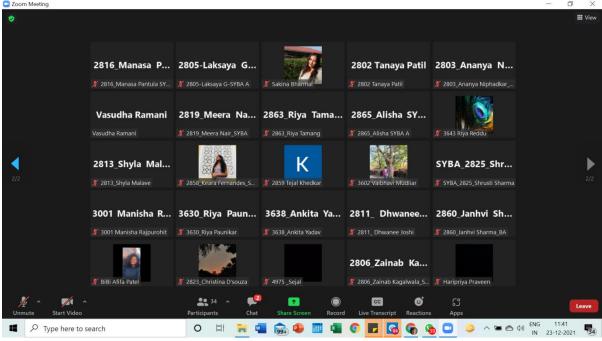
J.S. Jasanarale

Coordinator

Suicide Awareness- Myths and Fallacies

Date: 23rd December, 2021









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St. Mira's College For Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Reaccredited by NAAC- A Grade, cycle 3

[ARTS, COMMERCE, SCIENCE, BSc(Computer Science), BBA, BBA(CA)]

6,Koregaon Road,Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: office@stmirascollegepune.edu.in

PU/PN/AC/015/(1962)

College Code:- 013

Circular No:- G15/10AC/2021-2022/133

Date: - 22-12-2021

CIRCULAR

On Sunday, 2^{nd} January 2022, a Guest Lecture by alumni Maryam Shaikh titled SOUL: Teaching through Storytelling is to be organized by the Dept of English as part of its SOUL initiative from 4:30pm to 6:30pm via the zoom platform .

Dr Snober Sataravala

S.J. Jasararaha

Coordinator

Dr. J

Dr. Jaya Rajagopalan

Principal Incharge

Activity Report

Title: SOUL: Teaching through Storytelling

Date: 2nd January 2022

Number of students: 20-1 famly = 19 students

Report:

Maryam Shaikh, an alumnus of St Mira's College for Girls, explained to the student volunteers of SOUL: Social Outreach United Learning various techniques of teaching Spoken English. As a senior volunteer and founder member of SOUL she explained its vision and implementation. The volunteer would take on the role of a SOUL didi and the interaction would be one-on-one. The two groups ie those teaching at Aasra and those teaching at Ambral Panchgani were to contact their students and start teaching after the 3rd of January meeting their partners once a week for half an hour. The lecture would be divided into an initial ice-breaker informal chat session, followed by a 15 min class and concluded with a 5 min pop quiz to recap. The topics and the PPTs have already been fixed. She also introduced another form of teaching through storytelling and reading. A story bank would be collected based on simple stories that were relatable and interactive. The SOUL group of volunteers would meet every week to discuss how the class went and plan for the week. They would take 15 sessions. A pre course and post course questionnaire had to be filled by both the SOUL Didi and the student to analyse the effectiveness of the learning process.

Dr S. J. Sataravala

J.J. Jaronavale

Coordinator

S COLLEGE FOR GIAN

Attendance Sheet

Name of the activity: SOUL: Teaching through Storytelling Date and Time:- 2nd January 2022, 4:30-6:00pm on zoom



Total Number of Participants = 20-1 faulty = 19 shidents

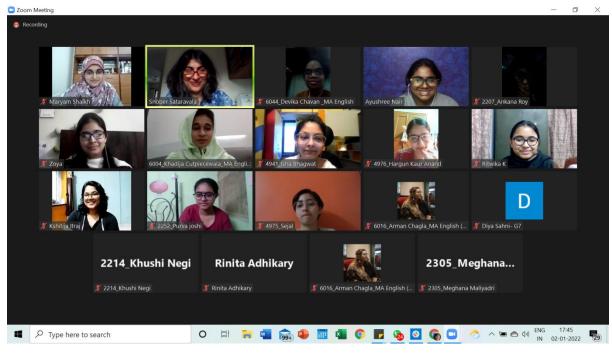
1. J. Savonar all

Name and Signature of the event coordinator :- Dr Snober Sataravala

SOUL - Teaching through Storytelling

Date: 02nd January,2022







Mondal Well-terry



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Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962)

College Code:- 013

Circular No:- G15/1QAC/2021-2022/96

Date: - 05. 01. 2022

CIRCULAR

Between 05th January 2022 to 30th April 2022 Group Therapy Sessions on Managing Stress Anxiety and Building Healthy Relationships are to be organized by Mental Well-being Program for all Degree college students during college hours over Zoom Platform.

Ms. Pooja Jain

Coordinator

S. COLLEGE SON BILLION ST. 111801-182

Dr. Jaya Rajagopalan

Principal Incharge

Mental Well-being Program 2021-22

Group Therapy Sessions 2021-2022

As a part of the college Mental Well-being Program two group therapy sessions were organised for students at Degree College from 5th January 2022 which continued till 30th April 2022. A total of 54 students registered and participated in Managing Anxiety and Building healthy relationships group therapy sessions. All these sessions were conducted on Zoom platform during college hours.

Total Students: 54

Program Coordinator: Ms. Pooja Jain

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Mental Well-being Program 2021-22

Group Therapy Sessions 2021-2022



ST. MIRA'S COLLEGE FOR GIRLS, PUNE



Online Group Therapy Sessions 2021-22

Session 1: Understanding and Managing

Anxiety

Day: Thursdays

Time: 12:50- 1:50 pm

Session 2: Building healthy relationships

Day: Saturdays

Time: 12:50- 1:40 pm

Prior registration mandatory (Use the Google form link)

Contact us

mentalhealth@stmirascollegepune.edu.in

99

Total Students: 54

Program Coordinator: Ms. Pooja Jain

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COLLEGE CON A 1100 NA 41100 NA

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ST. MIRA'S COLLEGE FOR GIRLS



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[ARTS, COMMERCE, SCIENCE, B.Sc.(COMPUTER SCIENCE) BBA, BCA]

6, Koregaon Road, Pune - 411001.[INDIA] Ph./Fax : 26124846 E-mail : mira_college@yahoo.co.in

Dr. Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code No.: 013

G-18/2021-22/ 3 8

Date: 08.01.2022

CIRCULAR

The College will be celebrating Azadi Ka Amrut Mahotsav on the occasion of 75th Anniversary of Independence Day. On this occasion the college is conducting 21 days Surya Namaskar Challenge in which we are going to perform at least 13 Surya Namaskar everyday from 11th January 2022 to 31st January 2022, time - 7.50 am to 8.15 am.

This is to request all the students and staff members to register on the following link:

https://forms.gle/kfRTN15m8ejDEU7j9

Ms. Ekta Jadhav

Director of Physical Education

Dr Jaya Rajagopalan

Principal Incharge

Principal ancharge
St. Mira's College for Girls

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Please visit: www.dadavaswanisbooks.org



St. Mira's College for Girls, Pune

[An Autonomous College Affiliated to the Savitribai Phule Pune University] Department of Physical Education

Report

21 Days Suryanamaskar Challenge

The department of Physical Education had organised an online 21 Days Suryanamaskar Challenge program on the occasion of Azadi ka Amrut Mahotsav -75th Anniversary of Independence Day from 11th January 2022 to 2nd February, 2022 to create awareness of Healthy lifestyle through Suryanamaskar among girls. Total 235 students and 5 staff members participated in the activity. It was decided that atleast 13 Suryanamaskar each student will perform everyday. We have increased 2-5 Suryanamaskar daily in our schedule. Students were enjoying everyday's activity. This program has indeed helped to develop awareness about the importance of physical activity and healthy lifestyle. Participation in physical activity like Suryanamaskar for young girls make them physically as well as mentally strong. Throughout the session, the students had enjoyed a lot.

At the end of the 21 days session we have organaised Suryanamaskar competition for all the participants.

The result are as follow-

- 1. Moksha Parmar- 762 Suryanamaskar
- 2. Ananya Pasalkar-690 Suryanamaskar
- 3. Suvarna Sunil Patole- 370 Suryanamaskar
- 4. Janhvi Bhomsingh Rajpurohit- 324 Suryanamaskar
- 5. Aadirenu Gopal Shinde- 302 Suryanamaskar

This 21 days session was coordinated by Mrs. Ekta Jadhav-Director of Physical Education.

Link-

https://drive.google.com/file/d/1sBwIwj5RVJcyYtCrC1EoM5WsnpPaoUDB/view?usp=sharing

Ms. Ekta Jadhay

Director of Physical Education

COLLEGE KOR GIRLS

Dr. Jaya Rajagopalan

Principal Incharge

St. Mira's College for Girls, Pune

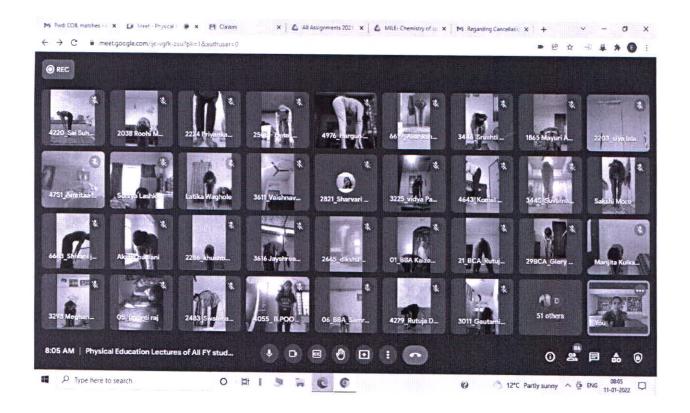
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Department of Physical Education

21 Days Suryanamaskar Challenge (Photos)







Ekta Jadhan

Director of Physical Education



Principal Incharge St. Mira's College for Girls

MIRA



Ms. Ekta Jadhav

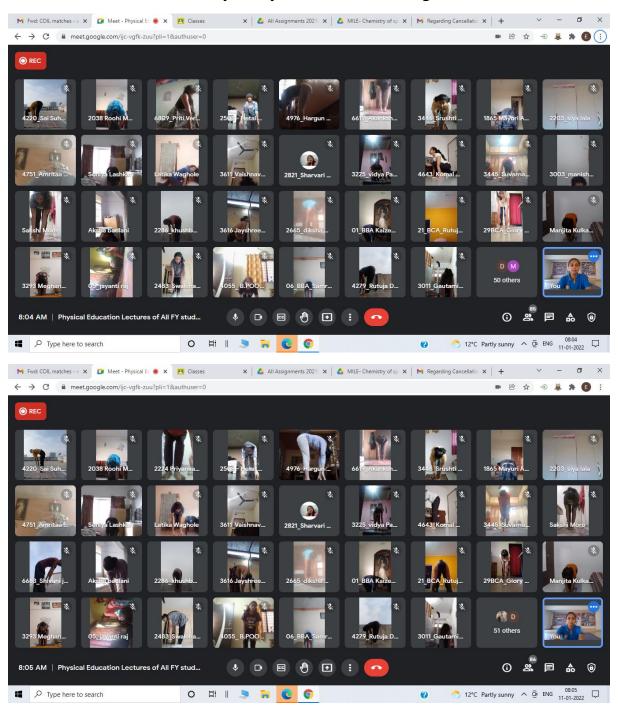
Director of Physical Education

COLLEGE ROA GIRLS * SOONA-411001*

Dr. Jaya Rajagopalan

Principal Incharge

21 Days Suryanamaskar Challenge







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PU/PN/AC/015/ (1962) College Code: - 013

Circular No: - G1 5 10AC 2021-2022 118 Date: - 20/01/2022

CIRCULAR

On 22 January, in connection with Marathi Bhasha Sanvardhan Pandharwada a Guest Talk is to be organized by The Department of Marathi from 1:30 to 2:30 pm, on Zoom platform.

Co-Ordinator

मराठी विभाग प्रमुख डॉ. संगीता देशम्ख Dr. Jaya Rajgopalan

Principal in charge

(2021-22)

St. Mira's College for Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

मराठी विभाग

Marathi Bhasha Sanverdhan Pandharwada Activity Report

Date	Name of Activity	Student and Teachers
		Attended
22 Janruary 2022	Marathi Bhasha	67+2=69
	Sanverdhan Pandharwada	

मराठी भाषा संवर्धन पंधरवडा - व्याख्यान

महाविद्यालयाच्या मराठी विभागाद्वारे शनिवार, दिनांक 22 जानेवारी 2022 रोजी दु. 1:30 ते 2:30 या वेळेत तंत्र युगात मराठीचे अढळ स्थान या विषयावर व्याख्यान आयोजीत करण्यात आले. डॉ.निशा भंडारे यांनी उपस्थित 67 विध्यार्थिनिंना मार्गदर्शन केले. कार्यक्रमाचे संयोजन आणि प्रास्ताविक मराठी विभाग प्रमुख डॉ. संगीता देशमुख यांनी केले. हा उपक्रम ऑनलाइन पद्धतीने घेण्यात आला.

Co-Ordinator,

मराठी विभाग प्रमुख डॉ. संगीता देशम्ख S * 000/A-41100 *

(2021-22)

St. Mira's College for Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

मराठी विभाग

Marathi Bhasha Sanverdhan Pandharwada Attendance Screenshots
22 January 2022

v	Participants (68)		Participants (70)				
Q Fir	nd a participant	QF	nd a carticipant				
25	2760 Sakshi Sagare	45	4805 janvi Sapkal				
21	2802 Tanaya Patil SYBA A	45	4806 Anisha Salvi	2	Dr. Sangeeta De⊥ (Host, me) ①	K	2859 Tejal Khedkar
2A	2821_Sharyari_SYBA_A	BLESS BLANC LORN WILTER	4876_Sakshi Lakhapati	28	2617_Diksha Bhole	A	3492_Aishwarya Pillai
	2855_Devaki D_SYBA (A)		4898 Aishwarya Dhadve	s	2202FYBA (A)sakshi Haipale	3.	3493 Kajal Naik
20	2867_Yashashree Dahad	R	4902_Priyanka Sarwade	9	2267_Kahitiya Itraj	45	4805 janvi Sapkal
35	3017_ Sayali khot	AJ	Adrata jadhav	21	2296_ketaki jadhav	4G	4810_Sanskruti Gaikwad
3G	3033_Madhuri Galande	AS	Akshata Shinde	2D	2413Manashii Dongre	411	4814_ SHRADDHA KALE 4898_Aishwatya Dhadve
М	3055_Monika Jaqtap	AM	Ankita megh 2479	2C	Z419(FY 8A) CHHAYA MALI	4K	4978_Jui Kulkarni
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No. of Students -

Co-Ordinator

मराठी विभाग प्रमुख डॉ. संगीता देशमुख SOULEGE ROAGIALS

Principal Incharge

(2021-22)

St. Mira's College for Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

मराठी विभाग

Marathi Bhasha Sanverdhan Pandharwada Activity Photo



सेंट मीरा मुर्लीचे महाविद्यालय- मराठी विभाग

मराठी भाषा संवर्धन पंधरवडा 2022

शनिवार दिनांक 22 जानेवारी

तंत्र युगात मराठीचे अढळ स्थान

डॉ. निशा भंडारे



Co-Ordinator

मराठी विभाग प्रमुख डॉ. संगीता देशमुख COLLEGE KOR GIRLS

Marathi Bhasha Sanvardhan Pandharwada

Date: 22nd January, 2022



सेंट मीरा मुर्लीचे महाविद्यालय- मराठी विभाग

मराठी भाषा संवर्धन पंधरवडा 2022

शनिवार दिनांक 22 जानेवारी

तंत्र युगात मराठीचे अढळ स्थान

डॉ. निशा भंडारे





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Ph./Fax: 26124846; Email:- office@stmirascollegepune.edu.in

Dr.Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code:- 013

Circular No:-G15/IQAC/2021-2022/12 \

Date:-17/01/2022

CIRCULAR

The Department of Accountancy is organizing a three day workshop titled "Digital Warriors: Tally and E Resume Making from 27th January to 29th January 2022 for Post Graduate and Undergraduate students from 2pm to 3.30 p.m. Interest students to register for the same. Registration Link and other details will be shared by student Co-ordinator in class groups.

Elizabeth Kanade Elizabeth Kanade

Co-ordinator

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Dr. Jaya Rajagopalan

Principal Incharge

The department of Accountancy organised a 3days workshop titled Digital Warriors for UG and PG students which included sessions on Tally and E-Resume Making which were conducted by students from T.Y. B.Com who had successfully completed the Western India Regional Council, Institute of Chartered Accountants of India's 36 hours course titled Skill Enhancement Course, Train Earn and Learn. As buddies they transferred the skills learned to their fellow buddies. Kajal Yadav, Sneha Sumant, Sachi Singh, Komal Soni and Anita Choudhari conducted the sessions and kept all the participants engaged through the hands on training sessions and took them through Tally and E Resume making with ease. In all thirty nine students attended the workshop.

Elizabeth Kanade Co-ordinator

Elizabeth Korade

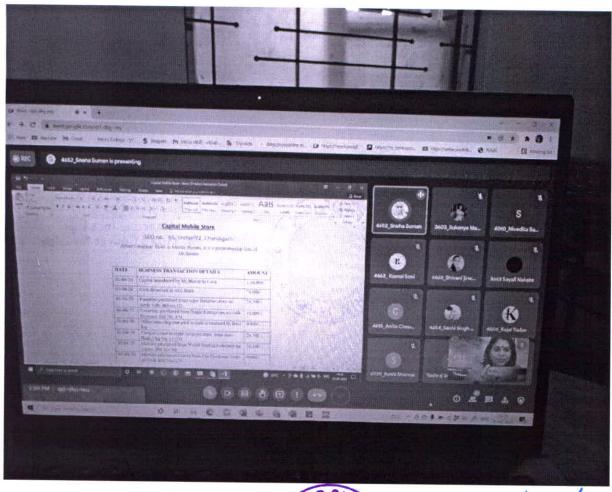
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Attendance Sheet

Digital Warriors- Skill Building Session- Tally and E-Resume Making

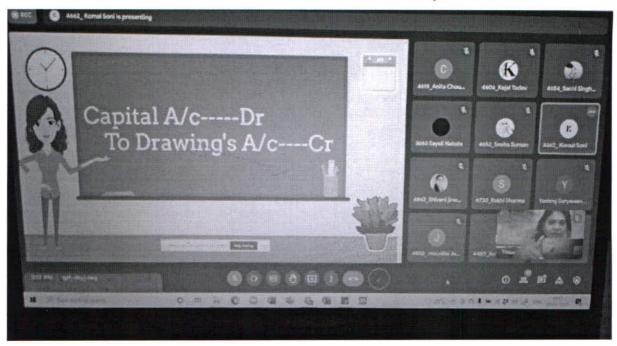
Total Number of Participants for the workshop: - 39 students attended the workshop.

Date:- 27th January 2022 to 29th January 2022



Elizabeth Kanade (Co-oldinator)

FOR GIRLS, INDIVING



Total participants = 42

Less 02 student resource persons and 01 faculty

Total student participation = 39

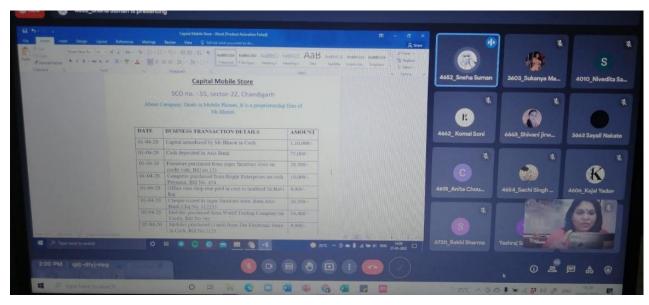
Elizabeth Kanade
Elizabeth Kanade

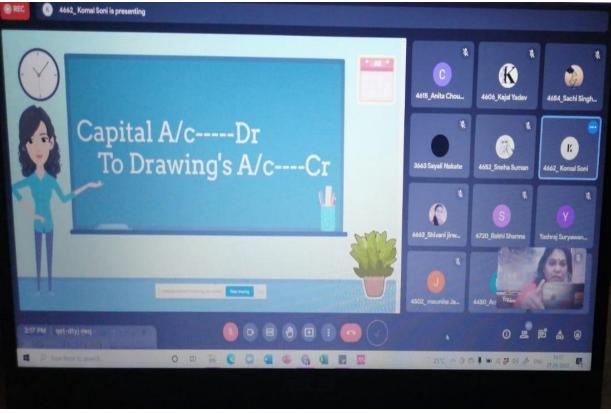
Co-ordinator

FOR GIRLS NO. 15 P. CO.

Digital Warriors: Tally and E-Resume Making

Date: 27th January,2022









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PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/1QAC/2021-2022/124 Date:- 23/01/2022

CIRCULAR

On Friday, 28th January 2022 an online training session titled "Research with EBSCO Databases for PG Students" is to be organized by the St Mira's College Library from 3.30 PM to 4.30 PM via ZOOM platform.

Mrs. Devinder Kaur (Librarian)

Coordinator

Dr. Jaya Rajagopalan Principal Incharge

LIDKAKI

Activity Report (A.Y.2021-22)

Date	Name of Activity	Students Attended
28 th Jan 2022	Training session "Research with EBSCO Databases for PG Students."	61

The College Library organized a training programme for Post Graduate students across all streams on Friday, 28th Jan 2022. This training was aimed to equip students with searching skills to access the required information from databases namely-Academic Search Elite, Master File Elite and EBSCO Literary Reference Center. The training was conducted on ZOOM Platform.

The databases were demonstrated from the library page on the institutional website, where students were shown the online 'Login Credentials Request Form'. The trainer explained the searching process with the topics- Social Theory, Strategic Planning, Management, etc. which were recommended by students. To get specific results the Boolean operator 'AND' was demonstrated by using feature-Search History. To refine results various filters and facets were explained which included- Full text, Scholarly/Peer-reviewed Journals, Publication dates, Source Type, Publisher, Company, Language, Geography and format. Useful features demonstrated include: save the full-text articles on desktop or folder, share, Create E-mail alert, results sorting by using the option-Relevance and 'Subject Thesaurus Term' to look for more specific key terms for a broader term, sharing PDF articles via email and permalink. The explanation also included citing articles in different styles, listening to HTML articles, folder and notes creation. In the end, steps to download the EBSCO Mobile App and its features were showcased.

A total of 61 students participated in the training.

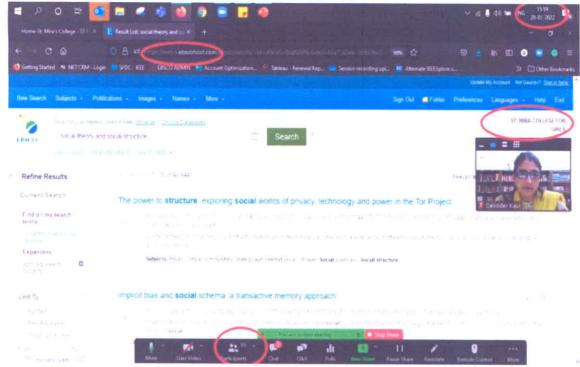
Resource person: Mr Gaurav Date-EBSCO Inf. Services India Pvt

Coordinator: Mrs Devinder Kaur-Convener

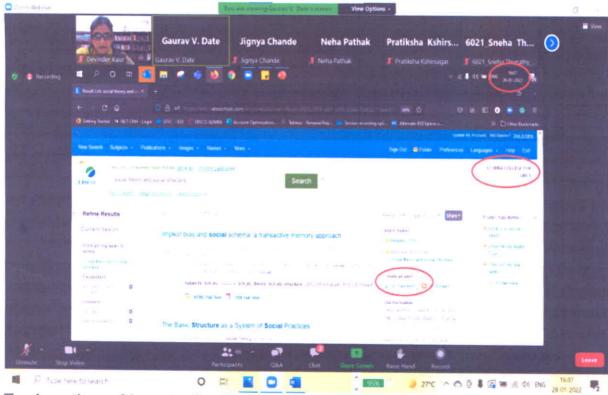
Librarian St. Mira's College For Girls

St. Mira's College for Girls

LIBRARY



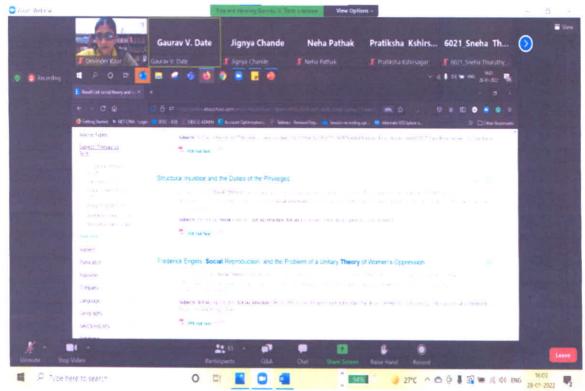
Basic Search for the term Social Theory



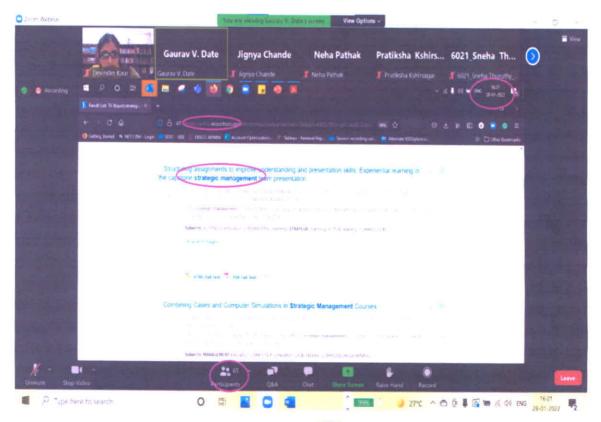
Explanation of how to Set Email Alerts for the Articles.

Librarian St. Mira's College For Girls COLLEGE FOR GIAD SONA-411001*

Training session "Research with EBSCO Databases for PG Students" Date: 28th Jan 2022



Demonstration of various filters for fine tuning the search results.

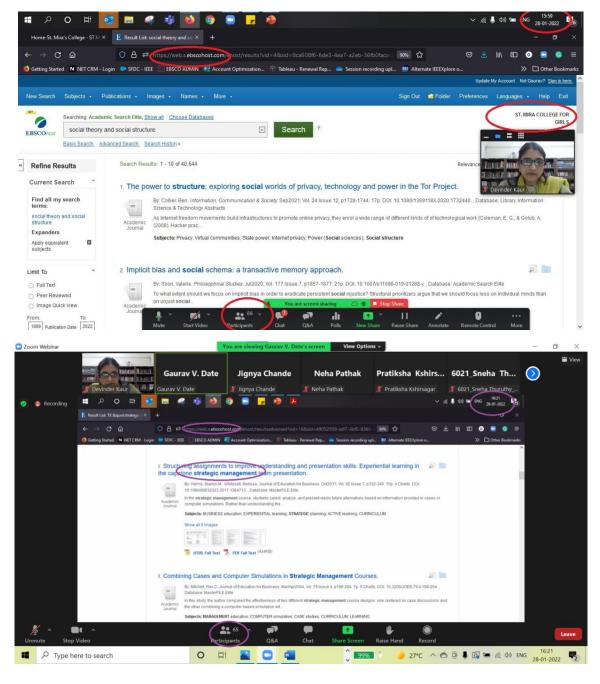


Librarian St. Mira's College For Girls



Research with EBSCO Databases for PG students

Date: 28th January, 2022







SADHU VASWANI MISSION'S

St. Mira's College For Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Reaccredited by NAAC- A Grade, cycle 3

[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]

6,Koregaon Road,Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962)

College Code:- 013

Circular No:- G15/10AC/2021-2022/135

Date: - 02 . 02. 2022

CIRCULAR

On 10th February 2022 guest lecture on Community Mental Health is to be organized by the Department of Psychology for Psychology special students from 12:00 pm - 13:00 pm over Zoom Platform.

Ms. Pooja Jain

Coordinator

COLLEGE FOR GIAL

Principal Incharge

Department of Psychology

Guest lecture Series - Session 1

Community Mental Health

Date: 10-02-2022

A session on Community Mental Health was organised by department of Psychology for students of Psychology special on 10th February 2022 at 12:00 pm over online platform. Session was facilitated by Ms. Malvika Fernandes, Counselling Psychologist and Project Coordinator Mann Talks, Mumbai. Malvika spoke about meaning, philosophies and foundations of Community mental health work. She brought in insights from her work with Muktangan and Project Mumbai, Smiling schools project and share practical implementation and conceptualisation of a Community mental health project in Indian context. Malvika's presentation was extremely engaging and reflective in process. Her field work experiences, examples and anecdotes made the session more engaging and insightful.

Total Participants: 48

Program Coordinator: Ms. Pooja Jain

Toise

Department of Psychology

Guest lecture Series – Session 1

Community Mental Health

Attendance Sheet

Date: 10-02-2022



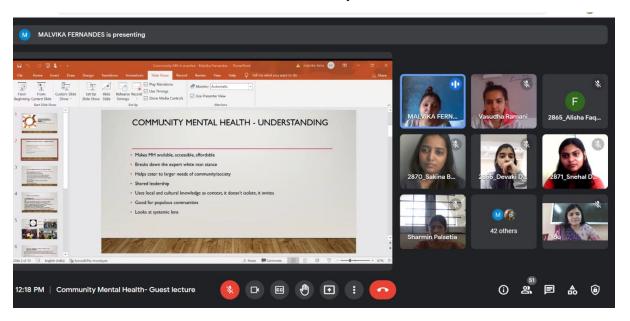
Total Participants: 48

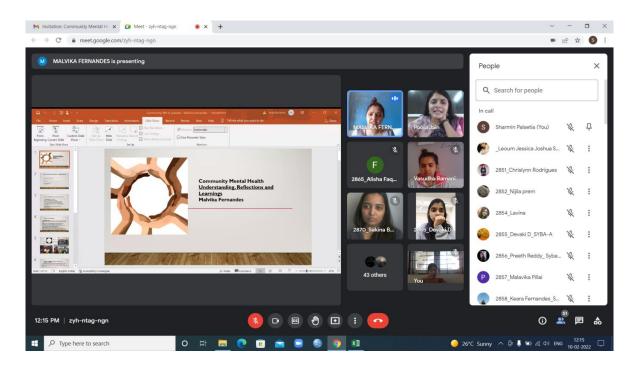
Program Coordinator: Ms. Pooja Jain

Porija

Community Mental Health

Date: 10th February, 2022









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PU/PN/AC/015/(1962)

College Code: - 013

Circular No:- 6/15/10AC/2021-2022/145

Date:- 02 . 02. 2022

CIRCULAR

On 24th February 2022 guest lecture on Art and Mental Health is to be organized by the Department of Psychology for Psychology special students from 13:00 pm - 14:30 pm over Zoom Platform.

Ms. Pooja Jain

Coordinator

ANRA'S COLLEGE FOR

Dr. Jaya Rajagopalan

Principal Incharge

Department of Psychology

Guest lecture Series - Session 3

Art and Mental Health

Date: 24-02-2022

A session on understanding careers and scope in Art and Mental health was organised by department of Psychology for students of Psychology special on 24th February 2022 at 13:00 pm over online platform. Session was facilitated by Ms. Vaidehi Chilwarwar, PhD Scholar and Arts based therapist from Mumbai. Ms. Vaidehi conducted an experiential session on use of art in mental health and navigating emotions. Her session highlighted the role and importance of use of art in psychotherapy, prevention and interventive work in mental health. Ms. Vaidehi's session was very well received by all the participants and was extremely engaging and reflective.

Total Participants: 43

Program Coordinator: Ms. Pooja Jain

Tojie

Department of Psychology

Guest lecture Series - Session 3

Art and Mental Health

Attendance Sheet

Date: 24-02-2022



Total Participants: 43

Program Coordinator: Ms. Pooja Jain

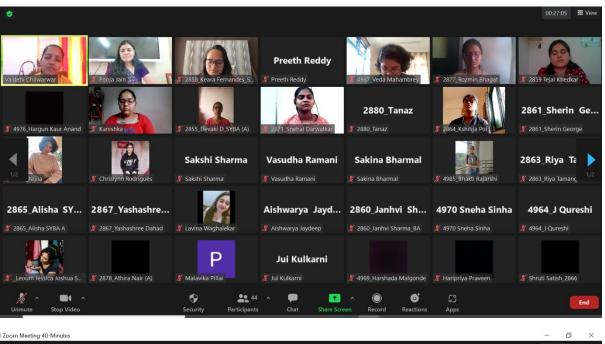
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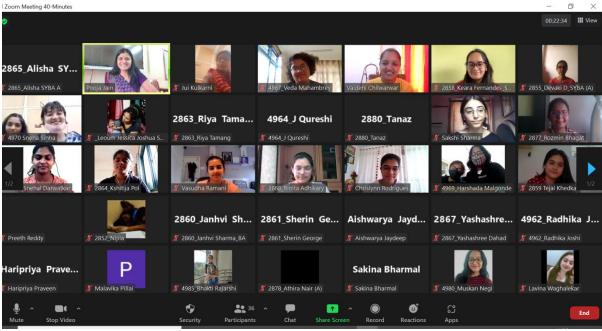
Principal incharge

St. Mira's College for Girls

Art and Mental health

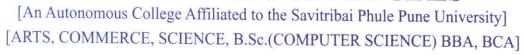
Date: 24th February, 2022







ST. MIRA'S COLLEGE FOR GIRLS



6, Koregaon Road, Pune - 411001.[INDIA] Ph./Fax : 26124846 E-mail : mira_college@yahoo.co.in

Dr. Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code No.: 013

G-18/2021-22/49

KINDLE THE LIGHT

Date: 02.02.2022

CIRCULAR

The College is conducting a Guest lecture under the program of "FIT India Movement" on Wednesday 9th Feb.2022 from 5.00 pm to 6.00 pm on the topic "Effective Asanas for Women's Health (PCOD and PCOS).

This is to request all the students and staff members to register on the following link:

https://forms.gle/7tMqUsFywiF4QMUv7

Ms. Ekta Jadhav Director of Physical Education

Or Jaya Rajagopalan Principal Incharge

Principal Incharge
St. Mira's College for Girls

Please visit: www.dadavaswanisbooks.org



Department of Physical Education

Report-

Effective Asanas for Women's Health (PCOD/PCOS)

The Department of Physical Education had organised a guest lecture on" Effective Asanas for Women's Health (PCOD/PCOS)" on 9th February,2022 under the program Fit India Movement. This lecture was conducted for all the students and staff members. Total 163 participants (158 students and 5 Staff members) took the advantage of this webinar. Now a days we can see due to change in lifestyle many girls are facing health problems like PCOD/PCOS, So through various Asanas we can overcome these kind of diseases was the main purpose of session.

Dr. Manali Deo (Gharpure) (Founder Director, Mind and Body Yoga Institute Pune and International Level Yoga Coach, Player and Referee) explained the importance of yoga practice by presenting demonstrations of asanas. Asanas are useful for women's health. She said that there is only way to get rid of women's health problems so, everyone should do Suryanamaskar, Asanas, Pranayama, Meditation Practice daily. The negative effects of Sedentary Lifestyle (Lack of exercise, Improper Diet, Irregular Sleep) can caused many women to have menstrual problems (PCOD). She demonstrate different asanas which are useful for reducing menstrual problems in women. Regular yoga practice is the key to physical and mental health. However, those who have other ailments should consult a doctor and practice yoga.

The introduction of resource person was given by Mrs. Ekta Jadhav (Director of Physical Education), and the Vote of thanks was given by Suvarna Pathak (Physical Education Teacher) and Sports Coach, Maharashtra State Jijamata Awardee Ms. Gurabans Kaur ma'am and all other staff members were present for the session.

Ekta Jadhav

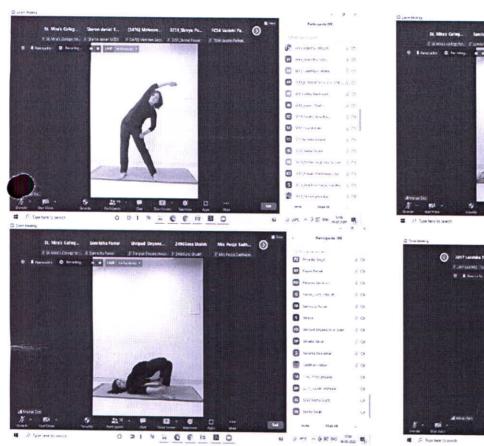
Director of Physical Education

COLLEGE ROAGIALOS *



St Mira's College for Girls, Pune An Autonomous- Affiliated to Savitribai Phule Pune University, Pune Department of Physical Education

Topic :Effective Asanas For Women's Health (PCOD/PCOS)- St. Mira's College for Girls' Zoom Meeting







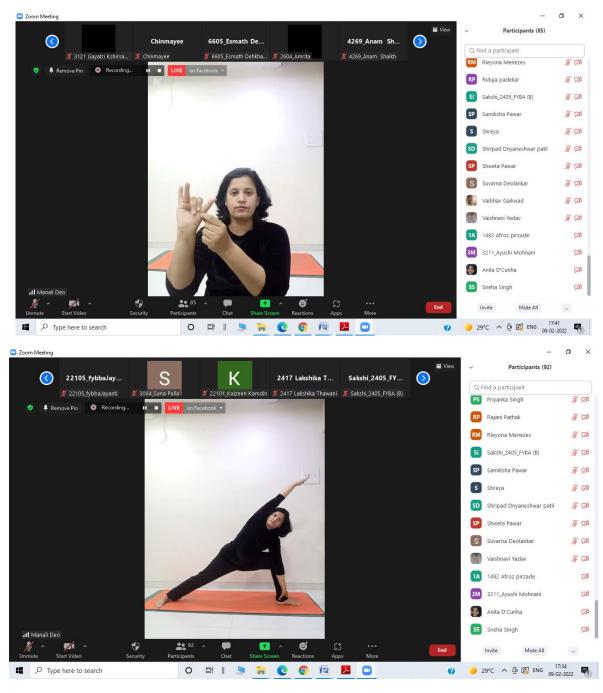


Ekta Jadhan Birector of Physical Education



Effective Asanas for Women's Health PCOD and PCOS

Date: 09th February, 2022







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Dr. Jaya Rajagopalan Principal InchargeCollege Code:- 013

PU/PN/AC/015/(1962)

Circular No:- BBA-BCA/2021-22/1e

Date: - 04-2-2022

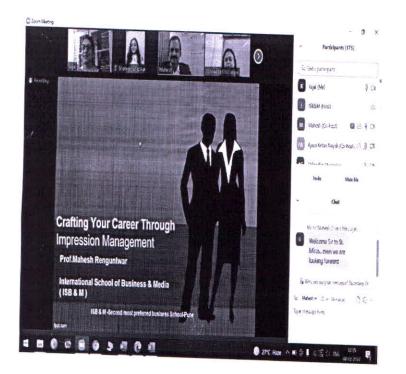
CIRCULAR

A webinar 'You Only Have One Chance To Make First Impression" is being organized for BBA-BBA(CA)students on8th February, 2022 at 12.00 noon on Zoom Platform.

Speaker: Prof Mahesh Renguntwar- (ISB&M)

Mrs. AbhraditaNavhi Mrs. Kajal Jaisinghani Coordinators GIRLS * SOLIN 19 *

Dr. Jaya Rajagopalan Principal In-Charge



		175
Panelists a	nd Faculty	4
sybba		49
sybca	+++	28
tybca	+	53
tybba		41

Coordinator

Abhrable (Nalini

Cajas Jaising haw

TOPIC: You Can Have One Chance to Make Your First Impression

The webinar on Topic- 'You only get one chance to make a first impression' was organized for BBA-BBA(CA) on 08.02.2022 at 12.00 noon on Zoom platform.

The session was conducted by Prof. Mahesh Renguntwar (IIM - C / ISB / Symbiosis / NMIMS) from ISBM with an objective to impart knowledge on First Impression Management.

The students were facilitated on:

The basic skillset one must acquire in today's competitive world, ways to create a good first impression, personality traits and other requisites to crack the interview, people's skills, impact of positive attitude and confidence. 171 students participated.

Coordinators:

AbhraditaNahvi

Kajal Jaisinghani

J6

Attendance for ISB & M Webinar

TOPIC: You Can Have One Chance to Make Your First Impression

Date and Timings: 8-2-22 12.00 noon onwards





Principal Incharge St. Mira's College for Girls

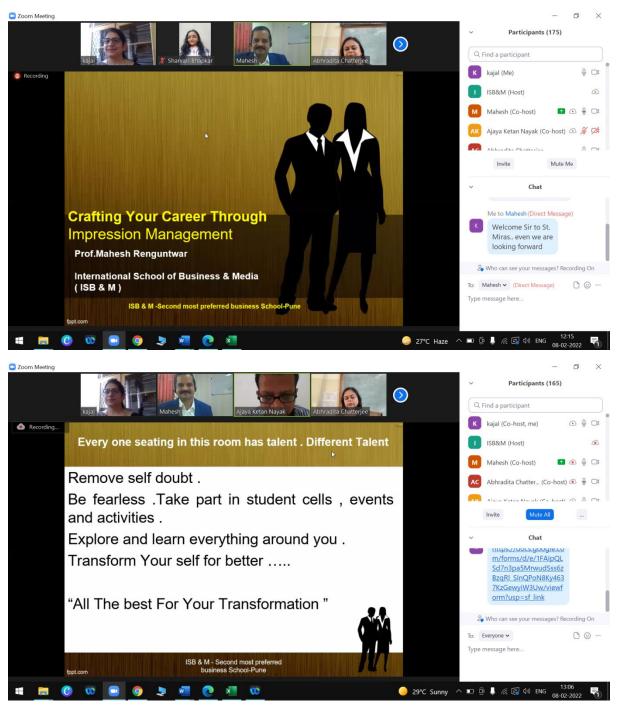
Coordinators:

Abhradile (Nahi

dy

You Only Have One Chance to Make First Impression

Date: 08th February, 2022







St. Mira's College For Girls, Pune

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Dr.Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code: - 013

Circular No:- G15/IQAC/2021-2022/141

Date:-05/02/2022

CIRCULAR

The Department of Accountancy is organising a Guest lecture 15th February 2022 for MCom and TYBCom students on "Hands on Training: E filing of Returns for Salaried employees" 12.00 pm to 1.00 p.m. Interested students to register for the same. Registration Link and other details will be shared by the student Coordinator on class groups.

Mrs. Deebanjali Mazumder

Co-ordinator

Principal Incharge

Event: Guest Lecture on 'E filing of Returns for Salaried employees'

Date: 15th Feb 2022 **Time:** 12 pm to 01 pm

The Department of Accountancy on 15th February 2022 organised a guest lecture titled 'E filing of Returns for Salaried employees' for final year B.Com students and Post Graduate students specialising in Advanced Accounting and Taxat

ion. The speaker of the session was CA Pratik Neve founder of Zest Learning and author of TAXMANN's Cracker for CS Professionals and CS Executive level. The objective of the session was to guide students on use of new e-filing portal introduced by Income Tax Department on 7th June 2021.

80 students attended the session. Students found the new portal very convenient and user friendly. Students clarified their queries related to IT filing of return, refunds, different applicable deductions and new tax regime. The session was very interactive.



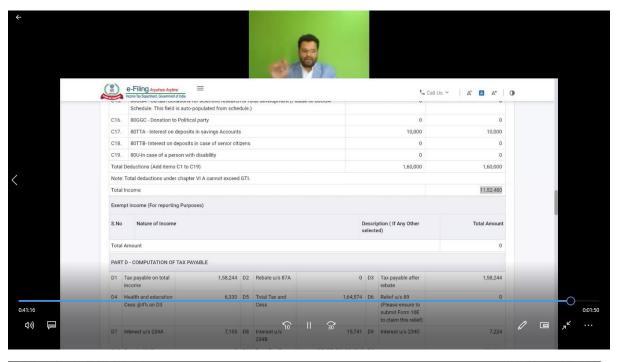
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18 COLLEGE FOR GO

Hand-On Training: E-Filing of Returns for Salaried Employees

Date: 15th February, 2022







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Dr. Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code No.: 013

G-18/2021-22/53

KINDLE THE LIGHT

Date: 10.02.2022

CIRCULAR

The College is conducting a Guest lecture under the program of "FIT India Movement" on Tuesday 15th Feb.2022 from 5.00 pm to 6.00 pm on the topic "The Secret of Fitness - India's Pride Marathon Man and Guinness World Record Holder- Mr. Ashish Kasodekar" by Mr.Ashish Kasodekar ((Long Distance Runner, Long Distance Cyclist, Basketball Player, Travel Entrepreneur).

This is to request all the students and staff members to register on the following link:

https://forms.gle/7UjHXasTH16JAfkw7

Ms. Ekta Jadhav Director of Physical Education Dr Jaya Rajagopalan Principal Incharge

Principal Incharge
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St Mira's College for Girls, Pune An Autonomous- Affiliated to Savitribai Phule Pune University, Pune Department of Physical Education

Report

The secret of Fitness - India's Pride, Marathon Man and Guinness World Record Holder - Ashish Kasodekar

The Department of Physical Education had organised a guest lecture on "The secret of Fitness- India's Pride, Marathon Man and Guinness World Record Holder -Ashish Kasodekar" on 15th February, 2022 under the program Fit India Movement. This lecture was conducted for all the students and staff members in the form of interaction session. Total 65 participants (58 students and 7 Staff members) took the advantage of this webinar.

Mr. Ashish Kasodekar, (Long Distance Runner, Long Distance Cyclist, Basketball Player, Travel Entrepreneur, Guinness World Record Holder). He was basketball player, University of Pune, who has been making a name for himself in the marathon race for a long time, has successfully completed the Ultra Dynamo for 61 consecutive days (42.195 km per day). The event will be held on the premises of Savitribai Phule Pune University from 28th November 2021 to 26th January. This was noted in the Guinness Book of World Records. While interacting with the students, he explained the importance of fitness and what exactly should be done to maintain fitness. He also explained that Indian style diet is very useful in the performance of the players, he explained that daily practice is important and there is a need for consistency in practice. He also encouraged the students to participate in marathon competitions

There is no substitute for hard work if you want to succeed in life. Ashish Kasodekar asserted that always have a goal in life and keep striving to achieve it until your goal is achieved. He also gave the message to walk with a positive attitude towards all things in life and set goals. He also mentioned that all the members of the family have played a vital role in his career.

This program was conducted under the guidance of Principal Incharge Dr. Jaya Rajgopalan. The introduction of resource person and the interview was taken by Dr.Suvarna Pathak (Physical Education Teacher), and the Vote of thanks was given by Mrs. Ekta Jadhav (Director of Physical Education) and Sports Coach, Maharashtra State Jijamata Awardee Ms. Gurabans Kaur ma'am and all other staff members were present for the session.

Ekta Jadhav

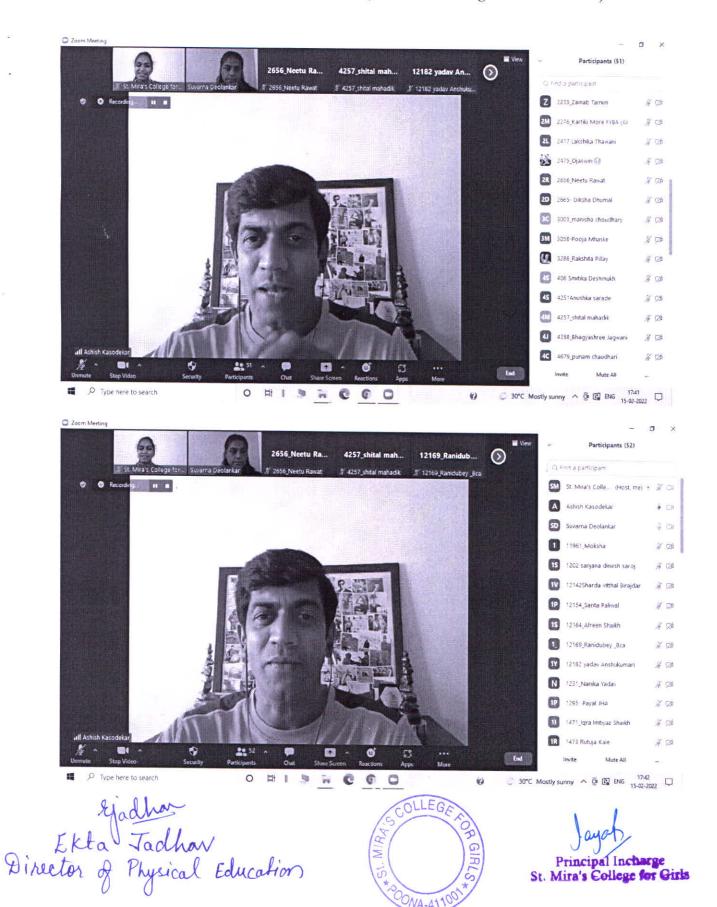
Director of Physical Education





St Mira's College for Girls, Pune An Autonomous- Affiliated to Savitribai Phule Pune University, Pune Department of Physical Education

Topic- The Secret of Fitness- India's Pride, Marathon Man and Guinness World Record Holder -Ashish Kasodekar (St. Mira's College for Girls' Pune)



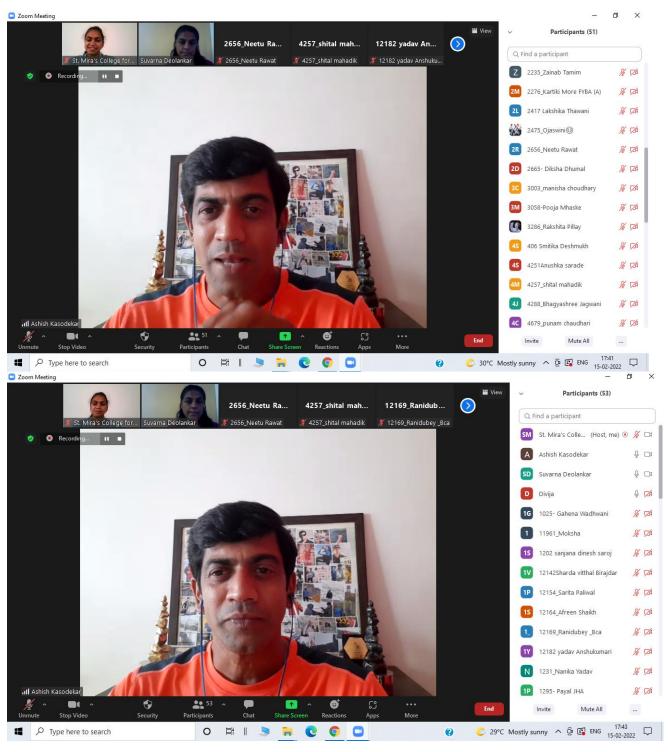


rjadhar Ekta Jadhar Director of Physical Education

COLLEGE ROPE GIRLS

The Secret of Fitness

Date: 15th February, 2022







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PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15 1QAC 2021-2022/149

Date:-12/02/2022

CIRCULAR

On 16th February, 2022 a Guest lecture on 'Exploring the World of Media' will be organized by the Sociology Department from 09:15 p.m. to 10.10 a.m. through G Meet platform.

Dr. Vaishali Diwakar Co-ordinator FOR GIRLS TOOLER TO THE STATE OF THE STATE O

Dr. Jaya Rajagopalan Principal Incharge

St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University) A Report – Exploring the world of Media

Date	Student's participated	Topic
16.02.2022	84	Exploring the world of Media

Speaker: Triveni Mathur.

Date:-16th Feb 2022

Time:- 9.15 am to 10:10 am Platform:- GMeet

Media, as a whole, is an ocean of knowledge, entertainment, a platform to put our heart out and create an image and to act as an audience. It acts like a mirror of the society one lives in and is a part of.

Understanding this term and its branches can be a huge task and create false knowledge and beliefs if not received and understood properly.

Through the beautiful session with Dr. Triveni Goswami Mathur ma'am, we, students of sociology from First year to Masters, got an idea and brushed-up students' basics and the core essence of Media and its usage.

From the discussion of what Media is to how to use it and the importance of curiosity, questioning, talking and listening. Everything was explained and discussed which helped all of the students to realise how powerful Media is and can be used in so many ways without misusing it.

Discussion on career in this field and different branches that are coming up as good jobs was wonderful during the Question and Answer session.

Dr. Vaishali Diwakar

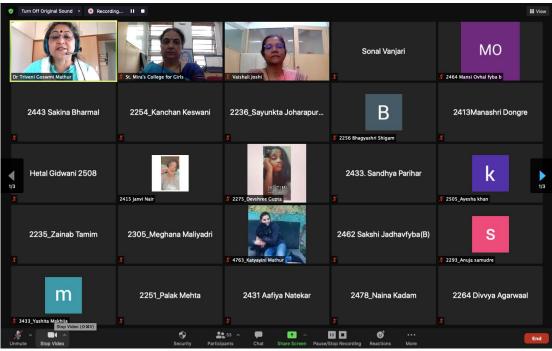
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Exploring the World of Media

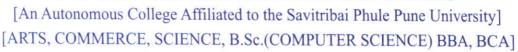
Date: 16th February, 2022







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Dr. Jaya Rajagopalan Principal Incharge

KINDLE THE LIGHT

PU/PN/AC/015/(1962) College Code No.: 013

Circular No:- G-15 (a)/2021-22/53

Date: - 25.02.2022

CIRCULAR

Department of Commerce is organizing a Webinaron "Trends in Digital Marketing" on 28th February, 2022 at 12.00 noon for the Students of T.Y.B.Com Business Administration and Marketing.

For event details and registration, please contact the Event Coordinator.

Mrs. Shanthi Fernandes Event Coordinator Dr.Jaya Rajagopalan Principal In-charge

Principal Incharge St. Mira's College for Girls

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St. Mira's College for Girls, Pune (Autonomous-Affiliated to Savitribai Phule University) Department of Commerce

Webinar on "Trends in Digital Marketing"

REPORT

Date: 28th February, 2022

Venue: Zoom Meetings

A Webinar on 'Trends in Digital Marketing' was organised by the Department of Commerce for T.Y.B.Com. Business Administration and Marketing students on 28th February, 2022, where the resource person was Mr. Dipak Jadhav, Founder, Monkey Owl Digital Academy.

Mr. Jadhav provided insights into the ten key elements of Digital Marketing, where influencer marketing and social media marketing being in the key highlights. He provided practical insights by demonstrating the working of a good website and its strategy. Participants learned concepts like WordPress for the creation of websites, Google Analytics, etc. Mr. Dipak also explained the career options and how and where to find these options.

Ms. Anna Mariya introduced the Resource Person and vote of thanks was presented by Ms. Gayatri.

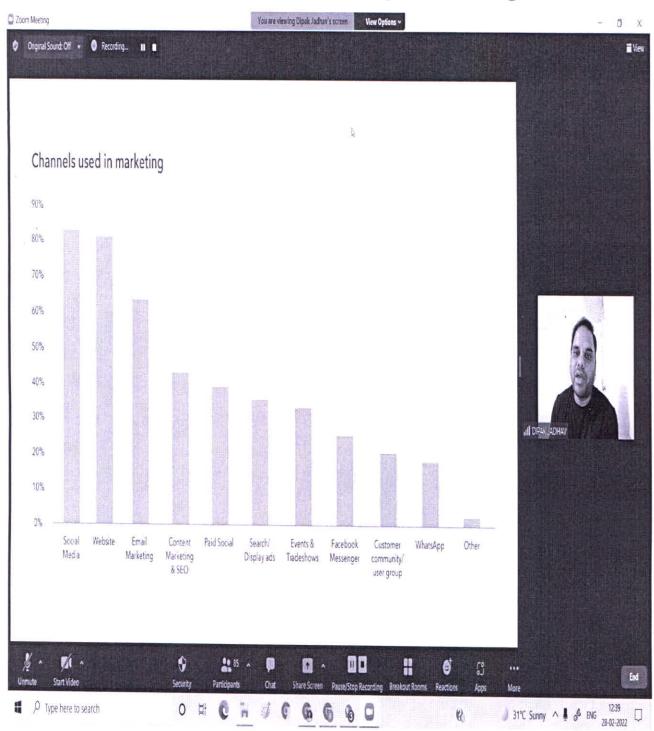
As an outcome of the session, participants participated in a question and answers session actively and given positive feedback. 84 students participated.

Asst. Prof. Shanthi Fernandes

Event Coordinator

St. Mira's College for Girls, Pune (Autonomous-Affiliated to Savitribai Phule University) Department of Commerce

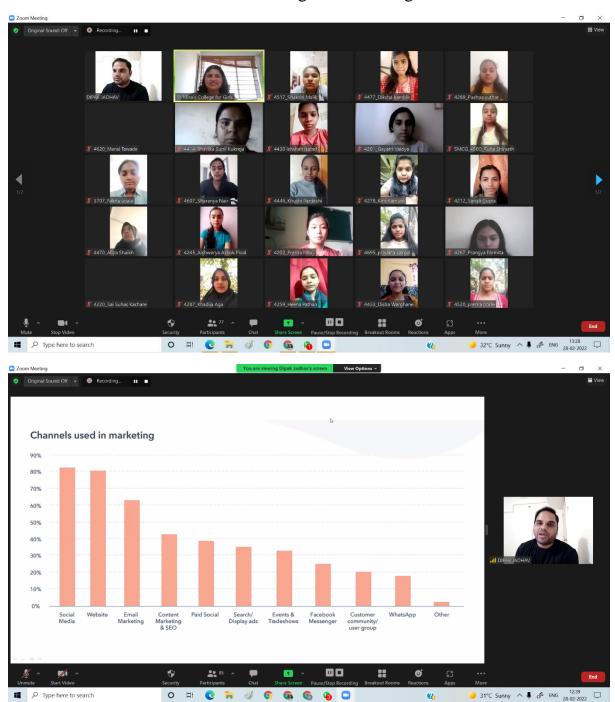
Screenshot: Webinar on "Trends in Digital Marketing"



Asst. Prof. Shanthi Fernandes

Event Coordinator

Trends in Digital Marketing







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Dr. Jaya Rajagopalan Principal Incharge

Circular No:- BBA-BCA/2021-22/1f

PU/PN/AC/015/(1962) College Code:- 013

Date:- 03-03-2022

CIRCULAR

An Event "TED" with the topic of Magic of Risks is organized by the college and the students on 5th March, 2022 at 02.00pm to 9.00pm at Indulakshmi Auditorium. (Offline Mode)

Mrs. Abhradita Nahvi Event Coordinator COLLEGE COR GIAL

Dr. Jaya Rajagopalan Principal In-Charge



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The College hosted the 3rd edition of tedx on 05th March 2022 with a bang after a long hiatus of covid break. An audience of 100 participants and other members of the organising Team came together on Saturday to celebrate the sharing of ideas at the third annual TEDx event in St Mira's College for Girls, with the theme "Magic Of Risks" organised by Sarah Kinariwala and co-organised by Riddhi Wadhwani, mentored by Prof. Abhradita Chatterjee Nahvi and supported by Principal InchargeDr. Jaya Rajgopalan, CWE Co-ordinator Dr. Rama Venkatachalam and Team CWE. The audience was filled with representatives of local businesses, non-profits, educational institutions, as well as artists, musicians and students from local high schools and colleges.

It was a day filled with emotion, inspiration, humor and passion. "The goal was to bring ideas to the community by breaking our comfort zones to move forward in life by taking new opportunities, adventures, and challenges and to think about things in a different way" said event organizers

The List of Prominent and Esteemed Speakers consisted of are as followed: Tejas Patil - Risk of living in an imaginary world, TejasShyam - Sustainable Design, RenilAbhraham - The show must go on, Neha Sahaya - Health is your vision for the future, Tushar Verma - Follow your heart, it often knows the road, Neha Panchamia - Actions speak louder than words and Sathya Natranjan - Minimalism

The event also witnessed some mesmerizing performances by Atharva Bhome and Shrey Kapadia and the gorgeous Odissi dance by Aparna Gandhi. The day ended on the note of all the attendees going back home with a memorable experience and lots of food for thought.

Event sponsors this year were Ventive by Panchshil, Jetsynthesys Pvt Ltd, Bessie London India, ISBM, Nihilent, ISAS Beauty School, Casa del Queso, Momo's Corner, Krimson Boutique, Rivaaz, Make Way Marketing, Campus Times, The Boring News Co., Hippie at Heart, Mummy Meals Pune, Captain Coffee, Budhani Bros Waferwala, Accord Equips, Townscript and Make Magic Events.

Event Co-ordinator

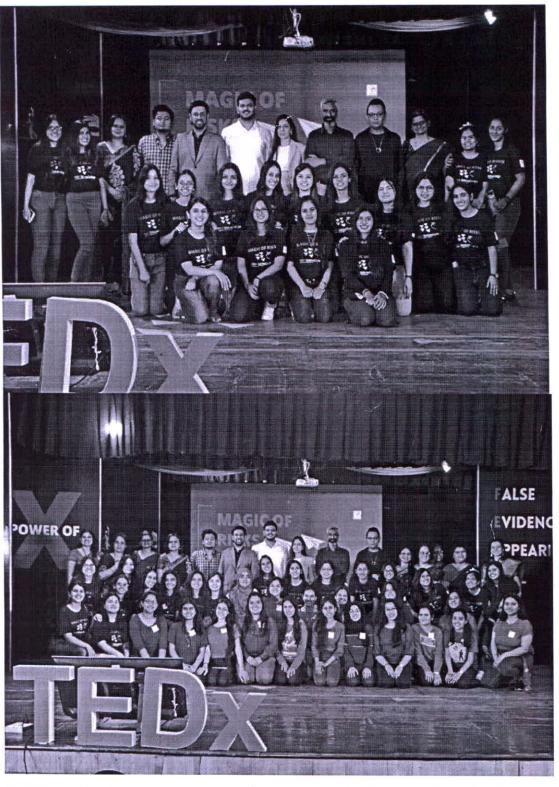
KinariwalaAbhradita Chatterjee Nahvi

Riddhi Wadhwani

Student organiser: Sarah



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6, Koregaon Road, Pune-411001. [INDIA]



Event Co-ordinator KinariwalaAbhradita Chatterjee Nahvi Riddhi Wadhwani Student organiser: Sarah

(TYBBA)

Principal Incharge St. Mira's College for Girls SOUTH-AMOOR



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NEWSPAPER ARTICLES

TedX held in St Mira's College for girls
St Mira's College for Girls hosted the third edition of TedX that had 100 participants on "Magic Of Risks" organised by Sarah Kinariwala and co-organised by Riddhi Wadhwani, mentored by Abhradita Chatterjee Nahvi and supported by principal in-charge Jaya Rajgopalan.

Figure 1TOI-14 Mar2022

GIALS AND STANDS

Principal Incharge
St. Mira's College for Girls

Event Co-ordinator KinariwalaAbhradita Chatterjee Nahvi Riddhi Wadhwani Student organiser: Sarah



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'मॅजिक ऑफ रिस्क्स' विषयावर 'टेडेक्स' उपक्रमास प्रतिसाद

महाविद्यालयात 'मॅजिक ऑफ कपाडियायांचेगायन-वादन,अपर्णा रिस्कुस' विषयावर 'टेडेक्स' गांधी यांनी ओडिसी नृत्य सादर उपक्रम उत्साहात पार पडला. केले. शहरातील स्थानिक उद्योग यावेळी नेहा सहाय- हेल्थ इज संस्था तसेच शिक्षण संस्थांमधील युअर व्हिजन फॉर द पयुचर, तेजस विद्यार्थ्यांसह एकूण १०० जणांचा अशा विविध विषयांवर मार्गदर्शन दिले.

पूर्ण, दि. १६ - सेंट मीराज केले. याबरोबरच अथर्व भोमे, श्रेय पाटील -रिस्क ऑफ लिविंग इन यावेळी सहभाग होता. सारा न इमॅजिनरी वर्ल्ड, तुषार वर्मा- किनारीवाला, रिद्धी वाधवाणी या फॉलो युवर हार्ट इट ऑफन नोज विद्यार्थिनींनी कार्यक्रमाचे आयोजन द रोड, नेहा पंचामिया - ॲक्शन्स केले. प्रा. अभरादिता चॅटर्जी स्पीक लाऊडर दॅन वर्डस, सथ्या नव्ही, महिला उद्योजक केंद्राच्या नटराजन - मिनीमॅलिजम , रेनिल समन्वयक डॉ. रमा व्यंकट यांनी अब्राहम- द शो मस्ट गो ऑन, मार्गदर्शन केले. प्रभारी प्राचार्य डॉ. तेजस श्याम- सस्टेनेबल डिझाइन जया राजगोपालन यांनी प्रोत्साहन

St Mira's College holds third edition of TEDx

Pune: St Mira's College for Girls hosted the 3rd edition of TEDx with a bang after a long hiatus of Covid break, recently.

Abigturnout of participants was seen and the theme was "Magic of Risks," organised by Sarah Kinariwala and co-organised by Riddhi Wadhwani, mentored by Prof Abhradita Chatterjee Nahvi and supported by Principal Incharge Dr. Jaya Rajgopalan, CWE co-ordinator Dr Rama Venkatachalam and Team CWE.

The audience was filled with representatives of local businesses, NGOs, educational institutions, as well as artists, musicians and students from local high schools and colleges.

The speakers comprised Tejas Patil, Tejas Shyam, Renil Abraham and Neha Sahaya, Neha Panchamia and Sathya Natrajan among others. The event also witnessed some mesmerising performances by Atharva Bhome and Shrey Kapadia and the gorgeous Odissi dance by Aparna Gandhi. ENS





Event Co-ordinator KinariwalaAbhradita Chatterjee Nahvi Riddhi Wadhwani

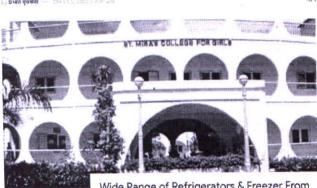
Student organiser: Sarah



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6, Koregaon Road, Pune-411001. [INDIA]

पुणे: सेंट मीराज महाविद्यालयात 'मॅजिक ऑफ रिस्कस' विषयावरील कार्यक्रमाचे आयोजन



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पुणे : सेंट मीराज महाविद्यालय गेली दोन वर्षे टेडेक्स हा उपक्रम यशस्वीरित्या राबवत आहे.2018 मध्ये एलिफंट इन द रूम आणि 2019 मध्ये हाफ वे देअर अशा शीर्षकांचे दोन कार्यक्रम या उपक्रमाअंतर्गत आयोजित करण्यात आले होते. शैक्षणिक वर्ष 2022 मध्ये मॅजिक ऑफ रिस्कस या विषयावर महाविद्यालयात कार्यक्रमाचे आयोजन केले आहे. महाविद्यालयीन विद्यार्थ्यांसह प्रौढ वयोगटातील स्वयंसेवक या कार्यक्रमाच्या आयोजनात सहभागी आहेत.

जोखीम स्वीकारण्याची किमया साध्य केल्याने जीवनात अनेक मार्ग खुले होतात असा संदेश देणाऱ्या प्रबोधन सत्रांची गुंफण असलेल्या या उपक्रमात वक्ते म्हणून नेहा सहाय, तेजस पाटील, तुषार वर्मा, नेहा पंचामिया, सथ्या नटराजन, रेनिल अब्राहम, तेजस शाम मार्गदर्शन करणार आहेत.

हेल्थ इज युअर व्हिजन फॉर द फ्युचर, रिस्क ऑफ लिविंग इन ॲन इमॅजिनरी वर्ल्ड, फॉलो युवर हार्ट इट ऑफन नोज द रोड , ॲक्शनस स्पीक लाऊडर दयान वर्ड्स, मिनीम्यालीजम, द शो मस्ट गो ऑन, सस्टेनेबल डीझाईन अशी विषय विविधता हे या उपक्रमाचे प्रमुख आकर्षण आहे.

याबरोबरच अथर्व भोमे यांचे गायन व गिटार वादन, श्रेय कपाडिया यांचे कॅजॉन वादन, अपर्णा गांधी यांचे ओडिसी नृत्य हा या कार्यक्रमाचा भाग असणार आहे. भरगच्च कार्यक्रमांची मेजवानी देणारा हा दिवस विद्यार्थ्यांच्या कल्पकतेला हमखास पोषक ठरणार आहे.

LOKMAT - 16 Mar 2022

Event Co-ordinator KinariwalaAbhradita Chatterjee Nahvi Riddhi Wadhwani

Student organiser: Sarah



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सेंट मीराज मध्ये टेडेक्स उपक्रम जल्लोबात पार

Poonam | 16 Mar 2022 | 11:45 AM

सेंट मीराज महाविद्यालयात मेंजिक ऑफ रिस्कस या विषयावर टेडेक्स हा उपक्रम मोठ्या जल्लोषात पार पडला.

या उपक्रमात वक्ते म्हणून उपस्थित असलेल्या नेहा सहायः हेल्थ इज युअर व्हिजन फॉर द फ्युचर, तेजस पाटील - रिस्क ऑफ लिविंग इन ॲन इमेजिनरी वर्ल्ड, तुषार वर्माः फॉलो युवर हार्ट इट ऑफन नोज द रोड, नेहा पंचामिया - ॲक्शन्स स्पीक लाऊडर दयान वईस, सथ्या नटराजन - मिनीप्यालीजम , रेनिल अब्राहम द शो मस्ट गो ऑन, तेजस शाम - सस्टेनेबल डीझाईन अशा विविध विषयांवर मार्गदर्शन केले. याबरोबरच अथर्व भोमे , श्रेय कपाडिया यांचे गायन वादन, अपणा गांधी यांचे ओडिसी नृत्य या सादरीकरणाने कार्यक्रमाची रंगत

MH CP111 , SSUS IBM 01 | (TBTD)

सेंट मीराज महाविद्यालयात मॅजिक ऑफ रिस्कस या विषयावर टेडेक्स हा उपक्रम मोठ्या जल्लोषात पार पडला.

या उपक्रमात वक्ते म्हणून उपस्थित असलेल्या नेहा सहाय. हेल्थ इज युअर व्हिजन फाँर द फ्युचर, तेजस पाटील . रिस्क ऑफ लिविंग इन ॲन इमॅजिनरी वर्ल्ड, तुषार वर्मा. फाँलो युवर हार्ट इट ऑफन नोज द रोड, नेहा पंचामिया . ॲक्शन्स स्पीक लाऊडर दयान वर्ड्स, सथ्या नटराजन . मिनीम्यालीजम , रेनिल अब्राहम द शो मस्ट गो ऑन, तेजस शाम . सस्टेनेबल डीझाईन अशा विविध विषयांवर मार्गदर्शन केले. याबरोबरच अथर्व भोमे , श्रेय कपाडिया यांचे गायन वादन, अपर्णा गांधी यांचे ओडिसी नृत्य या सादरीकरणाने कार्यक्रमाची रंगत वाढितली.

पुणे शहरातील स्थानिक उद्योग संस्था तसेच शिक्षण संस्थासंस्थांमधील विद्यार्थ्यांसह एकूण शंभर जणांच्या सह्भागाने हा कार्यक्रम पार पडला.

कार्यक्रमाचे प्रायोजक पंचशील, जेट्सिंथेसिस प्रायव्हेट लिमिटेड, बेसी लंडन इंडिया, आयएसबीएम निहीलेंट, आयएसएएस ब्युटी स्कूल, कॅसा डेल कोसो, मोमोज कॉर्नर, क्रीमजन बुटीक, रिवाज, मेक वे मार्केटिंग, कॅम्पस टाइम्स, द बोरिंग न्यूज कंपनी, हिप्पी ॲट हार्ट, मम्मी मिल्स पुणे, कॅप्टन कॉफी, बुधाणी ब्रदर्स वेफरवाला, ॲकॉर्ड इक्विप्स, टाऊन स्क्रिप्ट आणि मेक मॅजिक इव्हेंटस है होते.

बी. बी. ए. च्या सारा किनारीवाला, रिद्धी वाधवाणी या विद्यार्थिनींनी कार्यक्रमाचे आयोजन केले. प्रा. अभरादिता चॅटर्जी नव्ही, महिला उद्योजक केंद्राच्या समन्वयक डॉ. रमा व्यंकट यांनी मार्गदर्शन केले. महाविद्यालयाच्या प्रभारी प्राचार्य डॉ. जया राजगोपालन यांनी प्रोत्साहन दिले.

Principal Incharge
St. Mira's College for Girls



Event Co-ordinator
KinariwalaAbhradita Chatterjee Nahvi
Riddhi Wadhwani

Student organiser: Sarah

TedX: Magic of Risks

Date: 05th March, 2022









St. Mira's College For Girls, Pune

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PU/PN/AC/015/(1962)

College Code: - 013

Circular No:- 10 G15 10AC 2021-2022 142 Date:- 15/02/2022

CIRCULAR

The Student Welfare Department is organizing a workshop on Nirbhay Kanya Abhiyan from 21st February to 23rd February 2022. It will be on a hybrid mode. Interested students give your names to Hasina Shaikh by 20th February 2022.

Once you have given names attendance is compulsory.

Hasina Shaikh

Student Welfare Officer

SCOLLEGE FOR GIAL GOVERNMENTS TO MA-411001*

Dr. Jaya Rajgopalan

Principal In Charge

St. Mira's College For Girls, Pune

Principal In Charge

Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Student Welfare (2021-22)

Nirbhay Kanya Abhiyan Workshop(21st to 23rd February 2022)

The Department of Student Welfare organized Nirbhay Kanya Abhiyan workshop from 21st to 23rd February 2022 with an objective to develop confidence among girls and become a fearless women. In recent years, when on one hand we see women working in all fields equally with men, the incidences of abuse and violence against women are also consistently rising. So, a campaign like Nirbhay Kanya Abhiyan is very essential in helping students understand structural constraints that restrict their freedom and learn ways and strategies to deal with them. This year the workshop was both online as well as offline mode. 20 girl-students from Christ College were invited to attend the Nirbhay Kanya Abhiyan Workshop. Total there were 70 students online and offline mode

On 21st February 2022, the first session on **Self- Defence** was conducted by Miss Maya Khadka, she is a black belt in Karate. She introduced simple techniques of self-defence which the girls can use to protect themselves in regular situations like bus travel. Then she demonstrated self-defence tactics to be used in situations of physical violence or eve-teasing involving physical abuse. She showed how simple techniques using one's reflects can be employed to defend oneself. Miss Maya demonstrated with the help of volunteers some very useful self-defence actions which the girls have to learn only through regular practice. At the end she said that self-defence exercises must be practiced on a regular basis and not remain only at a workshop level where most participants forget it very quickly.

On 22nd February 2022, second session was conducted by Mrs Shakuntala Bhalerao, a social activist on **Harassment of girls and women at home**. She introduced the session with the help of a documentary film and then discussed the ways through which the harassment and exploitation is done. The students actively participated in the discussion and shared their experiences. Some strategies were also suggested by the speaker as well as the students.

On 23rd February 2022, third session was conducted by Mrs Alka Joshi, a social activist on **Sexual Harassment of women at work place.** At the beginning of the session, she narrated two stories regarding women security, it lead to an impressive discussion. It helped students to open up and share their experiences. Mrs. Alka Joshi explained how violence against women is deeply rooted in the patriarchal structure. She said that women are still treated as part of family or community and not as independent individuals. She further stressed the need to build support groups of youth to bring in change at social level.

Hasina Shaikh, Student Welfare Officer proposed the vote of thanks to Board of Student Development, Principal In Charge, St. Mira's College for Girls, Dr. Assunta from Christ College, All the Resource persons for the workshop and all the students participated in the workshop.

COLLEG

Student Welfare Officer

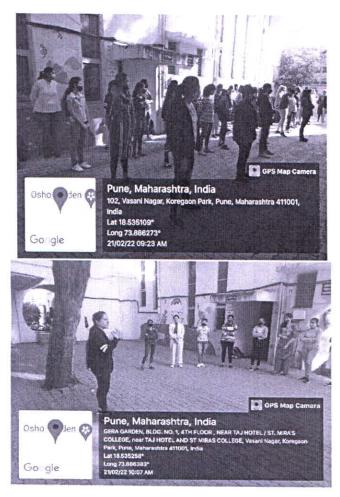
Hasina Shaikh

Principal In Charge

Dr. Jaya Rajgopalan

Department of Student Welfare (2021-22)

Nirbhay Kanya Abhiyan Workshop(21st to 23rd February 2022)



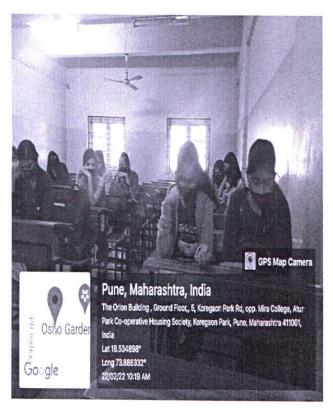
Session 1: Self Defence By Miss Maya

COLLEGE COR GIRLS

Principal Incharge
St. Mira's College for Girls

(Hasina Shaikh) (Co-oldinated)

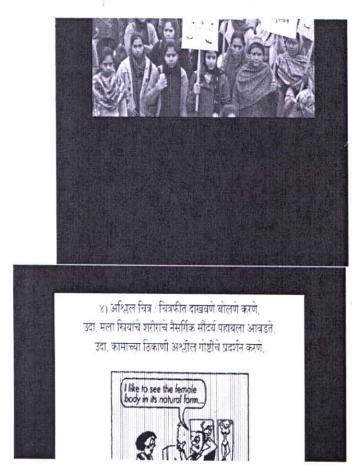




Session 2: Harassment of girls and women at home by Mrs Shakuntala Bhalerao

(Hasina Shaikh) (Coordinated)





Session 3: Sexual Harassment of women at work place by Mrs Alka Joshi

COLLEGE CONA-411001*

Principal Incharge
St. Mira's College for Girls

(Hasina Shaikh) Co-oldinatol

Nirbhaya Kanya

Date: 21st February, 2022







ST. MIRA'S COLLEGE FOR GIRLS

[An Autonomous College Affiliated to the Savitribai Phule Pune University] [ARTS, COMMERCE, SCIENCE, B.Sc.(COMPUTER SCIENCE) BBA, BCA]

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Dr. Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code No.: 013

Date: 08.04.2022

G-18/2021-22/ 62

KINDLE THE LIGHT

CIRCULAR

The College is organizing "Sinhagad Trek" on Thursday 14th April 2022 at Morning 4.45 am for all the students of Degree College. Those who are interested have to register on the following link and contact Ms. Ekta Jadhav, Director of Physical Education for further details:

https://forms.gle/hZzMQvFRmsZCLJuz7

Ms. Ekta Jadhav

Director of Physical Education

Dr Jaya Rajagopalan Principal Incharge

Principal Incharge St. Mira's College for Girls

Joh

Please visit: www.dadavaswanisbooks.org

St Mira's College for Girls, Pune An Autonomous- Affiliated to Savitribai Phule Pune University, Pune Department of Physical Education

Report of Sinhagad Trek

The Department of Physical Education had organised a "Sinhagad Trek" on 14th April, 2022 for all the students. Total 38 students took part enthusiastically for the trek. Trekking Improves physical fitness, mental fitness and social behaviour, it also develops the team work, increase concentration and boost up mood.

The Instructor of the trek was Mrs. Ekta Jadhav, Director of Physical Education. We leave from college at 5.00 am in the morning and start climbing at 6.30am and reached up at 8.30 am. and came back to college at 2.30 pm.

Students gain knowledge about the history of the fort and Shivaji Maharaj. To keep our environment clean and hygienic our students did cleanliness drive on the fort, they collected plastic bags, rappers and bottles etc. The students spread awareness of cleanliness among the public.

The students took part energetically and enjoyed the trek alot. Students also get to know about their capacity, fitness level....

Ms.Ekta Jadhav Director of Physical Education Dr Jaya Rajagopalan Principal Incharge



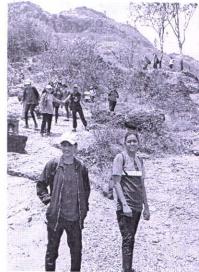
St Mira's College for Girls, Pune An Autonomous- Affiliated to Savitribai Phule Pune University, Pune Department of Physical Education Photos of Sinhagad Trek













Ms. Ekta Jadhav Director of Physical Education



Dr Jaya Rajagopalan Principal Incharge

Sinhgad Trek

Date: 14th April, 2022









St. Mira's College For Girls, Pune

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6,Koregaon Road,Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/10AC/2021-2022/02

Date:- 01. 07. 2021

CIRCULAR

Between 15st July 2021 to 30th April 2022 Mental Health Awareness Classroom Sessions are to be organized by for all Degree College Students during college hours in their respective classes.

Ms. Pooja Jain

Coordinator

A'S COTIFOR FOR

Dr. Jaya Rajagopalan

Principal Incharge

St. Mira's College for Girls, Pune Department of Psychology Mental Well-being Program 2021-22

Classroom Awareness Sessions Integrated Report

July 2021- April 2022

S. No.	Date	Class	Time	Attendance	Attendance Sheet
1	05-08-2021	TY BCom	12:30- 02:00 pm	15	Screenshot available
2	07-08-2021	TY BCA + BBA	9:00-10:30 am	40	Screenshot available
3	22-09-2021	TY BA	1:00-2:30 pm	44	Screenshot available
4	29-09-2021	SY BA	01:00-2:30 pm	62	Screenshot available
5	01-12-2021	FY BA	8:00- 9:00 am	33	Screenshot available
6	08-01-2022	TY BA - A	10:00-11:00 am	29	Screenshot available
7	11-01-2022	SY BA - A	01:00-02:00 pm	54	Screenshot available
8.	8-02-2022	FY BCom	1:00-2:00 pm	28	Screenshot available
9.	03-02-2022	TY BA- B	1:00-2:00	16	Screenshot available
10.	18-02-2022	SY +TY BCA	9:00-10:00 am	53	Hard Copy available
11.	18-02-2022	FY BBA + SY BBA	10:00-11:00 am	71	Screenshot +Hard copy available
12.	01-04-2022	FY BA	13:00-14:30	52	Screenshot +Hard copy available
13.	06-04-2022	FY BSC	14:00-15:00	22	Hard Copy available
14.	06-04-2022	SY BSC	14:00-15:00	20	Hard Copy available
15.	06-04-2022	TY BSC	14:00-15:00	12	Hard Copy available

Classroom awareness sessions were conducted on dealing with psychosocial impact of covid, managing grief and building emotional resilience by in house college counsellor across classrooms over the year. 551 students participated in these sessions and offered feedback over google forms.

Total Students: 551

Program Coordinator: Ms. Pooja Jain

Email address: mentalhealth@stmirascollegepune.edu.ir

St. Mira's College for Girls, Pune Department of Psychology Mental Well-being Program 2021-22

Classroom Awareness Sessions - Attendance Sheet

July 2021- April 2022

TY BCom- 15



TY BBA+ BCA- 40



TY BA- 44

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SY BA- 62

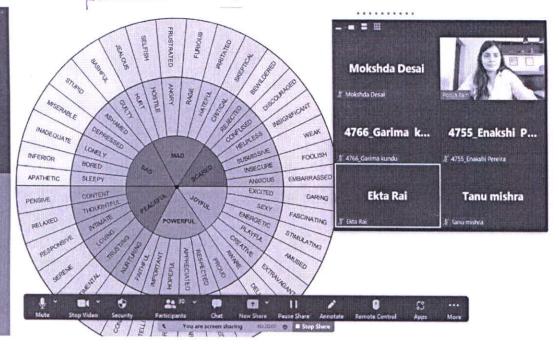


FY BA- 33



TY BA- 29





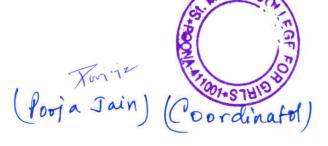
SY BA- 54

Exercise

- · Think of a time when it was very difficult but you managed to deal/adapt and cope
- · What was the concern?
- · What were your initial thoughts and feelings about it?
- · What skills, values and beliefs helped you to manage it?
- · What made you do these actions?
- · What are the similar skills, values and beliefs could be more helpful?

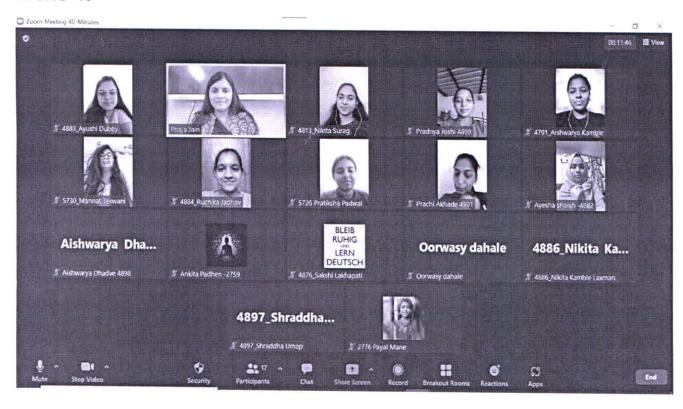


FY BCom- 28





TY BA B- 16



FY BBA + SY BBA (45 - online mode)



Principal Incharge
St. Mira's College for Girls

(Pooja Jain) (Co-oldinated)



FY BA-34 on online mode



Note: Remaining attendance sheets are in hard copy

Total Students: 551

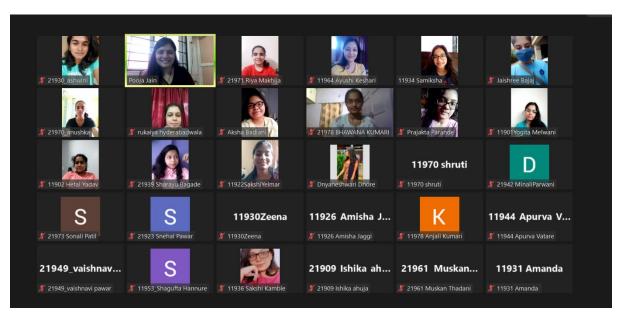
Program Coordinator: Ms. Pooja Jain

Email address: mentalhealth@stmirascollegepune.edu.in

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Mental Health Awareness Classroom Sessions

Date: 15-07-2022







St. Mira's College For Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Reaccredited by NAAC- A Grade, cycle 3

[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]

6,Koregaon Road,Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962)

College Code:- 013

Circular No: G15/10AC/2021-2022/03

Date: - 01. 07. 2021

CIRCULAR

Individual Counselling Sessions will be provided on pre appointment basis by Mental Well-being Program under Department of Psychology between 1st July 2021 to 30th March 2022 for all Degree College Students during college hours over Zoom platform.

Ms. Pooja Jain

Coordinator

WIRA'S COLLEGE FOR

Dr. Jaya Rajagopalan

Principal Incharge

St. Mira's College for Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University) Department of Psychology

Mental Well-being Program 2021-2022 Individual Therapy Sessions Report July 2021- April 2022

Students were offered free online individual professional counselling sessions throughout the academic year starting from July 2021 to December 2021. One full time college Counsellor, Ms. Pooja Jain and two part time Psychologists, Ms. Divya Gupta and Ms. Purva Kadaganchi were appointed to offer psychological support to students during the Covid-19 Pandemic by the Department of Psychology.

In total <u>71 students</u> reached out for help through taking personal appointments and 269 sessions were offered to these students throughout the academic year.

Program Coordinator: Ms. Pooja Jain

ST. MIRA'S COLLEGE FOR GIRLS

[An Autonomous College Affiliated to the Savitribai Phule Pune University] [ARTS, COMMERCE, SCIENCE, B.Sc.(COMPUTER SCIENCE) BBA, BCA]

6, Koregaon Road, Pune - 411001.[INDIA] Ph./Fax : 26124846 E-mail : mira_college@yahoo.co.in

Dr. Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code No.: 013

G-18/2021-22/14

KINDLE THE LIGHT

Date:-20.8.2021

CIRCULAR

The College is conducting Regular Athletics Coaching for the students of all classes from 1st September 2021. Ms. Gurbans Kaur, Special Athletics Coach, International Athlete, Shiv Chhatrapati Puraskar Awardee is going to take the Regular Athletics coaching for the students. Those who are interested have to enroll their names to Ms. Ekta Jadhav, Director of Physical Education.

Ms. Ekta Jadhav Director of Physical Education Pr Jaya Rajagopalan Principal Incharge

Please visit: www.dadavaswanisbooks.org



Department of Physical Education and Sports

Report of Athletics Coaching

2021-22

The daily Athletics Coaching was started on 13th October, 2021. It was conducted for all the girls, those who are interested in sports and want to make a career in sports field. Ms. Gurbans Kaur (International Athlete, Shiva Chatrapati Puraskar Awardee) was special coach for Athletics training. Due to pandemic situation all classes were online but we started the coaching offline with all safety measures, so for athletics practice girls were coming to college daily.

The main purpose is to create National and International level Athlete. This year the major focus was given on fitness, due to pandemic from last one year students miss their practice and facing lack of fitness. In Athletics Coaching we are giving training to students for various events like throwing (Shot Put, Javelin, Discus Throw, Hammer Throw), Jumping (Long Jump, Triple Jump, High Jump) Running (Long Distance, Cross Country, Marathon) Shot Distance- 100mt, 200mt, 400mt, 800mt) etc. All the girls are going under various fitness trainings like Strength Training, Speed, agility Cardiovascular trainings, Circuit Training etc. Those are practicing daily they get concession in the attendance. The extra diet is also given by the college like fruits, dry fruits, groundnut and Jaggery etc. All these girls are showing lot of improvement in the performance.

Exta Jadhav Director of Physical Education COLLEGE

Dr Jaya Rajagopalan Principal Incharge

Department of Physical Education and Sports

Athletics Coaching 2021-22 Photos













Ms. Ekta Jadhav

Director of Physical Education



Dr Jaya Rajagopalan

Principal Incharge



Regular Athletics Coaching

Date: 13th October, 2021 onwards







St. Mira's College For Girls, Pune

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Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15 1 QAC 2021-2022 165

Date: - 25/03/2022

CIRCULAR

A documentary screening titled 'Screening Green' will be organized by the Green Club on the 30th of March 2022 for the students of FYBCom. The session will be held on Zoom at 09:00am. The link for the same will be shared on the class groups. All students are requested to attend the same.

Komal Tujare

Coordinator

S'ANN S'ADONNA NIGO

Dr. Jaya Rajagopalan

Principal-in-charge



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6,Koregaon Road,Pune-411001. [INDIA]

Screening Green

Report

A documentary screening titled 'Screening Green' was organized by the Green Club on the 30th of March 2022 for the students of FYBCom to sensitise students towards environmental concerns by screening documentaries and videos which enable them to grasp the seriousness of the climate crisis we face and equip them with the knowledge required to overcome the same. The objective this activity aimed to meet was that students will live more consciously and sustainably as they grow aware of the consequences of their choices and actions on the natural environment around them. An episode titled 'Frozen Worlds' from the Netflix documentary series *Our Planet* was screened and was followed by a discussion. A total of 65 students were present for the screening and the students were also asked to write an assignment on the same theme of nature conservation.

Komal Tujare

Coordinator

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SADHU VASWANI MISSION'S St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University)

Screening Green 30th March, 2022



Our Planet | Frozen Worlds | FULL EPISODE | Netflix
28°C
Cloudy

Fold Participants: 65

Principal Incharge St. Mira's College for Girls, Pune.

ENG (\$\infty\$ CM) (\$\burnet\$) 30-03-2022 (\$\burnet\$)

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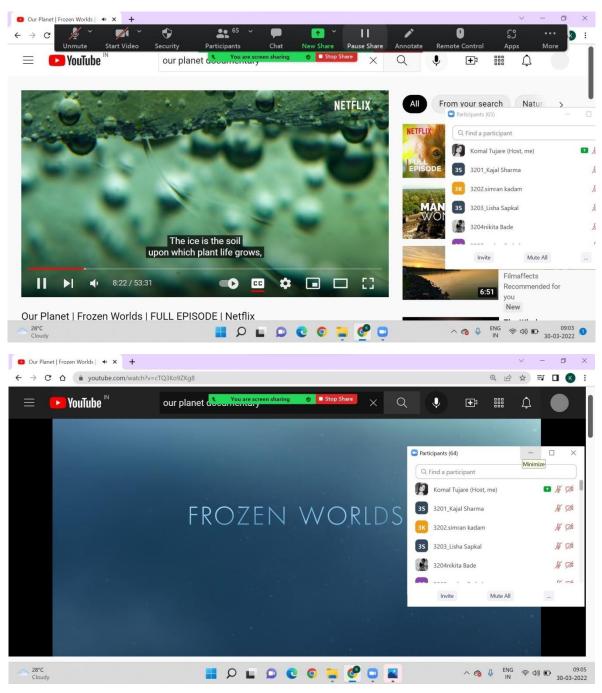
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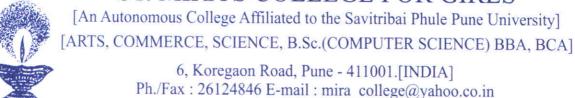
Screening Green

Date: 30th March, 2022





ST. MIRA'S COLLEGE FOR GIRLS



Dr. Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code No.: 013

A-7(z)/2021-2022/53

Date: - 18.10.2021

CIRCULAR

From 21st October 2021 to 25th October 2021 a competition titled "A Cyber Security Awareness Quiz- October 2021 is to be organized by Department Of Computer Science via Google form platform.

SCOLLEGE ROR GIRLS

Dr Jaya Rajgopalan Principal Incharge

Jay

St. Mira's College for Girls, Pune

National Cyber Security Awareness Month- October 2021 Co-curricular Activity

Report for "Cyber Security Awareness Quiz-October 2021 &

Poster Presentation on Cyber Security Awareness-2021"

The Department of Computer science has organized a Quiz on "Cyber Security awareness and Poster Presentation" from 21-10-2021 to 25-10-2021 which took place Online mode on Google Form for all Under Graduate and Post Graduate students of St. Mira's College for girls, Pune.

After successfully completing cyber security awareness quiz students received a certificate for the same. For this quiz, total 404 students were participated from all stream.

In Poster presentation, students were made poster based on cyber-attacks, Viruses etc in '.JPEG' and submitted to us for display. In poster Presentation, 157 students were taken apart.

These quiz and poster presentation rewarded the students to develop their Competitive Spirit and knowledge skill in cyber security.

Mrs. Gitanjali Phadnis

Swan palake swant coordinator

Co-ordinator

Dr Jaya Rajagopalan

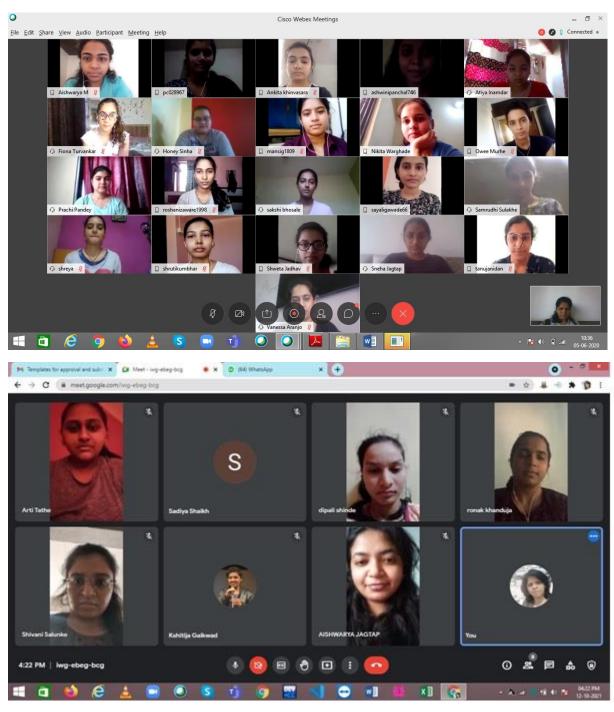
Principal Incharge

Principal Incharge St. Mira's College for Girls

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A Cyber Security Awareness Quiz

Date: 21st October, 2021 to 25th October, 2021





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Dr. G. H. GIDWANI Principal

PU/PN/AC/015/(1962) College Code No.: 013

G-28/2021-2022/5

KINDLE THE LIGHT

Date:-21.03.2022

CIRCULAR

On 26.03.2022 a Guest Lecture on "Trends in Communication" is to be organized by Department of Commerce from 12.00 noon to 1.00 pm in Audio Visual Room.

Jyoti Chintan Coordinator COLLEGE TO A GIRLS

Dr Jaya Rajagopalan

Principal Incharge St. Mira's College for Girls, Pune.

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Please visit: www.dadavaswanisbooks.org

On 26th March 2022, the Department of Commerce from St. Mira's College for Girls had organized a Guest Lecture with the spokesperson being the college alumni- Miss Sneha Singh, the aim of the informative session was to enlighten the students with the knowledge of how communication in corporate world plays a huge role in shaping their career prospects. The number of participants for this Guest Lecture were

60 students.

Engaging the students with her very own personal experiences in the corporate world, the Chief Guest gained the attention with her anecdotal method of approaching the audience. Various philosophies and facts were shared through the PowerPoint presentation that emphasized email as a main means of formal communication, its advantages, disadvantages. The significance of developing a strong social media presence on platforms like LinkedIn was highly encouraged among students towards gaining some corporate exposure.

The entire lecture was well enjoyed and dispersed with a sincere hope of giving the students a peek into the world of practicalities.

Teacher: Jyoti Chintan



ST. MIRA'S COLLEGE FOR GIRLS, PUNE

(Autonomous- Affiliated to Savitribai Phule Pune University)

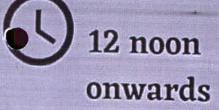
DEPARTMENT OF COMMERCE

Guest Lecture on

Recent Trends in Communication



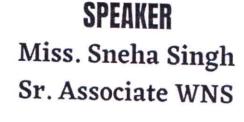
Saturday, 26th March, 2022

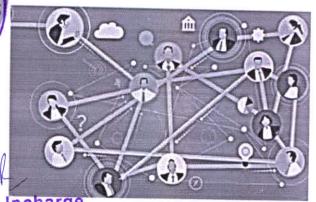


Invitees: SYBGom Business Gommunication students

VENUE: AUDIO-VISUAL

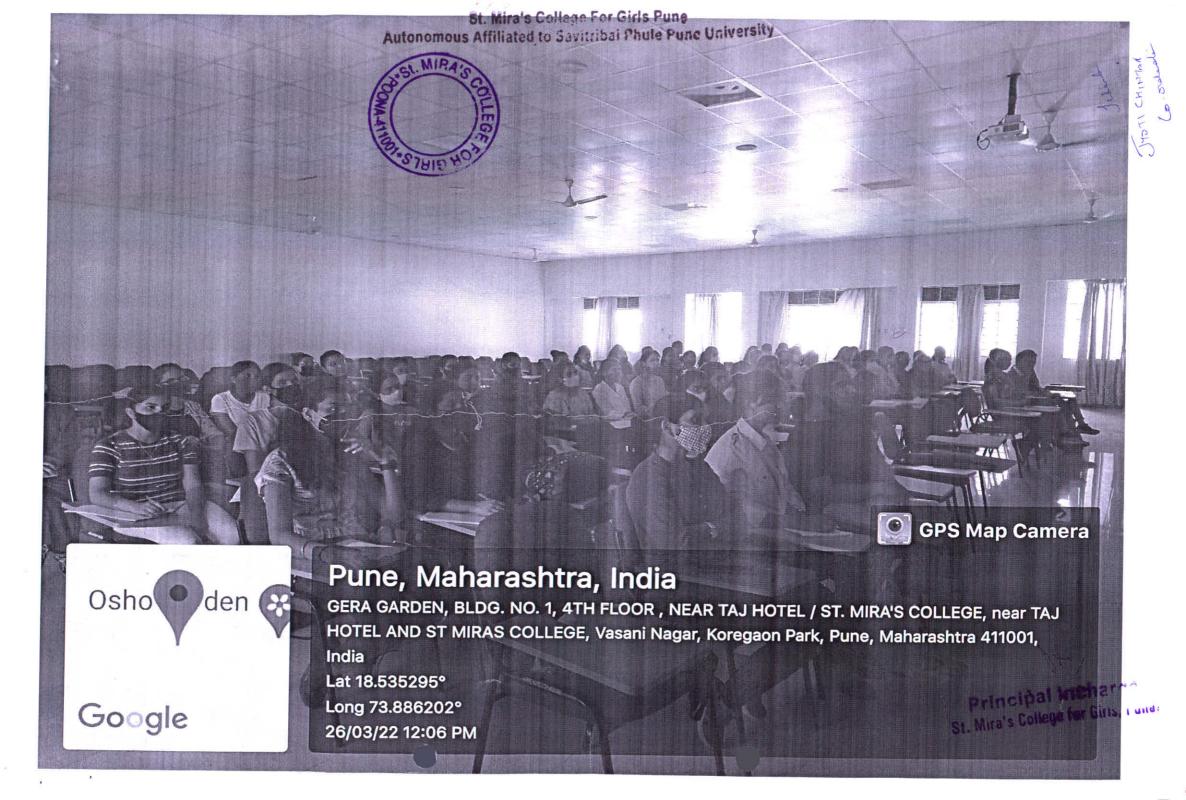
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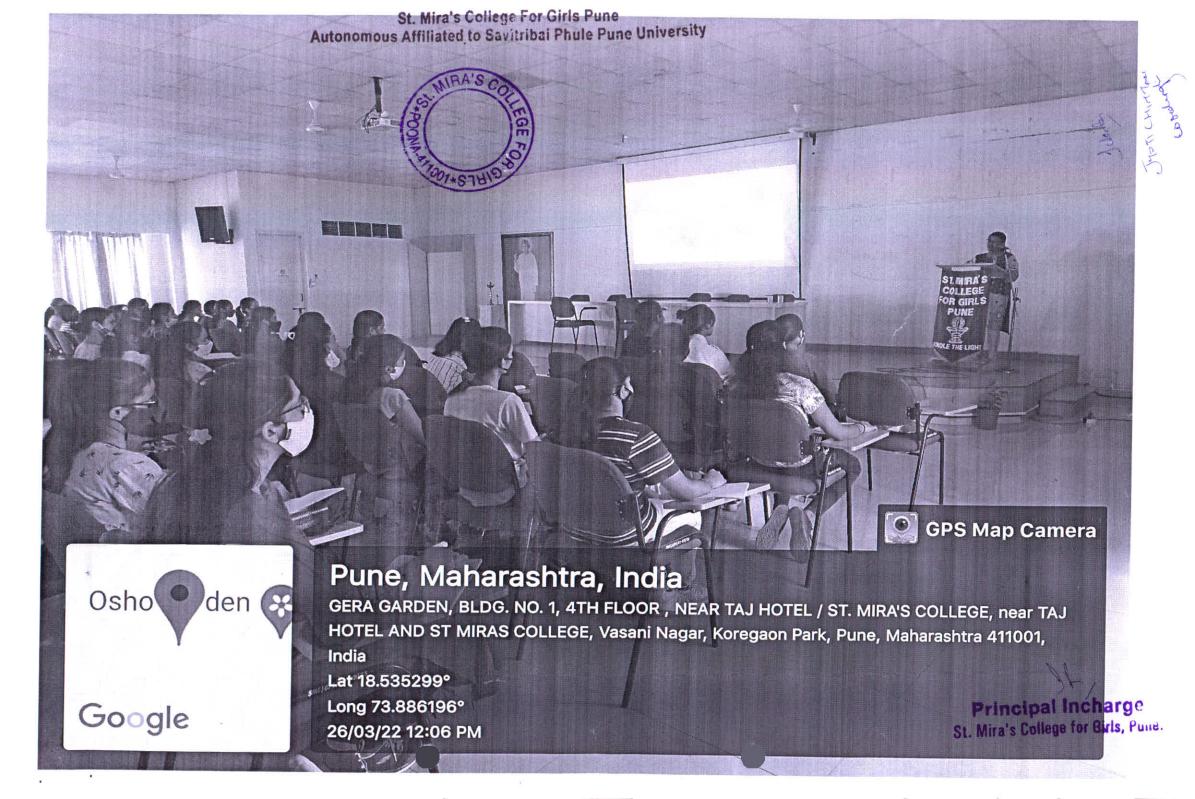




Principal Incharge St. Mira's College for Girls, Pune.

John John Jake





Trends in Communication

Date: 26th March, 2022









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Dr. Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code:- 013

Circular No: - G15/IQAC/2021-2022/165

Date:-17/03/2022

CIRCULAR

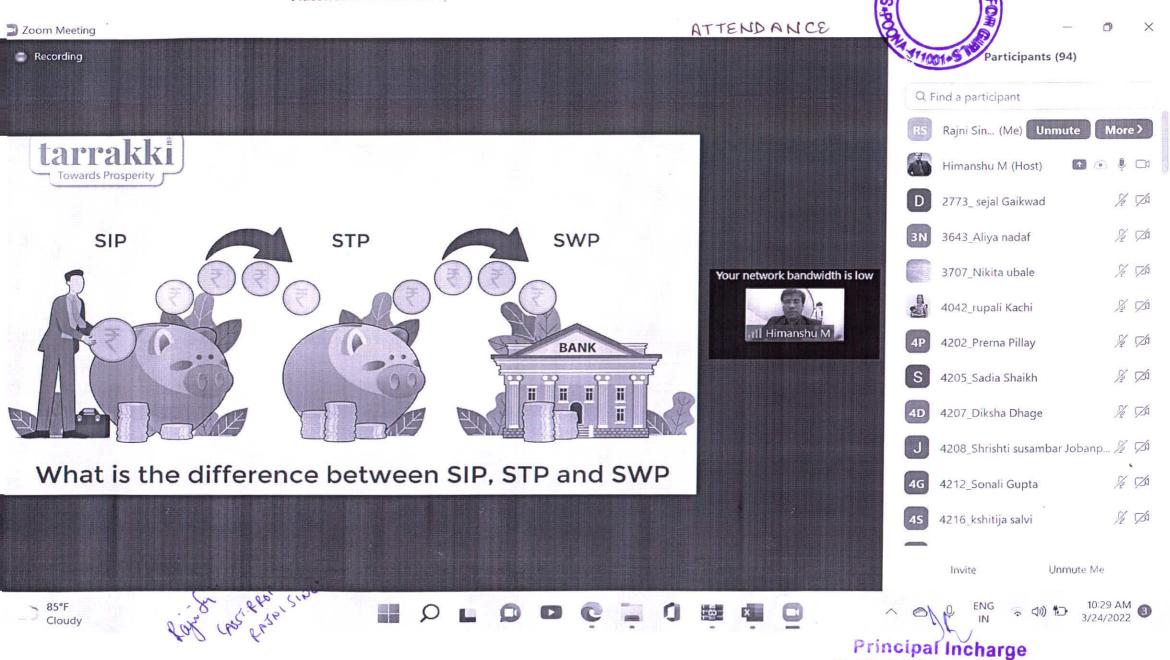
IIC is organizing a guest lecture titled, "Marketing of Mutual Funds: A Financial Services Product on 24th March 2022 for T.Y. B.Com (Marketing and Business Administration special students from 10:00 am to 11:00 a.m. . Interested students to register for the same. Registration Link and other details will be shared by student Coordinator on class groups.

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Asst. Prof. Rajni Singh Coordinator

Dr. Jaya Ŕajagopalan Prancipal Indongrae

St. Mira's College for Girls, Pune.



St. Mira's College for Girls, Pune.

Department of Commerce

On 24th March, 2022, Asst. Prof. Rajni Singh organized an online guest lecture titled, "Marketing of Mutual Funds- A Financial Services Product" via Zoom platform. The lecture was delivered by Mr. Himanshu Mayne- A Certified Financial Planner.

The session witnessed an overwhelming presence of 94 participants. The attendees included T.Y.B. Com Marketing and Business Administration special students.

The guest lecture aimed at achieving following:

To introduce the student to the concept of a Service Product- Mutual Fund as a Product

- To enable them understand marketing process and practices involved in selling of Mutual Fund
- To make students understand challenges involved in selling financial products
- To help students see possibilities of career opportunities in the financial services industry

The session focused on various considerations involved in selling of Mutual Funds.

The workshop was appreciated by participants as it helped them to relate the theory of marketing of services product with the practical through the mutual fund product. Also, it helped them understand the challenges of selling an intangible product with the example of mutual fund as a services product and suggest solutions for the same.

WORDINATOR

MIRA'S COLLEGE MONA ALIGNA'S THIS HOT

ST. MIRA'S COLLEGE FOR GIRLS, PUNE



[Autonomous- Affiliated to Savitribai Phule University] Re-accredited by NAAC 'A' Grade (Third Cycle)

DEPARTMENT OF COMMERCE PRESENTS

A GUEST LECTURE ON MARKETING OF MUTUAL FUNDS: A FINANCIAL SERVICE PRODUCT





Resource Person: Mr. Himanshu Mayne CFP

Founder and CEO, Infinity Financial Academy CFO,Infinity Financial Planners

REGISTRATION LINK:

https://forms.gle/6h8samar7GdpM5vZ6

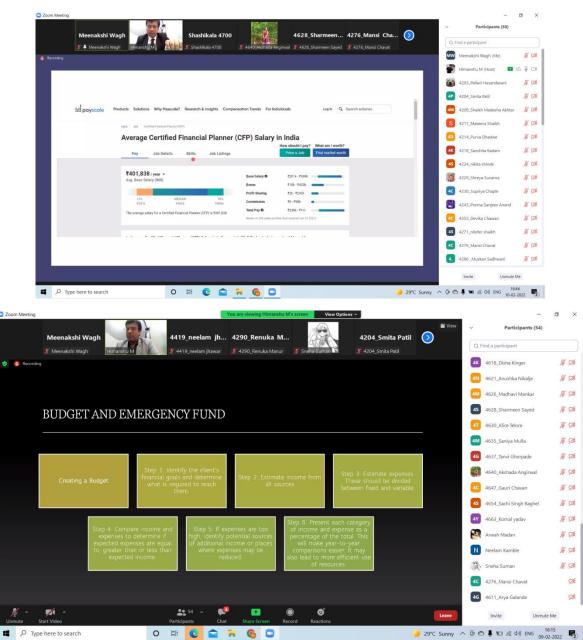
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DATE: 24TH MARCH 2022 TIME: 10:00AM PLATFORM ZOOM

(ALST PROF. PNOISINGH)

Marketing of Mutual Funds-Financial Service Product

Date: 24th March, 2022







St. Mira's College For Girls, Pune

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Dr.Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/IQAC/2021-2022/166

Date:-17/03/2022

CIRCULAR

Centre for Women Entreprenurship is organizing a "Business Planning Workshop on 26th March 2022 from 09:00 am to 11:00 a.m. Interested students to register for the same. Registration Link and other details will be shared by student Coordinator on class groups.

Rapide

Asst. Prof. Rajni Singh Coordinator Od*St. MIRAS COLLEGE

Dr. Jaya Rajagopalan

St. Mira's College for Girls, Pune.

Centre for Women Entrepreneurship- IIC Self Driven Activity

REPORT

BUSINESS PLANNING WORKSHOP- Asst. Prof. Rajni Singh

On 26th March, 2022, Asst. Prof. Rajni Singh conducted a workshop on 'Business Planning' for Centre for Women Entrepreneurship. The session witnessed an overwhelming presence of 100 participants. The attendees included CWE faculty members and students.

The aim of the workshop was to introduce to the participants the strategic approach towards business plan and provide hands on experience through exercises and discussion on the same. The session introduced the students to the essentials of an effective business plan with the latest examples from the industry.

The session focused on various components of a business plan. The students were involved in an exercise on business plan of a 'Coffee Bar' where they worked out different aspects of business plan- product planning, market analysis, industry analysis, location strategy, management plan and financial plan, start- up requirements and effective implementation.

The workshop also encouraged participants' discussion of business plan of their business idea. The platform provided aspiring entrepreneurs an opportunity to present their idea to audience and test the waters.

The workshop was appreciated by participants as it helped them to learn the essentials of effective business plan, strategizing and major pitfalls in planning and execution. They also experienced it through feasibility discussion and drafting of business plan of their idea.

96 students participated.

CORRINATOR

MIRA'S COLLEGE TO LEGE TO THIS HOT

ST. MIRA'S COLLEGE FOR GIRLS, PUNE



[Autonomous- Affiliated to Savitribai Phule University]

Re-accredited by NAAC 'A' Grade (Third Cycle)



CENTRE FOR WOMEN

ENTREPRENEURSHIP (CWE) PRESENTS

BUSINESS PLANNING WORKSHOP





Resource Person:

Asst. Prof. Rajni Singh



REGISTRATION LINK:

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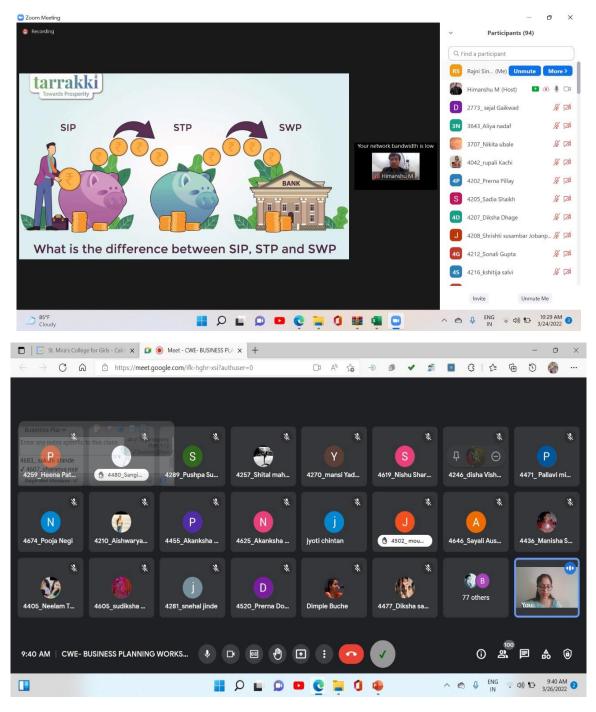
DATE: 26TH MARCH 2022 TIME: 9:00AM — 11:00 AM PLATFORM GOOGLE MEET

CASST. PROF. RAYNISINGH)

JR/

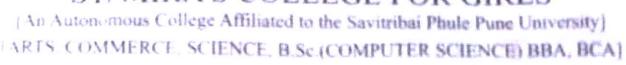
Business Planning Workshop

Date: 26th March, 2022





ST. MIRA'S COLLEGE FOR GIRLS



6, Koregaon Road, Pune - 411001 [INDIA]
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1 100 100

PU/PN/AC/015/(1962) College Code No.: 013

No G-47/2021-22/1

10.7.2021

CIRCULAR

In connection with beloved Dada J. P. Vaswani's 3rd Mahayagna and 103rd Birthday coleprations, the college (Junior and Senior) has organized a series of programmes.

All the staff members are requested to attend the same.

Special Sanctuary in connection with Mahayagna

13th July 2021

Anjali Week

Hindi Declamation

20th July 2021

Marathi Declamation

22nd July 2021

English Declamation

24th July 2021

All the programs will be conducted online through Zoom platform.

Time - 11.30 a.m.

Dr Jaya Rajagopalan Principal Incharge

St. Mira's College For Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

English Declamation

July 24, 2021

REPORT

The Department of English hosted the English Declamation presentation on the 24th of July 2021 at 11:30 a.m. on Zoom as part of the Anjali Week celebrations. The event was attended by all the faculty members of the college and had 8 participants who presented delightful stories written by Dada J. P. Vaswani from his collection 'Snacks for the Soul'. The students performed enthusiastically and brought life to the tales through their highly emotive performances. The event also had Sakshi Gulwani presenting an Anjali Geet in her melodious voice. The programme ended on a joyful note with a vote of thanks.

Coordinator:

Komal Tujare

St. Mira's College For Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

English Declamation

July 24, 2021



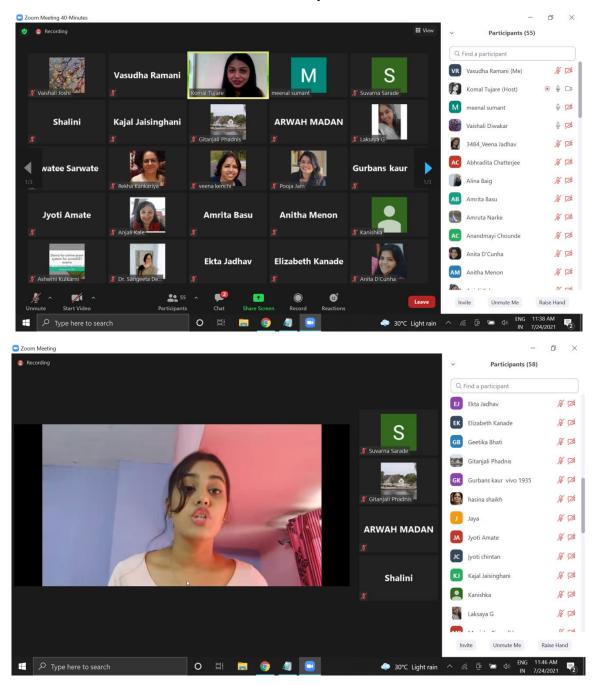


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MIRA'S COLLEGE FO

English Declamation

Date: 24th July, 2021







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Dr.Jaya Rajagopalan Principal Incharge PU/PN/AC/015/(1962) College Code:- 013

Circular No:- BBA-BCA/2021-22/1a

Date: - 30/08/21

CIRCULAR

On 07-09-21 a Workshop titled Analysis of Financial Statements and Revised Schedule III Format for the Financial Statements is organized by SY & TY BBA and from on 10.00am to 11.30am onwards via Virtual platform.

Mrs. Rekha Kankariya

Coordinator

STOOTIFE WOOD ST. MISO

Dr. Jaya Rajagopalan

Principal In-Charge

St. Mira's College for Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Department: BBA

Workshop on Analysis of Financial Statements and Revised Schedule III Format for the Financial Statements

Date: 7 September, 2021

Number of Participants: 61

A workshop on the Financial Statement Analysis was conducted by Ms. Radhika Kesarkar for the SYBBA and TYBBA students.Ms. Radhika Kesarkarenlightened the participants about the Financial Statements and its revised format as per Schedule III Companies Act, 2013. Financial statements are prominent to evaluate an organization's financial performance, financial position and in prediction of future performance

Ms. Radhika delivered a very informative session and explained the concepts of the Financial statements in a lucid manner. The items of the Balance Sheet and Profit & Loss Statement were explained followed by Ratio Analysis of Lupin Ltd. The speaker demonstrated the calculation of Ratios and its analysis thereof of the company for the five years ending 31st March 2020. Students were taken through the calculation of Ratios from the financial statements of the company.

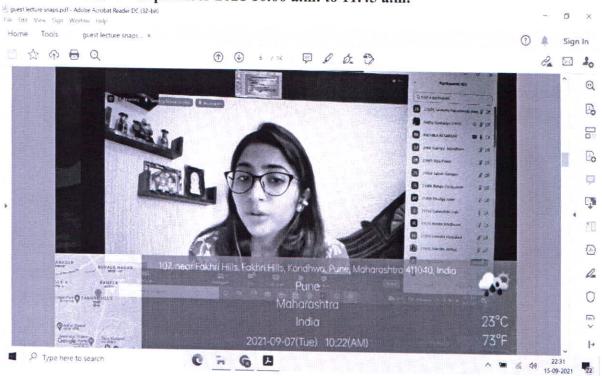
The highly informative and enlightening workshop had a good response and participants raised a few questions at the end, which were answered by the speaker. The session concluded with a vote of thanks.

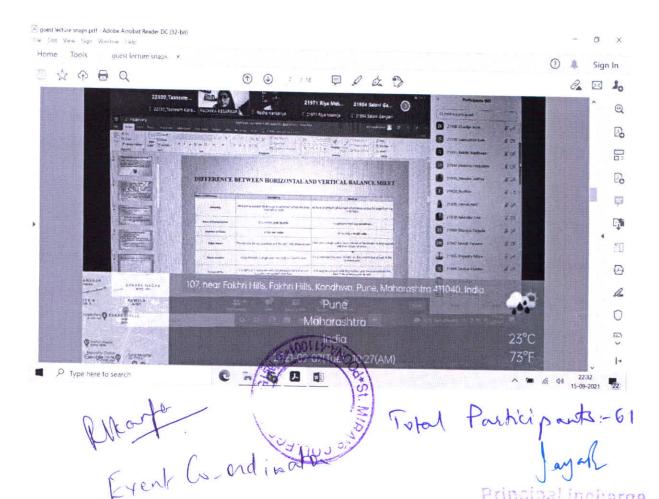
Event Co-ordinator

Attendance Sheet

Name of the activity/ event/ webinar/seminar:- Workshop on Analysis of Financial Statements and Revised Schedule III Format for the Financial Statements

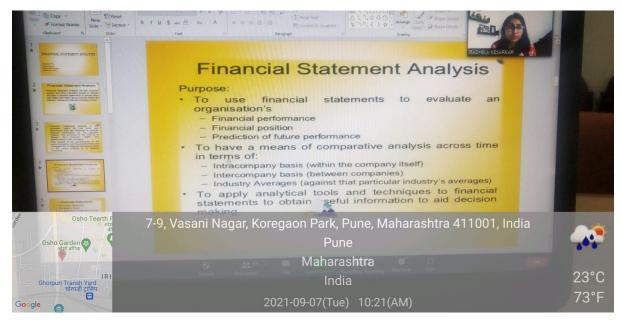
Date and Time:- 7th September 2021 10.00 a.m. to 11.45 a.m.





Analysis of Financial Statements and Revised Schedule III format for Financial Statements

Date: 07th September, 2021









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Dr. Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- BBA-BCA/2021-22/1h

Date:- 17-03-2022

CIRCULAR

On 21st February 2022 a Guest Lecture titled "Basics of Stock Market and Stock Analysis" is to be organized by the BBA Department from 11 to 12.30 p.m. to via Webex platform.

Mrs. Rekha Kankariya

Coordinator

Dr. Jaya Rajagopalan

Principal Incharge Principal Incharge St. Mira's College for Girls, Pune.

Department: BBA

Guest Lecture on Basics of Stock Market and Stock Analysis

Date: 21st March 2022

Number of Participants: 43 students + 1Faculty + 1 Resource Person

Mode: Online (Webex)

Time: 11 a.m. to 12.30 p.m.

The resource person for the guest lecture was Dr. Shweta Jain, Associate Professor, IQAC Coordinator and Research Head, Pratibha Institute of Business Management, Chinchwad.

Dr. Shweta Jain began the session by enlightening the students on the basics of the stock market right from the meaning of "shares" to the IPO book building process to the working of the stock market and the significance of stock indices.

After this, the importance of investment analysis was explained to the students and Dr. Jain enumerated the key investment analysis techniques necessary for success in the stock market, those being: Fundamental Analysis, Technical analysis, economy analysis, profit outlook analysis, etc. Dr Jain also explained each step needed to be taken while doing such as analysis, for example, she explained how it was important to focus on SWOT (strength, weakness, opportunities and threats) during industry analysis and the importance of EPS and PE ratio analysis during fundamental analysis. Lastly, Dr Jain explained the key facets of technical analysis and the importance of learning how to read and interpret charts used in technical analysis such as candle chart, OHLC (opening highest, lowest closing) bar charts.

The lecture was truly an insightful session and the participants were grateful to receive immense learning from the session.

St. Mira's College for Girls, Pune.

Coordinator

Mrs. Rekha Kankariya

Attendance Sheet

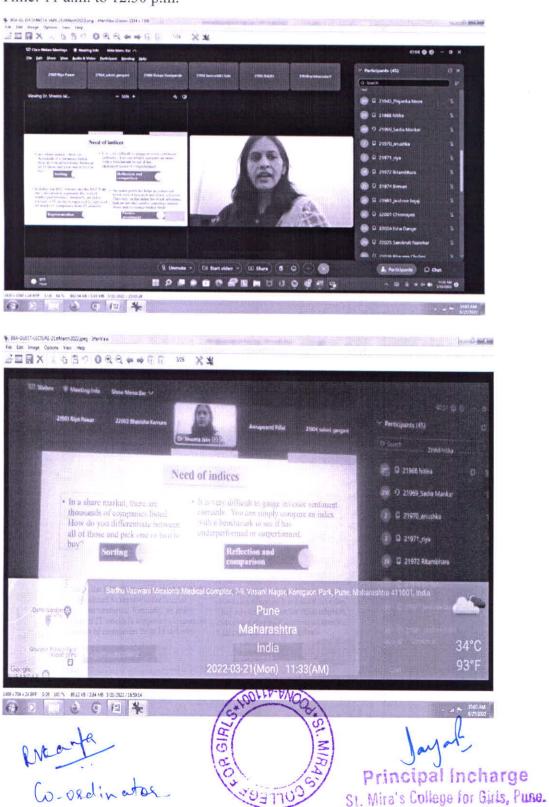
Name of the activity/ event/ webinar/seminar:- Guest Lecture on Basics of Stock Market and Stock Analysis

Date: 21st March 2022

Number of Participants: 43 students + 1Faculty + 1 Resource Person

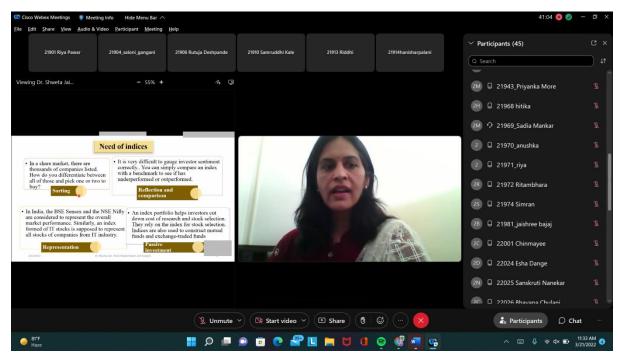
Mode: Online (Webex)

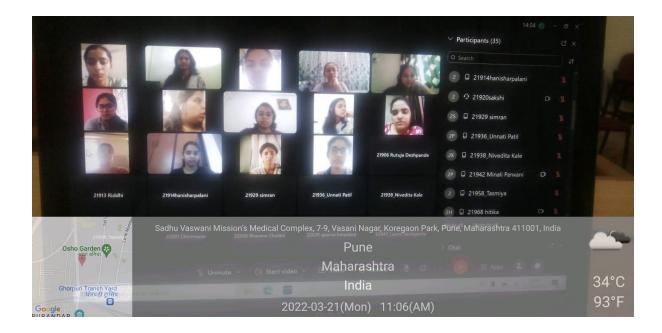
Time: 11 a.m. to 12.30 p.m.



Basic of Stock Market and Stock Analysis

Date: 21st February, 2022







ST. MIRA'S COLLEGE FOR GIRLS



6, Koregaon Road, Pune - 411001.[INDIA] Ph./Fax : 26124846 E-mail : mira_college@yahoo.co.in

Dr. Jaya Rajagopalan Principal Incharge

G-15(a)/2021-22/1

PU/PN/AC/015/(1962) College Code No.: 013

Date:- 15/09/2021

CIRCULAR

The Green Club of the college is celebrating 'Green Ganesha' from the 15th to the 21th of September. 'Green Ganesha' is an attempt to bring to fore the efforts of our students in celebrating Ganesh festivities in an eco-friendly manner. All the students who are interested in sharing their stories and photos of eco-friendly celebrations are requested to please fill the Google form available from this link: https://forms.gle/hfKakDMpXMFu3ojY9

All stories will be shared on the Green Club Instagram page. We invite participants from the entire college.

Komal Tujare Coordinator COLLEGE ROP GIRLS

Dr. Jaya Rajgopalan
Principal Incharge
Principal Incharge
St. Mira's College for Girls, Pune.







SADHU VASWANI MISSION'S St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University)

Green Ganesha 2021

REPORT

The Green Club of the college hosted a week-long virtual celebration of Ganesh Chaturthi titled 'Green Ganesha' in an attempt to showcase the efforts of students to put sustainability into practice by celebrating an eco-friendly Ganesh festival with their loved ones. The activity was conducted between the 15th and 21st of September 2021. Images and narratives of students' efforts to celebrate Ganesh festival in a 'green' manner were posted on the Green Club Instagram page, not only to appreciate their contribution to our environment but also to inspire others into taking up the cause. The activity proved to be very successful with several images and stories of eco-friendly celebrations being shared by students from across the college. Some enthusiastic faculty members participated as well.

Komal Tujare

Coordinator

GREEN GANESHA 15th to 21st September 2021



SC

Komal Tujare

Coordinator



Komal Tujare Coordinator



Green Ganesha

Dates: 15th September, 2021 to 21st September, 2021







ST. MIRA'S COLLEGE FOR GIRLS



[An Autonomous College Affiliated to the Savitribai Phule Pune University]
[ARTS, COMMERCE, SCIENCE, B.Sc.(COMPUTER SCIENCE) BBA, BCA]

6, Koregaon Road, Pune - 411001.[INDIA] Ph./Fax : 26124846 E-mail : mira_college@yahoo.co.in

Dr. Jaya Rajagopalan Principal Incharge G-18/2021-22/15 PU/PN/AC/015/(1962) College Code No.: 013

Date:-8.10.2021

CIRCULAR

The College is conducting Various Games Coaching for the students of all classes from 13th October 2021. Those who are interested in participating in Inter Collegiate/ District / State Level/ National Level Competitions have to contact Ms. Ekta Jadhav, Director of Physical Education. Specific Time slot will be allotted after the Registration. List of the games is as follows:

- 1. Athletics/ Cross Country
- 2. Yoga
- 3. Chess
- 4. Judo/Arnis
- 5. Basketball
- 6. Rowing
- 7. Kabaddi
- 8. Handball
- 9. Rifle Shooting
- 10. Badminton
- 11. Archery
- 12. Kho-kho
- 13. Table Tennis
- 14. Cricket
- 15. Football
- 16. Power Lifting
- 17. Hockey
- 18. Fencing

Ms. Ekta Jadhav

Director of Physical Education

Dr Jaya Rajagopalar Principal Incharge

Please visit: www.dadavaswanisbooks.org

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St. Mira's College for Girls, Pune An Autonomous (Affiliated to Savitribai Phule Pune University)

> Department of Physical Education Report- Various Games Coaching

> > 2021-22

The department of Physical Education had conducted Daily Various Games/ Sports Coaching in College Campus for all the students for entire academic year in the morning session. This year due to Covid Pandemic specific time slot was allotted for the students. And consent form of parents signature was also taken. This coaching session was started from 13th October, 2021. This year total 67 girls took advantage of various sports coaching at college campus. The practice was taken by Ms. Ekta Jadhav, Director of Physical Education. And for power lifting practice girls were doing practice at Fishers GYM Camp.

The main purpose was to create National and International level player in various events. This year the major focus was given on fitness, due to pandemic from last one year students miss their practice and facing lack of fitness. After fitness the skill practice with all techniques, Tactics were taught to all the girls. This year 3 girls participated in national level competitions out off that 2 are medalist, 3 girls at State level, 12 girls participated in Zonal level out off that 7 girls are medalist. Girls are taking advantage of sports coaching and improving their fitness and games skills. All these girls are showing lot of improvement in the performance.

Ms. Ekta Jadhav Director of Physical Education



Dr Jaya Rajagopalan

Department of Physical Education Photos- Various Games Coaching 2021-22



Ms. Ekta Jadhav Director of Physical Education Dr Jaya Rajagopalan
Principal Incharge
Principal Incharge
Nira's College for Girls, Pune.

Various Games Coaching

Date: 13th October, 2021





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Dr. Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code No.: 013

Circular No:-G15(4)/2022-23/15

KINDLE THE LIGHT

Date - 08.07.2022

CIRCULAR

On the occasion of World Population Day, the Department of Economics is organizing a Guest Lecture by Dr. Geeta N Parwani (BHMS,MD Homeopathy - Material Medica) on the theme: "Adolescent Health and Nutrition" on Monday, 11th July 2022 from 1.00 p.m. to 2.00 p.m.

The lecture will be conducted on Google Meet.

The lecture is open for all students.

Amruta Narke

Coordinator

Dr JayaRajagopalan

Principal Incharge
St. Mirans Daleborhor Sails, Pune.

Please visit: www.dadavaswanisbooks.org

Jol

REPORT ON GUEST LECTURE ON

"Adolescent Health and Nutrition"

By

Dr Gita Parwani

Organized by

Department of Economics
Class: SYBA Economics General 2[Demography]

Day and Date: Monday, July 11, 2022

Venue: Room No: 102

On the occasion of World Population Day, July 11, 2022, the Department of Economics of St. Mira's College for Girls, Pune organized an online Guest Lecture on "Adolescent Health and Nutrition" by Dr. Gita Parwani, practising Homeopathy at the Inlaks and Budhrani Hospital, Pune.

The lecture was organized for all students and especially benefitted the SYBA Economics General students studying the Demography paper.

Dr. Manisha Pimpalkhare, head, Department of Economics welcomed the Resource Person and highlighted that the issue of Adolescent Health and Nutrition in India was an area of concern since it had a direct bearing on the quality of the India's demographic dividend.

Dr. Shalini Iyer and Ms. Amruta Narke provided an overview of the lecture theme in English and in Marathi and emphasized its relation to the United Nations Sustainable Development Goal (UN SDG) 3: Health for All by 2030 and the National Family Health Survey (NFHS) 5's emphasis on Female Health and Nutrition.

Munira introduced the speaker and then the session was taken over by Dr. Gita Parwani. She touched upon areas of concern among adolescent youth especially females, like iron and zinc deficiency, constipation, lack of immunity, nervous system and neurological instability, bone density issues, anxiety and mental depression and specifically hormonal disorder amongst women of reproductive age like polycycstic ovary syndrome (PCOS).

Dr.Parwani highlighted the role of carbohydrates, fats, minerals, proteins in the food pyramid. She emphasized the need to alleviate symptoms of iron deficiency anaemia by consuming either non-vegetarian food or having green leafy vegetables. She identified zinc as a trace mineral necessary for DNA creation, cell growth, for building proteins, healing damaged tissue, and supporting a healthy immune system. Her advice to the students was to include saladsas a fibre source to avoid constipation, lean meats or Vitamin B12 and B-9 dietary supplements for red blood cell formation, brain and nerve cell development, citrus fruits – a vitamin C source for boosting immunity, of dairy/plant-based milk products/dietary

COLLEGE POOLING STANDON STANDO

supplements to meet the human body's calcium requirements, address weakening bone density issuesleading to osteoporosis.

Dr Parwani opined that modern day sedentary lifestyles have increased vulnerabilities to high blood pressure, coronary artery diseases, brain stroke, paralysis, diabetes, obesity, hormonal imbalances amongst women leading to poly-cystic ovarian syndrome [PCOS] with symptoms like irregular periods, excessive hair growth, weight gain, skin acne, hair loss on head, mood swings, infertility, a predisposition to type 2 diabetes, high cholesterol levels, adverse psychological and emotional impacts like low self-esteem and social alienation.

She recommended the maintenance of a food diary to identify and avoid problem/junk foods, emphasized the need for a balanced diet (limiting fat/oil consumption to 2 teaspoonfuls per head daily, substituting refined oil with cold pressed oils or ghee, adding 4-5 fruit servings daily, greater protein intake from animal (meats) or plant sources(legumes), consuming whole grain as carbohydrate sources, reducing caffeine intake, increasing water intake (8-10 glasses daily),consuming healthier beverages (green tea, buttermilk, lemon juice, coconut water) instead of aerated drinks / packaged fruit juices, including oats (cereal), milk(animal or plant based), jaggery, dates, dried black currents, figs (as sugar substitutes), peanut butter (as a protein source) in one's diet.

She advised the students to adopt a physically active life-style by devoting one hour daily for walking, running, swimming, dancing, aerobics, weight training, yoga etc, having a restful sleep without electronic stimulation or exposure to loud music to avoid occurrence of sleep disorders and hearing impairment.

The lecture was well received by the students who posed several questions relating to symptoms of PCOS, diet plans, and solutions to obesity, PCOS and the like. The lecture was attended by 51 student participants and faculty. The lecture feedback showed a positive response with a majority of the students requesting for additional orientation sessions on other health issues.

Ms AmrutaNarke.

Aments Narke

Dr.ManishaPimpalkhare.

Dr. Jaya Rajgopalan

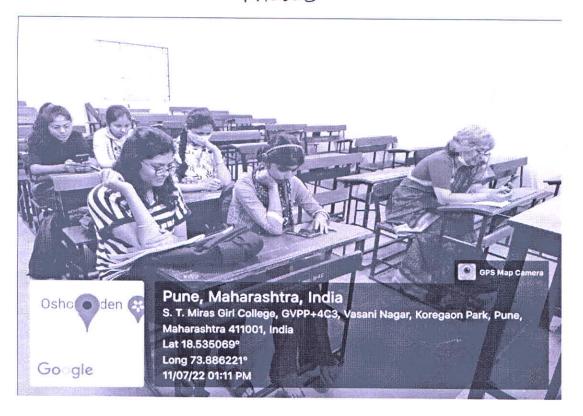
Coordinator.

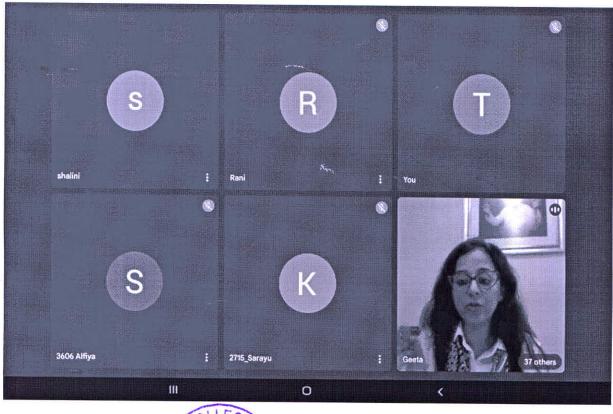
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Principal Incharge.



St. Mira's College For Girls Pune Autonomous Affiliated to Savinibal Phule Pune University Guest Lecture on. Adolescent Heath and Nutrition. Photos





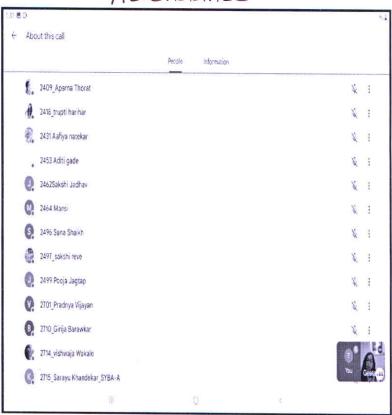
Amente Naske Coordinator.



Primair dincharge
St. Mira's College for Girls, Pune.



Adolescent Health and Nutrition. By Dr. Gita Parwoni - Attendance -







Total No of the Students - 51

Amrita Narke.

ayel Frincipal Incharge St. Mira's College for Girls, Pune.

coordinator

TRUPTI RAJKAMAL LOKHANDE	St.Mira's college for girls	SY-BBA(CA)
PRITI SATISH ZURUNGE	ST.MIRA'S COLLEGE FOR GIRLS	SYBBA (CA)
Deshpande Omkar Kumar	H V Desai	15
Utpat Rohit Rahul	H.V.Desai college	T.Y.B.com
Dawalbhakta Atharva Dattaraj	H. V. Desai College Pune	TYBcom
Pr. Bagate jayashri machhindra	S P J Collage Pabal	No
Pratiksha dattatraya bhosale	H.v desai college pune	Tybcom
Ganesh chaudhari	हुतात्मा राजगुरू महाविद्याल राजगुरूनगर	11th
Dolaskar Tanuja Nagraj	ANC velapur	BA1
Mutha Sakshi Sameer	Haribhai v desai college pune	T.Y.B.com
Aishwarya Rohidas Marathe	Modern college of arts and commerce (Autonomous) , shivajinagar	Ty bcom
Sapana sagar gujale	k .b.p.college pandharpur	M.A
Sanika Vikas Sagare	St miras college for girls	FYBA
Sonali Dattatray surkule.	SSC College junnar.	SYBA
Gagare Komal Tukaram	SSC college junnar	S.Y.B.A
Joshi komal soma	S.S.C. college junnar	SYBA
Yogita Vilas ravate	SSC college junnar	S.Y.B.A
Mayuri kore	St. Mira's college for girls	FYBA
Sonesingh Pawar	SGBAU eng department	MA2
trupti gangaram harihar	st.mira college	tyba
Chaityabhumi Lalasaheb Ingle	Shasakiy audyogik prashikshan Sanstha Aundh (girl's) Pune.	1 year
SAKSHI ANIL GAVALI	St.Mira's College	FY (BA) B
S .T. Mira's college for girls	Nikiat Vitthal birajdar	FY. BA
Geeta Ramchandra Shimpane	Modern college of arts science and commerce shivaji nagar Pune 5	T.Y Bcom
Aparna Narayan Thorat	St.mira from girls college	Sy BA (B)
Sejal Sanjay Gaikwad	S.t Mira's College for girls	T Y.B.A B
SNEHA ASHOK TUPARE	St Mira's college for girls	SYBA
Sanjana khetri	St.mera college for girls	F.y.b.a
Kahkashan Shakil Shah	St.Miras Girls College	Sybcom(C)

Amrute Naske Coordinator COLLEGE TO A GIALS

Pooja shinde	Modern college of arts commerce and science ganeshkhind	Sy
Aparna Narayan Thorat	St. Mira's college for girls	SYBA (B)
Dipali santosh Giri	St.mira's college	BA. Fy
Aarti Mohan Sutar	Modern College ganeshkhend	Sy b.com
Anuja Sunil Kusalkar	St. Mira's College for Girls	
Reshma Ramjan Sayyad	ST. MIRA'S COLLEGE FOR GIRLS	F.Y.B.A=B
Kiran mahadev bhanage	Modern college of arts science and commerce ganeshkhind pune	Ty bcom
अजित शरद चिद्रेवार	कर्मवीर भाऊराव पाटील महाविद्यालय पंढरपूर	
Sanket Ratilal Dingar	Morden College Arts, Science & Commerce ganeshkhind pune	SYBcom
Dr Sadashiv Rajaram Bankar	Dahiwadi College Dahiwadi	Research
Trupti anil Bhadekar	Modern college	MA
PRATIK SURESH GAIKWAD	SAVITRIBAI PHULE PUNE UNIVERSITY DEPARTMENT OF HISTORY	PhD

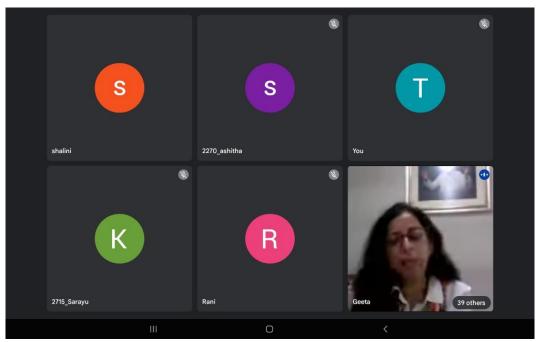
Total No-66

Amrute Narke Coordinator

CLIEGE F

Adolescent Health and Nutrition

Date: 11th July, 2022







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[An Autonomous College Affiliated to the Savitribai Phule Pune University] [ARTS, COMMERCE, SCIENCE, B.Sc.(COMPUTER SCIENCE) BBA, BCA]

6, Koregaon Road, Pune - 411001.[INDIA] Ph./Fax : 26124846 E-mail : mira_college@yahoo.co.in

Dr. Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code No.: 013

G-15(A)/2022-23/12

KINDLE THE LIGHT

02/07/2022

CIRCULAR

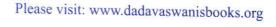
As a part of the college mental well-being program, mandatory offline classroom awareness sessions will be conducted for all degree college students by college counselor starting from July 2022. Please refer to the attached timetable for respective classes and streams.

Ms. Pooja Jain Coordinator

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Dr. Jaya Rajagopalan Principal Incharge



Department of Psychology

Mental Well-being Program 2022-23

Mandatory Classroom Awareness Sessions – proposed timetable

Dear teachers,

As a part of the college mental well-being program, mandatory classroom awareness sessions will be conducted for all classes of degree college by program coordinator Ms. Pooja Jain. Teachers are requested to go through the timetable below and sign for their respective classes and support the program. This timetable has been prepared keeping in mind the general classes where students will be available in the class and counsellor can go and interact with them for an awareness session.

BA&BCom Timetable for Awareness sessions:

S. No.	Class	Date	Day	Time	Concerned teacher	Venue	Teacher's approval& Signature
1	TY BA - B	06 July 2022	Wednesday	9:00-10:00	Hasina S.	3	Mary
2	TYBCom - A	06 July 2022	Wednesday	10:00- 11:00	Elizabeth K.	101	EK.
3	TY BA - A	'07 July 2022	Thursday	9:00- 10:00	Arwah M.	2	Kely
4	SY BCom- B	08 July 2022	Friday	11:00- 12:00	Rajni S.	105	topeler
5	TY BCom - C	13 July 2022	Wednesday	09:00- 10:00	Meenakshi W.	103	Mzn
6	SY BCom - A	13 July 2022	Wednesday	11:00- 12:00	Arwah M.	5	XIX
7	SY BA- B	14 July 2022	Thursday	09:00- 10:00	Hasina S.	108	hosi
8	SY BCom - C	14 July 2022	Thursday	11:00- 12:00	Dimple B.	106	No.
9	TY BCom- B	15 July 2022	Friday	10:00- 11:00	Komal R.	102	Pati
10	SY BA- A	15 July 2022	Friday	12:00- 13:00	Sharmin P.	203	Pati -

For any concerns or questions, please feel free to reach out mentalhealth@stmirascollegepune.edu.in

Ms. Pooja Jain

(Department of Psychology)



St. Mira's College For Girls, Pune Autonomous (Affiliated to Savitribai Phule Pune University) Department of Psychology

Mental Well-being Program 2022-23 Classroom Awareness Session – 1

Returning to Campus

Classroom awareness sessions were conducted on 'Managing Mental Health on Returning to Campus and building Emotional Resilience' by in house college counsellor across classrooms over the year. 181 students participated in these sessions and offered feedback over google forms.

S. No.	Class	Date	Day	Time	Venue	Total participants
1	TY BCom - A	06 July 2022	Wednesday	10:00- 11:00	101	54
2	TY BA - A	07 July 2022	Thursday	9:00- 10:00	2	19
3	TY BCom - C	13 July 2022	Wednesday	09:00- 10:00	103	42 [
4	SY BA- B	14 July 2022	Thursday	09:00- 10:00	108	15 4
5	TY BCom- B	15 July 2022	Friday	10:00- 11:00	102	28
6	SY BA- A	15 July 2022	Friday	12:00- 13:00	203	23

Total Students: 181

Program Coordinator: Ms. Pooja Jain

(Department of Psychology)

Email address: mentalhealth@stmirascollegepune.edu.in

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Principal Incharge
St. Mira's College for Girls Prince.

198.

Mental Well-Being Programme Classroom Awareness Sessions









SADHU VASWANI MISSION'S

St. Mira's College For Girls, Pune
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Re Accredited by NAAC- A Grade, cycle 3
[ARTS, COMMERCE, SCIENCE, BSc (Computer Science), BBA, BBA(CA)]

6,Koregaon Road,Pune-411001. [INDIA] Ph./Fax: 26124846; Email:- office@stmirascollegepune.edu.in

Dr.Jaya Rajagopalan Principal Incharge

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- G15/IQAC/2022-2023/

Date:-08/08/2022

CIRCULAR

The Department of Accountancy in collaboration with CIMA- Chartered Institute of Management Accountants is organizing an orientation session **titled "Future of Finance" on 10th August 2022 from 11 am to 12 noon** for B.Com students in room no 101.

Elizabeth Kanade Elizabeth Kanade Co-ordinator

Dr. Jaya Rajagopalan

Principal Incharge

An interactive session was organized by department of Accountancy in association with CIMA- Chartered Institute of Management Accountants on 10^{th} August 2022 for BCom students on the topic – Future of Finance . The session was conducted by Ms Tasneem Kapsi and Ms Bhakti Rane .

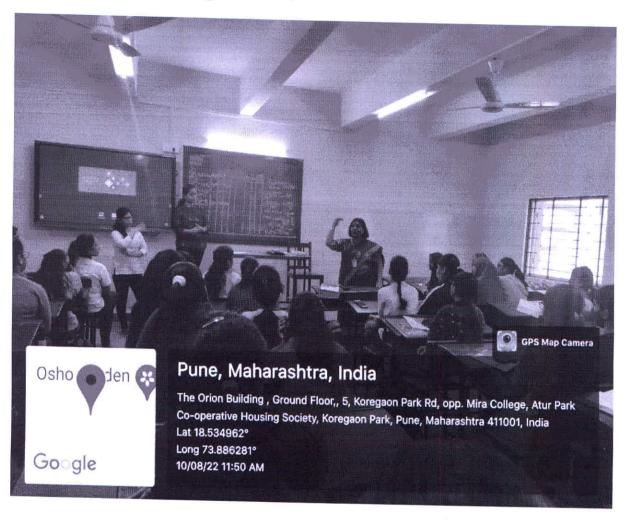
Significance and distinction between public accounting and management accounting was highlighted through an example of the present economic scenario of the country and the world at large through a question answer session. Career prospects in Finance was discussed, skills required for the same and the various programs offered by CIMA were covered in the session. The session ended with question answer session. Total 60 students participated in the session and a few have expressed interest to sign up for the CIMA programme.

Elizabeth Kenade

Elizabeth Kanade Co-ordinator

GIRLS*1001/4 ANOOG

The Department of Accountancy in collaboration with CIMA- Chartered Institute of Management Accountants is organizing an orientation session **titled "Future of Finance" on 10th August 2022**.



Elizabeth Kanade Elizabeth Kanade Co-ordinator



Future of Finance

Date: 10th August, 2022









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St. Mira's College For Girls, Pune

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6,Koregaon Road,Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: miracollege@yahoo.co.in

PU/PN/AC/015/(1962)

College Code:- 013

Circular No:- 615 | IGAC | 2022 -23/06

Date: - 01. 07. 2022

CIRCULAR

Individual Counselling Sessions will be provided on pre appointment basis by Mental Well-being Program under Department of Psychology between 1st July 2022 to 30th March 2023 for all Degree College Students during college hours.

Ms. Pooja Jain

Coordinator

Dr. Jaya Rajagopalan

Principal Incharge

St. Mira's College for Girls, Pune,

St. Mira's College for Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University) Department of Psychology

Mental Well-being Program 2022-2023

Individual Therapy Sessions Report

July 2022- August 2022

Students were offered free online individual professional counselling sessions throughout the academic year starting from July 2022 as a part of the college mental well-being program. One full time college Counsellor, Ms. Pooja Jain was appointed to offer psychological support to students during college hours by the Department of Psychology.

In total 8 students reached out for help through taking personal appointments and 13 sessions were offered to these students.

Program Coordinator: Ms. Pooja Jain

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St. Mira's College for Girls, Pune.



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6, Koregaon Road, Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

PU/PN/AC/015/(1962) College Code:- 013

Circular No:- 6-15(a)/2022-23/25

Date:-19-08-22

CIRCULAR

129/8/2022

On 23/08/2022,24/08/202 and 25/8/2022 a session AHAN is to be organized by the B.Sc. Computer Science Department for the students of BSc (Comp. Sci) from 2.30 pm to 4.30 pm in Room no 305.

Girle

[Mrs.Vrushali Paranjpe]

Coordinator

Dr. Jaya Rajagopalan

Principal In-charge

REPORT ON AHAN

AHAN a mentoring session was organised for F.Y, S.Y. and T.Y. B.Sc(Comp. Sci.) students on 23rd, 24th, 25th and 29th August 2022 between 2.30-4.30 pm.

The session was conducted by Dr. Nivedita Mahajan from Modern College of Arts, Science and Commerce (Autonomous).

Dr. Nivedita Mahajan trained in mentoring encouraged the students to openly discuss their problems and challenges. Through various activities she guided students. She discussed skills and technique to overcome hurdles and difficulties they are facing. Students learn various life skills, time management, different perspectives to see the things.

The session was attended by log students. The session was fruitful for the students. Vrushali

Paranipe was coordinator for the session

Vrushali Paranje vomalis Coordinator

S.Y.B.Sc.(Computer Science)

Date: 29/08/2022

Speaker: Dr. Nivedita Mahajan

Coordinator: Vnhali Paleur

AHAN SESSION

Total participants - 109

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		CHINA
5501	SIDDHIKA DHORE	Colling
5502	AADIRENU SHINDE	deshinde
5503	DIPALI GODE	
5504	SAYALI ABNAVE	-
5505	VAISHNAVI SARATE	
5506	SNEHAL HOSMANE	Hosamil
5507	SHREYA GAIKWAD	REED
5508	SUHANI SENANI	1 100 1
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5510	PREETA SHARMA	\$W
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5513	MAFUZA MALLIK	Mallie
5514	PRRETÍ MORYA	Truli
5515	ANJALI SINGH	Mitale
5516	SAKSHI NANDGUDE	Makshi
5517	PRAJAKTA LANDE	ellente
5518	RUTUJA MALI	PRunga
5519	MAHEK SHAIKH	Mahek
5520	KENISHA FRANCIS	granus
5521	NAMITA SATPUTE	Marye
5522	SNEHAL DEDGE	Meade
5523	SONALI GURAV	& D.Gur
5524	AISHWARYA NIMBAL	A-
5525	MISBA SHAIKH	Shaith
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Date: 30/08/2022

S.Y.&T.Y.B.Sc.(Computer Science)

· Speaker : Dr. Nivedita Mahajan

Coordinator: Vrushali Burayie

AHAN SESSION

ROLL NO	STUDENTS NAME	SIGN	
5526	SUSMEETA GORDE	*	
5527	KHUSHI AGARWAL	Agama	
5528	TEJASHWINI KAKADE		
5529	VEENAGAYATRI V.	1 km -1	fu'.
5530	VAISHANAVI RAJGURU	la may	
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St. Mira's Cattern for Girls Pune Autonomous Affiliated to Savitribai Phule Pune University

F.Y.B.Sc.(Computer Science)

Date: 25/08/22 Speaker: Dr. Nivedita Mahajan

Speaker: Dr. Nivedita Mahajan hahajan

Coordinator: Vrushali Paranipe Vruehali Palenyre

AHAN SESSION

	Roll no	Student Name	sign
I)	5407	SOOD MEHAK	Malanta
/			Mehak.
	5419	DNYANESHWARI	7
	5426	GAIKWAD BHAGVATI	
	£ 5429	WAGH ANUSHKA	-
, ,	5435	WAGH VEDIKA	-
2)	5452	PRITI HIREMATH	
3 <i>)</i>	5453	AADITI SINGH	Singa
	5454	M. HRISHITAA	Mosle
4)	5455	CHAUDHARI KARUNA	1-
5)	5457	MOHITE VEDIKA	Qedito
5)	5459	PARMAR SANJANA	Kanjana
"	5460	INGOLE SANIKA	Ingotes
3)[5461	OVHAL SANIKA	Porticil
	5463	BORASE UNNATI	
] [5464	MANGALIYA DEVIKA	etille
5) [5465	SAMRUDDHI S	Januadam'
1	5467	SHINDE ANUSHKA	
	5469	NAAZ ASIF MULANI	
1)[5470	DUPARE SAKSHI	Salfly
T	5471	PAWAR DHANSHREE	-
A A	5473	JADHAV SNEHA	-
1	5474	KATKE RUTUJA	-
) [5476	GUNJAL KOMAL	gromer
3 [5478	SHINDE SHREYA	Drees
	5480	SURVASE NIKITA	Malinare
扩	5481	S.AISHWARYA	AR
<i>_</i>		Shraddha k	shuddua.k
	5485	Sineha Chaudhary	Umoha.
		Samraddhi L.	

20) 5466 Samuddui Lawati & Lawats Mira's College for Giris, Pune 21) 5412 Ugma Shaukh Uzma



E1.B.sc(computersoience)

Date: 23/08/2022

Speaker : Ur. Nivedita Mahajan

Coordinator: Vrushali Paranipe

Muchajan Vineled Recargne

AHAN SESSION

OLL NO.	STUDENTS NAME	STUDENTS SIGN
5401	INAWANA PRIJAM NANWANI	10000
5402	NAIR REVATHI HARIDAS BABU	Tharna
5403	NACIYA HUZEFA BHARMAL	Ronald
5404	DANGARE SHARAYU YOGESH	Nov CA
5405	400	Sharaus
	UDAVANT ADITI PRAVIN	Moder days
5406	BIIOSALE ISHA AMAR	ERNOSALE
5409	ANY ATTER ANY	Brankasi
5410	POOOJA AMIT GUNDECHA	(Finded)
5411	GANDHI MANSI RAJKUMAR	Vente
5412	SHAIKH UZMA NISAR	
5413	KAZI SABA NIJAMUDDIN	S.N.Kaz
5414	NIKISHA RUKMESH GUPTA	(Quete
5415	THOPATE HRISHITA SURESH	Houshita
5416	SAKINA FIROZ KIJAN	CHETHO
5417	KAMBLE DIKSHA PREMNATH	
5420	KAMBLE AAISHWARYA JALINDAR	Hannes
5421	BHALEKAR PRANJALI NITIN	Chacyan's
5422	PILLAY NANCY ROZARIO	Karses.
5423	MANSI ARIUN BHOSALE	Mans:
5424	PUNDE RUTUIA DNYANESHWAR	
5425 -	PALLAVI PRAKASH PATIL	Rollass
5424	PUNDE RUTUJA DNYANESHWAR	Dulge
5475	PALLANI PRAKASH PATH	
5479	RUTUJA KUSALKAR	QK.
5445	SURBHI DEVKAR	_Gholy_
: 5446	SALONI KUMBHAR	Bymbhar
5444	SNEHA DAREKAR	Gareton
5436	NUPUR PARGE	propor.

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Principal Incharca St. Mira's College for Girls



F.Y.B.Sc (COMPUTER SCIENCE)

DATE: 24/08/2022 SPEAKER :DR.NIVEDITA MAHAJAN

COORDINATOR: VRUSHALI PARANJPE

AAHAN SESSION

ROLL NO.	STUDENTS NAME	SIGN
5468	SHRAVANI SATAV	0 4
5462	JENIS DSOUZA	Stratar.
5431	ANMOL NANWANI	1000
5477	SAMIYA J.	Bloraman
5475	SRUSHTI SHEVTE	Samuja
5441	ARPITA METRI	thevate
5450	SHAHISTA SHAIKH	(meta)
5472	AAMENA MAHUDHAV	*Shaik
5418	SANIKA MODKE	Hamera,
5447	ADITI	anika
5443	REGINA KALE	Aditi
5439	PAYAL KONDALKAR	Daniel
5427	SIDDHI MAGAR	rayor.
5430	SANDHYA HARGE	Kewlyday
5448	SHRAVANI SHINDE	sandhya
5432	JYOLSNA F.	
5433	RIYA KHANDAGALE	Fyalma.
5451	RAJNANDINI DUBHASH	Silver
5434	ARPITA BAHUGUNA	
5437	SAMPADA JAGDALE	What .
5438	BHAVANA DAUD	D. J.
5449	BHAKTI LANDGE	Prakt
5442	RACHAEL KALE	Exale.
5440	Apurva Tambe	AGO W.L.



AHAN Session

23rd to 29th August 2022









SADHU VASWANI MISSION'S

St. Mira's College For Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Reaccredited by NAAC- A Grade, cycle 3

[ARTS, COMMERCE, SCIENCE, BSc(Computer Science), BBA, BBA(CA)]

6, Koregaon Road, Pune-411001. [INDIA]

Ph./Fax: 26124846; Email: mira_college@yahoo.co.in

PU/PN/AC/015/(1962) College Code:- 013

Circular No:-

Date:- 18th March, 2022

CIRCULAR

On 28thMarch 2022 a Webinartitled "Line art as Stress Buster" is to be organized by the Department of Mathematics and Statistics (Commerce) on Google Meet platform from 4 pm to 5 pm.

Dr. Deepa Krishnamurthi Event Coordinator Dr. Jaya Rajagopalan

St. Mira's College for Girls, Pune (Autonomous-Affiliated to Savitribai Phule Pune Unive Department of Commerce(Mathematics)

2021-2022

Line Art as Stress Buster **Attendence Sheet**

Name of the Coordinator: Dr. Deepa Krishnamurthi **Total Number of Participants: 23**

Sr No.	Roll No.	Name of Participant
1		Laxmi Dige
	3052	Saloni Shelar
2	3300	Rashmi warkhade
3	3090	Gayatri Narayan Kalwane
4	3440	Tingre shivanjali
5	3060	Aditi Yadav
6	2224	Nikita Bade
7	3223	Priya Durgvijay Singh Rajawat
8	3455	Arpeeta Chhajed
9	2203	Lisha Sapkal
10	3431	Samruddhi Shinde
11	2227	Yukta Pillay
12	3307	Meghna Ramgir
13	2200	Ruchi Gandhi
14	3427	Afsheen Sayyeu
15		Dichika goval
16	- 25/	Aditi datta naguiak
17		Le wicht MOIIIIam
18	2216	SThul Anustika VIII
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22	300	Sawant Ananya Sunil
23		

Dr. Reepa. Kreishnamurthi

Principal Incharge

St. Mira's College for Girls, Puna.

St. Mira's College For Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Business Studies (Mathematics and Statistics)

Report

Webinar on "Line Art as Stress Buster"

The Department of Business Studies (Mathematics and Statistics) organized a webinar on "Line art as Stress Buster" for F.Y.B.COM students. The Webinar was conducted online using the virtual platform Googlemeet on 28thMarch 2022 from 4.00pm to 5.00 pm. It was conducted by Mrs. RichaJain, a Freelancer Artist, Pune. The main aim of the webinar was to familiarise students with simple stress buster art forms like Zentangle, Warli painting etc which help in releasing any stress and anxiety. In the session, history of art forms, types of which help in releasing any stress and anxiety. In the session, history of art forms, types of structures in art and different types of Zen doodling techniques were taught. The students structures in art and different types of Zen doodling techniques were taught. The students enjoyed and drew with the expert. The session kept the students highly engaged and eager to enjoyed and drew with the expert. The session was Dr. Deepa Krishnamurthi, learn new art forms. The coordinator of the session was Dr. Deepa Krishnamurthi, Mathematics faculty member for F.Y.B.COM.

A total of 23 students attended the session.

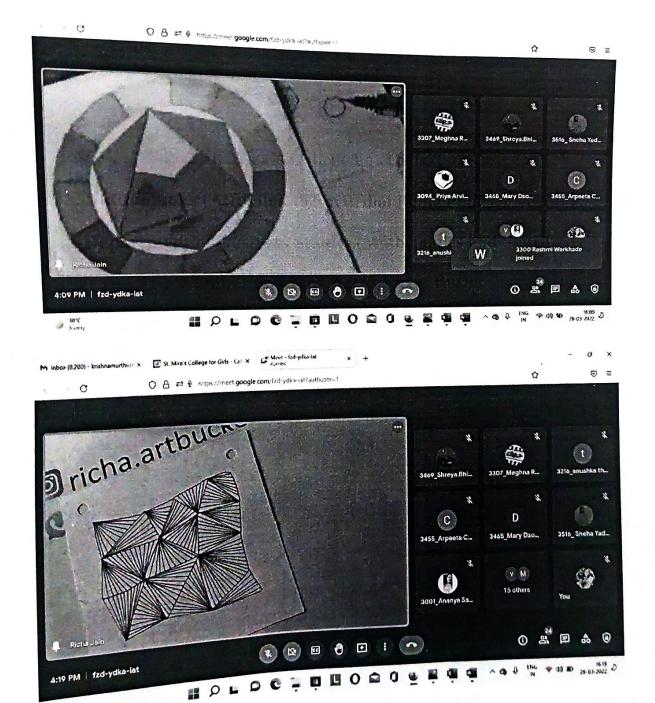
Dr. Deepa Krishnamurthi

St. Mira's College For Girls, Pune

Autonomous (Affiliated to Savitribai Phule Pune University)

Department of Business Studies (Mathematics and Statistics)

Webinar on "Line Art as Stress Buster"



Co-ordinator

Dr. Deepa Krishnamurthi



Line Art and Stress Buster

Date: 28th March, 2022

