



SADHU VASWANI MISSION'S  
St. Mira's College For Girls, Pune  
Autonomous (Affiliated to Savitribai Phule Pune University)  
Reaccredited by NAAC- A Grade, cycle 3  
[ARTS, COMMERCE, SCIENCE ,BSc(Computer Science), BBA, BBA(CA)]  
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PU/PN/AC/015/(1962)  
College Code:- 013

Circular No:- ~~G-18/2017-18/~~ GIS/10AC/2017-18/20

Date:- 23.8.2017

CIRCULAR

The College will be celebrating National Sports Day on 29<sup>th</sup> August, 2017. A Self Defense Training session is going to be conducted on ground at 9.00 am. All are requested to attend the same.

Ekta Jadhav  
Director of Physical Education



Dr. G.H. Gidwani  
Principal  
**Principal**  
St. Mira's College for Girls

**St. Mira's College for Girls, Pune**  
**An Autonomous (Affiliated to Savitribai Phule Pune University)**

**Department of Physical Education and Sports**

**National Sports Day- 2017**

**Report**

The department of Physical Education and Sports celebrated the National Sports Day as the birth anniversary of the Hockey legend Major Dhyan Chand Singh and he was 3 times Olympic Gold medallist on 29<sup>th</sup> August, 2017 in the college campus Ground. On this occasion the Self- Defence training program was organised for all the students. This kind of activities will develop the girl's confidence level, develop self-discipline, improve their physical condition and street awareness. The practical training session was conducted by taekwondo coach Mr. Balkirshana Bhandari sir. and attended by 112 students.

This training program encouraged all the students. They also have learned many self-defence techniques of attacking, defencing, various moves etc. which will be very useful in future. Everyone enjoyed the activity a lot.

Mrs. Suvarna Deolankar offered the brief introduction of self-defence and its importance of self-defence in life. And at last, the vote of thanks was given by Ms. Ekta Jadhav (Director of Physical Education).



Ekta Jadhav  
Director of Physical Education



**Principal Incharge**  
St. Mira's College for Girls, Pune.



ATTENDANCE SHEET.

01	4462	Varsha Gupta	<del>Varsha</del>
02	2448	Jueely Budhe	<del>Jueely</del>
03	5630	Sucati Pawankonda	<del>Sucati</del>
04	3277	Bhavana Baste	<del>Bhavana</del>
05	3238	Snehanjali R. Yadav	<del>Snehanjali</del>
06	3481	Baby Singh	Baby
07	5631	Sheetal Bohirat	<del>Sheetal</del>
08	3832	Bhama Patil	<del>Bhama</del>
09	5431	Sanjana Gaikwad	<del>Sanjana</del>
10	2456	Prerna Patil	<del>Prerna</del>
11	3822	Gauri Belitkar	<del>Gauri</del>
12	3057	Anju Jangid	<del>Anju</del>
13	5655	Sapna Shelke	<del>Sapna</del>
14	21830	Shivangi Tiwari	<del>Shivangi</del>
15	21842	Mahesh Khan	<del>Mahesh</del>
16	21826	Tejasvi A. Surankar	<del>Tejasvi</del>
17	3834	Radwal Bhawani	<del>Radwal</del>
18	21872	Atiya Khan	<del>Atiya</del>
19	4671	Shaikh Heena	Heena
20	21886	Sejal Chakravarthy	<del>Sejal</del>
21	3680	Sneha Bhambhani	<del>Sneha</del>
22	4619	Iyoti Agarwal	Iyoti
23	21815	Vaishnavi Kirtulekar	<del>Vaishnavi</del>
24	5623	Nikita Binod Singh	<del>Nikita</del>
25	4879	Akanksha Tope	<del>Akanksha</del>
26	21889	Jasvi Thadani	<del>Jasvi</del>
27	3059	Simranjit Kaur	<del>Simranjit</del>
28	4031	Nital Solanki	<del>Nital</del>
29	2482	Aishwarya M. Anilkar	<del>Aishwarya</del>
30	21823	Ankita Kondhalkar	<del>Ankita</del>

Director of Physical Education

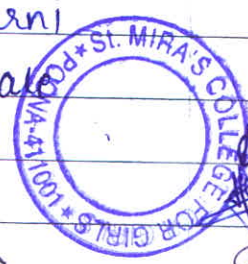
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31	2301	Navami Maheshwari	Navami
32	2818	Aditi Patil	<del>Patil</del>
33	2651	Fatema Bhumawala.	<del>Bhumawala</del>
34	2757	Divya Bohra	<del>Bohra</del>
35	2751	Tejashree Bandal	<del>Tejashree</del>
36	3202	Radika Thakur	<del>Thakur</del>
37	5470	Bhakti Shah	<del>Shah</del>
38	5516	Ronak Kaur	<del>Kaur</del>
39	5551	Rutuja Malav	<del>Malav</del>
40	5549	Mayuri Kakade.	<del>Kakade</del>
41	5627	Akshra Lalit	<del>Lalit</del>
42	5636	Chaitali Kokate	<del>Kokate</del>
43	5641	Puati Bha Ghante	<del>Ghante</del>
44	5601	Andrea Belsher	
45	3439	Shubhangi Mahajan	<del>Mahajan</del>
46	2696	Harshada Thanambir	<del>Thanambir</del>
47	2664	Diksha Apte	<del>Apte</del>
48	2661	Neha Raju Wighne	<del>Wighne</del>
49	2778	Bhakti Nishwas Kamble.	<del>Kamble</del>
50	2658	Denika Shivaji Dhobale	<del>Dhobale</del>
51	2780	Bharana fluoride	<del>fluoride</del>
52	5621	Shreya Salve	<del>Salve</del>
53	4620	Shravani Ramanabojina	<del>Ramanabojina</del>
54	4645	Vaishnavi Pise	<del>Pise</del>
55	5462	Pooja V. Gaikwad.	<del>Gaikwad</del>
56	4650	Aishwarya Pawar.	<del>Pawar</del>
57	3107	Renuka Sethia	<del>Sethia</del>
58	4660	Utkarsha D. Galande	<del>Galande</del>
59	3304	Poonam B. Maske	<del>Maske</del>
60	2653	Shreya Laskar	<del>Laskar</del>
61	2665	Manasi Hulbatti	<del>Hulbatti</del>



Roll No.	Name	Signature
62	Divya Rege	<u>Divya Rege</u>
63	29 Fatema Kathiria	<u>Fatema Kathiria</u>
64	Shiraddha 2840	<u>Shiraddha Jain</u>
65	3284 Anjali Gauri	<u>Anjali Gauri</u>
66	2604 Vyomi Gidwani	<u>Vyomi Gidwani</u>
67	2848 Lynda Edmonds	<u>Lynda Edmonds</u>
68	2747 Nalini Bawari	<u>Nalini Bawari</u>
69	48 31 Ritika Jetley	<u>Ritika Jetley</u>
70	2838 Siddhi Kalbhor	<u>Siddhi Kalbhor</u>
71	2659 Uya Haryani	<u>Uya Haryani</u>
72	2614 Shravani D'Sauza	<u>Shravani D'Sauza</u>
73	2847 Sorrah Kapadia	<u>Sorrah Kapadia</u>
74	2874 Sakshi Gulwari	<u>Sakshi Gulwari</u>
75	4814 Lakshmi Pardeshi	<u>Lakshmi Pardeshi</u>
76	2676 Shalini Dinesh Wamane	<u>Shalini Dinesh Wamane</u>
77	2755 Aditi Sunil Sanay	<u>Aditi Sunil Sanay</u>
78	2604 Sakshree Uttakar	<u>Sakshree Uttakar</u>
79	4900 Vidya Jagdhane	<u>Vidya Jagdhane</u>
80	2789 Ritika Chitale	<u>Ritika Chitale</u>
81	1680 Sakshi Gaware	<u>Sakshi Gaware</u>
82	5604 Nikita Warghade	<u>Nikita Warghade</u>
83	2712 Navvata Salta	<u>Navvata Salta</u>
84	2221 Shramana Kar	<u>Shramana Kar</u>
85	638 SHIKHA DWIVEDI	<u>Shikha Dwivedi</u>
86	5410 Shushti Kulkarni	<u>Shushti Kulkarni</u>
87	5412 Anushree Ambavale	<u>Anushree Ambavale</u>
88	5602 Aishwarya Jagtap	<u>Aishwarya Jagtap</u>
89	5615 KEREN P M	<u>Keren P M</u>
90	5621 Anjali Sharma	<u>Anjali Sharma</u>
91	5647 Aarti Rajesh Shinde	<u>Aarti Rajesh Shinde</u>



Jadhav  
Director of Physical Education.

Principal Incharge  
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92	2833	Marjorie Soares	<del>Soares</del>
93	2776	Tamanna Rana	<del>T</del>
94	2111	Neelashree Mukherjee	<del>Mukherjee</del>
95	2654	Madhura Borse	<del>Madhura</del>
96	2827	Simran Kirepalam	Simran K
97	2782	Sheikh Muskan	<del>Muskan</del>
98	2934	Saniya Phadke	<del>Phadke</del> Shatkepati
99	4756	Sanjna Deshpande	<del>S</del>
100	4813	Neha Salve	Neha
101	4795	Kaveri Sorte	Kaveri
102	2834	Divya Gajthiyee	<del>Divya</del>
103	4891	Sakshi Chande	<del>S</del>
104	<del>2930</del> 2928	Srashi Kumbhar	<del>Kumbhar</del>
105	2932	Pooja Kerkle	<del>Kerkle</del>
106	2931	Neha Pawar	Neha
107	268	Merlis Sawo	<del>Merlis</del>
108	2681	Urmila Gajkewad	<del>Gajkewad</del>
109	2661	Neha Wighne	<del>Wighne</del>
110	5646	Shweta Thakur	<del>Thakur</del>
111	5654	Rutuja Rajguru	<del>Rajguru</del>
112	4670	Sana Badguzar	<del>Sana</del>

Total No. of Participants - 112.

~~Ektar~~  
Ektar Jadhav  
Director of Physical Education.



~~Principal~~  
Principal Incharge  
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National Sports Day - Self Defence Training

Date: 29<sup>th</sup> December 2017



**Principal Incharge**  
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