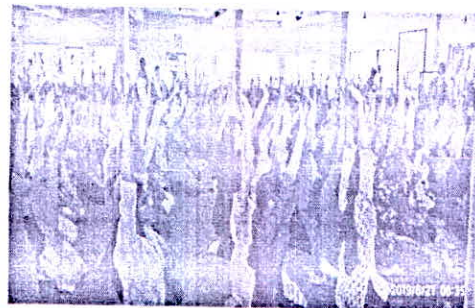


St. Mira's College for Girls, Pune.

Annual Report 2019-20

Department of NSS

① **The International Yoga Day:** The NSS Department of St. Mira's College started its yearly activities with the International Yoga Day. 21<sup>st</sup> June 2019 was celebrated as the 5<sup>th</sup> International Yoga Day at St. Mira's College for Girls to encourage the feelings of peace, harmony and unity between the man and the nature. The program was well-attended by the staff and students. The program commenced with a brief introduction to Yoga and its importance in day to day life followed by the outstanding display by the sports students' of Yoga Pyramids and different yoga postures like the Vrikshasana, Tadasana, Ardachakrasana, Vakrasana, Vajrasana, Shashankasana, Ardha-Ustrasana, Paschimottanasana, etc., and ended with Pranayam and meditation.



② **The Guinness Book World Record:** NSS Department, St. Mira's College participated in the Guinness Book World Record Attempt by SPPU, with total 241 students and 5 teachers – Ms. Hasina Shaikh, Ms. Manjita Kulkarni, Ms. Ekata Jadhav, Dr. Sandhya Pandit and Dr. MeenalSumant on Sunday, 23<sup>rd</sup> June 2019.

The NSS Department, SPPU attempted Guinness Book World Record for 'The Largest Distribution of Saplings' by distributing 16731 Neem saplings to 16731 students from over 300 colleges from Pune District. Honorable Chief Minister Mr. Devendra Phadanwis addressed the students. He congratulated all the students for being part of this grand event and appealed them to be ready to break their own record in the future. Pune Guardian Minister Chandrakant Patil, Dr. Nitin Karamalkar, Vice-chancellor, SPPU, Mr. Rajesh Pandey addressed the students too. Dr. Sanjay Chakane hosted the entire event.



③ **Swachha Wari, Swastha Wari:** Under Swachha Wari, Swastha Wari, Nirmal Wari, Harit Wari, NSS volunteers visited the Dindis in Sant Gadgebaba Municipal School in Koregaon Park. 5200 patrawalis were collected from AISSMS, COE on 25<sup>th</sup> and 26<sup>th</sup> June by NSS POs – MeenalSumant and Sandhya Pandit. All the patrawalis were distributed by NSS POs and Staff members – Ms. Gauri Mhalgi, Dr. Arwah Madan, Ms. Jyoti Chintan, along with the students. Patrawalis were distributed to the dindisin Shaniwar Peth, Sant Gadgebaba School and Koregaon Park area.

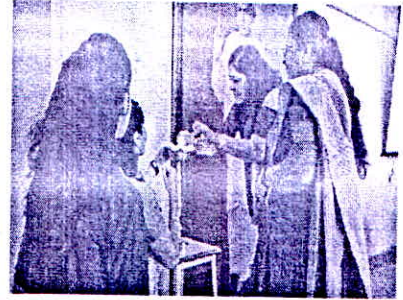
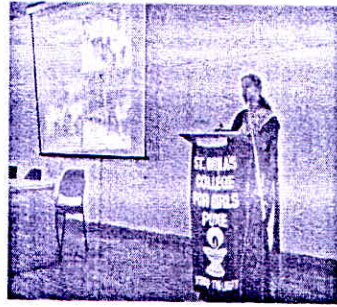
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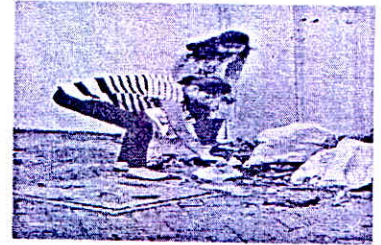
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Principal Incharge  
St. Mira's College for Girls, Pune.

were also cleaned by the volunteers.

(9) **NSS inaugural Function:** NSS inaugural is customary to start the NSS activities every year. On the day of Inaugural, i.e. 3<sup>rd</sup> August 2019, Dr. Meenal Sumant briefed the audience about all the activities undertaken in 2018-19 and plan for the year 2019-20. Dr. Manisha Pimpalkhare - Ex NSS PO guided the students and told them about selfless service. Ms. Veena Kenchi - Ex NSS PO praised the active participation of all the volunteers and discussed the benefits of NSS.



(9) **Swachhata Pakhwada:** Every year NSS department celebrates Swachhata Pakhwada enthusiastically from 1<sup>st</sup> to 15<sup>th</sup> Aug, 2019. Swachhata Pakhwada was inaugurated by taking pledge of swachhata. Dr. Meenal Sumant gave swachhata pledge to approximately 800 students. They took pledge to keep the college, college premises and residential locality clean. Students committed to devote 100 hours throughout the year for cleanliness and encourage other 100 people for cleanliness drive.



(9) **Cleanliness Drive** was undertaken by the NSS department on 8<sup>th</sup> August, 2019. Under cleanliness program the whole college campus was cleaned by 83 NSS



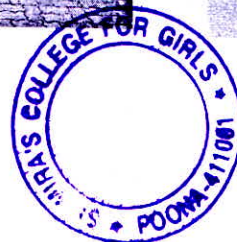
volunteers. College ground, garden, corridors on all the floors, class rooms on all the three floors, audio-visual room, staff room, cubicles, NSS room were cleaned by the volunteers.



All the litter was picked up and segregated by the volunteers. All the notice boards were neatly arranged by the NSS students. Students cleaned the rooms, wiped the windows and wet dirty floors. Cleaning a garden was a tough job. But NSS volunteers literally picked up all the wet garbage from the ground and the garden and dumped it in the

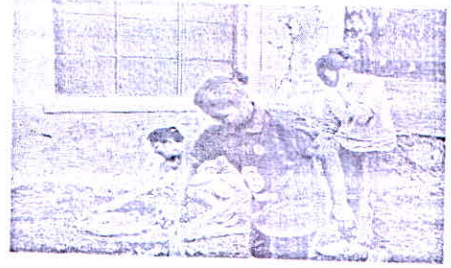


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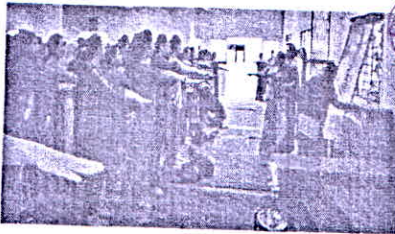
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On Thursday, June 27, 2019, seven NSS volunteers went to Sant Gadgebaba Municipal School for cleanliness. They interacted with the warkaris and helped them. Volunteers collected dry garbage and cleaned the area.



On Friday, June 28, 2019, NSS volunteers again assembled at Sant Gadgebaba Municipal School after the departure of the dindis. NSS volunteers cleaned the premises; dry and wet garbage was collected separately.

4) **Orientation for FYs:** Two orientation sessions for the students of first year BA and BCOM were conducted by Dr. Meenal Sumant and Dr. Sandhya Pandit on 2<sup>nd</sup> July and 8<sup>th</sup> July 2019 respectively. Students were taken to the journey of NSS activities for the year 2018-19. Two of the NSS volunteers, Pooja Yadav and Anisha Vipparati shared their experiences of NSS with the FY students. They encouraged them to become a part of NSS.

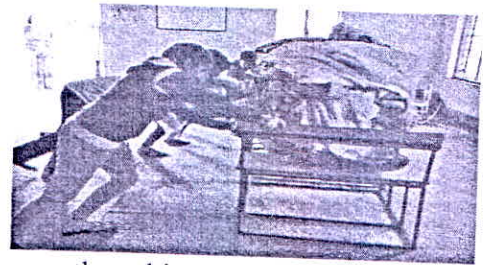
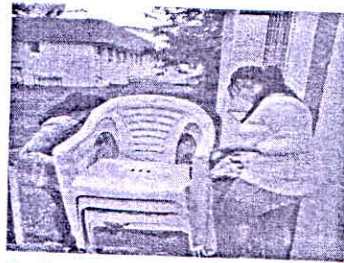
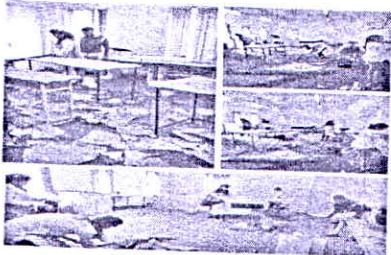


5) **No Tobacco Day:** The NSS department of St. Mira's College celebrated the No Tobacco Day on the occasion of World Population Day i.e. 11<sup>th</sup> July, 2019. NSS PO Dr. Meenal Sumant interacted with the students, sevaks and sevikas and discussed the disastrous effects that tobacco has on lungs and respiratory system.

Nearly 500 students, along with the Teachers, Non-teaching Staff, Sevaks and Sevikas pledged not to consume tobacco in any form and to restrain others from the use of tobacco.



6) **Swachha Bharat Summer Internship Program:** NSS volunteers actively participated in 'Swachha Bharat Summer Internship Program', which was undertaken on 11<sup>th</sup> July 2019. All the volunteers went to the Poona Blind School for this activity. Two immensely dirty rooms, which were not used for years, were assigned to us for cleaning. A batch of 10 volunteers really worked hard to make those rooms clean and tidy. The volunteers cleaned the floor, windows, tables,



chairs, racks, walls, and every other thing which was there in those rooms. Volunteers even dumped the broken articles, the collected garbage and unwanted things in the allotted area. After cleaning both the rooms, volunteers actually wiped all the articles – tables, computer tables, chairs, benches, etc. with a piece of wet cloth. They wiped the floor and windows too. Ultimately toilets

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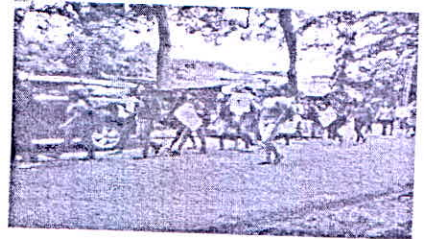
allotted area.



Dr. Mrs. Manisha Pimpalkhare, a senior faculty form Economics Dept. took **workshop on making paper bags** on Friday, 9<sup>th</sup> August. Around 30 volunteers participated in the workshop and made more than 500 paper-bags. These bags are kept in the washrooms by NSS volunteers regularly for proper disposal of sanitary napkins and keeping the washrooms clean. NSS department undertook 'Plastic Free Campus Campaign' on 10<sup>th</sup> Aug, 2019. 40 NSS volunteers participated in the event. Volunteers were divided in the group of 8 and sent to various places in the college like, ground, garden, parking area, corridors, etc. Total three bags of plastic were collected by the volunteers. These efforts were appreciated by all the teachers and especially by the principal ma'am.

Ten of the NSS volunteers went to Poona Station and undertook awareness campaign on Friday, 9<sup>th</sup> August. Volunteers talked to the people over there and convinced them for keeping the place clean. Volunteers explained the importance of cleanliness and discussed the ill-effects of dirty environment. In the end volunteers undertook rally and exhibited the importance of cleanliness through posters.

(10) **Swachhata Rally** was organized by the department of NSS, St. Mira's College on Wednesday, 14<sup>th</sup> August. Eighty-six students participated in the rally of almost two kilometres. Rally covered the area of Koregaon Park, Koregaon road, etc. All the volunteers enthusiastically participated in the rally with slogans like 'Pune City, Clean City', 'Swachha Bharat, Swastha Bharat', 'Amache Pune Swachha Pune', 'Don't be lean, Keep the city green', etc. Students were holding the posters on cleanliness done by themselves.



The Swachhata Pakhwada was ended with **the Planning Meeting with the Vice-Principal Ma'am** – Dr. Mrs. Shalini Iyer. Vice-Principal Ma'am addressed the volunteers and appreciated the efforts taken by them to clean the institution. She discussed some measures to keep the college clean and asked for the contribution from all the students. She asked the

students for not to litter anywhere in the premises, put all the garbage in the dustbins, organizing competitions like 'The Clean Class Competition' etc. She also told students not to bring eatables outside the canteen to preserve cleanliness. The session was interactive and students came with lots of suggestions for maintaining the cleanliness in the college and premises. Volunteers suggested for hand-wash dispensers, more brooms, dustbins and dustpans, etc.

(11) **Tree Plantation:** NSS Department of St. Mira's College participated in One Day Workshop on Tree Plantation in SPPU on 9<sup>th</sup> Aug 2019. NSS volunteers of St. Mira's College planted around 20 trees on the SPPU hill. At 4 pm



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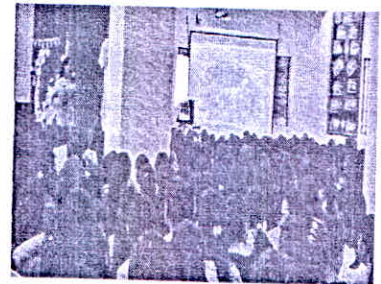
**Principal Incharge**  
St. Mira's College for Girls, Pune.

all the volunteers were sent to the examination building for the valedictory function. Dr. Praful Pawar, Registrar, SPPU; Mr. Rajesh Pandey, Member, Management Council, SPPU; Dr. Sanjay Chakane; Dr. Prabhakar Desai, Director – Dept. of NSS, SPPU; Dr. Vilas Ugale; Dr. Mohan Vaman were present for the Valedictory. All the dignitaries discussed the importance of tree plantation and reiterated that each student should plant and conserve one tree in the college life.



**Raksha Bandhan:** NSS volunteers celebrated Raksha Bandhan with visually challenged and other specially-abled students of NAWPC (National Association for the Welfare of the Physically Challenged) on 15<sup>th</sup> August, 2019. Volunteers tied rakhis to the students staying in a hostel of NAWPC. All these students are generally from socially and economically backward background.

**NSS Day:** In line with the annual theme this year – ‘Water Conservation’, NSS department decided to celebrate NSS Day with orientation of the students on water conservation and display of posters on water conservation. Dr. Meenal Sumant addressed the students and discussed the National Problem of Water Scarcity. She talked about the current situation of water scarcity, recent news about the water crisis in various states of India, etc.



She gave forecast about the water scarcity, ground water scarcity, availability of drinking water, etc. and discussed the measures at length. Control of population, rainwater harvesting, regular recharge of ground water, redistribution of water through canals or pipelines, controlling water pollution, reuse of household waste water, efficient irrigation techniques as water conservation measures were discussed with the students. NSS volunteers made posters on water conservation and same posters were displayed in the NSS room and on the notice board. The aim was to create awareness among all the college students about saving every drop of water.



**National Unity Day:** The Department of NSS celebrated National Unity Day on 24<sup>th</sup> of October as Diwali vacation is starting from 31<sup>st</sup> Oct, 2019. Dr. Meenal Sumant conveyed the importance of National Unity Day to the students. A birth anniversary of Late Sardar Vallabh Bhai Patel is celebrated as a National Unity Day, so the students were enlightened about the great work and tremendous efforts taken by him for

the unity of India. All the students and teaches took pledge to be united and to maintain the unity of India.

A video on unity was shown to the students. As it was a carton film, students could better relate it to themselves. The carton film on Ek and Anek aptly explained the importance of unity. The strength of the unity was explained with the help of a story of unity of pigeons and mice against the hunter.

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**Mindscope:** Every year Trimiti trust organizes Mindscope – A Mental Health Film Festival to create awareness regarding different mental illnesses, their causes, symptoms, and necessary treatment, remedies, etc. Every year the NSS volunteers of St. Mira's college actively participate in this event. Overcoming Challenges was the theme of the film festival.

A planning meeting was held by the founder of the Trimiti trust in the college premises and each and every event was carefully chalked out with the help of the volunteers. All the volunteers reached NFAI at 11.30 am on the day of the event, and worked whole day tirelessly. Total 11 students participated in the event. All the volunteers capably handled the whole event from beginning to end. Registrations of the guests, hospitality, seating arrangement of the people, winding up of the event at the end were all done by the volunteers. The organizers of the event appreciated the sincerity, commitment and hard work of the volunteers. The organizers were happy with the volunteers.

16

**Walkathon:** On Saturday, January 18, 2020; Departments of Sports and NSS of St. Mira's College for Girls organized Walkathon to promote the importance of exercise and to create awareness about fitness among the people. One hundred and forty-three students along with seven staff members actively participated in the event. Students and staff together walked approximately for 3 kilometers with posters, shouting slogans of fitness and created awareness about daily exercise. Fight for Fitness, Health is Wealth, East or West Fitness is the Best were some of the slogans.

17



**Blood Donation Camp:** NSS department in association with Inlacks Budhrani Hospital organized a Blood Donation Camp on 22<sup>nd</sup> November, 2019. This year, total 87 students from FY/SY/TY/BA, BCOM, BCS, BBA, BCA enthusiastically participated and registered themselves to donate blood. Out of these 87 registrations 36 volunteers passed the weight, HB and other criteria and were fit for blood donation. All the 36 donors were provided with snacks- coffee, biscuits and banana. All the donors were given certificate of a donor. The camp went well except one case of infection. A case of infection (Ms. Shivani, TYBA experienced bleeding, pain and black spot after some hours of blood donation) was reported day after, which was referred to the doctor of Budhrani hospital for cure.

18

**River Cleaning:** In connection with National River Day, an NGO - Sare Jahan Se Achha, Friends of Dr. Salim Ali Bird Sanctuary and Pune Municipal Corporation organized mega river cleaning project on 23<sup>rd</sup> November at Dr. Salim Ali Bird Sanctuary. 29 volunteers of St. Mira's college along with NCC units of Garware and Modern college, Army commandos participated in the event. All the



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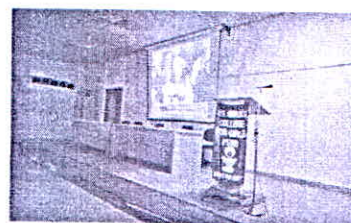
volunteers worked hard from 7 am to 10.30 am and collected all kinds of non-degradable garbage – plastic, clothes, glass, fiber, POP idols, thermocol, etc. from the banks of the river. Rubber gloves, masks, certain instruments like spades, shovels, etc. were provided for the safety of the students. All the volunteers were provided snacks and tea.



**Organ Donation Awareness:** In connection with the Birth Anniversary Celebration of our revered founder Sadhu T. L. Vaswani, NSS department organized a guest lecture on 'Organ Donation – Awareness and Importance' on 26<sup>th</sup> November 2019. Ms. Mini Thomas and Mr. Arvind Agarwal from the NGO-Rebirth Foundation, visited our college and interacted with our students. Ms. Mini Thomas touched upon many important aspects of organ donation – maintaining health, need of organ donation, benefits and importance of organ donation, the actual process of organ donation, green corridor, etc. Students were given thorough knowledge about the donation of the organs. Both of them encouraged students for organ donation. Mr. Agarwal gave real life examples about the organ donations and appealed all the audience to donate organs from the bottom of his heart. Around Twenty students and one faculty readily filled the form for organ donation.

**The 70<sup>th</sup> Constitution Day:** The 70<sup>th</sup> Constitution Day was celebrated by the Dept of Politics and Public Administration in association with the Dept of NSS on Tuesday, 26<sup>th</sup> November 2019. Following activities were conducted on this occasion-

1. **Live Telecast of the proceedings of the Parliament** on the special occasion of the Constitution Day. More than 150 students attended this proceeding wherein the President of India, Prime Minister and Vice-President of India spoke about the importance of Samvidhaan, contribution of Dr. Babasaheb Ambedkar and the importance of Fundamental Duties enshrined in the Constitution.



2. **Skit by students of Std XI-** Under the guidance of Mrs. Anita D'Cunha, the students of Std XI performed a short skit emphasizing the importance of fundamental rights and laws in the Constitution. Students enacted small incidents from our daily lives to show the impact of fundamental rights and their importance in our lives. Domestic violence, right to equality and right to education were shown through the skit.

3. **Reading of the Preamble-** All Staff and students participated in the reading of the Preamble in the assembly hall of the college.



**Swachhata Pakhwada:** (16<sup>th</sup> January to 31<sup>st</sup> January) was inaugurated by taking pledge of swachhata. Dr. Meenal Sumant discussed the importance of swachhata. All the students of the college were requested to be 'Clean Volunteer' and to keep

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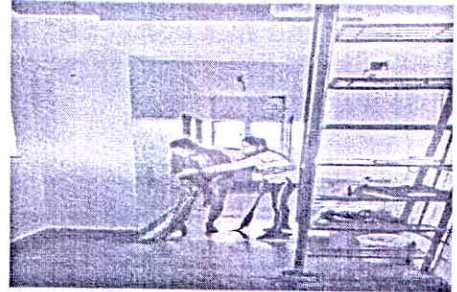


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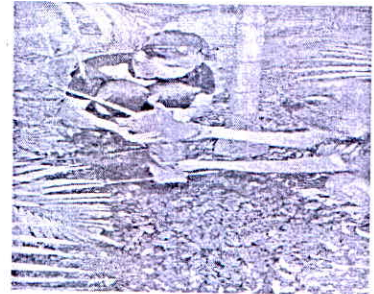
premises, their houses, locality clean. The schedule of all the activities of Swachhata Pakhwada was read out to the students and students were encouraged to participate in all the activities.

**Swachhata pledge** was taken by 400 students and 20 teachers approximately. They took pledge to keep the college, college premises and residential locality clean. Students committed to devote 100 hours throughout the year for cleanliness and encourage other 100 people for cleanliness drive.

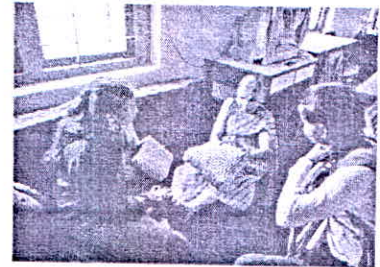
**Hostel Cleaning: 18<sup>th</sup> January, 2020:** NSS Department of St. Mira's College with 24 students went to Sadhu Vaswani Mission's Nursing college hostel for cleaning. All the volunteers were properly equipped with brooms, dustpans, dustbins, mops and buckets. Volunteers were divided into two groups as there were two floors of the hostel. Each group first picked the litter up, then swept the corridors of the hostel and then finally mopped each floor. They swept and cleaned the stairs also. The stairs were mopped by the volunteers. The railings were cleaned by the volunteers. The management of the hostel was very much cooperative.



NSS department with 11 volunteers and 2 teachers went to Sadhu Vaswani Mission's Gurukul School for **tree plantation**. On 20<sup>th</sup> January, volunteers reached the school at 12.15 pm. High CO<sub>2</sub> absorbing plants were chosen for tree plantation. Neem, Peepal, Amala, Saptaparni were planted as they are high CO<sub>2</sub> sequesters and good water purifiers. The suitability of plants in the given ecosystem was also considered. Total 20 saplings – 10 neem, 5 peepal, 3 amala and 2 saptaparni were planted.



Tuesday, 28<sup>th</sup> January, 21 NSS volunteers along with the NSS officers visited **NAB – an NGO** National Association for the Blinds at Khandala as a part of the SwachhataPakhwada. No sooner did the volunteers reach the place, they started cleaning the area. Volunteers were divided into groups and each group was allotted the area for cleaning. Volunteers cleaned the garden area, collected dry and waste garbage separately; they swept the whole garden area including main gate area, grass patches, backside of the medical clinic, etc.



Some girls went to the kitchen for cleanliness. They arranged kitchen neatly, swept the area and cleaned the kitchen. Few volunteers swept the stairs and the corridors. Other girls cleaned their workplaces like weaving section, knitting section, soap-making section, etc. Storage area, rooms and dining hall were cleaned too by the volunteers.

Many volunteers interacted informally with the blind and aged residents of this old age home. They tried to understand the problems of these people; they tried to open them up and shared moments of love and happiness with them.

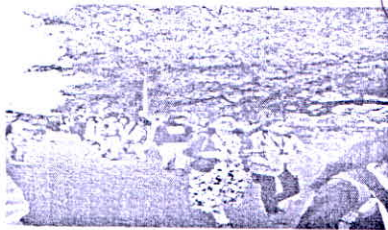
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St. Mira's College for Girls, Pune.



At the end, 10 NSS volunteers performed a street-play on 'Cleanliness and No Plastic' for the blind people and demonstrated the advantages and importance of cleanliness and ill-effects of dirty, unhealthy surroundings. All the people were appealed to ban single use plastic and use less or no plastic at all. In a very formal conversation with all the aged people over there, volunteers sang a krishnbhajan and one of the volunteers presented a poem on 'Female Foeticide'. One of the blind ladies sang melodious songs for our volunteers. Students interacted with Ms. Asha Ratnaparkhi ma'am, Honorary Secretary over there and expressed their gratitude.



**Road Safety Week:** 11<sup>th</sup> to 17<sup>th</sup> January was celebrated as Road Safety Week. In connection with this, NSS department of St. Mira's College organized a Road Rally conveying the importance of traffic rules and creating awareness about road safety amongst public. Total 70 students participated in the event enthusiastically creating awareness with slogans and

posters.

**Electoral Day-** The Department of Politics and Public administration and the Department of National Service Scheme (NSS) conducted various activities to celebrate Electoral Day on 25<sup>th</sup> January 2020 and 27<sup>th</sup> January 2020.

1. The Students of Junior College participated in the **Essay Writing Competition** organized by the department of Politics. The students of English medium (23 students) and Marathi medium (24 students) participated in this competition and enthusiastically penned their thoughts about the topic, "Elections". The students were guided by Mrs. Anita D'Cunha. She discussed the current electoral scenario in the class and encouraged the students to voice their opinions regarding elections in India. The best essays were submitted in the Zilla Parishad Office.



2. **Lecture** for FYBA students- Mrs. Veena Kenchi conducted a special lecture on "**Electoral Process in India**" for the FY students for emphasizing the importance of free and fair elections. She discussed the role of Election Commission. Students enthusiastically participated in the discussion and shared their experience regarding propaganda styles of political parties, speeches of leaders and the various election gimmicks used by various parties. The lecture concluded by emphasizing the role of people's participation for the success of free and fair elections.



1. **Voter's Pledge-** Dr. MeenalSumant discussed the establishment of Election Commission and the idea of celebrating Electoral Day on 25<sup>th</sup> January. She elaborated the role of the younger generation in making democracy a true-of



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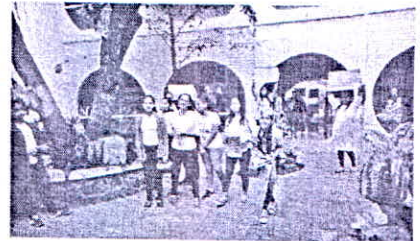
**Principal Incharge**  
St. Mira's College for Girls, Pune.

the people, for the people and by the people governance. The students were guided by Dr. Sumant to take the Voter's Pledge of voting fearlessly without any religious, caste or regional considerations.

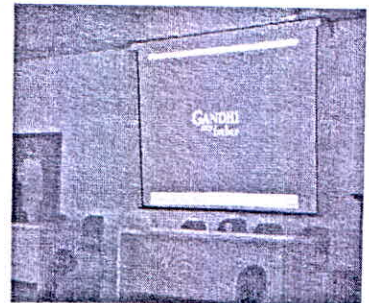
2. **Registration of New Voters-** The NSS department conducted a voter registration drive for the students of the college. The new voters were guided about the registration process. The NSS volunteers encouraged the students and enthusiastically helped students to search their names on the election commission website.

**Sinhagad Cleanliness Drive:** St. Mira's College with its two NSS POs and four NSS volunteers participated in Sinhagad Cleanliness Drive organized by the Department of NSS on Sunday, 23rd February, 2020. We reached Tanaji Malusare Samadhi at 10 am. Volunteers helped for carrying snacks from the parking space to the Samadhi place. Dr. Sanjay Chakane introduced the students with the history of fort Sinhagad and great warrior Tanaji. This was followed by Powada on Tanaji's Fight for Sinhagad and a poem on Shivaji Maharaj. Dr. Rajesh Pandey, Dr. Prabhakar Desai, Dr. Umarani addressed the students. Honorable Vice-chancellor Dr. Nitin Karmalkar was the chief guest for the event. St. Mira's volunteers first visited the Samadhi and then cleaned the nearby area. Volunteers collected four sacks of plastic on this occasion.

**Gandhiji's 150<sup>th</sup> Birth Anniversary Celebration: 31<sup>st</sup> August, 2019:** On the occasion of the 150<sup>th</sup> Birth Anniversary of Gandhiji, NSS department decided to focus and preach the values taught by him. In the month of August, a street play was put forward by the junior college students on the cleanliness. Students explained the importance of cleanliness and disastrous effects of dirty and non-cleaned living.



**September:** 1. On the occasion of 150<sup>th</sup> Birth Anniversary of Gandhiji, NSS Department in association with the Film Club run by the Sociology Dept. of St. Mira's College, organized a screening of a movie - 'Gandhi My Father' on 18<sup>th</sup> September, 2019. Around 40 students were present for the event. Different and unknown aspects of Gandhiji's life were put in front of the students through this movie. Students carefully watched a movie and shared and discussed the views regarding it.



2. On the occasion of the 150<sup>th</sup> Birth Anniversary of Gandhiji, NSS department decided to focus and preach the values taught by him. In the month of September, Dr. Manisha Pimpalkhare, Former NSS PO oriented students about the importance of Truth. She talked about the alternative truths i.e. lies and how social opinion is formed on that basis. She highlighted the cost that we have to pay for alternative truth. She appealed students to stick to the truth in any situation. She convinced the audience the importance of truth with different examples and current news.



**23<sup>rd</sup> November:** In tune with Gandhiji's teaching - empathy for all, St. Mira's College participated in **Rath Yatra**. This year 23<sup>rd</sup> November was Rath Yatra. Every year we try and convince

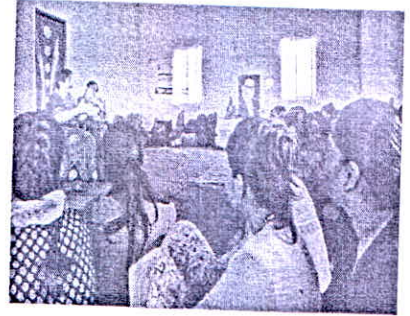
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Principal Incharge  
St. Mira's College for Girls, Pune.

people to observe 25<sup>th</sup> November as Meatless Day through Rath Yatra. All the college students, faculties pledge not to have non-vegetarian food on this particular day. Through Rath Yatra vegetarianism is promoted. St. Mira's College puts up float showing the vegetables, importance of eating vegetables. Songs of vegetarianism were played throughout the Rath Yatra. Animals are like humans and should be protected. They also have right to life. These are some of the slogans with which an appeal is made to the public to follow vegetarianism. NSS volunteers participated actively in all these activities and walked almost 6 kilometers to promote vegetarianism.

**December:** NSS department organized a lecture on 'Gandhiji's Thoughts and its Relevance in today's world.' Ms. Veena Kenchi, Head, Dept of Politics, was invited to the special winter camp to deliver the lecture at Kondhawale Village. She guided the volunteers regarding the concepts like Ahinsa, Satya, Prayer, Cleanliness, Ramrajya and explained its importance in real life world.



Many Shramadan Activities were organized by the students at the adopted village Kondhawale. - Cleaning of the village, Plastic Free Village, Cleaning the Village Temple etc.

Interaction of the students with the villagers was also very important part of the program.

Students were instructed to go to the villagers, help them in their day-to-day activities, understand their problems and develop bond with the villagers.



**Ek Bharat Shreshth Bharat: December 2019** - This year the theme of the annual socials of the college was 'Ek Bharat Shreshth Bharat'. The special cultural events of different states were incorporated in the program. Students enthusiastically participated in the annual gathering. There were cultural events like Bhangra from Punjab, Garba from Gujarat, Lavani and Gondhal from Maharashtra, Kaththak from Kerala and Bharatnatyam from Tamilnadu, etc.



A special event on the seven sisters of north-eastern states like Asam, Mizoram, Nagaland, Arunachal Pradesh, Tripura, Manipur, Meghalay and Sikkim was organized by the students depicting their culture, clothing, food habits, etc. The cultural program was ended with the fashion show



showcasing the culture of different states like Kashmir, Madhya Pradesh, Maharashtra, Gujarat, Rajasthan, Kerala, Tamilnadu, etc. The cultural program lasted for three hours creating awareness among 500 students.

**Ek Bharat Shreshth Bharat 30<sup>th</sup> January 2020:** As a tribute to Mahatma Gandhiji- Father of our Nation and to celebrate Unity in



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Diversity, All-religion prayers were organized in St. Mira's College. On the occasion of the death anniversary of Mahatma Gandhiji i.e. Martyr's Day. To celebrate United India with diverse cultures, Hindu, Muslim, Sikh, Christian, Buddhist and Sindhi prayers were recited at the prayer time. Students also explained the moral of each prayer and helped all the students to understand one and same message of love and compassion that is given by all religions. Naznin from SYBA recited muslim prayer, Sakshi presented sindhi prayer; Dilshin Kaur sang sikh prayer; Sanchi recited and explained Buddhist prayer and the session was ended with Gandhiji's bhajan 'Vaishnav Janato' by Sakhi Kulkarni – all from SYBA/BCOM. A minute's prayerful silence was observed at the end of all the prayers.

**The Valedictory function:** On 9th of March 2020, the NSS department of St. Mira's College held the Valedictory function. PSI Mr. Ravindra Gawari was the Chief Guest for the occasion. The function was elicited with the lighting of the lamp by the PSI- Mr. Ravindra Gawari and our Vice Principals - Dr. Shalini Iyer and Ms. Stella Ambrose. This was followed by University song and NSS song. NSS program officer, Dr. Meenal Sumant presented annual report for the year 2019-20.

**A guest lecture on 'Cyber Security'** was organized by the NSS Department on this occasion. PSI Gawari sir discussed various case studies of cybercrimes through Facebook, WhatsApp, Instagram, etc. and filed complaints that helped us gaining awareness of frauds happening and advised us to stay safe and vigilant from online payment applications, social media and fraud calls. Sir advised all the precautionary steps of the cybercrimes. He also explained the process of registering complaints against cybercrimes. The session was very much interactive and enjoyed by all the NSS volunteers. Volunteers found the information very useful. The session was concluded by question answer session.



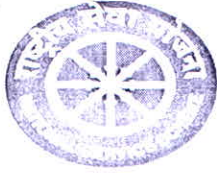
Dr. Meenal Sumant  
Dr. Sandhya Pandit  
NSS POs

*St. Mira's*



*G. H. Gidwani*

Dr. Gulshan Gidwani  
Principal



# SAVITRIBAI PHULE PUNE UNIVERSITY

## National Service Scheme

### Student List With Eligibility Number 2019-2020

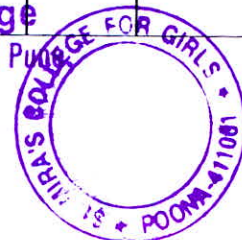
Sr No.	Egibility No	Student Name	Category	Course Name	Gender	Current Academic Year	Nss Year	Type
1	12018307386	RUTIKA BALASAHEB NAWALE	OPEN	B.Com.	FEMALE	II	2	Regular
2	12018307381	RAVINA DEEPAK JAGTIANI	OPEN	B.Com.	FEMALE	II	2	Regular
3	12018307440	GAIKWAD VAISHNAVI SHIVAJI	OPEN	B.Com.	FEMALE	II	2	Regular
4	12018307462	DONGARE VAISHNAVI BHIMRAO	NT(D)	B.Com.	FEMALE	II	2	Regular
5	12018307451	KALYANAM AKSHADA PRABHAKAR	OBC	B.Com.	FEMALE	II	2	Regular
6	12018307533	CHAND SHIMONI RAKESH	OPEN	B.Com.	FEMALE	II	2	Regular
7	12018307234	KIRPALANI SIMRAN SANJAY	OPEN	B.A.	FEMALE	II	2	Regular
8	12018307563	FERNANDES MERYL INACIO	OPEN	B.Com.	FEMALE	II	2	Regular
9	12018307384	UTKARSHA DATTATRAYA GALANDE	OPEN	B.Com.	FEMALE	II	2	Regular
10	12018307324	BALI RITIKA G K	OBC	B.A.	FEMALE	II	2	Regular
11	12018307230	JERONIMO JUDITH BOTELHO	OPEN	B.A.	FEMALE	II	2	Regular
12	12018307516	BHOSALE GAURI ANANT	OPEN	B.Com.	FEMALE	II	2	Regular
13	12018307341	DAREKAR VAISHNAVI SUNIL	OPEN	B.A.	FEMALE	II	2	Regular
14	12018307564	SHAIKH FIDA ADIL	OPEN	B.Com.	FEMALE	II	2	Regular
15	12018307582	BHUJBAL BHAKTI BHUJBAL	OBC	B.Com.	FEMALE	II	2	Regular
16	12018307319	KUMBHAR SRUSHTI DIGAMBAR	OBC	B.A.	FEMALE	II	2	Regular
17	12018307206	GIDWANI SAKSHI VINOD	OPEN	B.A.	FEMALE	II	2	Regular
18	12018307500	PATIL SHAMAL AVINASH	OPEN	B.Com.	FEMALE	II	2	Regular
19	12018307412	LONKAR SAKSHI RAJENDRA	OPEN	B.Com.	FEMALE	II	2	Regular
20	12018307262	GIDWANI VYOMI MUKESH	OPEN	B.A.	FEMALE	II	2	Regular
21	12018307314	GAIKWAD SANCHI HANUMANT	SC	B.A.	FEMALE	II	2	Regular
22	12018307487	ASHTEKAR GOURI VILAS	OPEN	B.Com.	FEMALE	II	2	Regular
23	12018307167	NAVANI MAHESHWARI RAVINDRA	OPEN	B.A.	FEMALE	II	2	Regular

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St. Mira's College for Girls, Pune

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# SAVITRIBAI PHULE PUNE UNIVERSITY

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24	12018307197	MEHTA BHIPASHA KAMAL	OPEN	B.A.	FEMALE	II	2	Regular
25	12018307402	AISHWARYA SUNIL SHINDE	OPEN	B.Com.	FEMALE	II	2	Regular
26	12018307423	DEEPSIKHA RATANLAL SETHIA	OPEN	B.Com.	FEMALE	II	2	Regular
27	12018307458	APURVA ATUL GALANDE	OPEN	B.Com.	FEMALE	II	2	Regular
28	12018307280	BANDAL TEJASHREE PRAKASH	OPEN	B.A.	FEMALE	II	2	Regular
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34	12018307484	BANDARU NAVALAXMI NARAYANA	OPEN	B.Com.	FEMALE	II	2	Regular
35	12018307508	KAMANABOYINA SHRAVANI SUBBAYYA	OPEN	B.Com.	FEMALE	II	2	Regular
36	12018307509	SIMRAN SUDARSHAN BRAMHANE	OPEN	B.Com.	FEMALE	II	2	Regular
37	12018307636	KALYANKAR SANYUKTA AMBADAS	SC	B.Com.	FEMALE	II	2	Regular
38	12018307548	KOLTE PRITI SHANTARAM	OPEN	B.Com.	FEMALE	II	2	Regular
39	12018307481	BABUL FIZZA FAZLEALI	OPEN	B.Com.	FEMALE	II	2	Regular
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41	12018307174	DIXIT YASHADA UDAY	OPEN	B.A.	FEMALE	II	2	Regular
42	12018307183	KAR SHRAMANA ASIM	OPEN	B.A.	FEMALE	II	2	Regular
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44	12018307461	PAWAR AMRUTA PRADEEP	OBC	B.Com.	FEMALE	II	2	Regular
45	12018307228	PESHWANI NAMRATA LAXMAN	OPEN	B.A.	FEMALE	II	2	Regular
46	12018307389	BANSODE AISHWARYA MADHUKAR	SC	B.Com.	FEMALE	II	2	Regular

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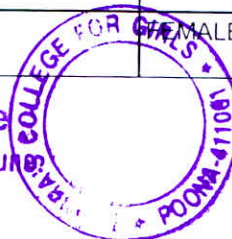
# SAVITRIBAI PHULE PUNE UNIVERSITY

## National Service Scheme

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59	12018307225	MANGALORE NANDINI UMESH	OPEN	B.A.	FEMALE	II	2	Regular
60	12018307537	DOKE SAYALI VIJAY	OBC	B.Com.	FEMALE	II	2	Regular
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62	12018307214	YADAV POOJA MOHANLAL	OPEN	B.A.	FEMALE	II	2	Regular
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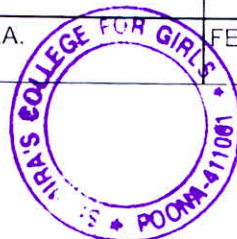
# SAVITRIBAI PHULE PUNE UNIVERSITY

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87	12019145119	MARGDARSHINI VISHWA MOHINDER PAUL	OPEN	B.A.	FEMALE	I	1	Regular
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93	12019145465	KHANDVE NIKITA SANTOSH	OPEN	B.Com.	FEMALE	I	1	Regular
94	12019145451	BORA ANJALI SURESH	OPEN	B.Com.	FEMALE	I	1	Regular
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96	12019145076	LALZARE JOELIN JOHNSON	OPEN	B.A.	FEMALE	I	1	Regular
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99	12019145089	JADHAV RUCHIKA SUNIL	OBC	B.A.	FEMALE	I	1	Regular

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**Principal Incharge**  
St. Mira's College for Girls, Pune.



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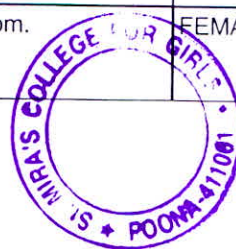
# SAVITRIBAI PHULE PUNE UNIVERSITY

## National Service Scheme

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125	12019145393	KHANDELWAL SONALI VINODKUMAR	OPEN	B.Com.	FEMALE	I	1	Regular

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**Principal Incharge**  
St. Mira's College for Girls, Pune.



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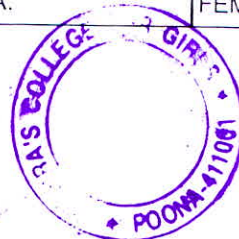
# SAVITRIBAI PHULE PUNE UNIVERSITY

## National Service Scheme

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137	12019145447	JADHAV OWI BALU	DT(A)	B.Com.	FEMALE	I	1	Regular
138	12019145235	TINNALURI VISHNUPRIYA SRINIWASA SURI	OPEN	B.Com.	FEMALE	I	1	Regular
139	12019145251	RAWAT NEHA RAM SINGH	OPEN	B.Com.	FEMALE	I	1	Regular
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146	12019145110	AMAL ARAFAT ABU LEBDEH	OPEN	B.A.	FEMALE	I	1	Regular
147	12019145420	KAMUNI KIRTI KISHOR	SBC	B.Com.	FEMALE	I	1	Regular
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149	12018307278	AKHADE PRACHI RAJKUMAR	SC	B.A.	FEMALE	I	2	Regular
150	12018307193	MALI NIKITA DEEPAK	OBC	B.A.	FEMALE	--Sel	0	Regular

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*Jayant*  
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St. Mira's College for Girls, Pune.



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**SAVITRIBAI PHULE PUNE UNIVERSITY**  
National Service Scheme



*Jayal*  
**Principal Incharge**  
St. Mira's College for Girls, Pune.

responsibilities as NSS volunteers.

Post lunch, the NSS volunteers were divided into various teams. They were assigned the tasks to be undertaken during the camp and were given the details about the schedule of the Camp.

In the evening, a walk in the Village was organised for the students to acquaint themselves with the topography of the village and interact with the villagers.

Later in the evening the students were given time for Slogan Writing for the Morning rally on Water Conservation wherein each group had to come up with 3 slogans and no group could repeat the slogans. Hence, the girls creatively put their mind to it.

### Day 2 – 7/12/2019; Saturday

Our mornings in the camp started with prayer i.e. Sanctuary, followed by University Song, NSS Song, Pranayam and exercises.

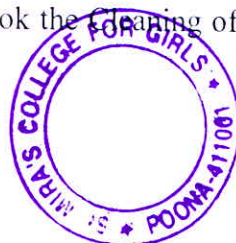


A Morning Rally in the Village was conducted on Water Conservation and an awareness on the importance of Saving water for the prosperity of the nation was created by the students. In the morning, NSS volunteers enjoyed a lecture on 'Entrepreneurship and Self' by Dr. Rama Venkat from St. Mira's College for Girls. She

encouraged the students to know themselves, so that they can set goals for themselves; she also emphasized on skill development, staying positive, being focused which will in turn make them confident. And all this will happen with having clarity of thought. Dr. Venkat spoke on the fact that Soft skills have to be improved – both oral and written communication, the importance of networking - connecting with people and maintain cordial relationships and most significantly to have empathy and never to be judgemental. She introduced the students to the Three Qs - IQ, EQ and Spiritual Quotient(SQ) and how necessary these are for overall development and for being successful in life. The students were quite motivated post this session. This was followed by a Group Discussion on 'Reduce, Reuse and Recycle' of all the groups chaired by Dr. Venkat. The ideas shared by the students were very innovative and creative and well appreciated by the chairperson.

In the afternoon, the NSS volunteers undertook the Cleaning of Kondhavale Village. They were

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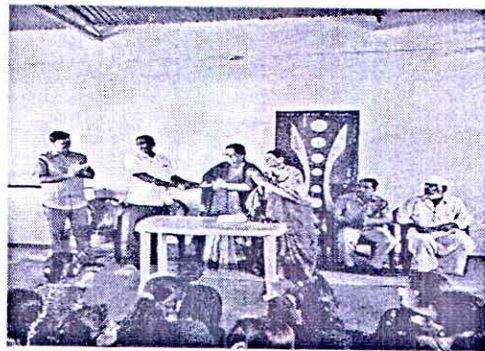
Jayab  
Principal Incharge  
St. Mira's College for Girls, Pune.

**St. Mira's College for Girls, Pune.**  
**NSS Winter Camp – Kondhavale, Tal: Mulshi, Dist: Pune**  
**Period - 06/12/2019 to 12/12/2019**

**Day 1 – 06/12/2019; Friday**

On 6<sup>th</sup> December, the journey for NSS special camp began from St. Mira's College for Girls, Pune at 8.00 in the morning and reached its destination village Kondhavale at 10 a.m. Upon reaching the campsite at the Samaaj Mandir at Kondhavale, the NSS volunteers cleaned the hall and two rooms that were allotted for the camp and helped in setting up the kitchen for the camp.

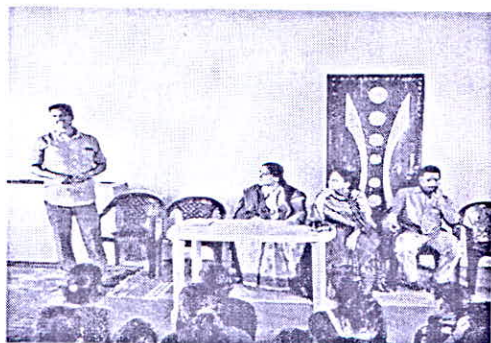
Inaugural Session – At 10.00 am the inauguration of the camp took place. Following people were present for the inauguration: Sarpanch of Kondhavale village Shri Anant Kandhare, Upasarpanch Shri Yenpure, Gram Panchayat member Shri Ashok Jori of Kondhavale village; from St. Mira's College for Girls', Vice-Principal – Dr. Shalini Iyer and Controller of Exams –



Dr. Soniya Chavan were present. The programme started with the address of Sarpanch Anant Kandhare who welcomed the volunteers of the college to the village and explained the agenda of the 7 days camp. He discussed the agenda of the camp with the students and offered his full support to the students while they were there.

The Vice-Principal – Dr. Shalini Iyer addressed the students in Hindi and motivated the students for the mission of a 'Green India, Clean India', the need to plant more trees, the benefits of

sustainable living, to create less waste and contribute towards a modern and sustainable India for a better tomorrow. The Gram Panchayat member Shri Ashok Jori informed the students about the details of the village and their expectations from the students while they are there.



Dr. Iyer expressed her gratitude to the Gram Panchayat and the Sarpanch for allowing the College NSS Unit to

come to the village and host the students there. Dr. Iyer wished good luck to the students for the camp. Post-inaugural Dr. Chavan interacted with the students and reminded them of their

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*[Signature]*



*Jayab*  
**Principal Incharge**  
**St. Mira's College for Girls, Pune.**

to make Londhavale a Plastic Free village. The groups of volunteers were assigned different parts of the village for cleaning. They undertook activities of Sweeping and cleaning the garbage in the village.

While the students were cleaning the village, a surprise visit by the College Registrar, Mrs. Suvama and Senior Clerk, Mrs. Sulochana Bajaj motivated the students. The students were very happy to see them and an interaction that followed with the students cheered them on. The students then showed the village to the Registrar wherein they too interacted with the villagers. An interaction with a special person, the oldest lady of the village, almost believed to have crossed the number 100 was quite enthralled during this meet with the Registrar.

In the pre-dinner session volunteers interacted with each other and practiced for street plays.

) They also worked on Slogan Writing for the next day's Morning Rally on 'Swachha Gaon Swachha Bharat'.

### Day 3 – 8/12/2019; Sunday

Our mornings in the camp started with prayer i.e. Sanctuary, followed by University Song, NSS Song, Pranayam and exercises.

A Morning Rally in the Village was conducted on 'Swachha Gaon Swachha Bharat' This was followed by a Lecture on 'Mindfulness through Communication Skills' by Prof.



Suhaile Azavedo of St. Mira's College for Girls using practical demonstration to help them understand team work. The take away of this lecture was for the students to realize in life how important it is 'To Respond and Not React'. This proved to be very beneficial throughout the Camp tenure as these were

testing times for the volunteers and they had to prove their mettle by responding to situations and people and not reacting.

Other professors Dr. Snober Sataravala and Ms. Komal Tujare too interacted with the students and motivated and pepped them up by sharing their experiences of living away from families and friends and the importance of 'Service' and the satisfaction one derives from it.

Post Lunch Mr. Jori had come and he took the volunteers around to show them the medieval period Shankara temple and Veergalas which belonged to the Maratha period.

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Principal Incharge  
St. Mira's College for Girls, Pune.



This was followed by making arrangements for water provision for trees planted near the Medieval period temple. The volunteers made pits in the village for the trees planted

to survive and water them as well. The Volunteers really worked hard and made about 15 pits with the help of spades and hoes and cleared the area with the help of sickles. Later the volunteers went to interact with the villagers and conducted a survey of village homes and facilities available with them. These students went from door to door and conducted basic socio-economic survey of the village.

While conducting the survey they also helped them with their daily chores like washing vessels, filling up drinking water, cleaning and chopping vegetables, etc. By this time the students had developed a strong bond with the village women and children.



The volunteers were then given time for Slogan Writing for next day's Morning Rally on 'Health and Nutrition'. Later the girls practiced for the street plays which they had to enact on Tuesday. We ended the day with a mid-week Camp Feedback Session from the students to assess what we were doing right and areas where we can improve to make the remaining days more fruitful. This was a first of its kind initiative taken by the Programme Officers to open the interaction among the students. This platform provided an opportunity for the students to realize how they were reacting to things instead of responding and helped them change their outlook to things completely in the days that followed. This effort was appreciated by the students.

#### Day 4 – 9/12/2019; Monday

Our mornings in the camp started with prayer i.e. Sanctuary, followed by University Song, NSS Song, Pranayam and exercises.

A Morning Rally in the Village was conducted on 'Health and Nutrition'.

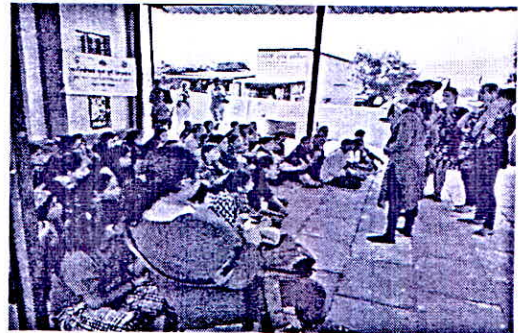
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**Principal Incharge**  
St. Mira's College for Girls, Pune.

Since the Primary school toilet was the only toilet available for the students to use, the volunteers without any complaints, would clean the toilet of the school before the school hours would begin to ensure a clean facility for the school students and teachers. This was a regular activity for the days spent in the village from this day on. A Swachh Gaon Abhiyaan initiative was taken of a different part of the village i.e. Cleanliness of Shankar temple of Shivajis period and also of the temple premises. The volunteers weeded out the wild and dried grasses from the premises. NSS Programme Officer, Dr. Meenal Sumant conducted an Interaction with the volunteers about the NSS objectives and Camp objectives. She made the students realise of the favours we were drawing from the villagers, in terms of provision of stay and water, washroom facilities, garbage disposal, etc. This way we hoped that the volunteers would reduce the waste being created and work towards a better village environment. The Students too shared their own village experience with everyone, and the luxuries we are getting in this village made especially available for us to avoid inconvenience to us. In the afternoon the students practiced for their Street plays and wrote slogans for the next day's



Morning rally on 'Beti Bachao'.

They then arranged for a Fun Fair for the village women. It included applying mehendi for them, games including duck the ball in the bucket, draping saris in a minute – fastest sari first, taking ukhaanas, etc. The elderly women and the Sarpanch too appreciated the activity as it brought a lot of joy and happiness to the women folk. Since the women were busy with cooking and filling water, the girls helped the women with these chores to finish it fast and then come for the fun fair to be able to enjoy the games for them. On this day the girls went on a Mobile diet of a day and got no phones. This effort was highly

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Principal Incharge  
St. Mira's College for Girls, Pune.



appreciated by the parents who felt it was highly necessary to keep the children away from their phones in this day of high addiction and dependency on it. The students too did not remember their phones once the Fun fair activities had begun.

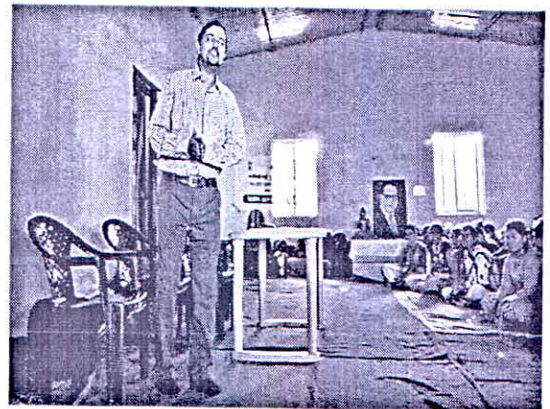
### Day 5 – 10/12/2019; Tuesday

Our mornings in the camp started with prayer i.e. Sanctuary, followed by University Song, NSS Song, Pranayam and exercises.

A Morning Rally in the Village was conducted on 'Beti Bachao'.

The morning began with a Guest lecture on 'Health and Nutrition' by Dr. Arvind Sarsambi - He gave the students basic information on what good

health and nutrition is. How health is based on nutrition, he focused on body image- physical, mental, emotional included; importance of carbohydrates, proteins and fats in the diet; how proteins increase muscle strength, carbohydrates is glucose and fat has to be balanced; he also informed them how the same cooking oil is not to be used for a



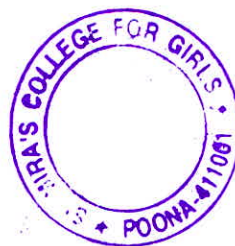
long time. Keep changing cooking oils, liver is a storehouse of energy, junk food = fermented food, Balanced diet includes water intake - 5 to 6 ltrs, after 6 to 7 hrs sleep drink minimum half to 1 ltr water before getting out of bed - after 3 mths pimples will disappear, hairfall reduces leading to healthy hair, drink when thirsty even if during meals, don't overeat, kab aur kaise khaana chahiye, eat less than ur hunger, eat max 4 times a day, nutrition has a great impact on your mental behavior; a curry with vegetables, dry veg, rice, no repetition of Roti's, sweets once in a



day, min 30 mins exercise everyday, mental exercises are also very important - speak your mind out if u r disturbed, learn to say NO to all BAD Habits and say YES to all physical exercises. The student gave a Vote of thanks as well.

This was followed by an Interaction of students with

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Principal Incharge  
St. Mira's College for Girls, Pune.

Ms. Veena Kenchi and Dr. Manisha Pimpalkhare, professors from St. Mira's College for girls on Values of NSS. Dr. Pimpalkhare also recited a self written poem on 'Service' and importance of service in ones life.

A 'colouring competition' in the Zilla Parishad Primary School was conducted by the volunteers. Students were provided with the pictures and crayons. Volunteers guided the students and helped them to colour the pictures given. Volunteers interacted with the school children; sang poems and rhymes for them. Prizes for this were distributed on the last day of the camp.

On this day the volunteers had also prepared a special meal of 'Pav Bhaji' for the 60 students of the school and 15 students of the Aanganwadi. The students rejoiced at the sight of getting something different and tasty to eat prepared by the volunteers. The happy, smiling and content faces of the children spoke volumes of how much difference a small act of service like this can make to the lives of these children.

The volunteers then Practiced for the Street Play which they had to perform. The evening of the students was enlightened with a Lecture by Mr. Swamiraj Bhise a well-



known social activist from Savitribai Phule Pune University to teach the students on how to set up Street Plays. He made the session extremely interactive and fun-filled for the students to learn from. The volunteers learnt through voice exercises on how to modulate voices to improve the performance. He also judged the student's street

plays, gave feedback and improvised their plays. The final outcome of this improvisation resulted in a tearful and inconsolable response of the students and village audience. Later the Volunteers practiced for the Cultural events to be performed for the next day.

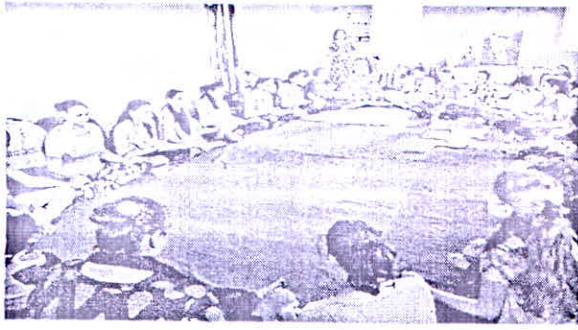
#### **Day 6 – 11/12/2019; Wednesday**

Our mornings in the camp started with prayer i.e. Sanctuary, followed by University Song, NSS Song, Pranayam and exercises. This was followed by a Visit to the nearby village, Chinchwad gaon for a Morning Rally on 'Gender Equality'. The volunteers created awareness through their slogans on the need to educate girls and teach the boys to respect girls and contribute to the work at home.

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Principal Incharge  
St. Mira's College for Girls, Pune.



Along with this a Cleanliness drive was also undertaken along the way to make the entire region clean and Plastic free. A little farther away from Chinchwad gaon was a dam. The volunteers were taken to Visit the Belavade Dam which was surrounded by lofty mountains and lush green valleys of the Sahyadri mountain range. It was a beautiful sight to behold. The volunteers interacted with villagers passing by and also helped an elderly lady carry the load of her freshly washed clothes back to her house. The Ajji was very touched and overwhelmed with this gesture of the girls. The volunteers felt happy to be able to get a smile on the face of this Ajji. After returning from the dam a Lecture on 'Reiki, Meditation and it's Benefits' by Ms. Manjita Kulkarni from St. Mira's College for Girls was organised. In this lecture Ms. Kulkarni spoke on the basic Chakras in the body, spoke of alertness, spiritual direction, sustainable happiness, motivation out of depression, concentration, 24 points of reiki meditation, etc. She also focused on how this practice helps in memory retention, reduce the effect of bad influences on your life, how healing can be given, vibrations can be cleared, and how you have to believe in what you want, to reach what destiny has in store for you. She also informed the volunteers of the number of health benefits Reiki has and demonstrated the actual 24 points. The highlight of this session was a Group Reiki that was performed on students wherein 25 volunteers participated to experience the power of reiki to reenergize them after a tiring day to feel peaceful again from within. Post this session these volunteers shared experiences of the vibrations they experienced while the reiki was in progress and how they were more at peace with themselves and their surroundings. This way they all were geared up for the Valedictory function and the Cultural programme that was to follow in the evening.

Post lunch the volunteers were given time for preparing for the cultural programme and for performing the street plays for the villagers.

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**Principal Incharge**  
St. Mira's College for Girls, Pune.

**Valedictory Programme:** Valedictory Function was organized in the evening. Mr. Mahadeo

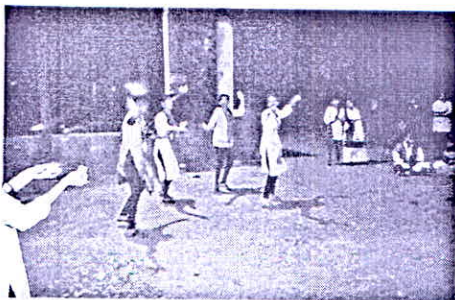


Anna Kondhare, President-

Rashtrawadi Yuvak Congress, Mulshi Tahasil, Mr. Sunil Chandere, President, Bhor-Velha-Mulshi Constituency, Rashtrawadi Congress Party, Mr. Anant Kandhare, Sarpanch, Kondhawale Group Grampanchayat, Mr. Somnath Yenpure, Up-sarpanch, Kondhawale Group Grampanchayat and Mr. Ashok Jori were present for the event. Mr. Sunil Chandere was the guest speaker and Mr. Mahadeo Anna Kondhare was the president of the valedictory function. They interacted with the volunteers regarding the experience of the camp, interactions with the villagers, needs of the students in rural areas like sound communication skills in English and how best the urban youngsters can contribute towards that.

This function was also attended by Mr. Shivaji Pacharne, District Co-ordinator, SPPU and Mr. Nana Shejwal, Area Co-ordinator of SPPU. They congratulated the volunteers on successful completion of the camp and interacted with the students. They shared experiences of their college NSS camp initiatives and encourage the students to think on those lines for future.

The Chief guests of the valedictory function and the SPPU representatives enjoyed the dinner made by the volunteers sponsored by the village authorities.



Post dinner and the valedictory function, a small cultural programme was put up by all the NSS volunteers for the villagers of Parodi. The programme was hosted by Amruta Pawar. Street plays on the themes male-female equality, Beti bachao, cleanliness were put up by the students. Solo and group dance performances and Patriotic song singing were also performed for the villagers which they really enjoyed.

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Principal Incharge  
St. Mira's College for Girls, Pune.

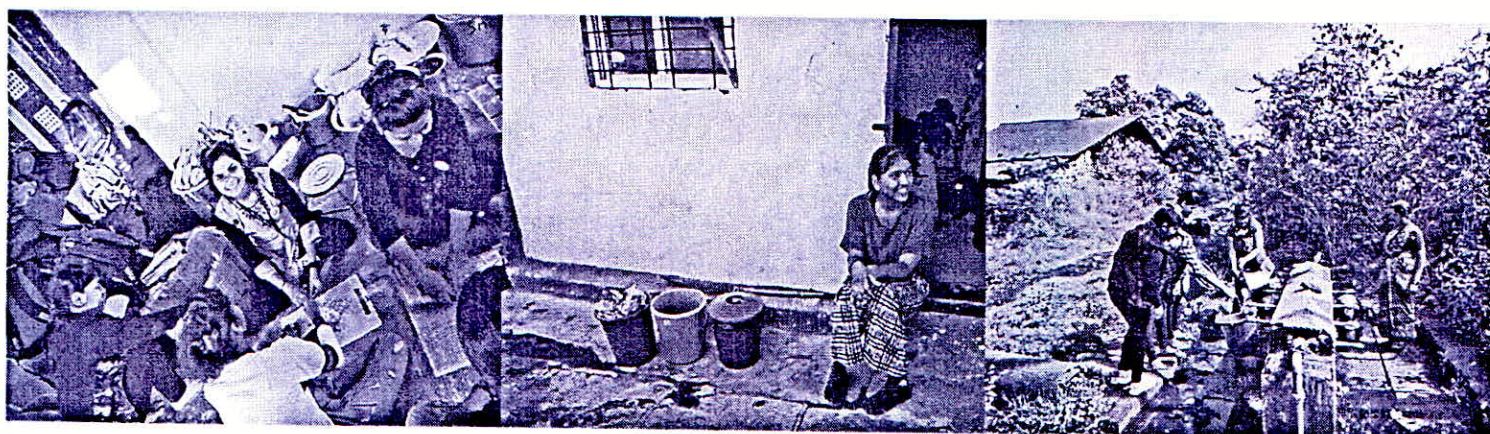
**Day 7 – 12/12/2019; Thursday**

Our mornings in the camp started with prayer i.e. Sanctuary, followed by University Song, NSS Song, Pranayam and exercises.

All the NSS volunteers cleaned the premises of ZP Primary school toilet, premises of the Samaj Bhavan where we were staying, one big hall and two small rooms were also cleaned to be handed over to the Sarpanch. We very proudly handed over the rooms to them cleaner than what we had received them in.

Prize distribution of the Colouring Competition was done at the hands of the student volunteers. The volunteers bid a tearful farewell to all the villagers and came back to Pune with fond memories in their heart and learnings of simplicity, service and gratitude to remember forever.

**--Some Glimpses of the other regular activities of the Camp--**



Dr. Meenal Sumant  
Dr. Sandhya Pandit  
NSS Programme Officers

*Meenal*  
*Sandhya*



*G.H. Gidwani*  
Dr. Gulshan Gidwani  
Principal



# ग्रुप ग्रामपंचायत कोंढावळे

कोंढावळे - कळमशेत

ता. मुळशी, जि. पुणे



श्रीम्. पवार व्ही. ए. (ग्रामसेवक)  
मो. : ८८०५५९००३८

श्री. सोमनाथ शंकर येनपुरे (उपसरपंच)  
मो. : ९९२२४७००३९

श्री. आनंता गणपतराव कंधारे (सरपंच)  
मो. : ९४२३०२९७४७

- \* ग्रामपंचायत कराची रक्कम मुदतीत भरून सहकार्य करा.
- \* ग्रामपंचायत जन्म-मृत्युची नोंद २५ दिवसात ग्रामपंचायतीकडे करा.
- \* नळाला तोटी बसवा, पाण्याचा अपव्यय टाळा.
- \* बालविवाह करणे कायदेशीर गुन्हा आहे.
- \* विना परवाना नळ कनेक्शन हा फौजदारी स्वरूपाचा गुन्हा आहे.

- \* घर तेथे शौचालय बांधा, कुटुंबाचे आरोग्य राखा.
- \* कचरा गटारमध्ये टाकू नका, गटारे स्वच्छ राखा.
- \* कुटुंब लहान सुख महान.
- \* पाण्यात मेडिकलोअर टाकून पिण्याचे पाणी पिण्यास वापरावे.
- \* विना परवाना बांधकाम हा फौजदारी स्वरूपाचा गुन्हा आहे.

जावक क्र.:

दिनांक : ०४/१२/२०१९

To,  
The Principal,  
St. Mira's College for Girls,  
Pune.

Sub:- Permission for 7 Day NSS Special Winter Camp in Kondhawale village from 6<sup>th</sup> Dec 2019 to 12<sup>th</sup> Dec 2019.

Respected Sir/Madam,

I, Mr. Ananta Kandhare - Sarpanch Group Grampanchayat Kondhawale, allow you to have NSS special Winter Camp of St. Mira's College in our Kondhawale village for the period of 7 days i.e. 6<sup>th</sup> Dec 2019 to 12<sup>th</sup> Dec 2019; with reference to your application letter. no. - U-26/2019-20.

We allow you to stay in Samajmandir and conduct NSS activities as per your request.

Thanking you!

Mr. Ananta Kandhare  
Sarpanch,  
Group Grampanchayat, Kondhawale.

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Ananta



Ananta  
सरपंच

ग्रुप ग्रामपंचायत कोंढावळे  
ता. मुळशी, जि. पुणे

Principal Incharge  
St. Mira's College for Girls, Pune.



# ग्रामपंचायत कोंढावळे

कोंढावळे - कळसघात

ता. मुळशी, जि. पुणे



श्रीम. पवार व्ही. ए. (ग्रामसेवक)  
मो. : ८८०५५९००३८

श्री. सोमनाथ शंकर येनपुरे (उपसरपंच)  
मो. : ९९२२४७००३९

श्री. आनंता गणपतराव कंधारे (सरपंच)  
मो. : ९४२३०२९७४७

- \* ग्रामपंचायत कराची रक्कम मुदतीत भरून सहकार्य करा.
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- \* विना परवाना नळ कनेक्शन हा फौजदारी स्वरूपाचा गुन्हा आहे.

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- \* कुटुंब लहान सुख महान.
- \* पाण्यात मेडिकलोअर टाकून पिण्याचे पाणी पिण्यास वापरावे.
- \* विना परवाना बांधकाम हा फौजदारी स्वरूपाचा गुन्हा आहे.

जावक क्र.:

Camp Evaluation Letter

दिनांक :

मा. सरपंच ग्रामपंचायत कोंढावळे, ता. मुळशी, जि. पुणे. यांजकडून शयवला  
द. पत येतो की, सेंट मीरा मुलींचे महाविद्यालय पुणे यांच्या राष्ट्रीय सेवा योजने  
विभागातर्फे कोंढावळे, ता. शिरूर, जि. पुणे येथे विशेष भ्रमसंस्कार शिबीर दिनांक  
०६/१२/२०१९ ते १२/१२/२०१९ या कालावधीत आयोजित करण्यात आले होते.

या निवासी शिबीर कालात व्याख्याने, प्रभात फेरी याद्वारे स्वच्छ भारत,  
जलसंवर्धन, एक भारत श्रुंड भास, बालइक्क र-त्रीपुठष समानता, आरोग्य व  
पोषण, क्यारलन वंचवा यांसारख्या विषयांवर जनजागृती करण्यात आली.

या शिबीरक्या कालात कोंढावळे गावसाठी खालील उपक्रम शबविण्यात आले

- १) गावाची स्वच्छता करणे.
- २) गाव फॉरटिक मुक्त करणे
- ३) गावात लावलेल्या झाडांसाठी आकी करून देणे.
- ४) गावातील शंकराचे मंदीर स्वच्छ करणे.
- ५) प्राथमिक शाळेतील विद्यार्थ्यांसाठी विविध उपक्रम शबविणे व स्पधा घेणे
- ६) कोंढावळे गावाचे प्राथमिक सर्वेक्षण
- ७) पोषण, स्वच्छता, रक्षेजन्माचे स्वागत, बालइक्क या विषयांवर पथनाट्य
- ८) शेजगार कौशल्य, आरोग्य व पोषण, स्वच्छ भारत, स्की. या विषयांवर  
त्यांच्याने
- ९) गावातील कुटुंबाना त्यांच्या दैनंदिन कामात मदत करणे
- १०) विविध सामाजिक विषयांवर जनजागृती व शाळेतील विद्यार्थ्यांसाठी जेवण
- ११) शाळेसाठी पुस्तकांची भेट

आमच्या गते वरील कामांचे मूल्यमापन रु - १,००,०००/- असे होईल  
सेंट मीरा मुलींच्या महाविद्यालयातील सारसयो स्वयंसेवकांचे या शिबीरातील  
अशाबदुदल अभिलंदन व त्यांच्या भविष्यातील कार्यासाठी शुभेच्छा.

NSS PG  
Mansu



Principal Incharge  
St. Mira's College for Girls, Pune.

Total participants - 69

St. Mira's College for Girl

Attendance Sheet for NSS Special Winter Camp 2019-20

Roll No	Name of the Volunteers	6/12/19 Day 1	7/12/19 Day 2	8/12/19 Day 3	9/12/19 Day 4	10/12/19 Day 5	11/12/19 Day 6	12/12/19 Day 7
1	3299 Vijaya Alte	Vijaya	Vijaya	Vijaya	Vijaya	Vijaya	Vijaya	Vijaya
2	3426 Sharma Nikita	Nikita	Nikita	Nikita	Nikita	Nikita	Nikita	Nikita
3	3506 Sejal Jain	Sejal	Sejal	Sejal	Sejal	Sejal	Sejal	Sejal
4	3023 Shirsath Ruba	Ruba	Ruba	Ruba	Ruba	Ruba	Ruba	Ruba
5	3053 Kachare Sai	Sai	Sai	Sai	Sai	Sai	Sai	Sai
6	2413 Tanu Mishra	Tanu	Tanu	Tanu	Tanu	Tanu	Tanu	Tanu
7	3025 Nandini Govind Sarkar	Nandini	Nandini	Nandini	Nandini	Nandini	Nandini	Nandini
8	2223 Jui Chandrashekhar Kulkarni	Jui	Jui	Jui	Jui	Jui	Jui	Jui
9	3485 Tingre Pooja Namdeo	P.N.Tingre	P.N.Tingre	P.N.Tingre	P.N.Tingre	P.N.Tingre	P.N.Tingre	P.N.Tingre
10	3486 Khandve Nikita	Nikita	Nikita	Nikita	Nikita	Nikita	Nikita	Nikita
11	3471 Bara Anjali	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali
12	3245 Kadam Mrunali Nivrutti	Mrunali	Mrunali	Mrunali	Mrunali	Mrunali	Mrunali	Mrunali
13	3240 Manisha Vishwakarma	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha
14	3010 Bavale Asmita Ramesh	Asmita	Asmita	Asmita	Asmita	Asmita	Asmita	Asmita
15	2403 prachi Rajkumar Akhade	Prachi	Prachi	Prachi	Prachi	Prachi	Prachi	Prachi
16	3222 Vaishnavi Sham Thopate	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi
17	3218 Shirin Chand Pathan	Shirin	Shirin	Shirin	Shirin	Shirin	Shirin	Shirin
18	3241 Diksha Dhananjay Raut	Diksha	Diksha	Diksha	Diksha	Diksha	Diksha	Diksha
19	3069 Vaidya Gayatri	Gayatri	Gayatri	Gayatri	Gayatri	Gayatri	Gayatri	Gayatri
20	2218 Kajal Mishra	Kajal	Kajal	Kajal	Kajal	Kajal	Kajal	Kajal
21	3248 Himsara Tagat Kunwar	Himsara	Himsara	Himsara	Himsara	Himsara	Himsara	Himsara
22	3216 Bhavika Kukreja	Bhavika	Bhavika	Bhavika	Bhavika	Bhavika	Bhavika	Bhavika
23	2448 Harshali Chavan	Harshali	Harshali	Harshali	Harshali	Harshali	Harshali	Harshali
24	2286 Anusha Kolloji	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha
25	3303 Pratiksha Tiwari	Pratiksha	Pratiksha	Pratiksha	Pratiksha	Pratiksha	Pratiksha	Pratiksha
26	2216 Khushboo Dingreja	Khushboo	Khushboo	Khushboo	Khushboo	Khushboo	Khushboo	Khushboo
27	3251 Sonali Khandelwal	Sonali	Sonali	Sonali	Sonali	Sonali	Sonali	Sonali
28	3496 Patil Payal Anil	Payal	Payal	Payal	Payal	Payal	Payal	Payal
29	3495 Choudhary Saroj Narayan	Saroj	Saroj	Saroj	Saroj	Saroj	Saroj	Saroj
30	3497 Patil Vijaya Shankar	Vijaya	Vijaya	Vijaya	Vijaya	Vijaya	Vijaya	Vijaya
31	2221 Sarrah Rampurawala	Sarrah	Sarrah	Sarrah	Sarrah	Sarrah	Sarrah	Sarrah
32	2493 Neha Kumari Kushwaha	Neha	Neha	Neha	Neha	Neha	Neha	Neha



JR

Principal Incharge

St. Mira's College for Girls, Puna.



33	3461	Riya Panwar ✓	Riya	Riya	Riya	Riya	Riya	Riya	Riya
34	3472	Owi Jadhav ✓	Oufal	Oufal	Oufal	Oufal	Oufal	Oufal	Oufal
35	3450	Rohini Wangane ✓	Ri	Ri	Ri	Ri	Ri	Ri	Ri
36	2463	Menon Aishwarya ✓	Aishwarya	Aishwarya	Aishwarya	Aishwarya	Aishwarya	Aishwarya	Aishwarya
37	2278	Amal Abuleddeh ✓	Amal	Amal	Amal	Amal	Amal	Amal	Amal
38	3449	Daulatabad Sakshi Vishal ✓	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi
39	3628	Simran Bramhane ✓	Simran	Simran	Simran	Simran	Simran	Simran	Simran
40	4013	Ritika Navle ✓	Ritika	Ritika	Ritika	Ritika	Ritika	Ritika	Ritika
41	4068	Vaishnavi Gaikwad ✓	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi
42	4037	Sayali Sharad Chavan ✓	Sayali	Sayali	Sayali	Sayali	Sayali	Sayali	Sayali
43	2711	Neelashree Mukhrjee ✓	Neelashree	Neelashree	Neelashree	Neelashree	Neelashree	Neelashree	Neelashree
44	2854	Judith Jeronimo Botelho ✓	Judith	Judith	Judith	Judith	Judith	Judith	Judith
45	4080	Fida <sup>Adi</sup> Shaikh ✓	Fida	Fida	Fida	Fida	Fida	Fida	Fida
46	4004	Mehak Agarwal ✓	Mehak	Mehak	Mehak	Mehak	Mehak	Mehak	Mehak
47	4018	Aishwarya Shinde ✓	Aishwarya	Aishwarya	Aishwarya	Aishwarya	Aishwarya	Aishwarya	Aishwarya
48	4016	Vaishnavi Dongare ✓	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi	Vaishnavi
49	4015	Deepsikha Ratan Sethia ✓	Deepsikha	Deepsikha	Deepsikha	Deepsikha	Deepsikha	Deepsikha	Deepsikha
50	4014	Apurva Galande ✓	Apurva	Apurva	Apurva	Apurva	Apurva	Apurva	Apurva
51	3854	Sakshi Lonkar ✓	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi
52	4023	Utkarsha Galande ✓	Utkarsha	Utkarsha	Utkarsha	Utkarsha	Utkarsha	Utkarsha	Utkarsha
53	4020	Amruta Pradeep Pawar ✓	Amruta	Amruta	Amruta	Amruta	Amruta	Amruta	Amruta
54	2604	Vyomi Gidwani ✓	Vyomi	Vyomi	Vyomi	Vyomi	Vyomi	Vyomi	Vyomi
55	3609	Mayuri Karle ✓	Mayuri	Mayuri	Mayuri	Mayuri	Mayuri	Mayuri	Mayuri
56	2858	Tanvi Deokar ✓	Tanvi	Tanvi	Tanvi	Tanvi	Tanvi	Tanvi	Tanvi
57	2828	Samrita Guha ✓	Samrita	Samrita	Samrita	Samrita	Samrita	Samrita	Samrita
58	2680	Lakshmi Pardeshi ✓	Lakshmi	Lakshmi	Lakshmi	Lakshmi	Lakshmi	Lakshmi	Lakshmi
59	2877	Bhoomi Punjabi ✓	Bhoomi	Bhoomi	Bhoomi	Bhoomi	Bhoomi	Bhoomi	Bhoomi
60	2851	Saloni Kullar ✓	Saloni	Saloni	Saloni	Saloni	Saloni	Saloni	Saloni
61	2927	Komal Krushna Uttakar ✓	Komal	Komal	Komal	Komal	Komal	Komal	Komal
62	2777	Priyanka Baban Choudhary ✓	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka
63	2804	Callen D'silva ✓	Callen	Callen	Callen	Callen	Callen	Callen	Callen
64	4074	Kshirsagar Priti ✓	Priti	Priti	Priti	Priti	Priti	Priti	Priti
65	3677	Archana Anandkumar Singhal ✓	Archana	Archana	Archana	Archana	Archana	Archana	Archana
66	4038	Akshada Kalyanrao ✓	Akshada	Akshada	Akshada	Akshada	Akshada	Akshada	Akshada

67-3807 Sanyukta Kalyankar ✓ S.K. S.K. S.K. S.K. S.K. S.K. S.K.  
68-3832 Shamal Patil ✓ Shamal Shamal Shamal Shamal Shamal Shamal Shamal  
69-2709 Pooja Yadav ✓ Pooja Pooja Pooja Pooja Pooja Pooja Pooja



Principal Incharge



डॉ. प्रभाकर देसाई

एम.ए., पीएच.डी.

संचालक

## सावित्रीबाई फुले पुणे विद्यापीठ

(पूर्वीचे पुणे विद्यापीठ)

### राष्ट्रीय सेवा योजना

गणेशखिंड, पुणे - ४११ ००७



A-45

कार्यालय क्र. : ०२०-२५६९७३४१

०२०-२५६०११५३

फॅक्स क्र. : ०२०-२५६९७३४१

मोबाईल : ९८८१९०८०२०

मंदर्भ : रामेयो-२०१९-२०/२८७

दि. ३० Aug २०१९

प्रति,

मा.प्राचार्य,

साधु वासवाणी मिशन सेंट मिराज कॉलेज फॉर गर्ल्स

पत्ता: कोरेगाव रोड ता.: हवेली(महानगर पालिका हद्द

वगळून) जि: पुणे पिनकोड: 411001

**विषय: सन २०१९-२०२० या वर्षासाठी राष्ट्रीय सेवा योजना एकक मान्यता.**

महोदय/महोदया,

सावित्रीबाई फुले पुणे विद्यापीठ, राष्ट्रीय सेवा योजनेअंतर्गत शैक्षणिक वर्ष २०१९-२०२० साठी आपल्या महाविद्यालयाम १५० रामेयो विद्यार्थी स्वयंसेवक (डीडशे) संख्येचे एकक मंजूर करण्यात येत आहे. याकरिता आपल्या महाविद्यालयाम रु.२१० प्रती विद्यार्थी x १५० रामेयो विद्यार्थी स्वयंसेवक संख्या = रु ३१५०० या प्रमाणे अनुदान मंजूर करण्यात येत आहे. मंजूर अनुदानापैकी ७०% अनुदानाचा प्रथम हप्ता आपल्या रामेयो खात्यावर इ सी एम/एन ई एफ टी द्वारे वर्ग करण्यात येत आहे.

१. महाराष्ट्र शासनाने ठरवून दिलेल्या SC -११.८%, ST-९.४% व Other-७८.८% या संवर्गनिहाय तरतूदीनुसार रामेयोमध्ये स्वयंसेवकांना प्रवेश द्यावेत. त्यानंतर अल्पसंख्यांक विद्यार्थी संख्या स्वतंत्ररित्या नमूद करावा. प्रवर्गनिहाय संख्येनुसार रामेयो महाविद्यालयांना नियमित कार्यक्रमाचे अनुदान शासनामार्फत उपलब्ध होणार आहे याची नोंद घ्यावी.

२. महाविद्यालयाने रामेयो मंजूर विद्यार्थी संख्येपेक्षा जास्त विद्यार्थ्यांना प्रवेश देऊ नये. अतिरिक्त विद्यार्थी संख्येची संपूर्ण जबाबदारी संबंधित महाविद्यालयाची राहिल.

३. राष्ट्रीय सेवा योजनेअंतर्गत निवड केलेल्या स्वयंसेवकांच्या नावांची वर्गनिहाय व प्रवर्गानुसार यादी रामेयो कार्यालयाम online जमा करावी. (यादी पाठविल्यानंतर त्यात कुठल्याही परीस्थितीत बदल होणार नाही.)

४. रामेयो मासिक अहवाल (Monthly Report) प्रत्येक महिन्याच्या ५ तारखेपर्यंत अपलोड करणे बंधनकारक आहे.

५. महाविद्यालयाम स्वतंत्र पत्रव्यवहार न करता उपक्रमांमंदर्भात ([www.unipune.ac.in/nss](http://www.unipune.ac.in/nss)) या रामेयो लिंकवर वेळोवेळी परिपत्रके प्रसिद्ध केली जातील. त्यानुसार महाविद्यालयांनी कार्यक्रम आयोजित करून सदर अहवाल, छायाचित्र इ. रामेयो Web Portal वर तयार केलेल्या ठिकाणी अपलोड करावीत.

६. रामेयो नियमित कार्यक्रम व विशेष शिविरे ह्या दरम्यान संचालक, रामेयो, विभागीय समन्वयक, जिल्हा समन्वयक पूर्वसूचना न देता भेट देतील. त्यामुळे रामेयो कार्यक्रमांची व शिविरांची नियमितता व सुसूत्रता अबाधित ठेवण्याची सर्व जबाबदारी आपल्या महाविद्यालयाची आहे.

७. प्रत्येक रामेयो एककाने दरवर्षी अध्यादेश १६३ बाबत रामेयो स्वयंसेवकांना परीक्षेपूर्वीच अवगत करावे आणि परीक्षेपूर्वीच त्यांचे अर्ज महाविद्यालयामार्फत online भरणे अत्यावश्यक आहे. याबाबत परीक्षेअगोदर रामेयो स्वयंसेवकांमध्ये जागृती करावी.

८. केंद्र व राज्य शासनाने निर्धारित केलेल्या रामेयो कृतिकार्यक्रमांचे आयोजन व अंमलबजावणीची जबाबदारी आपल्या एककावर अपरिहार्यपणे येते. ह्या सर्व बाबींचे काटेकोर पालन व निर्धारण करण्याच्या अटीवर आपल्या रामेयो एककास मान्यता देत आहे.

कळावे, ही विनंती.

टिप : केंद्रीय लेखापरीक्षणाच्या वेळी मानधनाकरिता मान्यतापत्र जोडणे आवश्यक आहे.

संचालक  
राष्ट्रीय सेवा योजना

Website : <http://www.unipune.ac.in/nss> Email : [nss@pun.unipune.ac.in](mailto:nss@pun.unipune.ac.in), [nss@unipune.ac.in](mailto:nss@unipune.ac.in)